

May 5th, 2024
at 10:00 a.m.

The Booklet

The Sixth Sunday of Easter
A Celebration of Holy Eucharist



ST ALBANS

Spirit-Led. Christ-Centred. Contemporary Urban Church

www.stalbanschurch.ca

Welcome to St Albans Church!

We welcome all people, no matter their age, ability, gender, cultural background, sexual orientation, income level or faith tradition to join us as we seek to deepen our relationship with God and each other. Together we're exploring how we are called to serve in the world, right here in downtown Ottawa.

If this is your first time at St. Albans welcome! If you would like to be on our mail or email list, or have any other questions or requests, please feel free to place a written note on the offering plate when it is circulated, speak to a fellow congregation member, Michael our priest

revmichael@stalbanschurch.ca or send an email to our office office@stalbanschurch.ca

During the service, if you are a breastfeeding parent, you are welcome to breastfeed where you are seated or anywhere else in the church, as you feel comfortable.

About this booklet

This booklet is your guide to our worship. You're going to experience and participate in worship through music, prayer, readings, reflections and silence. Every time it's your turn to say or do something, you'll see it here in this booklet (usually in bold). If there are surprises, or you have questions, ask a neighbour.

Participation

Our hope is that everyone gathered will feel able participate in our worship this morning. At various points in the service we may suggest certain postures. But please feel free to adopt whatever posture (standing, sitting, kneeling) is appropriate for you at any time. If you would like to do some sketching or writing during the service, you are most welcome – at the back of the church is our Art Cart, stocked with books and art supplies. The books are communal so please date your work, no need to sign it, but the Art Books will become over time an anthology of our collective experience.

Welcome

Bridge over Troubled Waters | Simon & Garfunkel

When you're weary
Feeling small
When tears are in your eyes
I will dry them all
I'm on your side
When times get rough
And friends just can't be found

Like a bridge over troubled water
I will lay me down
Like a bridge over troubled water
I will lay me down

When you're down and out
When you're on the street
When evening falls so hard
I will comfort you
I'll take your part
When darkness comes
And pain is all around

Like a bridge over troubled water
I will lay me down
Like a bridge over troubled water
I will lay me down

Sail on Silver Girl
Sail on by
Your time has come to shine
All your dreams are on their way
See how they shine

If you need a friend
I'm sailing right behind

Like a bridge over troubled water
I will ease your mind
Like a bridge over troubled water
I will ease your mind
I will ease your mind.

Land Acknowledgement

Dear friends, we gather on traditional Anishinaabe Algonquin territory.

May we dwell on this land with respect and peace.

In a spirit of reconciliation, may we always seek to respect the history, spirituality, and culture of First Nations, Metis, and Inuit.

May we do all in our power to support all efforts to establish an equal presence on this land.

Greeting

Alleluia! Christ is risen.

The Lord is risen indeed. Alleluia!

May his grace and peace be with you.

May he fill our hearts with joy.

The Opening Prayer

Almighty God,

**to you all hearts are open, all desires known,
and from you no secrets are hidden.**

Cleanse the thoughts of our hearts

By the inspiration of your Holy Spirit,

that we may perfectly love you,

and worthily magnify your holy name,

through Christ our Lord. Amen.

Collect of the Day

Let us pray.

We pray silently.

God of abiding love,
you dare to call us friends. Take our fragmented hearts, command them to love, and make whole our joy, which is our life, reborn in Jesus Christ, who laid down his life for us. **Amen.**

We Proclaim the Word

Each Sunday we read from sections of the Bible: the Old Testament, Psalms, New Testament and the Gospel. These same readings will be proclaimed to over a billion Christians around the world today.

The First Reading: Acts 10:44-48

Hear what the Spirit is saying to the Church.

Thanks be to God.

Psalm 98

Sing a new song to the Lord, who has done marvellous things,
whose mighty hand and holy arm have won the victory.

