

May 19<sup>th</sup>, 2024  
at 10:00 a.m.

# The Booklet

Pentecost!

A Celebration of Holy Eucharist



**ST ALBANS**

*Spirit-Led. Christ-Centred. Contemporary Urban Church*

[www.stalbanschurch.ca](http://www.stalbanschurch.ca)

## **Welcome to St Albans Church!**

*We welcome all people, no matter their age, ability, gender, cultural background, sexual orientation, income level or faith tradition to join us as we seek to deepen our relationship with God and each other. Together we're exploring how we are called to serve in the world, right here in downtown Ottawa.*

*If this is your first time at St. Albans welcome! If you would like to be on our mail or email list, or have any other questions or requests, please feel free to place a written note on the offering plate when it is circulated, speak to a fellow congregation member, Michael our priest*

*[revmichael@stalbanschurch.ca](mailto:revmichael@stalbanschurch.ca) or send an email to our office [office@stalbanschurch.ca](mailto:office@stalbanschurch.ca)*

*During the service, if you are a breastfeeding parent, you are welcome to breastfeed where you are seated or anywhere else in the church, as you feel comfortable.*

### **About this booklet**

*This booklet is your guide to our worship. You're going to experience and participate in worship through music, prayer, readings, reflections and silence. Every time it's your turn to say or do something, you'll see it here in this booklet (usually in bold). If there are surprises, or you have questions, ask a neighbour.*

### **Participation**

*Our hope is that everyone gathered will feel able participate in our worship this morning. At various points in the service we may suggest certain postures. But please feel free to adopt whatever posture (standing, sitting, kneeling) is appropriate for you at any time. If you would like to do some sketching or writing during the service, you are most welcome – at the back of the church is our Art Cart, stocked with books and art supplies. The books are communal so please date your work, no need to sign it, but the Art Books will become over time an anthology of our collective experience.*

## ***Welcome***

### **All Creatures of Our God And King| Tommy Walker**

*Verse 1:* All creatures of our God and King

Lift up your voice and with us sing

Oh praise Him, alleluia

Thou burning sun with golden beam

Thou silver moon with softer gleam

O praise Him, oh praise Him

Alle - luia, alle - luia

*Verse 2:* Thou rushing wind that art so strong

Ye clouds that sail in heaven along

O praise Him, alleluia

Thou rising morn in praise rejoice

Ye lights of evening find a voice

O praise Him, oh praise Him

Alle - luia, alle - luia

*Chorus:* O praise Him (O praise Him) Alle - luia (alle - luia)

*Verse 3:* Let all things their Creator bless

And worship Him in humbleness

O praise Him, alleluia

Praise, praise the Father praise the Son

And praise the Spirit Three in One

O praise Him, oh praise Him

Alle - luia, alle – luia

## ***Land Acknowledgement***

Dear friends, we gather on traditional Anishinaabe Algonquin territory.

**May we dwell on this land with respect and peace.**

In a spirit of reconciliation, may we always seek to respect the history, spirituality, and culture of First Nations, Metis, and Inuit.

**May we do all in our power to support all efforts to establish an equal presence on this land.**

### ***Greeting***

Alleluia! Christ is risen.

**The Lord is risen indeed. Alleluia!**

May his grace and peace be with you.

**May he fill our hearts with joy.**

### ***The Opening Prayer***

Almighty God,

**to you all hearts are open, all desires known,  
and from you no secrets are hidden.**

**Cleanse the thoughts of our hearts**

**By the inspiration of your Holy Spirit,**

**that we may perfectly love you,**

**and worthily magnify your holy name,**

**through Christ our Lord. Amen.**

### ***Collect of the Day***

Let us pray.

*We pray silently.*

Spirit of truth: guide us into all truth;

consume the lies that shroud the world in hate; pray in us with sighs too deep for words with hope for a new world; through Jesus Christ, who goes to the right hand of God. **Amen.**

### **We Proclaim the Word**

*Each Sunday we read from sections of the Bible: the Old Testament, Psalms, New Testament and the Gospel. These same readings will be proclaimed to over a billion Christians around the world today.*

**The First Reading:** Acts 2:1-21

Hear what the Spirit is saying to the Church.

