

June 2nd, 2024
at 10:00 a.m.

The Booklet

Second Sunday after Pentecost
A Celebration of Holy Eucharist



ST ALBANS

Spirit-Led. Christ-Centred. Contemporary Urban Church

www.stalbanschurch.ca

Welcome to St Albans Church!

We welcome all people, no matter their age, ability, gender, cultural background, sexual orientation, income level or faith tradition to join us as we seek to deepen our relationship with God and each other. Together we're exploring how we are called to serve in the world, right here in downtown Ottawa.

If this is your first time at St. Albans welcome! If you would like to be on our mail or email list, or have any other questions or requests, please feel free to place a written note on the offering plate when it is circulated, speak to a fellow congregation member, Michael our priest

revmichael@stalbanschurch.ca or send an email to our office office@stalbanschurch.ca

During the service, if you are a breastfeeding parent, you are welcome to breastfeed where you are seated or anywhere else in the church, as you feel comfortable.

About this booklet

This booklet is your guide to our worship. You're going to experience and participate in worship through music, prayer, readings, reflections and silence. Every time it's your turn to say or do something, you'll see it here in this booklet (usually in bold). If there are surprises, or you have questions, ask a neighbour.

Participation

Our hope is that everyone gathered will feel able participate in our worship this morning. At various points in the service we may suggest certain postures. But please feel free to adopt whatever posture (standing, sitting, kneeling) is appropriate for you at any time. If you would like to do some sketching or writing during the service, you are most welcome – at the back of the church is our Art Cart, stocked with books and art supplies. The books are communal so please date your work, no need to sign it, but the Art Books will become over time an anthology of our collective experience.

Welcome

Diademata | George Job Elvey, Curtis Beach

Praise to the living God, the God of love and light,
Whose word brought forth the myriad suns and set the worlds in flight;
Whose infinite design, which we but dimly see,
Pervades all nature, making all a cosmic unity.

Praise to the living God, from whom all things derive,
Whose Spirit formed upon this sphere the first faint seeds of life;
Who caused them to evolve, unwitting towards God's goal,
Till humankind stood on the earth, as living, thinking souls.

Praise to the living God, who knows our joy and pain,
Who shares with us our common life, the sacred and profane.
God toils where'er we toil, in home and mart and mill;
And deep within the human heart God leads us forward still.

Praise to the living God, around, within, above,
Beyond the grasp of human mind, but whom we know as love.
In these tumultuous days, so full of hope and strife,
May we bear witness to the Way, O Source and Goal of life.

Land Acknowledgement

Dear friends, we gather on traditional Anishinaabe Algonquin territory.

May we dwell on this land with respect and peace.

In a spirit of reconciliation, may we always seek to respect the history, spirituality, and culture of First Nations, Metis, and Inuit.

May we do all in our power to support all efforts to establish an equal presence on this land.

Greeting

The grace of our Lord Jesus Christ, and the love of God,
and the fellowship of the Holy Spirit, be with you all.

And also with you.

The Opening Prayer

Almighty God,

**to you all hearts are open, all desires known,
and from you no secrets are hidden.**

Cleanse the thoughts of our hearts

By the inspiration of your Holy Spirit,

that we may perfectly love you,

and worthily magnify your holy name,

through Christ our Lord. Amen.

Collect of the Day

Let us pray.

We pray silently.

God made known in human frailty;

your Chosen One walked through fields where bitterness flourished and

mercy was enclosed: break through our conspiracies of power

and teach us what it means to save and honour life; through Jesus Christ,

Lord of the Sabbath. **Amen.**

We Proclaim the Word

Each Sunday we read from sections of the Bible: the Old Testament, Psalms, New Testament and the Gospel. These same readings will be proclaimed to over a billion Christians around the world today.

The First Reading: 1 Samuel 3:1-10

Hear what the Spirit is saying to the Church.

Thanks be to God.

Psalm 139:1-5, 12-17

Lord, you have searched me out and known me.

You know my sitting down and my rising up; you discern my thoughts from afar.

You trace my journeys and my resting-places and are acquainted with all my ways.

Indeed, there is not a word on my lips, but you, O Lord, know it altogether.

You press upon me behind and before and lay your hand upon me.

Darkness is not dark to you; the night is as bright as the day; darkness and light to you are both alike.

For you yourself created my inmost parts; you knit me together in my mother's womb.

I will thank you because I am marvellously made; your works are wonderful, and I know it well.

My body was not hidden from you, while I was being made in secret and woven in the depths of the earth.

Your eyes beheld my limbs, yet unfinished in the womb; all of them were written in your book; they were fashioned day by day, when as yet there was none of them.

