

March 29th, 2024
at 10:00 a.m.

The Booklet

Good Friday
A Celebration of the Lord's Passion



ST ALBANS

Spirit-Led. Christ-Centred. Contemporary Urban Church

www.stalbanschurch.ca

Welcome to St Albans Church!

We welcome all people, no matter their age, ability, gender, cultural background, sexual orientation, income level or faith tradition to join us as we seek to deepen our relationship with God and each other. Together we're exploring how we are called to serve in the world, right here in downtown Ottawa.

If this is your first time at St. Albans welcome! If you would like to be on our mail or email list, or have any other questions or requests, please feel free to place a written note on the offering plate when it is circulated, speak to a fellow congregation member, Michael our priest

revmichael@stalbanschurch.ca or send an email to our office office@stalbanschurch.ca

During the service, if you are a breastfeeding parent, you are welcome to breastfeed where you are seated or anywhere else in the church, as you feel comfortable.

About this booklet

This booklet is your guide to our worship. You're going to experience and participate in worship through music, prayer, readings, reflections and silence. Every time it's your turn to say or do something, you'll see it here in this booklet (usually in bold). If there are surprises, or you have questions, ask a neighbour.

Participation

Our hope is that everyone gathered will feel able participate in our worship this morning. At various points in the service we may suggest certain postures. But please feel free to adopt whatever posture (standing, sitting, kneeling) is appropriate for you at any time. If you would like to do some sketching or writing during the service, you are most welcome – at the back of the church is our Art Cart, stocked with books and art supplies. The books are communal so please date your work, no need to sign it, but the Art Books will become over time an anthology of our collective experience.

Liturgical Note: In the context of Christian Liturgy, Israel does not refer to the current political state, but either to the historic Hebrews of the ancient Near East or, in Christian theology, to all people who put their faith and trust in Jesus Christ.

Welcome

Land Acknowledgement

Dear friends, we gather on traditional Anishinaabe Algonquin territory.

May we dwell on this land with respect and peace.

In a spirit of reconciliation, may we always seek to respect the history, spirituality, and culture of First Nations, Metis, and Inuit.

May we do all in our power to support all efforts to establish an equal presence on this land.

The Ministry of the Word

All we like sheep have gone astray; we have turned every one to his own way,

And the Lord has laid on him the iniquity of us all.

Christ the Lord became obedient unto death,

Even death on a cross.

Silence is kept.

Almighty and all vulnerable God,

we have sinned in thought and word and deed;

we have not loved you with our whole heart;

we have not loved our neighbours as ourselves.

We pray you of your mercy, forgive us all that is past,

and grant that we may serve you in newness of life

to the glory of your name. Amen.

Abide with Me | William Monk

Abide with me, fast falls the eventide

The darkness deepens Lord, with me abide

When other helpers fail and comforts flee

Help of the helpless, oh, abide with me

I need Thy presence every passing hour
What but Thy grace can foil the tempter's power?
Who like Thyself my guide and stay can be
Through cloud and sunshine, abide with me

I fear no foe, with Thee at hand to bless
Ills have no weight, tears lose their bitterness
Where is thy sting, death? Where, grave, thy victory?
I triumph still, abide with me

The Collect of the Day

The Lord be with you.

And also with you.

Let us pray.

O Holy and Immortal One,
hear us as we pray through Jesus, our high priest: heal all our divisions,
reconcile all who are estranged, console all who suffer, and finally raise up
to new life all that is bound by death. **Amen.**

The First Reading: Isaiah 52:13-53:12

Hear what the Spirit is saying to the Church.

Thanks be to God.

Psalm 22

My God, my God, why have you forsaken me and are so far from my cry
and from the words of my distress?

**O my God, I cry in the daytime, but you do not answer; by night as well,
but I find no rest.**

Yet you are the Holy One, enthroned upon the praises of Israel.

Our ancestors put their trust in you; they trusted, and you delivered them.

They cried out to you and were delivered; they trusted in you and were not put to shame.

But as for me, I am a worm and not human, scorned by all and despised by the people.

All who see me laugh me to scorn; they curl their lips and wag their heads, saying,

“You trusted in the Lord; let the Lord deliver you; let God rescue you, if God delights in you.”

Yet you are the one who took me out of the womb, and kept me safe upon my mother’s breast.

