

March 17th, 2024
at 10:00 a.m.

The Booklet

The Fifth Sunday of Lent
A Celebration of Holy Eucharist



ST ALBANS

Spirit-Led. Christ-Centred. Contemporary Urban Church

www.stalbanschurch.ca

Welcome to St Albans Church!

We welcome all people, no matter their age, ability, gender, cultural background, sexual orientation, income level or faith tradition to join us as we seek to deepen our relationship with God and each other. Together we're exploring how we are called to serve in the world, right here in downtown Ottawa.

If this is your first time at St. Albans welcome! If you would like to be on our mail or email list, or have any other questions or requests, please feel free to place a written note on the offering plate when it is circulated, speak to a fellow congregation member, Michael our priest

revmichael@stalbanschurch.ca or send an email to our office office@stalbanschurch.ca

During the service, if you are a breastfeeding parent, you are welcome to breastfeed where you are seated or anywhere else in the church, as you feel comfortable.

About this booklet

This booklet is your guide to our worship. You're going to experience and participate in worship through music, prayer, readings, reflections and silence. Every time it's your turn to say or do something, you'll see it here in this booklet (usually in bold). If there are surprises, or you have questions, ask a neighbour.

Participation

Our hope is that everyone gathered will feel able participate in our worship this morning. At various points in the service we may suggest certain postures. But please feel free to adopt whatever posture (standing, sitting, kneeling) is appropriate for you at any time. If you would like to do some sketching or writing during the service, you are most welcome – at the back of the church is our Art Cart, stocked with books and art supplies. The books are communal so please date your work, no need to sign it, but the Art Books will become over time an anthology of our collective experience.

Liturgical Note: In the context of Christian Liturgy, Israel does not refer to the current political state, but either to the historic Hebrews of the ancient Near East or, in Christian theology, to all people who put their faith and trust in Jesus Christ.

Welcome

Land Acknowledgement

Dear friends, we gather on traditional Anishinaabe Algonquin territory.

May we dwell on this land with respect and peace.

In a spirit of reconciliation, may we always seek to respect the history, spirituality, and culture of First Nations, Metis, and Inuit.

May we do all in our power to support all efforts to establish an equal presence on this land.

Greeting

The grace of our Lord Jesus Christ, and the love of God,
and the fellowship of the Holy Spirit, be with you all.

And also with you.

Bless the Lord who forgives all our sins.

His mercy endures for ever.

The Opening Prayer

Almighty God,

**to you all hearts are open, all desires known,
and from you no secrets are hidden.**

Cleanse the thoughts of our hearts

By the inspiration of your Holy Spirit,

that we may perfectly love you,

and worthily magnify your holy name,

through Christ our Lord. Amen.

Confession and Absolution

Dear Friends in Christ,
as we prepare for the Paschal Feast (Easter), continuing in the apostles' teaching and fellowship, in the breaking of bread, and in the prayers, let us make ready our hearts to renew the covenant of our baptism.

Let us ask God to bring to light the things now hidden in darkness, and to disclose to us the secret purposes of our hearts.
And most especially, let us remember the covenant of our baptism and test our hearts and conscience to know how faithfully we have persevered in resisting evil, and whenever we fell into sin, have repented and returned to the Lord.

Silence

Holy and immortal God,
you formed us from the dust in your image, and redeemed us from sin and death by the cross of our Saviour. Through the washing of baptism you raised us up with him to share in the new covenant with all your holy people. But we have squandered the inheritance of your saints, and have wandered far in a land that is waste. Therefore we turn to you in penitence and humility. In your great mercy, forgive us and restore us, that we may rejoice in your presence, and walk in your ways to the glory of your name. Amen.

Almighty God have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in eternal life;
through Jesus Christ our Lord.
Amen.

The Love of God | Traditional
The love of God is greater far
Than tongue or pen can ever tell

It goes beyond the highest star
And reaches to the lowest hell
The guilty pair bowed down with care
God gave His Son to win
His erring child He reconciled
And pardoned from their sin

O love of God, how rich and pure
How measureless and strong
It shall forevermore endure
The saints' and angels' song

Could we with ink the ocean fill
And were the skies of parchment made
Were every tree on earth a quill
And everyone a scribe by trade
To write the love of God above
Would drain the ocean dry
Nor could the scroll contain the whole
Though stretched from sky to sky

O love of God, how rich and pure
How measureless and strong
It shall forevermore endure
The saints' and angels' song

Collect of the Day

Let us pray.

We pray silently.

God of glory,
your revelation through Jesus Christ calls into your covenant of love.

Enable us now to reflect your love, so that barriers erected by sin may be broken down, and all people may be drawn to you; through him who lives and reigns with you and the Holy Spirit, now and for ever. **Amen.**

We Proclaim the Word

Each Sunday we read from sections of the Bible: the Old Testament, Psalms, New Testament and the Gospel. These same readings will be proclaimed to over a billion Christians around the world today.