How deep I find your thoughts, O God! How great is the sum of them!

The Second Reading: 2 Corinthians 4:5-12

Hear what the Spirit is saying to the Church.

Thanks be to God.

Dunedin | Vernon Griffiths, Horatius Bonar

O Love of God, how strong and true,
Eternal and yet ever new;
Uncomprehended and unbought,
Beyond all knowledge and all thought.

O wide embracing, wondrous Love,
We read thee in the sky above;

We read thee in the earth below,
In seas that swell and streams that flow.

We read thee best in him who came
To bear for us the cross of shame,
Sent by the Father from on high,
Our life to live, our death to die.

We read thy power to bless and save
E'en in the darkness of the grave;
Still more in resurrection light
We read the fullness of thy might.

The Gospel: Mark 2:23-3:6

The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ according to Mark.

Glory to you, Lord Jesus Christ.

The Gospel is read

The Gospel of Christ

Praise to you, Lord Jesus Christ.

Homily – Rev. Michael

*We say the Apostles Creed to affirm our faith using words
of the ancient church*

**I trust in God,
the Father almighty, creator of heaven and earth.**

**I trust in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit**

and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.

I trust in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Prayers of the People

Confession and Absolution

In our time of confession we recognize our need for reconciliation with God and with each other. In response to our need God embraces us and calls us beloved.

Dear friends in Christ,
God is steadfast in love and infinite in mercy;
God welcomes humanity and invites them to this table.
Let us confess our sins, confident in God's forgiveness.

Most merciful God,
**we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.**
**We have not loved you with our whole heart;
we have not loved our neighbours as ourselves.**
We are truly sorry and we humbly repent.
**For the sake of your Son Jesus Christ,
have mercy on us and forgive us,
that we may delight in your will,**

**and walk in your ways,
to the glory of your name. Amen.**

Almighty God have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in eternal life; through Jesus Christ our Lord.
Amen.

The Peace

In the sharing of the Peace we celebrate our reconciliation with God and extend the gift of peace to one another (Matt 5:23-24). We are also reminded that it is in meeting others that we meet Christ.

The peace of the Lord be always with you.
And also with you.

Share a sign of peace in church, online or in your home.

We Celebrate the Eucharist

Offering



Thank you for donating to the ministry of St. Albans! You may also make an offering via the donation box at the by the soundboard – envelopes can be found there as well. You can also donate electronically by e-transfer to donate@stalbanschurch.ca, or through Canada Helps or Paypal through the St. Albans Website - <https://stalbanschurch.ca/donate/>

O Gracious Light | David Hurd, F. Bland Tucker

O Gracious Light, Lord Jesus Christ,
In you the Father's glory shone.
Immortal, holy, blest is he,
And blest are you, his holy Son.

Now sunset comes, but light shines forth,
The lamps are lit to pierce the night.
Praise Father, Son, and Spirit: God
Who dwells in the eternal light.

Worthy are you of endless praise,
O Son of God, Lifegiving Lord;
Wherefore you are through all the earth
And in the highest heav'n adored.

Prayer over the Gifts

God of mercy and grace,
the eyes of all wait upon you, and you open your hand in blessing.
Fill us with good things at your table, so that we may come to the help of all
in need, through Jesus Christ, our redeemer and Lord. **Amen.**

Eucharistic Prayer

May God be with you.

And also with you.

Lift up your hearts.

We lift them up to God.

Let us give thanks to God our Creator.

It is right to give our thanks and praise.

Holy God, Lover of creation,
we give you thanks and praise for in the ocean of your steadfast love you
bear us and place the song of your Spirit in our hearts.

When we turn from your love and defile the earth, you do not abandon us. Your Spirit speaks through Huldah and Micah, through prophets, sages, and saints in every age, to confront our sin and reveal the vision of your new creation. Joining in the song of the universe we proclaim your glory singing:

**Holy, holy, holy Lord, God of power and might,
Heaven and earth of your glory are full.
Hosanna, hosanna, hosanna in the highest.
Blessed is the One who comes in the name of the Lord. X2
Holy, holy, holy Lord, God of power and might,
Heaven and earth of your glory are full.
Hosanna, hosanna, hosanna in the highest. X2**

Gracious God,
in the fullness of time you sent Jesus the Christ
to share our fragile humanity.
Through Jesus' life, death, and resurrection
you open the path from brokenness to health,
from fear to trust, from pride and conceit
to reverence for you.

Rejected by a world that could not bear the Gospel of life,
Jesus knew death was near. His head anointed for burial
by an unknown woman, Jesus gathered together those who loved him.
He took bread, gave thanks to you, broke it and gave it to his friends,
saying, "Take and eat: this is my body which is given for you.
Do this for the remembrance of me."
After supper, Jesus took the cup of wine, gave you thanks,
and said "Drink this all of you, this is my blood of the new covenant which is
shed for you and for many. Whenever you drink it, do this for the
remembrance of me."

