

September 1<sup>st</sup>, 2024  
at 10:00 a.m.

# The Booklet

Fifteenth Sunday after Pentecost  
A Celebration of Holy Eucharist



ALL ARE WELCOME. ALL ARE LOVED. ALL BELONG.

**ST ALBANS**

[stalbanschurch.ca](http://stalbanschurch.ca)

## **Welcome to St Albans Church!**

*We welcome all people, no matter their age, ability, gender, cultural background, sexual orientation, income level or faith tradition to join us as we seek to deepen our relationship with God and each other. Together we're exploring how we are called to serve in the world, right here in downtown Ottawa.*

*If this is your first time at St. Albans welcome! If you would like to be on our mail or email list, or have any other questions or requests, please feel free to place a written in the black box by the sound board, speak to a fellow congregation member, Michael our priest [revmichael@stalbanschurch.ca](mailto:revmichael@stalbanschurch.ca) or send an email to our office [office@stalbanschurch.ca](mailto:office@stalbanschurch.ca)*

*During the service, if you are a breastfeeding parent, you are welcome to breastfeed where you are seated or anywhere else in the church, as you feel comfortable.*

### **About this booklet**

*This booklet is your guide to our worship. You're going to experience and participate in worship through music, prayer, readings, reflections and silence. Every time it's your turn to say or do something, you'll see it here in this booklet (usually in bold). If there are surprises, or you have questions, ask a neighbour.*

### **Participation**

*Our hope is that everyone gathered will feel able to participate in our worship this morning. At various points in the service we may suggest certain postures. But please feel free to adopt whatever posture (standing, sitting, kneeling) is appropriate for you at any time. If you would like to do some sketching or writing during the service, you are most welcome – at the back of the church is our Art Cart, stocked with books and art supplies. The books are communal so please date your work, no need to sign it, but the Art Books will become over time an anthology of our collective experience.*

## ***Welcome***

### **This is Creator's (my Father's) World | Maltbie D Babcock**

This is Creator's (my Father's) world,  
And to my listening ears  
All nature sings, and round me rings  
The music of the spheres.  
This is Creator's (my Father's) world:  
I rest me in the thought  
Of rocks and trees, of skies and seas--  
His hand the wonders wrought.

This is Creator's (my Father's) world:  
The birds their carols raise,  
The morning light, the lily white,  
Declare their Maker's praise.  
This is Creator's (my Father's) world:  
He shines in all that's fair;  
In the rustling grass I hear Him pass,  
He speaks to me everywhere.

This is Creator's (my Father's) world:  
O let me ne'er forget  
That though the wrong seems oft so strong,  
God is the Ruler yet.  
This is Creator's (my Father's) world:  
Why should my heart be sad?  
The Lord is King: let the heavens ring!  
God reigns; let earth be glad!

This is Creator's (my Father's) world:  
Why should my heart be sad?  
The Lord is King: let the heavens ring!  
God reigns; let earth be glad!

### ***Land Acknowledgement***

Dear friends, we gather on traditional Anishinaabe Algonquin territory.

**May we dwell on this land with respect and peace.**

In a spirit of reconciliation, may we always seek to respect the history, spirituality, and culture of First Nations, Metis, and Inuit.

**May we do all in our power to support all efforts to establish an equal presence on this land.**

### ***Greeting***

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

**And also with you.**

### ***The Opening Prayer***

Almighty God,

**to you all hearts are open, all desires known,  
and from you no secrets are hidden.**

**Cleanse the thoughts of our hearts**

**By the inspiration of your Holy Spirit,**

**that we may perfectly love you,**

**and worthily magnify your holy name,**

**through Christ our Lord. Amen.**

### ***Collect of the Day***

Let us pray.

*We pray silently.*

Compassionate God,

you touch those rejected by the world and those despised by false piety: guide us away from a false purity which hides misshapen hearts; and lead us to the joyful feast in which all are renewed; through Jesus Christ, the beauty of God's faith. **Amen.**

## **We Proclaim the Word**

*Each Sunday we read from sections of the Bible: the Old Testament, Psalms, New Testament and the Gospel. These same readings will be proclaimed to over a billion Christians around the world today.*

### **The First Reading: Song of Solomon 2:8-13**

Hear what the Spirit is saying to the Church.

