

September 8<sup>th</sup>, 2024  
at 10:00 a.m.

# The Booklet

Sixteenth Sunday after Pentecost  
A Celebration of Holy Eucharist and Baptism



ALL ARE WELCOME. ALL ARE LOVED. ALL BELONG.

**ST ALBANS**

[stalbanschurch.ca](http://stalbanschurch.ca)

## **Welcome to St Albans Church!**

*We welcome all people, no matter their age, ability, gender, cultural background, sexual orientation, income level or faith tradition to join us as we seek to deepen our relationship with God and each other. Together we're exploring how we are called to serve in the world, right here in downtown Ottawa.*

*If this is your first time at St. Albans welcome! If you would like to be on our mail or email list, or have any other questions or requests, please feel free to place a written in the black box by the sound board, speak to a fellow congregation member, Michael our priest [revmichael@stalbanschurch.ca](mailto:revmichael@stalbanschurch.ca) or send an email to our office [office@stalbanschurch.ca](mailto:office@stalbanschurch.ca)*

*During the service, if you are a breastfeeding parent, you are welcome to breastfeed where you are seated or anywhere else in the church, as you feel comfortable.*

### **About this booklet**

*This booklet is your guide to our worship. You're going to experience and participate in worship through music, prayer, readings, reflections and silence. Every time it's your turn to say or do something, you'll see it here in this booklet (usually in bold). If there are surprises, or you have questions, ask a neighbour.*

### **Participation**

*Our hope is that everyone gathered will feel able to participate in our worship this morning. At various points in the service we may suggest certain postures. But please feel free to adopt whatever posture (standing, sitting, kneeling) is appropriate for you at any time. If you would like to do some sketching or writing during the service, you are most welcome – at the back of the church is our Art Cart, stocked with books and art supplies. The books are communal so please date your work, no need to sign it, but the Art Books will become over time an anthology of our collective experience.*

## ***Welcome***

**Lauda Anima** | John Goss, Herman G. Stuempfle, Jr.

Stars and planets flung in orbit, galaxies that swirl through space,  
Powers hid within the atom, cells that form an infant's face:  
These, O God, in silence praise you; by your wisdom they are made.

Skies adorned with sunset splendor, silent peaks in calm repose,  
Golden fields awaiting harvest, foaming surf and fragrant rose:  
Earth, its bounty clothed with beauty, echoes all creation's praise.

Life in wondrous, wild profusion, seed and fruit, each flower and tree,  
Beast and fish and swarming insect, soaring bird, rejoicing, free:  
These, your creatures, join in chorus, praising you in wordless song.

Humankind, earth's deepest mystery, born of dust but touched by grace,  
Torn apart by tongue and color, yet a single, striving race:  
We, in whom you trace your image, add our words to nature's song.

Gracious God, we bring before you gifts of human life alone,  
Truth that throbs through song and story, visions caught in paint and stone:  
These, O God, we gladly offer, gifts to praise the Giver's name.

Christ, the Word before creation as creation's final goal,  
Once you came for earth's redemption; by your Spirit make earth whole.  
Then, O God, the new creation will your praise forever sing.

## ***Land Acknowledgement***

Dear friends, we gather on traditional Anishinaabe Algonquin territory.

**May we dwell on this land with respect and peace.**

In a spirit of reconciliation, may we always seek to respect the history, spirituality, and culture of First Nations, Metis, and Inuit.

**May we do all in our power to support all efforts to establish an equal presence on this land.**

## ***Greeting***

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all. **And also with you.**

## ***The Opening Prayer***

Almighty God,

**to you all hearts are open, all desires known,  
and from you no secrets are hidden.**

**Cleanse the thoughts of our hearts**

**By the inspiration of your Holy Spirit,**

**that we may perfectly love you,**

**and worthily magnify your holy name,**

**through Christ our Lord. Amen.**

## ***Collect of the Day***

Let us pray.

*We pray silently.*

God of power and compassion,

in Christ you reveal your will to heal and to save. Open our ears to your redeeming word and move our hearts by the strength of your love,

so that our every word and work may proclaim Jesus as Messiah, who lives and reigns with you in the unity of the Holy Spirit, God for ever and ever.

**Amen.**

## **We Proclaim the Word**

*Each Sunday we read from sections of the Bible: the Old Testament, Psalms, New Testament and the Gospel. These same readings will be proclaimed to over a billion Christians around the world today.*

**The First Reading:** Proverbs 22:1-2, 8-9, 22-23

Hear what the Spirit is saying to the Church.

**Thanks be to God.**

## **Psalm 125**

Those who trust in the Lord are like Mount Zion, which cannot be moved, but stands fast for ever.

**The hills stand about Jerusalem; so does the Lord stand round about this people, from this time forth for evermore.**

The sceptre of the wicked shall not hold sway over the land allotted to the just, so that the just shall not put their hands to evil.

