

June 30th, 2024
at 10:00 a.m.

The Booklet

Sixth Sunday after Pentecost
A Celebration of Holy Eucharist



ST ALBANS

Spirit-Led. Christ-Centred. Contemporary Urban Church

www.stalbanschurch.ca

Welcome to St Albans Church!

We welcome all people, no matter their age, ability, gender, cultural background, sexual orientation, income level or faith tradition to join us as we seek to deepen our relationship with God and each other. Together we're exploring how we are called to serve in the world, right here in downtown Ottawa.

If this is your first time at St. Albans welcome! If you would like to be on our mail or email list, or have any other questions or requests, please feel free to place a written note on the offering plate when it is circulated, speak to a fellow congregation member, Michael our priest

revmichael@stalbanschurch.ca or send an email to our office office@stalbanschurch.ca

During the service, if you are a breastfeeding parent, you are welcome to breastfeed where you are seated or anywhere else in the church, as you feel comfortable.

About this booklet

This booklet is your guide to our worship. You're going to experience and participate in worship through music, prayer, readings, reflections and silence. Every time it's your turn to say or do something, you'll see it here in this booklet (usually in bold). If there are surprises, or you have questions, ask a neighbour.

Participation

Our hope is that everyone gathered will feel able participate in our worship this morning. At various points in the service we may suggest certain postures. But please feel free to adopt whatever posture (standing, sitting, kneeling) is appropriate for you at any time. If you would like to do some sketching or writing during the service, you are most welcome – at the back of the church is our Art Cart, stocked with books and art supplies. The books are communal so please date your work, no need to sign it, but the Art Books will become over time an anthology of our collective experience.

Welcome

For The Beauty of The Earth | Folliott Sandford Pierpoint

For the beauty of the earth,
For the glory of the skies,
For the love which from our birth
Over and around us lies.

Refrain:

*Lord of all, to thee we raise
this, our hymn of grateful praise.*

For the wonder of each hour
Of the day and of the night,
Hill and vale and tree and flower,
Sun and moon and stars of light.

Refrain

For each perfect gift of Thine
To our world so freely given,
Graces human and divine,
Peace on earth and joy in heaven.

Refrain

Land Acknowledgement

Dear friends, we gather on traditional Anishinaabe Algonquin territory.

May we dwell on this land with respect and peace.

In a spirit of reconciliation, may we always seek to respect the history, spirituality, and culture of First Nations, Metis, and Inuit.

May we do all in our power to support all efforts to establish an equal presence on this land.

Greeting

The grace of our Lord Jesus Christ, and the love of God,
and the fellowship of the Holy Spirit, be with you all.

And also with you.

The Opening Prayer

Almighty God,

**to you all hearts are open, all desires known,
and from you no secrets are hidden.**

Cleanse the thoughts of our hearts

By the inspiration of your Holy Spirit,

that we may perfectly love you,

and worthily magnify your holy name,

through Christ our Lord. Amen.

Collect of the Day

Let us pray.

We pray silently.

God of hope,

you are ruler of both night and day, guardian of those who wander in shadows. Be new light and life for those who live in the darkness of despair, for those imprisoned by guilt and grief, for those living with anxiety and depression, so that, even where death's grip tightens, all may know the power of the One who conquered fear and death. **Amen.**

We Proclaim the Word

Each Sunday we read from sections of the Bible: the Old Testament, Psalms, New Testament and the Gospel. These same readings will be proclaimed to over a billion Christians around the world today.

The First Reading: 2 Samuel 1:1, 17-27

Hear what the Spirit is saying to the Church.

Thanks be to God.

Psalm 130

Out of the depths have I called you, O Lord;

Lord, hear my voice; let your ears consider well the voice of my supplication.

If you, Lord, were to note what is done amiss, O Lord, who could stand?

For there is forgiveness with you; therefore you shall be feared.

I wait for you, O Lord; my soul waits for you; in your word is my hope.

My soul waits for you, O Lord, more than sentinels for the morning, more than sentinels for the morning.

O Israel, wait for the Lord, for with the Lord there is mercy;

with whom there is plenteous redemption, and who shall redeem Israel from all their sins.

The Second Reading: 2 Corinthians 8:7-15

Hear what the Spirit is saying to the Church.

Thanks be to God.