I have been entrusted to you ever since I was born; you were my God when I was still in my mother’s womb.

Be not far from me, for trouble is near, and there is none to help.

Many young bulls encircle me; strong bulls of Bashan surround me.

They open wide their jaws at me, like a ravening and a roaring lion.

I am poured out like water; all my bones are out of joint; my heart within my breast is melting wax.

My mouth is dried out like a potsherd; my tongue sticks to the roof of my mouth; and you have laid me in the dust of the grave.

Packs of dogs close me in and gangs of evildoers circle around me; they pierce my hands and my feet.

I can count all my bones while they stare and gloat over me.

They divide my garments among them; they cast lots for my clothing.

Be not far away, O Lord; you are my strength; hasten to help me.

Save me from the sword, my life from the power of the dog.

Save me from the lion’s mouth, my wretched body from the horns of wild bulls.

I will declare your name to my kindred; in the midst of the congregation I will praise you.

Praise the Lord, you that fear God; stand in awe of God, O offspring of Israel; all you of Jacob’s line, give glory.

For God does not despise nor abhor the poor in their poverty; neither turns away from them; when they cry to the Lord, they are heard.

My praise is of God in the great assembly; I will perform my vows in the presence of those who worship the Lord.

The poor shall eat and be satisfied, and those who seek the Lord shall give praise: "May your heart live for ever!"

All the ends of the earth shall remember and turn to the Lord, and all the families of the nations shall bow before God.

For sovereignty belongs to the Lord, who rules over the nations.

To God alone all who sleep in the earth bow down in worship; all who go down to the dust fall before God.

My soul shall live for God; my descendants shall serve God; they shall be known as the Lord's for ever.

They shall come and make known to a people yet unborn the saving deeds that God has done.

The Second Reading: Hebrews 10:16-25

Hear what the Spirit is saying to the Church.

Thanks be to God.

If It Be Your Will | Leonard Cohen

If it be your will that I speak no more
And my voice be still as it was before
I will speak no more, I shall abide until
I am spoken for, if it be your will

If it be your will that a voice be true
From this broken hill I will sing to you
From this broken hill, all your praises they shall ring
If it be your will to let me sing

If it be your will, if there is a choice
Let the rivers fill, let the hills rejoice

Let your mercy spill on all these burning hearts in hell
If it be your will to make us well

And to draw us near, and bind us tight
All your children here in their rags of light
In our rags of light, all dressed to kill
And end this night, if it be your will

The Gospel: John 18:1-19:42

The Passion of our Lord Jesus Christ according to John.

The Gospel is read

This is the Passion of the Lord.

Homily | Rev. Michael

The Solemn Intercession

Dear people of God,
our heavenly Father sent his Son into the world,
not to condemn the world, but that the world through him might be saved,
that all who believe in him might be delivered from the power of sin and
death and become heirs with him of eternal life.

Please stand as able

Let us pray for the one holy catholic and apostolic Church of Christ
throughout the world: for its unity in witness and service, for all bishops
and other ministers and the people whom they serve, for *Shane* our
bishop, and all the people of this diocese, for all Christians in this
community, for those about to be baptized, that the Lord will confirm his
Church in faith, increase it in love, and preserve it in peace.

Silence

Almighty and everlasting God, by your Spirit the whole body of your faithful people is governed and sanctified. Receive our supplications and prayers which we offer before you for all members of your holy Church, that in our vocation and ministry we may truly and devoutly serve you; through our Lord and Saviour Jesus Christ. **Amen.**

Let us pray for all nations and peoples of the earth, and for those in authority among them: for *Justin* the Prime Minister and for the government of this country, for *Doug* the premier of this province and the members of the legislature, for *Mark* the mayor of this municipality and those who serve with him on the city council, for all who serve the common good, that by God's help they may seek justice and truth, and live in peace and concord.

Silence

Almighty God, kindle, we pray, in every heart the true love of peace, and guide with your wisdom those who take counsel for the nations of the earth, that justice and peace may increase, until the earth is filled with the knowledge of your love; through Jesus Christ our Lord. **Amen.**

Let us pray for all who suffer and are afflicted in body or in mind: for the hungry and homeless, the destitute and the oppressed, and all who suffer persecution or prejudice, for the sick, the wounded, and the disabled, for those in loneliness, fear, and anguish, for those who face temptation, doubt, and despair, for the sorrowful and bereaved, for prisoners and captives and those in mortal danger, that God in his mercy will comfort and relieve them, and grant them the knowledge of his love, and stir up in us the will and patience to minister to their needs.