The First Reading: Jeremiah 31:31-34

Hear what the Spirit is saying to the Church.

Thanks be to God.

Psalms 51:1-13

Have mercy on me, O God, according to your loving-kindness; in your great compassion blot out my offenses.

Wash me through and through from my wickedness and cleanse me from my sin.

For I know my transgressions, and my sin is ever before me.

Against you only have I sinned and done what is evil in your sight.

And so you are justified when you speak and upright in your judgement.

Indeed, I have been wicked from my birth, a sinner from my mother's womb.

For behold, you look for truth deep within me, and will make me understand wisdom secretly.

Purge me from my sin, and I shall be pure; wash me, and I shall be clean indeed.

Make me hear of joy and gladness, that the body you have broken may rejoice.

Hide your face from my sins and blot out all my iniquities.

Create in me a clean heart, O God, and renew a right spirit within me.

Cast me not away from your presence and take not your holy Spirit from me.

Give me the joy of your saving help again and sustain me with your bountiful Spirit.

I shall teach your ways to the wicked, and sinners shall return to you.

The Second Reading: Hebrews 5:5-10

Hear what the Spirit is saying to the Church.

Thanks be to God.

Behold | Mission House

The empty filled, the wounded healed
The broken back together
The poor are blessed, the weary rest
We will dance forever

The blinded see, the chained are free
The doubtful now believer
The outcast known, the orphan home
You are my Redeemer

Behold, behold, behold what love can do
Behold, behold, He's making all things new

The lost return, the voiceless heard
The mourner now rejoicing
The mountains shake, the world awake
Creation all composing

The sad untrue, the earth renewed
The song has found its singer
The darkness light, the dead alive
You are my Redeemer

Behold, behold, behold what love can do
Behold, behold, He's making all things new

We've been struck down, we're not destroyed
We've sown in tears, we'll reap in joy

Behold, behold, behold what love can do
Behold, behold, He's making all things new

The Gospel: John 12:20-33

Le Seigneur soit avec vous. The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ according to John.

Glory to you, Lord Jesus Christ.

The Gospel is read

The Gospel of Christ

Praise to you, Lord Jesus Christ.

Homily – Rev. Michael

*We say the Apostles Creed to affirm our faith using
words of the ancient church*

**I trust in God,
the Father almighty, creator of heaven and earth.**

**I trust in Jesus Christ, God's only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary. He suffered under Pontius Pilate, was
crucified, died, and was buried. He descended to the dead.
On the third day he rose again. He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.**

**I trust in the Holy Spirit, the holy catholic Church,
the communion of saints, the forgiveness of sins,
the resurrection of the body, and the life everlasting. Amen.**

Prayers of the People

The Peace

In the sharing of the Peace we celebrate our reconciliation with God and extend the gift of peace to one another (Matt 5:23-24). We are also reminded that it is in meeting others that we meet Christ.

La paix du Seigneur soit toujours avec vous.

The peace of the Lord be always with you.

And also with you.

Share a sign of peace in church, online or in your home.

We Celebrate the Eucharist

Offering



Thank you for donating to the ministry of St. Albans! You may also make an offering via the donation box at the by the soundboard – envelopes can be found there as well. You can also donate electronically by e- transfer to donate@stalbanschurch.ca, or through Canada Helps or Paypal through the St. Albans Website - <https://stalbanschurch.ca/donate/>

Wounded Healer | Audrey Assad

Image of the invisible

In our pain we feel you near

God of heaven in flesh and bone

By your wounds we shall be healed

Wounded Healer

We give our hearts to you (repeat)

Arms stretched out not to part the seas

But to open up the grave

Blood poured out not for war but peace

And to show us God's own face

Wounded Healer

We give our hearts to you (repeat)

No fire, no fury, just death into life

Over and over til all things are right

Wounded Healer

We give our hearts to you (repeat)

Prayer over the Gifts

God our provider,

you have not fed us with bread alone, but with words of grace and life.

Bless us and these your gifts, which we receive from your bounty,
through Jesus Christ our Lord. **Amen.**

Eucharistic Prayer

May God be with you.

And also with you.

Lift up your hearts.

We lift them up to God.

Let us give thanks to God our Creator.

It is right to give our thanks and praise.

Blessed are you, gracious God, creator of heaven and earth,

because you bid your faithful people to cleanse their hearts and to prepare
with joy for the paschal feast; that reborn through the waters of baptism

and renewed in the eucharistic mystery, we may be more fervent in prayer and more generous in the works of love. Therefore we raise our voices to you in praise to proclaim the glory of your name.

