

March 28<sup>th</sup>, 2024  
at 7:00 p.m.

# The Booklet

Maundy Thursday  
A Celebration of Holy Eucharist



**ST ALBANS**

*Spirit-Led. Christ-Centred. Contemporary Urban Church*

[www.stalbanschurch.ca](http://www.stalbanschurch.ca)

## **Welcome to St Albans Church!**

*We welcome all people, no matter their age, ability, gender, cultural background, sexual orientation, income level or faith tradition to join us as we seek to deepen our relationship with God and each other. Together we're exploring how we are called to serve in the world, right here in downtown Ottawa.*

*If this is your first time at St. Albans welcome! If you would like to be on our mail or email list, or have any other questions or requests, please feel free to place a written note on the offering plate when it is circulated, speak to a fellow congregation member, Michael our priest*

*[revmichael@stalbanschurch.ca](mailto:revmichael@stalbanschurch.ca) or send an email to our office [office@stalbanschurch.ca](mailto:office@stalbanschurch.ca)*

*During the service, if you are a breastfeeding parent, you are welcome to breastfeed where you are seated or anywhere else in the church, as you feel comfortable.*

### **About this booklet**

*This booklet is your guide to our worship. You're going to experience and participate in worship through music, prayer, readings, reflections and silence. Every time it's your turn to say or do something, you'll see it here in this booklet (usually in bold). If there are surprises, or you have questions, ask a neighbour.*

### **Participation**

*Our hope is that everyone gathered will feel able participate in our worship this morning. At various points in the service we may suggest certain postures. But please feel free to adopt whatever posture (standing, sitting, kneeling) is appropriate for you at any time. If you would like to do some sketching or writing during the service, you are most welcome – at the back of the church is our Art Cart, stocked with books and art supplies. The books are communal so please date your work, no need to sign it, but the Art Books will become over time an anthology of our collective experience.*

*Liturgical Note: In the context of Christian Liturgy, Israel does not refer to the current political state, but either to the historic Hebrews of the ancient Near East or, in Christian theology, to all people who put their faith and trust in Jesus Christ.*

## **Welcome**

### **Land Acknowledgement**

Dear friends, we gather on traditional Anishinaabe Algonquin territory.

**May we dwell on this land with respect and peace.**

In a spirit of reconciliation, may we always seek to respect the history, spirituality, and culture of First Nations, Metis, and Inuit.

**May we do all in our power to support all efforts to establish an equal presence on this land.**

This is the day that Christ the Lamb of God gave himself into the hands of those who would slay him.

This is the day that Christ gathered with his disciples in the upper room.

This is the day that Christ took a towel and washed the disciples' feet, giving us an example that we should do to others as he has done to us.

This is the day that Christ our God gave us this holy feast, that we who eat this bread and drink this cup may here proclaim his Holy Sacrifice and be partakers of his resurrection, and at the last day may reign with him in heaven.

**May You Find A Light | John Arndt and David Gungor**

Lost and weary traveler, searching for the way to go  
Stranger, heavy-hearted, longing for someone you know

May you find a light

May you find a light

May you find a light to guide you home

There are weary travelers searching everywhere you go  
Strangers who are searching, longing deeply to be known

### ***Collect of the Day***

Let us pray.

*We pray silently.*

O God,  
on the night he was betrayed Jesus washed the feet of his disciples  
and gave himself in a meal of bread and wine. May we who celebrate these  
signs of his love, serve and give ourselves to others in his name and to your  
glory; through the same Jesus Christ our Lord, who lives and reigns with you  
and the Holy Spirit, one God, now and for ever. **Amen.**

### **We Proclaim the Word**

*Each Sunday we read from sections of the Bible: the Old Testament, Psalms,  
New Testament and the Gospel. These same readings will be proclaimed to  
over a billion Christians around the world today.*

**The First Reading:** Exodus 12:1-14

Hear what the Spirit is saying to the Church.

**Thanks be to God.**

**Ps 116:1, 10-17**

I love the Lord who has heard the voice of my supplication,  
**I believed, even when I said, "I have been brought very low."**

In my distress I said, "No one can be trusted."

**How shall I repay you, O Lord,**

**for all the good things you have done for me?**

I will lift up the cup of salvation and call upon your name.

**I will fulfil my vows to the Lord in the presence of all the people.**

Precious in your sight, O Lord is the death of your servants.

**O Lord, I am your servant; I am your servant and the child of your handmaid; you have freed me from my bonds.**

I will offer you the sacrifice of thanksgiving and call upon the name of the Lord.

**The Second Reading:** 1 Corinthians 11:23-26

Hear what the Spirit is saying to the Church.

**Thanks be to God.**

**The Call** | Ralph Vaughan Williams and George Herbert

Come, my Way, my Truth, my Life:

Such a way as gives us breath,

Such a truth as ends all strife,

Such a life as conquers death.

Come, my Light, my Feast, my Strength:

Such a light as shows a feast,

Such a feast as mends in length,

Such a strength as makes a guest.