**Show your goodness, O Lord, to those who are good and to those who are true of heart.**

As for those who turn aside to crooked ways, the Lord will lead them away with the evildoers; but peace be upon Israel.

**The Second Reading:** James 2:1-17

Hear what the Spirit is saying to the Church.

**Thanks be to God.**

**What Ruler Wades** | David Hurd, Thomas H. Troeger

What ruler wades through murky streams and bows beneath the wave,  
Ignoring how the world esteems the powerful and brave?

Water, River, Spirit, Grace, sweep over me, sweep over me!

Recarve the depths your fingers traced in sculpting me.

Christ gleams with water brown with clay from land the prophets trod.

Above while heaven's clouds give way descends the dove of God.

Water, River, Spirit, Grace, sweep over me, sweep over me!

Recarve the depths your fingers traced in sculpting me.

Come bow beneath the flowing wave. Christ stands here at your side

And raises you as from the grave God raised the crucified.

Water, River, Spirit, Grace, sweep over me, sweep over me!

Recarve the depths your fingers traced in sculpting me.

**The Gospel:** Mark 7:24-37

The Lord be with you.

**And also with you.**

The Holy Gospel of our Lord Jesus Christ according to Mark.

**Glory to you, Lord Jesus Christ.**

*The Gospel is read*

The Gospel of Christ

**Praise to you, Lord Jesus Christ.**

**Homily – Rev. Michael**

***Presentation of the Candidate***

*Candidate and Sponsors gather around the font*

The candidate for Holy Baptism will now be presented

Parents and Sponsors: We present Brady to receive the sacrament of baptism.

Will you be responsible for seeing that the child you present is nurtured in the faith and life of the Christian community?

Parents and Sponsors: I will, with God's help.

Will you by your prayers and witness help this child to grow into the full stature of Christ?

Parents and Sponsors: I will, with God's help.

***Addressing the Parents and Sponsors***

Do you renounce Satan and all the spiritual forces of wickedness that rebel against God?

Parents and Sponsors: I renounce them.

Do you renounce the evil powers of this world which corrupt and destroy the creatures of God?

Parents and Sponsors: I renounce them.

Do you renounce all sinful desires that draw you from the love of God?

Parents and Sponsors: I renounce them.

Do you turn to Jesus Christ and accept him as your Saviour?

Parents and Sponsors: I do.

Do you put your whole trust in his grace and love?

Parents and Sponsors: I do.

Do you promise to obey him as your Lord?

Parents and Sponsors: I do.

*Addressing the whole congregation*

Will you who witness these vows do all in your power to support *Brady* in his life in Christ? **We will.**

***Prayers for the Candidate***

Let us now pray for *Brady* who is to receive the sacrament of new birth.

Deliver him, O Lord, from the way of sin and death.

**Lord, hear our prayer.**

Open his heart to your grace and truth.

**Lord, hear our prayer.**

Fill him with your holy and life-giving Spirit.

**Lord, hear our prayer.**

Teach him to love others in the power of the Spirit.

**Lord, hear our prayer.**

Send him into the world in witness to your love.

**Lord, hear our prayer.**

Bring him to the fullness of your peace and glory.

**Lord, hear our prayer.**

Grant, O Lord,  
that all who are baptized into the death of Jesus Christ your Son may live  
in the power of his resurrection and look for him to come again in glory;  
who lives and reigns now and for ever. **Amen.**

### ***Thanksgiving over the Water***

The Lord be with you. **And also with you.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

We thank you, Almighty God, for the gift of water. Over water the Holy Spirit moved in the beginning of creation. Through water you led the children of Israel out of their bondage in Egypt into the land of promise. In water your Son Jesus received the baptism of John and was anointed by the Holy Spirit as the Messiah, the Christ, to lead us, through his death and resurrection, from the bondage of sin into everlasting life.

We thank you, Creator, for the water of baptism. In it we are buried with Christ in his death. By it we share in his resurrection. Through it we are reborn by the Holy Spirit. Therefore in joyful obedience to your Son, we bring into his fellowship those who come to him in faith, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit. Now sanctify this water by the power of your Holy Spirit, that those who are here cleansed from sin and born again, may continue for ever in the risen life of Jesus Christ our Saviour. To him, to you, and to the Holy Spirit, be all honour and glory, now and for ever. **Amen.**

Let us join with those who are committing themselves to Christ and renew our own baptismal covenant.

### ***The Baptismal Covenant***

Do you believe in God the Father?