Silence

Gracious God, the comfort of all who sorrow, the strength of all who suffer, hear the cry of those in misery and need. In their afflictions show them your mercy, and give us, we pray, the strength to serve them, for the sake of him who suffered for us, your Son Jesus Christ our Lord. **Amen.**

Let us pray for all who have not received the gospel of Christ: for all who have not heard the words of salvation, for all who have lost their faith, for all whose sin has made them indifferent to Christ, for all who actively oppose Christ by word or deed, for all who are enemies of the cross of Christ, and persecutors of his disciples, for all who in the name of Christ have persecuted others, that God will open their hearts to the truth, and lead them to faith and obedience.

Silence

Merciful God, creator of the peoples of the earth and lover of souls, have compassion on all who do not know you as you are revealed in your Son Jesus Christ. Let your gospel be preached with grace and power to those who have not heard it, turn the hearts of those who resist it, and bring home to your fold those who have gone astray; that there may be one flock under one shepherd, Jesus Christ our Lord. **Amen.**

Let us commit ourselves to God, and pray for the grace of a holy life, that with all who have departed this life and have died in the peace of Christ, and those whose faith is known to God alone, we may be accounted worthy to enter into the fullness of the joy of our Lord, and receive the crown of life in the day of resurrection.

Silence

O God of unchangeable power and eternal light, look favourably on your whole Church, that wonderful and sacred mystery. By the effectual working of your providence, carry out in tranquillity the plan of salvation. Let the whole world see and know that things which were cast down are being

raised up, and things which had grown old are being made new, and that all things are being brought to their perfection by him through whom all things were made, your Son Jesus Christ our Lord; who lives and reigns with you, in the unity of the Holy Spirit, one God, for ever and ever. **Amen.**

Meditation on the Cross of Jesus

This is the wood of the cross, on which hung the Saviour of the world.

Come let us worship.

When I Survey the Wonderful Cross | Isaac Watts

When I survey the wondrous cross
On which the Prince of glory died,
My richest gain I count but loss,
And pour contempt on all my pride.

Forbid it, Lord, that I should boast
Save in the death of Christ, my God!
All the vain things that charm me most,
I sacrifice them through his blood.

See, from his head, his hands, his feet,
Sorrow and love flow mingled down.
Did e'er such love and sorrow meet,
Or thorns compose so rich a crown?

Were the whole realm of nature mine,
That were a present far too small.
Love so amazing, so divine,
Demands my soul, my life, my all.

Is it nothing to you, all you who pass by? Look and see if there is any sorrow like my sorrow which was brought upon me, which the Lord inflicted on the day of his fierce anger.

Holy God, holy and mighty, holy and immortal one, have mercy upon us.

O my people, O my Church, What have I done to you, or in what have I offended you? Testify against me. I led you forth from the land of Egypt, and delivered you by the waters of baptism, but you have prepared a cross for your Saviour.

Holy God, holy and mighty, holy and immortal one, have mercy upon us.

I led you through the desert forty years, and fed you with manna. I brought you through tribulation and penitence, and gave you my body, the bread of heaven, but you have prepared a cross for your Saviour.

Holy God, holy and mighty, holy and immortal one, have mercy upon us.

What more could I have done for you that I have not done?

I planted you, my chosen and fairest vineyard,

I made you the branches of my vine;

but when I was thirsty, you gave me vinegar to drink, and pierced with a spear the side of your Saviour.

Holy God, holy and mighty, holy and immortal one, have mercy upon us.

I went before you in a pillar of cloud, and you have led me to the judgement hall of Pilate. I scourged your enemies and brought you to a land of freedom, but you have scourged, mocked, and beaten me.

I gave you the water of salvation from the rock, but you have given me gall and left me to thirst.

Holy God, holy and mighty, holy and immortal one, have mercy upon us.

I gave you a royal sceptre, and bestowed the keys to the kingdom, but you have given me a crown of thorns. I raised you on high with great power, but you have hanged me on the cross.

Holy God, holy and mighty, holy and immortal one, have mercy upon us.