**Thanks be to God.**

### **Psalm 45:1-2,7-10**

My heart is stirring with a noble song; let me recite what I have fashioned for the king; my tongue shall be the pen of a skilled writer.

**You are the fairest of mortals; grace flows from your lips, because God has blessed you for ever.**

You love righteousness and hate iniquity. Therefore God, your God, has anointed you with the oil of gladness above your companions.

**All your garments are fragrant with myrrh, aloes, and cassia, and the music of strings from ivory palaces makes you glad.**

The daughters of rulers stand among the ladies of the court; at your side is the queen, adorned with the gold of Ophir.

**“Hear, O daughter; consider and listen closely; forget your people and your father’s house.**

### **The Second Reading: James 1:17-27**

Hear what the Spirit is saying to the Church.

**Thanks be to God.**

### **Father of Lights | John Barnett**

Father of Lights, you delight in Your children (repeat)

Every good and perfect gift comes from you (x3)

Father of Lights

Father of Lights, you never change; you have no turning (repeat)

Every good and perfect gift comes from you (x3)  
Father of Lights

**The Gospel:** Mark 7:1-8, 14-15, 21-23

The Lord be with you.

**And also with you.**

The Holy Gospel of our Lord Jesus Christ according to Mark.

**Glory to you, Lord Jesus Christ.**

*The Gospel is read*

The Gospel of Christ

**Praise to you, Lord Jesus Christ.**

**Homily – Rev. Michael**

*We say the Apostles Creed to affirm our faith using words  
of the ancient church*

**I trust in God,  
the Father almighty, creator of heaven and earth.**

**I trust in Jesus Christ, his only Son, our Lord.  
He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary. He suffered under Pontius Pilate, was  
crucified, died, and was buried. He descended to the dead.  
On the third day he rose again. He ascended into heaven,  
and is seated at the right hand of the Father.  
He will come again to judge the living and the dead.**

**I trust in the Holy Spirit, the holy catholic Church,  
the communion of saints, the forgiveness of sins,  
the resurrection of the body, and the life everlasting. Amen.**

## ***Prayers of the People***

### ***Confession and Absolution***

*In our time of confession we recognize our need for reconciliation with God and with each other. In response to our need God embraces us and calls us beloved.*

Dear friends in Christ,  
God is steadfast in love and infinite in mercy;  
God welcomes humanity and invites them to this table.  
Let us confess our sins, confident in God's forgiveness.

Most merciful God,  
**we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbours as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us,  
that we may delight in your will,  
and walk in your ways,  
to the glory of your name. Amen.**

Almighty God have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in eternal life; through Jesus Christ our Lord.  
**Amen.**

### ***The Peace***

*In the sharing of the Peace we celebrate our reconciliation with God and extend the gift of peace to one another (Matt 5:23-24). We are also reminded that it is in meeting others that we meet Christ.*

The peace of the Lord be always with you.

**And also with you.**

*Share a sign of peace in church, online or in your home.*

## **We Celebrate the Eucharist**

### **Offering**



*Thank you for donating to the ministry of St. Albans! You may also make an offering via the donation box at the by the soundboard – envelopes can be found there as well. You can also donate electronically by e-transfer to [donate@stalbanschurch.ca](mailto:donate@stalbanschurch.ca), or through Canada Helps or Paypal through the St. Albans Website - <https://stalbanschurch.ca/donate/>*

### **All Belong Here | Hannah and Lenora Rand**

When you're not sure who you really are

When all you feel is the shape of your scars

And you have more wounds than you can count

Open your eyes, look all around

You aren't alone, this is your home

*Chorus: Come and remember who you are here*

*Do this to remember who I am*

*Come and remember you belong here*

*All belong here*

When you don't know how to forgive

When locked doors seem like the only way to live



And you've got more questions than you can count  
Open your eyes, look all around  
You aren't alone, this is your home

*Chorus*

At this table come as you are; broken and bleeding's ok  
At this table eat and be filled; come and drink in this grace.