**Thanks be to God.**

**Psalm 104:25-35, 37b**

Yonder is the great and wide sea with its living things too many to number, creatures both small and great.

**There move the ships, and there is that Leviathan, which you have made for the sport of it.**

All of them look to you to give them their food in due season.

**You give it to them; they gather it; you open your hand, and they are filled with good things.**

You hide your face, and they are terrified; you take away their breath, and they die and return to their dust.

**You send forth your Spirit, and they are created; and so you renew the face of the earth.**

May your glory, O Lord, endure for ever; may you rejoice in all your works; **you look at the earth and it trembles; you touch the mountains and they smoke.**

I will sing to the Lord as long as I live; I will praise my God while I have my being.

**May these words of mine please you; I will rejoice in the Lord.**

Let sinners be consumed out of the earth, and the wicked be no more.

Bless the Lord, O my soul. Hallelujah!

**The Second Reading:** Romans 8:22-27

Hear what the Spirit is saying to the Church.

**Thanks be to God.**

**Oceans (Where Feet May Fail) | Hillsong**

*Verse 1:* You call me out upon the waters

The great unknown where feet may fail

And there I find You in the mystery

In oceans deep my faith will stand

*Chorus:* And I will call upon Your name  
And keep my eyes above the waves  
When oceans rise  
My soul will rest in Your embrace  
For I am Yours and You are mine

*Verse 2:* Your grace abounds in deepest waters  
Your sov'reign hand will be my guide  
Where feet may fail and fear surrounds me  
You've never failed and You won't start now

*Bridge:* Spirit lead me where my trust is without borders  
Let me walk upon the waters  
Wherever You would call me  
Take me deeper than my feet could ever wander  
And my faith will be made stronger  
In the presence of my Saviour

**The Gospel:** John 15:26-27, 16:4b-15

The Lord be with you.

**And also with you.**

The Holy Gospel of our Lord Jesus Christ according to John.

**Glory to you, Lord Jesus Christ.**

*The Gospel is read*

The Gospel of Christ

**Praise to you, Lord Jesus Christ.**

**Homily – Rev. Michael**

*We say the Apostles Creed to affirm our faith using words*

*of the ancient church*

**I trust in God,  
the Father almighty, creator of heaven and earth.**

**I trust in Jesus Christ, his only Son, our Lord.  
He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary. He suffered under Pontius Pilate, was  
crucified, died, and was buried. He descended to the dead.  
On the third day he rose again. He ascended into heaven,  
and is seated at the right hand of the Father.  
He will come again to judge the living and the dead.**

**I trust in the Holy Spirit, the holy catholic Church,  
the communion of saints, the forgiveness of sins,  
the resurrection of the body, and the life everlasting. Amen.**

***Prayers of the People***

***Confession and Absolution***

*In our time of confession we recognize our need for reconciliation with God  
and with each other. In response to our need God embraces us and calls us  
beloved.*

Dear friends in Christ,  
God is steadfast in love and infinite in mercy;  
God welcomes humanity and invites them to this table.  
Let us confess our sins, confident in God's forgiveness.

Most merciful God,  
**we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.**

**We have not loved you with our whole heart;  
we have not loved our neighbours as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us,  
that we may delight in your will,  
and walk in your ways,  
to the glory of your name. Amen.**

Almighty God have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in eternal life; through Jesus Christ our Lord.  
**Amen.**

### ***The Peace***

*In the sharing of the Peace we celebrate our reconciliation with God and extend the gift of peace to one another (Matt 5:23-24). We are also reminded that it is in meeting others that we meet Christ.*

The peace of the Lord be always with you.  
**And also with you.**

*Share a sign of peace in church, online or in your home.*

### **We Celebrate the Eucharist**

#### ***Offering***



*Thank you for donating to the ministry of St. Albans! You may also make an offering via the donation box at the by the soundboard – envelopes can be found there as well. You can also donate electronically by e-transfer to [donate@stalbanschurch.ca](mailto:donate@stalbanschurch.ca), or through Canada Helps or Paypal through the*