Nothing Else Matters | Metallica

So close, no matter how far

Couldn't be much more from the heart

Forever trusting who we are

And nothing else matters

Never opened myself this way

Life is ours, we live it our way

All these words, I don't just say

And nothing else matters

Trust I seek and I find in you

Every day for us something new

Open mind for a different view

And nothing else matters

Never cared for what they do
Never cared for what they know
But I know

Never opened myself this way
Life is ours, we live it our way
All these words, I don't just say
And nothing else matters

Trust I seek and I find in you
Every day for us something new
Open mind for a different view
And nothing else matters

Never cared for what they say
Never cared for games they play
Never cared for what they do
Never cared for what they know
And I know

So close, no matter how far
Couldn't be much more from the heart
Forever trusting who we are
And nothing else matters

The Gospel: Mark 5:21-43

The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ according to Mark.

Glory to you, Lord Jesus Christ.

The Gospel is read

The Gospel of Christ
Praise to you, Lord Jesus Christ.

Homily – Rev. Michael

*We say the Apostles Creed to affirm our faith using words
of the ancient church*

**I trust in God,
the Father almighty, creator of heaven and earth.**

**I trust in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary. He suffered under Pontius Pilate, was
crucified, died, and was buried. He descended to the dead.
On the third day he rose again. He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.**

**I trust in the Holy Spirit, the holy catholic Church,
the communion of saints, the forgiveness of sins,
the resurrection of the body, and the life everlasting. Amen.**

Prayers of the People

Confession and Absolution

*In our time of confession we recognize our need for reconciliation with God
and with each other. In response to our need God embraces us and calls us
beloved.*

Dear friends in Christ,
God is steadfast in love and infinite in mercy;
God welcomes humanity and invites them to this table.
Let us confess our sins, confident in God's forgiveness.

Most merciful God,
**we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbours as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us,
that we may delight in your will,
and walk in your ways,
to the glory of your name. Amen.**

Almighty God have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in eternal life; through Jesus Christ our Lord.
Amen.

The Peace

In the sharing of the Peace we celebrate our reconciliation with God and extend the gift of peace to one another (Matt 5:23-24). We are also reminded that it is in meeting others that we meet Christ.

The peace of the Lord be always with you.
And also with you.

Share a sign of peace in church, online or in your home.

We Celebrate the Eucharist

Offering



Thank you for donating to the ministry of St. Albans! You may also make an offering via the donation box at the by the soundboard – envelopes can be found there as well. You can also donate electronically by e-transfer to donate@stalbanschurch.ca, or through Canada Helps or Paypal through the St. Albans Website - <https://stalbanschurch.ca/donate/>

Peace | Paula Best

Broken conversations, broken people, we're broken Lord.

Terrified illusions, seeking comfort, we're seeking more.

We need each other more than we need to agree.

Father, Son, Spirit bless us with your love, with your grace and peace.

Peace.

Let there be peace.

Let there be peace.

Let there be peace.

Let us see and not destroy. Let us listen. Let us listen.

Let us suspend judgement for the sake of love, for the sake of love.

We need each other more than we need to agree.

Father, Son, Spirit bless us with your love,
with your grace and peace.

Love.

Let there be love.

Let there be love.

Let there be love.

Prayer over the Gifts

God of wisdom,

receive all we offer you this day. Enrich our lives with the gifts of your Spirit, that we may follow the way of our Lord Jesus Christ, and serve one another

in freedom. We ask this in his name. **Amen.**

Eucharistic Prayer

May God be with you.

And also with you.

Lift up your hearts.

We lift them up to God.

Let us give thanks to God our Creator.

It is right to give our thanks and praise.

Holy God, Lover of creation,
we give you thanks and praise for in the ocean of your steadfast love you
bear us and place the song of your Spirit in our hearts.

When we turn from your love and defile the earth, you do not abandon us.
Your Spirit speaks through Huldah and Micah, through prophets, sages, and
saints in every age, to confront our sin and reveal the vision of your new
creation. Joining in the song of the universe we proclaim your glory singing:

**Holy, holy, holy Lord, God of power and might,
Heaven and earth of your glory are full.**

Hosanna, hosanna, hosanna in the highest.

Blessed is the One who comes in the name of the Lord. X2

**Holy, holy, holy Lord, God of power and might,
Heaven and earth of your glory are full.**

Hosanna, hosanna, hosanna in the highest. X2

Gracious God,
in the fullness of time you sent Jesus the Christ
to share our fragile humanity.