And now we gather at this table in response to his commandment, to share the bread and cup of Christ's undying love, and to proclaim our faith.

Christ has died. Christ is risen. Christ will come again.

Breathe your Holy Spirit, the wisdom of the universe, upon these gifts that we bring to you: this bread, this cup, ourselves, our souls and bodies, that we may be signs of your love for all the world and ministers of your transforming purpose.

Through Christ, with Christ, and in Christ, in the unity of the Holy Spirit, all glory is yours, Creator of all, and we bless your holy name for ever.

Amen.

The Lord's Prayer

Please feel free to use the language of your choice.

Our Creator (Father/Mother) in heaven,

hallowed be your name,

Your kingdom come,

your will be done, on earth as in heaven.

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

Save us from the time of trial

and deliver us from evil.

For the kingdom, the power,

and the glory are yours,

now and for ever. Amen.

The Breaking of the Bread

We break this bread to share in the body of Christ.

We, being many, are one body, for we all share in the one bread.

The gifts of God for the people of God.

Thanks be to God.

Communion

At St Albans, all are welcome to receive communion or a blessing.

Communion is received in a series of semi-circles at the front of the church.

Please cross your arms over your chest if you would prefer to receive a blessing instead of the bread and/or wine. Please also indicate if you would prefer to receive a rice wafer instead of a wheat wafer.

Eventide | William Henry Monk, Henry Francis Lyte

Abide with me, fast falls the eventide,
The shadows deepen, Lord with me abide,
When other helpers fail and comforts flee,
Help of the helpless, O abide with me.

Swift to its close ebbs out life's little day,
Earth's joys grow dim, its glories pass away,
Change and decay in all around I see,
O Christ who changes not, abide with me.

I need your presence every passing hour,
I need your grace to foil the tempter's power.
Give me your love my guide and stay to be.
Through cloud and sunshine, O abide with me.

I fear no foe, with you at hand to bless,
Ills have no weight, and tears no bitterness,
Where is death's sting? Where, grave, your victory?
I triumph still if you abide with me.

Hold now your cross before my closing eyes,
Shine through the gloom and point me to the skies,
Heaven's morning breaks, and earth's vain shadows flee,
In life, in death, O Christ, abide with me.

We Are Sent

Prayer after Communion

Let us pray.

We pray silently.

O God,

**we give you thanks that you have set before us this feast,
the body and blood of your Son. By your Spirit strengthen us to serve all in
need and to give ourselves away as bread for the hungry,
through Jesus Christ our Lord. Amen.**

Glory to God,

**whose power, working in us, can do infinitely
more than we can ask or imagine.**

**Glory to God from generation to generation,
in the Church and in Christ Jesus, for ever and ever.
Amen.**

Community Announcements

Blessing

May You Find A Light | John Arndt, David Gungor

Lost and weary traveler, searching for the way to go
Stranger, heavy-hearted, longing for someone you know

May you find a light

May you find a light

May you find a light to guide you home

There are weary travelers searching everywhere you go

Strangers who are searching, longing deeply to be known

Sending

Go forth into the world, rejoicing in the power of the Spirit.

Thanks be to God.

Announcements

Cleaning the Capital - The Sandy Hill Community Liaison Committee is holding its first community event! We will be participating in Clean the Capital (a little late) on June 8 from 1 p.m. to 4 p.m., starting at the Sandy Hill Community Health Centre. (Rain date: June 9 from 1 p.m. to 4 p.m.) This is a great opportunity for St. Albans to engage with all the members of our neighbourhood, so please plan to come!

Spring Gathering – Join us on Friday June 21st @ 7pm at the church for an evening of food, games, just being together. More details to follow.

St. Albans Staff

The Rev. Michael Garner revmichael@stalbanschurch.ca

Office Hours - on campus Déjà Vu 232B - 11am-1pm; open for connecting
Wednesdays 9am-12noon. Available at other times by appointment.

In the event of a pastoral emergency please call Rev. Michael 613-797-9802

Church Administration office@stalbanschurch.ca

St. Albans Wardens

Michelle Sorenson, Warden – michelle.rg.sorenson@gmail.com

Mary-Martha Hale, Warden – mmhale65@gmail.com

Leah Seabrook, Deputy Warden - leah.seabrook@gmail.com

Moira Alie, Deputy Warden (On Leave)

St. Albans Church

454 King Edward Ave at Daly

Ottawa, ON K1N 7M8 613-236-0342

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