*Chorus*

***Prayer over the Gifts***

God of mercy and grace,  
the eyes of all wait upon you, and you open your hand in blessing.  
Fill us with good things at your table, so that we may come to the help of all  
in need, through Jesus Christ, our redeemer and Lord. **Amen.**

***Eucharistic Prayer***

May God be with you.

**And also with you.**

Lift up your hearts.

**We lift them up to God.**

Let us give thanks to God our Creator.

**It is right to give our thanks and praise.**

Eternal God, Source of all being, we give you thanks and praise for your  
faithful love. You call us into friendship with you and one another  
to be your holy people, a sign of your presence in the world.

When those we trust betray us, unfailingly you remain with us.

When we injure others, you confront us in your love and call us to the paths  
of righteousness. You stand with the weak, and those, broken and alone,  
whom you have always welcomed home, making the first last, and the last  
first. Therefore we raise our voices with angels and archangels,  
forever praising you and singing:

**Holy, holy, holy Lord, God of power and might,  
Heaven and earth of your glory are full.  
Hosanna, hosanna, hosanna in the highest.  
Blessed is the One who comes in the name of the Lord. X2  
Holy, holy, holy Lord, God of power and might,  
Heaven and earth of your glory are full.  
Hosanna, hosanna, hosanna in the highest. X2**

Blessed are you, O Holy One: when Hagar was driven into the wilderness you followed her and gave her hope. When Joseph was sold into bondage, you turned malice to your people's good. When you called Israel out of slavery, you brought them through the wilderness into the promised land. When your people were taken into exile you wept with them by the river of Babylon and carried them home.

**Restore us, O God, let your face shine!**

At the right time you sent your Anointed One to stand with the poor, the outcast, and the oppressed. Jesus touched lepers, and the sick, and healed them. He accepted water from a woman of Samaria and offered her the water of new life. Christ knew the desolation of the cross and opened the way for all humanity into the redemption of your reconciling love.

On the night he was betrayed, Jesus, at supper with his friends, took bread, gave you thanks, broke the bread, gave it to them, and said, "Take and eat: this is my body which is given for you. Do this for the remembrance of me." After supper he took the cup of wine, and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Loving and Holy One, recalling Christ's death and resurrection, we offer you these gifts, longing for the bread of tomorrow and the wine of the age to come. Therefore we proclaim our hope.

**Dying you destroyed our death, rising you restored our life.  
Lord Jesus, come in glory.**

Pour out your Spirit on these gifts that through them you may sustain us in our hunger for your peace. We hold before you all whose lives are marked by suffering, our siblings. When we are broken and cast aside, embrace us in your love.

**Restore us, O God, let your face shine!**

Through Christ, with Christ, and in Christ in the unity of the Holy Spirit, all honour and glory are yours, O Source of all life, now and for ever. **Amen.**

### ***The Lord's Prayer***

*Please feel free to use the language of your choice.*

**Our Creator (Father/Mother) in heaven,  
hallowed be your name,  
Your kingdom come,  
your will be done, on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.**

### ***The Breaking of the Bread***

We break this bread to share in the body of Christ.

**We, being many, are one body, for we all share in the one bread.**

The gifts of God for the people of God.

**Thanks be to God.**

## **Communion**

*At St Albans, all are welcome to receive communion or a blessing. Communion is received in a series of semi-circles at the front of the church. Please cross your arms over your chest if you would prefer to receive a blessing instead of the bread and/or wine. Please also indicate if you would prefer to receive a rice wafer instead of a wheat wafer.*

## **Everything's In Your Hands | Mission House**

This is the heart of living, Give and it will be given  
Everything's in your hands, Everything's in your hands Lord  
This is law of loving, Give and I'll want for nothing  
Everything's in your hands, Everything's in your hands, Lord

I don't wanna hold on too tight  
Even to the good things in my life  
What I put in your hands I can never lose  
Cause everything Lord belongs to you

This is the heart of living, Give and it will be given  
Everything's in your hands, Everything's in your hands Lord  
This is law of loving, Give and I'll want for nothing  
Everything's in your hands, Everything's in your hands, Lord

I don't wanna hold on too tight  
Even to the good things in my life  
What I put in your hands I can never lose