**I believe in God,**

**The Father almighty, creator of heaven and earth.**



Do you believe in Jesus Christ, the Son of God?  
**I believe in Jesus Christ, his only Son, our Lord.  
He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary. He suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended to the dead.  
On the third day he rose again.  
He ascended into heaven,  
and is seated at the right hand of the Father.  
He will come again to judge the living and the dead.**

Do you believe in God the Holy Spirit?  
**I believe in God the Holy Spirit, the holy catholic Church,  
the communion of saints, the forgiveness of sins,  
the resurrection of the body, and the life everlasting.**

Will you continue in the apostles' teaching and fellowship, in the breaking of bread, and in the prayers? **I will, with God's help.**

Will you persevere in resisting evil and, whenever you fall into sin, repent and return to the Lord? **I will, with God's help.**

Will you proclaim by word and example the good news of God in Christ? **I will, with God's help.**

Will you seek and serve Christ in all persons, loving your neighbour as yourself? **I will, with God's help.**

Will you strive for justice and peace among all people, and respect the dignity of every human being? **I will, with God's help.**

Will you strive to safeguard the integrity of God's creation, and respect, sustain and renew the life of the Earth? **I will, with God's help.**

### ***The Baptism***

Brady, I baptize you in the name of the Father, and of the Son, and of the Holy Spirit. Amen.

I sign you with the cross, and mark you as Christ's own for ever.

Heavenly Father, we thank you that by water and the Holy Spirit you have bestowed upon this your servant the forgiveness of sin, and have raised him to the new life of grace. Sustain him, O Lord, in your Holy Spirit. Give him an inquiring and discerning heart, the courage to will and to persevere, a spirit to know and to love you, and the gift of joy and wonder in all your works.

**Amen.**

### ***The Giving of the Light***

Receive the light of Christ,  
to show that you have passed from darkness to light.

*Brady receives his baptismal candle*

**Let your light so shine before others that they may see your good works and glorify your Father in heaven.**

Let us welcome the newly baptized.

**We receive you into the household of God. Confess the faith of Christ crucified, proclaim his resurrection, and share with us in his eternal priesthood.**

### ***The Peace***

*In the sharing of the Peace we celebrate our reconciliation with God and extend the gift of peace to one another (Matt 5:23-24). We are also reminded that it is in meeting others that we meet Christ.*

The peace of the Lord be always with you.

**And also with you.**

*Share a sign of peace in church, online or in your home.*

**We Celebrate the Eucharist**

## **Offering**



*Thank you for donating to the ministry of St. Albans! You may also make an offering via the donation box at the by the soundboard – envelopes can be found there as well. You can also donate electronically by e-transfer to [donate@stalbanschurch.ca](mailto:donate@stalbanschurch.ca), or through Canada Helps or Paypal through the St. Albans Website - <https://stalbanschurch.ca/donate/>*

## **Spirit, Open My Heart | Traditional Irish Melody, Ruth Duck**

*Refrain: Spirit, open my heart to the joy and pain of living.*

*As you love may I love, in receiving and in giving,*

*Spirit, open my heart.*

God, replace my stony heart with a heart that's kind and tender.

All my coldness and fear to your grace I now surrender.

*Refrain*

Write your love upon my heart as my law, my goal, my story.

In each thought, word, and deed, may my living bring you glory.

*Refrain*

May I weep with those who weep, share the joy of sister, brother.

In the welcome of Christ, may we welcome one another.

*Refrain*

## **Prayer over the Gifts**

God of mercy and grace,

the eyes of all wait upon you, and you open your hand in blessing.

Fill us with good things at your table, so that we may come to the help of all in need, through Jesus Christ, our redeemer and Lord. **Amen.**

## **Eucharistic Prayer**

May God be with you.

**And also with you.**

Lift up your hearts.

**We lift them up to God.**

Let us give thanks to God our Creator.

**It is right to give our thanks and praise.**

Eternal God, Source of all being, we give you thanks and praise for your faithful love. You call us into friendship with you and one another to be your holy people, a sign of your presence in the world.

When those we trust betray us, unfailingly you remain with us.

When we injure others, you confront us in your love and call us to the paths of righteousness. You stand with the weak, and those, broken and alone, whom you have always welcomed home, making the first last, and the last first. Therefore we raise our voices with angels and archangels, forever praising you and singing:

**Holy, holy, holy Lord, God of power and might,**

**Heaven and earth of your glory are full.**

**Hosanna, hosanna, hosanna in the highest.**

**Blessed is the One who comes in the name of the Lord. X2**

**Holy, holy, holy Lord, God of power and might,**

**Heaven and earth of your glory are full.**

**Hosanna, hosanna, hosanna in the highest. X2**

Blessed are you, O Holy One: when Hagar was driven into the wilderness you followed her and gave her hope. When Joseph was sold into bondage, you turned malice to your people's good. When you called Israel out of slavery, you brought them through the wilderness into the promised land. When your people were taken into exile you wept with them by the river of Babylon and carried them home.