Come, my Joy, my Love, my Heart:

Such a joy as none can move,

Such a love as none can part,

Such a heart as joys in love.

**The Gospel:** John 13:1-17, 31b-35

Le Seigneur soit avec vous. The Lord be with you.

**And also with you.**

The Holy Gospel of our Lord Jesus Christ according to John

**Glory to you, Lord Jesus Christ.**

*The Gospel is read*

The Gospel of Christ

**Praise to you, Lord Jesus Christ.**

**Homily** | Rev. Michael

***Prayers of the People***

***Confession and Absolution***

*In our time of confession we recognize our need for reconciliation with God and with each other. In response to our need God embraces us and calls us beloved.*

Dear friends in Christ,  
God is steadfast in love and infinite in mercy; God welcomes humanity and invites them to this table. Let us confess our sins, confident in God's forgiveness.

Most merciful God,  
**we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbours as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us,  
that we may delight in your will,  
and walk in your ways,  
to the glory of your name. Amen.**

Almighty God have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,

and keep you in eternal life;  
through Jesus Christ our Lord.  
**Amen.**

### ***The Peace***

*In the sharing of the Peace we celebrate our reconciliation with God and extend the gift of peace to one another (Matt 5:23-24). We are also reminded that it is in meeting others that we meet Christ.*

La paix du Seigneur soit toujours avec vous.  
The peace of the Lord be always with you.  
**And also with you.**

*Share a sign of peace in church, online or in your home.*

### **We Celebrate the Eucharist**

#### ***Offering***



*Thank you for donating to the ministry of St. Albans! You may also make an offering via the donation box at the by the soundboard – envelopes can be found there as well. You can also donate electronically by e-transfer to [donate@stalbanschurch.ca](mailto:donate@stalbanschurch.ca), or through Canada Helps or Paypal through the St. Albans Website - <https://stalbanschurch.ca/donate/>*

#### **Eventide | William Henry Monk, Henry Francis Lyte**

Abide with me, fast falls the eventide,  
The darkness deepens, Lord with me abide,  
When other helpers fail and comforts flee,  
Help of the helpless, O abide with me.

Swift to its close ebbs out life's little day,  
Earth's joys grow dim, its glories pass away,  
Change and decay in all around I see,

O thou who changest not, abide with me.

I fear no foe, with thee at hand to bless,  
Ills have no weight, and tears no bitterness,  
Where is death's sting? Where, grace, thy victory?  
I triumph still, if thou abide with me.

Hold thou thy cross before my closing eyes,  
Shine through the gloom and point me to the skies,  
Heaven's morning breaks, and earth's vain shadows flee,  
In life, in death, O Lord, abide with me.

### ***Prayer over the Gifts***

Creator, we spread this table to remember the loving sacrifice of Jesus Christ, your Son. Accept all we offer you this day. Bind us together in his love and in the love he has commanded us to bring one another; through Jesus Christ our Lord. **Amen.**

### ***Eucharistic Prayer***

May God be with you.

**And also with you.**

Lift up your hearts.

**We lift them up to God.**

Let us give thanks to God our Creator.

**It is right to give our thanks and praise.**

Blessed are you, gracious God, creator of heaven and earth;  
we give you thanks and praise through Jesus Christ our Lord,  
who for our salvation became obedient unto death.

The tree of defeat became the tree of victory:  
where life was lost, life has been restored.

Therefore with angels and archangels and all the heavenly chorus,  
we cry out to proclaim the glory of your name.



**Holy, holy, holy Lord, God of power and might,  
Heaven and earth of your glory are full.  
Hosanna, hosanna, hosanna in the highest.  
Blessed is the One who comes in the name of the Lord. X2  
Holy, holy, holy Lord, God of power and might,  
Heaven and earth of your glory are full.  
Hosanna, hosanna, hosanna in the highest. X2**

We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son.

For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On this very night, when he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, God, according to his command,  
**we remember his death, we proclaim his resurrection,  
we await his coming in glory;**

and we offer our sacrifice of praise and thanksgiving to you, Lord of all;

presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant. Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit.

In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your children; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, now and for ever. **Amen.**

### ***The Lord's Prayer***

*Please feel free to use the language of your choice.*

**Our Creator (Father/Mother) in heaven,  
hallowed be your name,  
Your kingdom come,  
your will be done, on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.**

### ***The Breaking of the Bread***

We break this bread, **Communion in Christ's body once broken.**

Let your Church be the wheat which bears its fruit in dying.

**If we have died with him, we shall live with him; if we hold firm, we shall**

**reign with him.**

The gifts of God for the people of God.

**Thanks be to God.**

### ***Communion***

*At St Albans, all are welcome to receive communion or a blessing.*

*Communion is received in a series of semi-circles at the front of the church.*

*Please cross your arms over your chest if you would prefer to receive a blessing instead of the bread and/or wine. Please also indicate if you would prefer to receive a rice wafer instead of a wheat wafer.*

**Nyack | Horatius Bonar and Warren Swenson**

Here, O my Lord, I see thee face to face,  
Here would I touch and handle things unseen,  
Here grasp with firmer hand eternal grace,  
And all my weariness upon thee lean.