**King Of Kings** | Brooke Lingertwood

*Verse 1:* In the darkness we were waiting  
Without hope without light  
Till from Heaven You came running  
There was mercy in Your eyes

To fulfil the law and prophets  
To a virgin came the Word  
From a throne of endless glory  
To a cradle in the dirt

*Chorus:* Praise the Father, Praise the Son  
Praise the Spirit three in one  
God of Glory, Majesty  
Praise forever to the King of kings

*Verse 2:* To reveal the kingdom coming  
And to reconcile the lost  
To redeem the whole creation  
You did not despise the cross

For even in Your suffering  
You saw to the other side  
Knowing this was our salvation  
Jesus for our sake You died

*Verse 3:* And the morning that You rose  
All of heaven held its breath  
Till that stone was moved for good  
For the Lamb had conquered death

And the dead rose from their tombs

And the angels stood in awe  
For the souls of all who'd come  
To the Father are restored

*Verse 4:* And the Church of Christ was born  
Then the Spirit lit the flame  
Now this Gospel truth of old  
Shall not kneel shall not faint

By His blood and in His Name  
In His freedom I am free  
For the love of Jesus Christ  
Who has resurrected me

### ***Prayer over the Gifts***

Giver of life,  
receive all we offer you this day. Let the Spirit you bestow on your Church  
continue to work in the world through the hearts of all who believe.  
We ask this in the name of Jesus Christ the Lord. **Amen.**

### ***Eucharistic Prayer***

May God be with you.

**And also with you.**

Lift up your hearts.

**We lift them up to God.**

Let us give thanks to God our Creator.

**It is right to give our thanks and praise.**

Blessed are you, gracious God, creator of heaven and earth; we give you  
thanks and praise through Jesus Christ our Lord. In fulfilment of your  
promise you pour forth your Spirit upon us, filling us with gifts and leading  
us into all truth. You give us power to proclaim your gospel to all nations and  
to serve you as a royal priesthood. Therefore we join our voices with angels  
and archangels, and with all those in whom the Spirit dwells, to proclaim the

glory of your name.

**Holy, holy, holy Lord, God of power and might,**

**Heaven and earth of your glory are full.**

**Hosanna, hosanna, hosanna in the highest.**

**Blessed is the One who comes in the name of the Lord. X2**

**Holy, holy, holy Lord, God of power and might,**

**Heaven and earth of your glory are full.**

**Hosanna, hosanna, hosanna in the highest. X2**

We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, God, according to his command,  
**we remember his death, we proclaim his resurrection,**  
**we await his coming in glory;**

and we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant. Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit.

In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your children; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, Almighty God, now and for ever.

**Amen.**

### ***The Lord's Prayer***

*Please feel free to use the language of your choice.*

**Our Creator (Father/Mother) in heaven,  
hallowed be your name,  
Your kingdom come,  
your will be done, on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.**

### ***The Breaking of the Bread***

We break this bread to share in the body of Christ.

**We, being many, are one body, for we all share in the one bread.**

The gifts of God for the people of God.

**Thanks be to God.**

### ***Communion***

*At St Albans, all are welcome to receive communion or a blessing.*

*Communion is received in a series of semi-circles at the front of the church.*

*Please cross your arms over your chest if you would prefer to receive a blessing instead of the bread and/or wine. Please also indicate if you would prefer to receive a rice wafer instead of a wheat wafer.*

### **At The Foot Of The Cross | Kathryn Scott**

*Verse 1: At the foot of the cross*

Where grace and suff'ring meet

You have shown me Your love

Through the judgment You received

*PreChorus: And You've won my heart And You've won my heart*

*Chorus: Now I can trade these ashes for beauty*

And wear forgiveness like a crown

Coming to kiss the feet of Mercy

I lay ev'ry burden down

At the foot of the cross

*Verse 2: At the foot of the cross*

Where I am made complete

You have given me life

Through the death You bore for me

*PreChorus: And You've won my heart And You've won my heart*

### **We Are Sent**

### ***Prayer after Communion***

Let us pray.