Through Jesus' life, death, and resurrection
you open the path from brokenness to health,
from fear to trust, from pride and conceit
to reverence for you.

Rejected by a world that could not bear the Gospel of life, Jesus knew death was near. His head anointed for burial by an unknown woman, Jesus gathered together those who loved him. He took bread, gave thanks to you, broke it and gave it to his friends, saying, "Take and eat: this is my body which is given for you. Do this for the remembrance of me."

After supper, Jesus took the cup of wine, gave you thanks, and said "Drink this all of you, this is my blood of the new covenant which is shed for you and for many. Whenever you drink it, do this for the remembrance of me."

And now we gather at this table in response to his commandment, to share the bread and cup of Christ's undying love, and to proclaim our faith.
Christ has died. Christ is risen. Christ will come again.

Breathe your Holy Spirit, the wisdom of the universe, upon these gifts that we bring to you: this bread, this cup, ourselves, our souls and bodies, that we may be signs of your love for all the world and ministers of your transforming purpose.

Through Christ, with Christ, and in Christ, in the unity of the Holy Spirit, all glory is yours, Creator of all, and we bless your holy name for ever.
Amen.

The Lord's Prayer

Please feel free to use the language of your choice.

**Our Creator (Father/Mother) in heaven,
hallowed be your name,
Your kingdom come,
your will be done, on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.**

**Save us from the time of trial
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.**

The Breaking of the Bread

We break this bread to share in the body of Christ.

We, being many, are one body, for we all share in the one bread.

The gifts of God for the people of God.

Thanks be to God.

Communion

At St Albans, all are welcome to receive communion or a blessing.

Communion is received in a series of semi-circles at the front of the church.

Please cross your arms over your chest if you would prefer to receive a blessing instead of the bread and/or wine. Please also indicate if you would prefer to receive a rice wafer instead of a wheat wafer.

I Will Wait | Pearl Brick

Out of the depths I cry to you

O Lord, hear my voice

With my whole heart I want to praise you

O Lord, hear my voice

If you, O Lord, should mark inequities,

Who could stand? Who could stand?

I will wait for the Lord, my soul waits

And in His word do I hope

My soul waits for the Lord

More than those who watch for the morning

My soul waits for the Lord

More than those who watch for the morning

More than those who watch for the morning

We Are Sent

Prayer after Communion

Let us pray.

We pray silently.

O God,

**we give you thanks that you have set before us this feast,
the body and blood of your Son. By your Spirit strengthen us to serve all in
need and to give ourselves away as bread for the hungry,
through Jesus Christ our Lord. Amen.**

Glory to God,

**whose power, working in us, can do infinitely
more than we can ask or imagine.**

**Glory to God from generation to generation,
in the Church and in Christ Jesus, for ever and ever.**

Amen.

Community Announcements

Blessing

Never See the End | Jessica Ray Langdon

Where can we run? Where can we hide

That You will not find us?

Deepest of depths, highest of heights

Your love, it chases us

No matter where we've been

No matter what we've done

We can't escape Your love

We will never see the end
We will never see the end
Of Your goodness (repeat)

Though we pass through the fire, or we pass through the flood
You will be with us
Though we walk through the valley, the darkest of night
Your love will be our light
When we are in plenty or we are in want
You will always be enough

We will never see the end
We will never see the end
Of Your goodness (repeat)

In our darkest hours, on our hardest days
We do not have to be afraid
For You will never leave, You will not forsake
The promises that You have made
(And we can say that)

We will never see the end
We will never see the end
Of Your goodness (repeat)

Sending

Go forth into the world, rejoicing in the power of the Spirit.

Thanks be to God.

Announcements

Rev Michael – is away from July 1 to July 25, for pastoral emergencies please reach out to Michelle or Mary Martha – emails are below, or the church office (office@stalbanschurch.ca).

St. Albans Staff

The Rev. Michael Garner revmichael@stalbanschurch.ca

St. Albans Wardens

Michelle Sorenson, Warden – michelle.rg.sorenson@gmail.com

Mary Martha Hale, Warden – mmhale65@gmail.com

Leah Seabrook, Deputy Warden - leah.seabrook@gmail.com

Moira Alie, Deputy Warden (On Leave)

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