O Lord, you have made known the victory; you have openly shown your righteousness in the sight of the nations.

You remember your mercy and faithfulness to the house of Israel, and all the ends of the earth have seen your victory, O God.

Shout with joy to the Lord, all you lands; lift up your voice, rejoice and sing.

Sing to the Lord with the harp, with the harp and the voice of song.

With trumpets and the sound of the horn shout with joy before our sovereign, the Lord.

Let the sea make a noise and all that is in it, the lands and those who dwell therein.

Let the rivers clap their hands, and let the hills ring out with joy before the Lord, who is coming to judge the earth.

In righteousness shall God judge the world and the peoples with equity.

The Second Reading: 1 John 5:1-6

Hear what the Spirit is saying to the Church.

Thanks be to God.

Open Up | The Brilliance

You heard the cry of our hearts

And you came down

Freely you gave us your love

Showing us how

Make me an instrument of your peace

Where there is hatred let me show love

Where there is darkness let me shine light and

May your love cause us to open up

Cause us to open up our hearts

May your light cause us to shine so bright

That we bring hope into the dark

All that we do without love

It means nothing

Grant us the courage to give

As you're calling

Make me an instrument of your peace

Where there is hatred let me show love

Where there is darkness let me shine light and

May your love cause us to open up

Cause us to open our hearts

May your light cause us to shine so bright
That we bring hope into the dark

Hope for the hopeless, your love is
Strength in our weakness, your love is
May we love, as you love
Hope for the hopeless, your love is
Strength in our weakness, your love is
May we love, as you love
(As you can love, oh god)
May we love, as you love May we love, as you love

May your love cause us to open up
Cause us to open our hearts
May your light cause us to shine so bright
That we bring hope into the dark (Repeat)

The Gospel: John 15:9-17

The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ according to John.

Glory to you, Lord Jesus Christ.

The Gospel is read

The Gospel of Christ

Praise to you, Lord Jesus Christ.

Homily – Rev. Michael

*We say the Apostles Creed to affirm our faith using words
of the ancient church*

I trust in God,

the Father almighty, creator of heaven and earth.

I trust in Jesus Christ, his only Son, our Lord.

He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead.

On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father.

He will come again to judge the living and the dead.

I trust in the Holy Spirit, the holy catholic Church,

the communion of saints, the forgiveness of sins,

the resurrection of the body, and the life everlasting. Amen.

Prayers of the People

Confession and Absolution

In our time of confession we recognize our need for reconciliation with God and with each other. In response to our need God embraces us and calls us beloved.

Dear friends in Christ,

God is steadfast in love and infinite in mercy;

God welcomes humanity and invites them to this table.

Let us confess our sins, confident in God's forgiveness.

Most merciful God,

we confess that we have sinned against you

in thought, word, and deed,

by what we have done,

and by what we have left undone.

We have not loved you with our whole heart;

we have not loved our neighbours as ourselves.

We are truly sorry and we humbly repent.

For the sake of your Son Jesus Christ,

**have mercy on us and forgive us,
that we may delight in your will,
and walk in your ways,
to the glory of your name. Amen.**

Almighty God have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in eternal life; through Jesus Christ our Lord.
Amen.

The Peace

In the sharing of the Peace we celebrate our reconciliation with God and extend the gift of peace to one another (Matt 5:23-24). We are also reminded that it is in meeting others that we meet Christ.

The peace of the Lord be always with you.
And also with you.

Share a sign of peace in church, online or in your home.