This is the heart of living, Give and it will be given  
Everything's in your hands, Everything's in your hands Lord  
Sing till my heart remembers, Love is a long surrender  
Everything's in your hands, Everything's in your hands Lord

BRIDGE: I surrender all, surrender all, All to you (4x)

This is the heart of living, Give and it will be given  
Everything's in your hands, Everything's in your hands Lord  
Trust, I put my whole self in it, love like there is no limit  
Everything's in your hands, Everything's in your hands Lord

This is the heart of living, Give and it will be given  
Everything's in your hands, Everything's in your hands Lord  
This is law of loving, Give and I'll want for nothing  
Everything's in your hands, Everything's in your hands, Lord

## **We Are Sent**

### ***Prayer after Communion***

Let us pray.

*We pray silently.*

**We give you thanks, almighty God, that you have refreshed us through the healing power of this gift of life. In your mercy, strengthen us through this gift, in faith toward you and in fervent love toward one another; for the sake of Jesus Christ our Lord. Amen.**

Glory to God,  
**whose power, working in us, can do infinitely more than we can ask or imagine.**  
Glory to God from generation to generation,  
in the Church and in Christ Jesus, for ever and ever.  
Amen.

## ***Community Announcements***

### ***Blessing***

**Holy, Holy, Holy** | Reginald Heber  
Holy, holy, holy! Lord God Almighty

Early in the morning our song shall rise to Thee  
Holy, holy, holy! Merciful and mighty  
God in three persons, blessed Trinity!

Holy, holy, holy! All the saints adore Thee,  
Casting down their golden crown around the glassy sea;  
Cherubim and seraphim falling down before Thee  
Which wert and art and evermore shall be.

Holy, holy, holy! Though the darkness hide Thee  
Though our sinful human gaze Thy glory may not see  
Only Thou art holy; there is none beside Thee  
Perfect in power, in love and purity

Holy, holy, holy! Lord God Almighty  
All Thy works shall praise Thy name in earth and sky and sea  
Holy, holy, holy! Merciful and mighty  
God in three persons, blessed Trinity!

### ***Sending***

Go forth into the world, rejoicing in the power of the Spirit.  
**Thanks be to God.**

### **Announcements**

**Meal @ Friel** - Our first meal is September 11<sup>th</sup>! If you want to get involved please talk to Rev. Michael or Rae.

**Liturgy Club** - next liturgy club is September 13th from 630-830pm at the church. Talk to Rosaline or Rev Michael for more information.

**Welcome Back Meal** - Our annual Welcome Back Meal will be September 22 after the service. Please talk to Caitlin or Rev. Michael if you would like to contribute, all are welcome. Look for a sign up sheet at the back of the church in the next week or so.

**Murder Mystery** – Who did it? Join us on the evening of October 4<sup>th</sup> for the first annual St. Albans murder mystery evening. More information in the coming weeks.

**Save the Date** – St. Albans annual retreat will be held November 22-23 at Galilee Centre more information later in the fall.

### **St. Albans Staff**

The Rev. Michael Garner [revmichael@stalbanschurch.ca](mailto:revmichael@stalbanschurch.ca)

In the event of a pastoral emergency please call Rev. Michael 613-797-9802

Church Administration [office@stalbanschurch.ca](mailto:office@stalbanschurch.ca)

### **St. Albans Wardens**

Michelle Sorenson, Warden – [michelle.rg.sorenson@gmail.com](mailto:michelle.rg.sorenson@gmail.com)

Mary-Martha Hale, Warden – [mmhale65@gmail.com](mailto:mmhale65@gmail.com)

Leah Seabrook, Deputy Warden - [leah.seabrook@gmail.com](mailto:leah.seabrook@gmail.com)

Moira Alie, Deputy Warden (On Leave)

### **St. Albans Church**

454 King Edward Ave at Daly

Ottawa, ON K1N 7M8 613-236-0342

[www.stalbanschurch.ca](http://www.stalbanschurch.ca)



ALL ARE WELCOME. ALL ARE LOVED. ALL BELONG.

**ST ALBANS**



[stalbanschurch.ca](http://stalbanschurch.ca)