My peace I gave, which the world cannot give, and washed your feet as a sign of my love, but you draw the sword to strike in my name, and seek

high places in my kingdom. I offered you my body and blood, but you scatter and deny and abandon me.

Holy God, holy and mighty, holy and immortal one, have mercy upon us.

I sent the Spirit of truth to guide you, and you close your hearts to the Counsellor. I pray that all may be as one in the Father and me, but you continue to quarrel and divide. I call you to go and bring forth fruit, but you cast lots for my clothing.

Holy God, holy and mighty, holy and immortal one, have mercy upon us.

I grafted you into the tree of my chosen Israel, and you turned on them with persecution and mass murder. I made you joint heirs with them of my covenants, but you made them scapegoats for your own guilt.

Holy God, holy and mighty, holy and immortal one, have mercy upon us.

I came to you as the least of your brothers and sisters; I was hungry and you gave me no food, I was thirsty and you gave me no drink, I was a stranger and you did not welcome me, naked and you did not clothe me, sick and in prison and you did not visit me.

Holy God, holy and mighty, holy and immortal one, have mercy upon us.

O Saviour of the world, by your cross and precious blood you have redeemed us.

Save us and help us, we humbly beseech you, O Lord.

I Don't Have Much | Taylor Leonhardt

How can I respond

To the love that You have lavished on me?

How can I respond

To the love that You have lavished on me?

I don't have much, I don't have much

But I have a heart that beats for You

I have a heart that beats for You

Every part of me
Wants to love You like You've loved me, Lord
Every part of me
Wants to love You like You've loved me, Lord

I don't have much, I don't have much
But I have a heart that beats for You
I have a heart that beats for You
I have a heart that beats for You (4x)
I have a life I'll give to You (4x)
I don't have much, I don't have much
But I have a heart that beats for You
I have a heart that beats for You

Prayer over the Gifts

Holy God,
your Son Jesus Christ carried our sins in his own body on the tree,
so that we might have life. May we and all who remember this day find new
life in him, now and in the world to come, where he lives with you and the
Holy Spirit, for ever and ever.

Amen.

The Lord's Prayer

Please feel free to use the language of your choice.

As our Saviour taught us, let us pray,

Our Father (Creator) in heaven,

hallowed be your name,

Your kingdom come,

your will be done, on earth as in heaven.

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

Save us from the time of trial

and deliver us from evil.

**For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.**

The gifts of God for the people of God.
Thanks be to God.

Communion

*At St Albans, all are welcome to receive communion or a blessing.
Communion is received in a series of semi-circles at the front of the church.
Please cross your arms over your chest if you would prefer to receive a
blessing instead of the bread and/or wine. Please also indicate if you would
prefer to receive a gluten free wafer instead of a wheat wafer/bread.*

Lead Me | Alice Boman

Prayer after Communion

Let us pray.

We pray silently.

Almighty and eternal God,
**you have restored us to life by the triumphant death
and resurrection of Christ. Continue this healing work within us.
May we who partake of this mystery never cease to give you dedicated
service. We ask this through Jesus Christ our Lord. Amen.**

Send down your abundant blessing, Lord, upon your people
who have devoutly recalled the death of your Son in the sure and certain
hope of the resurrection. Grant them pardon; bring them comfort.
May their faith grow stronger and their eternal salvation be assured.
We ask this through Christ our Lord.

We depart in silence

Announcements

March 30 @ 730pm – Easter Vigil

The Liturgy Club (our youth) will lead us through an Easter Vigil service, beginning on the Daly Ave lawn before moving into the church.

March 31 @ 10am – Easter Sunday!

We gather as a parish in person and online to celebrate the resurrection of Jesus!

Meal @ Friel –Our next meal, and last meal of the Academic year is April 4! Please let Rev Michael or Daniel (Meal Coordinator) know if you would like to get involved!

St. Albans Staff

The Rev. Michael Garner revmichael@stalbanschurch.ca

Office Hours - on campus Déjà Vu 232B - 11am-1pm; open for connecting Wednesdays 9am-12noon. Available at other times by appointment.

In the event of a pastoral emergency please call Rev. Michael 613-797-9802
Church Administration office@stalbanschurch.ca

St. Albans Wardens

Michelle Sorenson, Warden – michelle.rg.sorenson@gmail.com

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