We Celebrate the Eucharist

Offering



Thank you for donating to the ministry of St. Albans! You may also make an offering via the donation box at the by the soundboard – envelopes can be found there as well. You can also donate electronically by e- transfer to donate@stalbanschurch.ca, or through Canada Helps or Paypal through the St. Albans Website - <https://stalbanschurch.ca/donate/>

Let it Be | The Beatles

When I find myself in times of trouble, Mother Mary comes to me
Speaking words of wisdom, let it be
And in my hour of darkness she is standing right in front of me
Speaking words of wisdom, let it be

*Let it be, let it be, let it be, let it be
Whisper words of wisdom, let it be*

And when the broken-hearted people living in the world agree
There will be an answer, let it be
For though they may be parted, there is still a chance that they will see
There will be an answer, let it be

Refrain

And when the night is cloudy there is still a light that shines on me
Shinin' until tomorrow, let it be
I wake up to the sound of music, Mother Mary comes to me
Speaking words of wisdom, let it be

*Let it be, let it be, let it be, let it be
Whisper words of wisdom, let it be
Let it be, let it be, let it be, let it be
There will be an answer, let it be*

Prayer over the Gifts

God of loving care,
you spread before us the table of life, and give us the cup of salvation to
drink. Keep us always in the fold of your Son Jesus Christ, our Saviour and
our shepherd. **Amen.**

Eucharistic Prayer

May God be with you.

And also with you.

Lift up your hearts.

We lift them up to God.

Let us give thanks to God our Creator.

It is right to give our thanks and praise.

Holy God, Lover of creation,

we give you thanks and praise for in the ocean of your steadfast love you bear us and place the song of your Spirit in our hearts.

When we turn from your love and defile the earth, you do not abandon us. Your Spirit speaks through Huldah and Micah, through prophets, sages, and saints in every age, to confront our sin and reveal the vision of your new creation. Joining in the song of the universe we proclaim your glory singing:

**Holy, holy, holy Lord, God of power and might,
Heaven and earth of your glory are full.**

Hosanna, hosanna, hosanna in the highest.

Blessed is the One who comes in the name of the Lord. X2

**Holy, holy, holy Lord, God of power and might,
Heaven and earth of your glory are full.**

Hosanna, hosanna, hosanna in the highest. X2

Gracious God,

in the fullness of time you sent Jesus the Christ to share our fragile humanity.

Through Jesus' life, death, and resurrection you open the path from brokenness to health, from fear to trust, from pride and conceit to reverence for you.

Rejected by a world that could not bear the Gospel of life, Jesus knew death was near. His head anointed for burial by an unknown woman, Jesus gathered together those who loved him.

He took bread, gave thanks to you, broke it and gave it to his friends, saying, "Take and eat: this is my body which is given for you. Do this for the remembrance of me."

After supper, Jesus took the cup of wine, gave you thanks, and said "Drink this all of you, this is my blood of the new covenant which is shed for you and for many. Whenever you drink it, do this for the remembrance of me."

And now we gather at this table in response to his commandment, to share the bread and cup of Christ's undying love, and to proclaim our faith.

Christ has died. Christ is risen. Christ will come again.

Breathe your Holy Spirit, the wisdom of the universe, upon these gifts that we bring to you: this bread, this cup, ourselves, our souls and bodies, that we may be signs of your love for all the world and ministers of your transforming purpose.

Through Christ, with Christ, and in Christ, in the unity of the Holy Spirit, all glory is yours, Creator of all, and we bless your holy name for ever.

Amen.

The Lord's Prayer

Please feel free to use the language of your choice.

Our Creator (Father/Mother) in heaven,

hallowed be your name,

Your kingdom come,

your will be done, on earth as in heaven.

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

Save us from the time of trial

and deliver us from evil.

For the kingdom, the power,

and the glory are yours,

now and for ever. Amen.

The Breaking of the Bread

Lord, we died with you on the cross.

Now we are raised to new life.

We were buried in your tomb.

Now we share in your resurrection.

Live in us, that we may live in you.

The gifts of God for the people of God.

Thanks be to God.

Communion

At St Albans, all are welcome to receive communion or a blessing.

Communion is received in a series of semi-circles at the front of the church.

Please cross your arms over your chest if you would prefer to receive a blessing instead of the bread and/or wine. Please also indicate if you would prefer to receive a rice wafer instead of a wheat wafer.