**Restore us, O God, let your face shine!**

At the right time you sent your Anointed One to stand with the poor, the outcast, and the oppressed. Jesus touched lepers, and the sick, and healed

them. He accepted water from a woman of Samaria and offered her the water of new life. Christ knew the desolation of the cross and opened the way for all humanity into the redemption of your reconciling love.

On the night he was betrayed, Jesus, at supper with his friends, took bread, gave you thanks, broke the bread, gave it to them, and said, "Take and eat: this is my body which is given for you. Do this for the remembrance of me." After supper he took the cup of wine, and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Loving and Holy One, recalling Christ's death and resurrection, we offer you these gifts, longing for the bread of tomorrow and the wine of the age to come. Therefore we proclaim our hope.

**Dying you destroyed our death, rising you restored our life.**

**Lord Jesus, come in glory.**

Pour out your Spirit on these gifts that through them you may sustain us in our hunger for your peace. We hold before you all whose lives are marked by suffering, our siblings. When we are broken and cast aside, embrace us in your love.

**Restore us, O God, let your face shine!**

Through Christ, with Christ, and in Christ in the unity of the Holy Spirit, all honour and glory are yours, O Source of all life, now and for ever. **Amen.**

### ***The Lord's Prayer***

*Please feel free to use the language of your choice.*

**Our Creator (Father/Mother) in heaven,**

**hallowed be your name,**

**Your kingdom come,**

**your will be done, on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.**

### ***The Breaking of the Bread***

We break this bread to share in the body of Christ.

**We, being many, are one body, for we all share in the one bread.**

The gifts of God for the people of God.

**Thanks be to God.**

### ***Communion***

*At St Albans, all are welcome to receive communion or a blessing.*

*Communion is received in a series of semi-circles at the front of the church.*

*Please cross your arms over your chest if you would prefer to receive a blessing instead of the bread and/or wine. Please also indicate if you would prefer to receive a rice wafer instead of a wheat wafer.*

**Andante Largo | Fernando Sor**  
Instrumental

### **We Are Sent**

#### ***Prayer after Communion***

Let us pray.

*We pray silently.*

**We give you thanks, almighty God, that you have refreshed us through the healing power of this gift of life. In your mercy, strengthen us through this gift, in faith toward you and in fervent love toward one another; for the sake of Jesus Christ our Lord. Amen.**

Glory to God,  
**whose power, working in us, can do infinitely  
more than we can ask or imagine.**  
**Glory to God from generation to generation,  
in the Church and in Christ Jesus, for ever and ever.**  
**Amen.**

### ***Community Announcements***

#### ***Blessing***

**Be Thou My Vision** | Trad., Mary Elizabeth Byrne, Eleanor H. Hull

Be thou my vision, O God of my heart;  
Nothing surpasses the love you impart,  
You my best thought, by day or by night,  
Waking or sleeping, your presence my light.

Be now my wisdom, and be my true word;  
Ever within me, my soul is assured;  
Mother and Father, you are both to me,  
Now and forever your child I will be.

Sovereign of heaven, my victory won,  
May I reach heaven's joys, bright heaven's Sun!  
Heart of my heart, whatever befall,  
Still be my vision, O Ruler of all.

#### ***Sending***

Go forth into the world, rejoicing in the power of the Spirit.  
**Thanks be to God.**

### **Announcements**

**Meal @ Friel** - Our first meal is September 11<sup>th</sup>! And our second meal is Sept

25<sup>th</sup>! If you want to get involved please talk to Rev. Michael or Rae.

**Liturgy Club** - next liturgy club is September 13th from 630-830pm at the church. Talk to Rosaline or Rev Michael for more information.

**Welcome Back Meal** - Our annual Welcome Back Meal will be September 22 after the service. Please talk to Caitlin or Rev. Michael if you would like to contribute, all are welcome. Look for a sign up sheet at the back of the church.

**Murder Mystery** – Who did it? Join us on the evening of October 4<sup>th</sup> for the first annual St. Albans murder mystery evening. 7pm-9pm.

**Save the Date** – St. Albans annual retreat will be held November 22-23 at Galilee Centre more information later in the fall.

### **St. Albans Staff**

The Rev. Michael Garner [revmichael@stalbanschurch.ca](mailto:revmichael@stalbanschurch.ca)

In the event of a pastoral emergency please call Rev. Michael 613-797-9802

Church Administration [office@stalbanschurch.ca](mailto:office@stalbanschurch.ca)

### **St. Albans Wardens**

Michelle Sorenson, Warden – [michelle.rg.sorenson@gmail.com](mailto:michelle.rg.sorenson@gmail.com)

Mary-Martha Hale, Warden – [mmhale65@gmail.com](mailto:mmhale65@gmail.com)

Leah Seabrook, Deputy Warden - [leah.seabrook@gmail.com](mailto:leah.seabrook@gmail.com)

Moira Alie, Deputy Warden (On Leave)

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