Here would I feed upon the Bread of God,  
Here drink with thee the royal Wine of heaven,  
Here would I lay aside each earthly load,  
Here taste afresh the calm of sin forgiven.

I have no help but thine, nor do I need  
Another arm save thine to lean upon,  
It is enough, my Lord enough indeed,  
My strength is in thy might, thy might alone.

Ours is the sin, but thine the righteousness,  
Ours is the guilt, but thine the cleansing Blood,  
Here is my robe, my refuge, and my peace,  
Thy Blood, thy righteousness O Lord my God.

## **We Are Sent**

### ***Prayer after Communion***

Let us pray.

*We pray silently.*

### **Vulnerable God,**

**source of all love, on the night of his betrayal Jesus gave his disciples a new commandment, to love one another as he loved them. Write this commandment in our hearts; give us the will to serve others as he was the servant of all, who gave his life and died for us, yet is alive and reigns with you and the Holy Spirit, one God, now and for ever. Amen.**

### ***The Stripping of the Altar***

#### **Psalm 22**

My God, my God, why have you forsaken me  
and are so far from my cry and from the words of my distress?

O my God, I cry in the daytime, but you do not answer;  
by night as well, but I find no rest.

Yet you are the Holy One, enthroned upon the praises of Israel.

Our ancestors put their trust in you; they trusted, and you delivered them.  
They cried out to you and were delivered; they trusted in you and were not  
put to shame. But as for me, I am a worm and not human, scorned by all and  
despised by the people. All who see me laugh me to scorn; they curl their  
lips and wag their heads, saying,

“You trusted in the Lord; let the Lord deliver you; let God rescue you, if God  
delights in you.”

Yet you are the one who took me out of the womb, and kept me safe upon  
my mother’s breast.

I have been entrusted to you ever since I was born; you were my God when I  
was still in my mother’s womb.

Be not far from me, for trouble is near, and there is none to help.

Many young bulls encircle me; strong bulls of Bashan surround me.

They open wide their jaws at me, like a ravening and a roaring lion.  
I am poured out like water; all my bones are out of joint;  
my heart within my breast is melting wax.  
My mouth is dried out like a potsherd; my tongue sticks to the roof of my  
mouth; and you have laid me in the dust of the grave.  
Packs of dogs close me in and gangs of evildoers circle around me;  
they pierce my hands and my feet.  
I can count all my bones while they stare and gloat over me.  
They divide my garments among them; they cast lots for my clothing.  
Be not far away, O Lord; you are my strength; hasten to help me.  
Save me from the sword, my life from the power of the dog.  
Save me from the lion's mouth, my wretched body from the horns of wild  
bulls. I will declare your name to my kindred;  
in the midst of the congregation I will praise you.  
Praise the Lord, you that fear God; stand in awe of God, O offspring of Israel;  
all you of Jacob's line, give glory.  
For God does not despise nor abhor the poor in their poverty; neither turns  
away from them; when they cry to the Lord, they are heard.  
My praise is of God in the great assembly; I will perform my vows in the  
presence of those who worship the Lord.  
The poor shall eat and be satisfied, and those who seek the Lord shall give  
praise: "May your heart live for ever!"  
All the ends of the earth shall remember and turn to the Lord, and all the  
families of the nations shall bow before God.  
For sovereignty belongs to the Lord, who rules over the nations.  
To God alone all who sleep in the earth bow down in worship; all who go  
down to the dust fall before God.  
My soul shall live for God; my descendants shall serve God; they shall be  
known as the Lord's for ever.  
They shall come and make known to a people yet unborn the saving deeds  
that God has done.

*We leave in silence*

## Announcements

### **Holy Week @ St. Albans**

**March 29<sup>th</sup> @ 10am** – Good Friday Service

We gather as a parish for our Good Friday service, in person and online.

**March 30 @ 730pm** – Easter Vigil

The Liturgy Club (our youth) will lead us through an Easter Vigil service, beginning on the Daly Ave lawn before moving into the church.

**March 31 @ 10am** – Easter Sunday!

We gather as a parish in person and online to celebrate the resurrection of Jesus!

**Meal @ Friel** –Our next meal, and last meal of the Academic year is April 4! Please let Rev Michael or Daniel (Meal Coordinator) know if you would like to get involved!

## **St. Albans Staff**

The Rev. Michael Garner [revmichael@stalbanschurch.ca](mailto:revmichael@stalbanschurch.ca)

Office Hours - on campus Déjà Vu 232B - 11am-1pm; open for connecting  
Wednesdays 9am-12noon. Available at other times by appointment.

In the event of a pastoral emergency please call Rev. Michael 613-797-9802

Church Administration [office@stalbanschurch.ca](mailto:office@stalbanschurch.ca)

## **St. Albans Wardens**

Michelle Sorenson, Warden – [michelle.rg.sorenson@gmail.com](mailto:michelle.rg.sorenson@gmail.com)

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