Wounded Healer | Audrey Assad

Image of the Invisible

In our pain, we feel You near

God of heaven in flesh and bone

By Your wounds, we shall be healed

Wounded healer

We give our hearts to You

Wounded healer

We give our hearts to You

Arms stretched out not to part the seas

But to open up the grave

Blood poured out not for war, but peace

And to show us God's own face

Refrain

No fire, no fury
Just death into life
Over and over '
Til all things are right (Repeat)

Refrain

We Are Sent

Prayer after Communion

Let us pray.

We pray silently.

Life-giving God,

**in the mystery of Christ's resurrection you send light to conquer darkness,
water to give new life, and the bread of life to nourish your people.
Send us forth as witnesses to your Son's resurrection, so that we may show
your glory to all the world, through Jesus Christ, our risen Lord. Amen.**

Glory to God,

**whose power, working in us, can do infinitely
more than we can ask or imagine.**

**Glory to God from generation to generation,
in the Church and in Christ Jesus, for ever and ever. Amen.**

Community Announcements

Blessing

Joyful, Joyful, We Adore Thee | Traditional

Joyful, joyful, we adore You, God of glory, Lord of love;
Hearts unfold like flow'rs before You, Op'ning to the sun above.
Melt the clouds of sin and sadness; Drive the dark of doubt away;

Giver of immortal gladness, Fill us with the light of day!

All Your works with joy surround You, Earth and heav'n reflect Your rays,
Stars and angels sing around You, Center of unbroken praise;
Field and forest, vale and mountain, Flow'ry meadow, flashing sea,
Chanting bird and flowing fountain Praising You eternally!

Always giving and forgiving, Ever blessing, ever blest,
Well-spring of the joy of living, Ocean-depth of happy rest!
Loving Father, Christ our Mother, Let Your light upon us shine;
Teach us how to love each other, Lift us to the joy divine.

Mortals, join the mighty chorus, Which the morning stars began;
God's own love is reigning o'er us, Joining people hand in hand.
Ever singing, march we onward, Victors in the midst of strife;
Joyful music leads us sunward In the triumph song of life.

Sending

Go forth into the world, rejoicing in the power of the Spirit.

Thanks be to God. Alleluia!

Announcements

Naloxone Training redux May 23 @ 7pm – We are delighted to welcome Dean Dewar the Manager of Centre 454 who is going to give a refresher on Naloxone training, and talk about how the Centre 454 staff respond to overdoses. It is also an amazing opportunity to meet Dean and learn about the work the Centre does.

Meal @ Friel – On Tuesday May 28th @ 730pm we will be having a debriefing meeting on our efforts on campus this year. Rev Michael is meeting with University officials and other potential partners in May, and it is our hope that we can discuss how things went, and then set a course for Fall 2024 for the parish at this meeting. If you haven't been involved please reach out to Rev. Michael to get connected, all are welcome.

Cleaning the Capital - The Sandy Hill Community Liaison Committee is holding its first community event! We will be participating in Clean the Capital (a little late) on June 8 from 1 p.m. to 4 p.m., starting at the Sandy Hill Community Health Centre. (Rain date: June 9 from 1 p.m. to 4 p.m.) This is a great opportunity for St. Albans to engage with all the members of our neighbourhood, so please plan to come!

Spring Gathering – Join us on Friday June 21st @ 7pm at the church for an evening of food, games, just being together. More details to follow.

St. Albans Staff

The Rev. Michael Garner revmichael@stalbanschurch.ca

Office Hours - on campus Déjà Vu 232B - 11am-1pm; open for connecting Wednesdays 9am-12noon. Available at other times by appointment.

In the event of a pastoral emergency please call Rev. Michael 613-797-9802

Church Administration office@stalbanschurch.ca

St. Albans Wardens

Michelle Sorenson, Warden – michelle.rg.sorenson@gmail.com

Mary-Martha Hale, Warden – mmhale65@gmail.com

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