*We pray silently.*

**Creator,**

**may we who have received this eucharist live in the unity of your Holy Spirit, that we may show forth her gifts to all the world. We ask this in the name of Jesus Christ our Lord. Amen.**

Glory to God,

**whose power, working in us, can do infinitely more than we can ask or imagine.**

**Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever.**

**Amen.**

### ***Community Announcements***

### ***Blessing***

**I Thank God | Maverick City**

*Verse 1:* Wandering into the night wanting a place to hide

This weary soul this bag of bones

I try with all of my might

But I just can't win the fight

I'm slowly drifting a vagabond

*Pre-Chorus:* And just when I ran out of the road

I met a man I didn't know And He told me that I was not alone

*Chorus:* You picked me up You turned me around

And placed my feet on solid ground

I thank the Master I thank the Savior

Because You healed my heart You changed my name

Forever free I'm not the same  
I thank the Master I thank the Savior I thank God

*Verse 2:* I cannot deny what I've seen  
Got no choice but to believe  
My doubts are burnin' like ashes in the wind  
So so long to my old friends burden and bitterness  
You can just keep them moving  
Nah you ain't welcome here

*Pre-Chorus:* From now till I walk streets of gold  
I'll sing of how You saved my soul  
This wayward son has found his way back home

*Bridge:* You turned me around. I am free, I am free, Oh I am free  
(REPEAT)

### ***Sending***

Go forth into the world, rejoicing in the power of the Spirit.  
**Thanks be to God. Alleluia!**

### **Announcements**

**Naloxone Training redux May 23 @ 7pm** – We are delighted to welcome Dean Dewar the Manager of Centre 454 who is going to give a refresher on Naloxone training, and talk about how the Centre 454 staff respond to overdoses. It is also an amazing opportunity to meet Dean and learn about the work the Centre does.

**Meal @ Friel** – On Tuesday May 28<sup>th</sup> @ 730pm we will be having a debriefing meeting on our efforts on campus this year. Rev Michael is meeting with University officials and other potential partners in May, and it is our hope that we can discuss how things went, and then set a course for Fall 2024 for the parish at this meeting. If you haven't been involved please reach out to Rev. Michael to get connected, all are welcome.

**Cleaning the Capital** - The Sandy Hill Community Liaison Committee is holding its first community event! We will be participating in Clean the Capital (a little late) on June 8 from 1 p.m. to 4 p.m., starting at the Sandy Hill Community Health Centre. (Rain date: June 9 from 1 p.m. to 4 p.m.) This is a great opportunity for St. Albans to engage with all the members of our neighbourhood, so please plan to come!

**Spring Gathering** – Join us on Friday June 21<sup>st</sup> @ 7pm at the church for an evening of food, games, just being together. More details to follow.

### **St. Albans Staff**

The Rev. Michael Garner [revmichael@stalbanschurch.ca](mailto:revmichael@stalbanschurch.ca)

Office Hours - on campus Déjà Vu 232B - 11am-1pm; open for connecting Wednesdays 9am-12noon. Available at other times by appointment.

In the event of a pastoral emergency please call Rev. Michael 613-797-9802  
Church Administration [office@stalbanschurch.ca](mailto:office@stalbanschurch.ca)

### **St. Albans Wardens**

Michelle Sorenson, Warden – [michelle.rg.sorenson@gmail.com](mailto:michelle.rg.sorenson@gmail.com)

Mary-Martha Hale, Warden – [mmhale65@gmail.com](mailto:mmhale65@gmail.com)

Leah Seabrook, Deputy Warden - [leah.seabrook@gmail.com](mailto:leah.seabrook@gmail.com)

Moira Alie, Deputy Warden

### **St. Albans Church**

454 King Edward Ave at Daly

Ottawa, ON K1N 7M8 613-236-0342

[www.stalbanschurch.ca](http://www.stalbanschurch.ca)



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