**Holy, holy, holy Lord, God of power and might,
Heaven and earth of your glory are full.
Hosanna, hosanna, hosanna in the highest.
Blessed is the One who comes in the name of the Lord. X2
Holy, holy, holy Lord, God of power and might,
Heaven and earth of your glory are full.
Hosanna, hosanna, hosanna in the highest. X2**

We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son.

For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me." After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, God, according to his command, **we remember his death, we proclaim his resurrection, we await his coming in glory;**

and we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant. Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit.

In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your children; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, now and for ever. **Amen.**

The Lord's Prayer

Please feel free to use the language of your choice.

**Our Creator (Father/Mother) in heaven,
hallowed be your name,
Your kingdom come,
your will be done, on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.**

The Breaking of the Bread

We break this bread, **Communion in Christ's body once broken.**

Let your Church be the wheat which bears its fruit in dying.

If we have died with him, we shall live with him; if we hold firm, we shall reign with him.

The gifts of God for the people of God.

Thanks be to God.

Communion

At St Albans, all are welcome to receive communion or a blessing.

Communion is received in a series of semi-circles at the front of the church.

Please cross your arms over your chest if you would prefer to receive a blessing instead of the bread and/or wine. Please also indicate if you would prefer to receive a rice wafer instead of a wheat wafer.

You Cannot Lose My Love | Sarah Groves

You will lose your baby teeth.

At times, you'll lose your faith in me.

You will lose a lot of things,

But you cannot lose my love.

You may lose your appetite,

Your guiding sense of wrong and right.

You may lose your will to fight,

But you cannot lose my love.

You will lose your confidence.

In times of trial, your common sense.

You may lose your innocence,

But you cannot lose my love.

Many things can be misplaced;

Your very memories be erased.

No matter what the time or space,

You cannot lose my love.

You cannot lose,
You cannot lose,
You cannot lose my love.

We Are Sent

Prayer after Communion

Let us pray.

We pray silently.

**Compassionate God,
you have fed us with the bread of heaven. Sustain us in our Lenten pilgrimage; may our fasting be hunger for justice; our alms, a making of peace; and our prayer, the song of grateful hearts; through Jesus Christ, our Saviour and Lord. Amen.**

Glory to God,
whose power, working in us, can do infinitely more than we can ask or imagine.
**Glory to God from generation to generation,
in the Church and in Christ Jesus, for ever and ever.**
Amen.

Community Announcements

Blessing

How Great Thou Art | Carl Boberg

O Lord my God, when I in awesome wonder
Consider all the works Thy hands have made,
I see the stars, I hear the rolling thunder,
Thy power throughout the universe displayed!

Chorus:

Then sings my soul, my Saviour God, to Thee;

How great Thou art, how great Thou art!
Then sings my soul, my Saviour God, to Thee;
How great Thou art, how great Thou art!

When through the woods and forest glades I wander
And hear the birds sing sweetly in the trees,
When I look down from lofty mountain grandeur
And hear the brook and feel the gentle breeze,

Chorus

And when I think that God, His Son not sparing,
Sent Him to die, I scarce can take it in –
That on the cross, my burden gladly bearing,
He bled and died to take away my sin!

Chorus

When Christ shall come with shout of acclamation
And take me home, what joy shall fill my heart!
Then I shall bow in humble adoration
And there proclaim, my God, how great Thou art!

Chorus

Sending

Go in peace to love and serve the Lord.

Thanks be to God.

Thank you for coming to church today – if you have any questions or concerns or comments about the service, we want to hear from you
office@stalbanschurch.ca.

Announcements

Easter @ St. Albans – Join us for a variety of services over Easter
Maundy Thursday – 7pm
Good Friday – 10am
Easter Vigil – 7:30pm (Lead by Liturgy Club)
Easter Sunday Morning – 10am

Meal @ Friel – Our next meal, and last meal of the Academic year is April 4!
We are meeting on March 20th at 6:30pm to finalize roles and the plan!
Please let Rev Michael or Daniel (Meal Coordinator) know if you would like to get involved!

St. Albans Staff

The Rev. Michael Garner revmichael@stalbanschurch.ca
Office Hours - on campus Déjà Vu 232B - 11am-1pm; open for connecting
Wednesdays 9am-12noon. Available at other times by appointment.
In the event of a pastoral emergency please call Rev. Michael 613-797-9802
Church Administration office@stalbanschurch.ca

St. Albans Wardens

Michelle Sorenson, Warden – michelle.rg.sorenson@gmail.com
Mary-Martha Hale, Warden – mmhale65@gmail.com
Leah Seabrook, Deputy Warden - leah.seabrook@gmail.com
Moira Alie, Deputy Warden

St. Albans Church

454 King Edward Ave at Daly
Ottawa, ON K1N 7M8 613-236-0342
www.stalbanschurch.ca



ST ALBANS

Spirit-Led. Christ-Centred. Contemporary Urban Church