

October 22<sup>nd</sup>, 2023  
at 10:00 a.m.

# The Booklet

Twenty-First Sunday after Pentecost  
A Celebration of Holy Eucharist

*Livestream the service at*

*[www.facebook.com/saintalbans](http://www.facebook.com/saintalbans) or*

*[www.youtube.com/channel/UCdwV9f01mc4ymXD6YdNUBA](http://www.youtube.com/channel/UCdwV9f01mc4ymXD6YdNUBA)*



**ST ALBANS**

*Spirit-Led. Christ-Centred. Contemporary Urban Church*

**[www.stalbanschurch.ca](http://www.stalbanschurch.ca)**

## **Welcome to St Albans Church!**

*We welcome all people, no matter their age, ability, gender, cultural background, sexual orientation, income level or faith tradition to join us as we seek to deepen our relationship with God and each other. Together we're exploring how we are called to serve in the world, right here in downtown Ottawa.*

*If this is your first time at St. Albans welcome! If you would like to be on our mail or email list, or have any other questions or requests, please feel free to place a written note on the offering plate when it is circulated, speak to a fellow congregation member, Michael our priest*

*[revmichael@stalbanschurch.ca](mailto:revmichael@stalbanschurch.ca) or send an email to our office [office@stalbanschurch.ca](mailto:office@stalbanschurch.ca)*

*During the service, if you are a breastfeeding parent, you are welcome to breastfeed where you are seated or anywhere else in the church, as you feel comfortable.*

### **About this booklet**

*This booklet is your guide to our worship. You're going to experience and participate in worship through music, prayer, readings, reflections and silence. Every time it's your turn to say or do something, you'll see it here in this booklet (usually in bold). If there are surprises, or you have questions, ask a neighbour.*

### **Participation**

*Our hope is that everyone gathered will feel able participate in our worship this morning. At various points in the service we may suggest certain postures. But please feel free to adopt whatever posture (standing, sitting, kneeling) is appropriate for you at any time. If you would like to do some sketching or writing during the service, you are most welcome – at the back of the church is our Art Cart, stocked with books and art supplies. The books are communal so please date your work, no need to sign it, but the Art Books will become over time an anthology of our collective experience.*

## ***Welcome***

**Peace** | Paula Best

Broken Conversations, broken people, we're broken, Lord.

Terrified illusions, seeking comfort, we're seeking more.

We need each other more than we need to agree.

Father, Son, Spirit bless us with your love; with your grace and peace.

Peace. Let there be peace

Let there be peace.

Let there be peace.

Let us see and not destroy. Let us listen. Let us listen.

Let us suspend judgment for the sake of love; for the sake of love.

We need each other more than we need to agree.

Father, Son, Spirit bless us with your love; with your grace and peace.

Love. Let there be love.

Let there be love.

Let there be peace.

## ***Land Acknowledgement***

Dear friends, we gather on traditional Anishinaabe Algonquin territory.

**May we dwell on this land with respect and peace.**

In a spirit of reconciliation, may we always seek to respect the history, spirituality, and culture of First Nations, Metis, and Inuit.

**May we do all in our power to support all efforts to establish an equal presence on this land.**

## ***Greeting***

The grace of our Lord Jesus Christ, and the love of God,  
and the fellowship of the Holy Spirit, be with you all.

**And also with you.**

### ***The Opening Prayer***

Almighty God,  
**to you all hearts are open, all desires known,  
and from you no secrets are hidden.  
Cleanse the thoughts of our hearts  
By the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name,  
through Christ our Lord. Amen.**

### ***Collect of the Day***

Let us pray.

*We pray silently.*

O God,  
whose image we bear and whose name we carry, yours is the world and all it contains. Recall us to our true allegiance, so that above the powers and rulers of this world you alone may claim our loyalty and love.  
We make our prayer through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God for ever and ever. **Amen.**

### **We Proclaim the Word**

*Each Sunday we read from sections of the Bible: the Old Testament, Psalms, New Testament and the Gospel. These same readings will be proclaimed to over a billion Christians around the world today.*

### **The First Reading: Exodus 33:12-23**

Hear what the Spirit is saying to the Church.

**Thanks be to God.**

### **Psalm 99**

The Lord reigns; let the people tremble; the Lord is enthroned upon the Cherubim; let the earth shake.

**The Lord is great in Zion and is high above all peoples.**

Let them confess your name, which is great and awesome; you are the Holy One.

**“O mighty Sovereign, lover of justice, you have established equity; you have executed justice and righteousness in Jacob.”**

Proclaim the greatness of the Lord our God and fall down before the footstool of God; the Lord is the Holy One.

**Moses and Aaron among your priests, and Samuel among those who call upon your name, they called upon you, O Lord, and you answered them.**

You spoke to them out of the pillar of cloud; they kept your testimonies and the decree that you gave them.

**“O Lord our God, you answered them indeed; you were a God who forgave them, yet punished them for their evil deeds.”**

Proclaim the greatness of the Lord our God and worship upon the holy hill of God; for the Lord our God is the Holy One.

**The Second Reading:** 1 Thessalonians 1:1-10

Hear what the Spirit is saying to the Church.

**Thanks be to God.**

**Lord of the Starfields | Bruce Cockburn**

Lord of the starfields Ancient of Days

Universe Maker Here's a song in your praise

Wings of the storm cloud Beginning and end

You make my heart leap Like a banner in the wind

O love that fires the sun Keep me burning.

Lord of the starfields Sower of life,

Heaven and earth are Full of your light

Voice of the nova Smile of the dew

All of our yearning Only comes home to you

O love that fires the sun Keep me burning

**The Gospel:** Matthew 22:15-22

Le Seigneur soit avec vous. The Lord be with you.

**And also with you.**

The Holy Gospel of our Lord Jesus Christ according to Matthew.

**Glory to you, Lord Jesus Christ.**

*The Gospel is read*

The Gospel of Christ

**Praise to you, Lord Jesus Christ.**

**Homily – Rev. Michael**

*We say the Apostles Creed to affirm our faith using words of the ancient church*

**I trust in God,  
the Father almighty, creator of heaven and earth.**

**I trust in Jesus Christ, his only Son, our Lord.  
He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary. He suffered under Pontius Pilate, was  
crucified, died, and was buried. He descended to the dead.  
On the third day he rose again. He ascended into heaven,  
and is seated at the right hand of the Father.  
He will come again to judge the living and the dead.**

**I trust in the Holy Spirit, the holy catholic Church,  
the communion of saints, the forgiveness of sins,  
the resurrection of the body, and the life everlasting. Amen.**

## *Prayers of the People*

### *Confession and Absolution*

*In our time of confession we recognize our need for reconciliation with God and with each other. In response to our need God embraces us and calls us beloved.*

Dear friends in Christ,  
God is steadfast in love and infinite in mercy;  
God welcomes humanity and invites them to this table.  
Let us confess our sins, confident in God's forgiveness.

Most merciful God,  
**we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbours as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us,  
that we may delight in your will,  
and walk in your ways,  
to the glory of your name. Amen.**

Almighty God have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in eternal life; through Jesus Christ our Lord.  
**Amen.**

### *The Peace*

*In the sharing of the Peace we celebrate our reconciliation with God and extend the gift of peace to one another (Matt 5:23-24). We are also reminded that it is in meeting others that we meet Christ.*

La paix du Seigneur soit toujours avec vous.

The peace of the Lord be always with you.

**And also with you.**

*Share a sign of peace in church, online or in your home.*

## **We Celebrate the Eucharist**

### **Offering**



*Thank you for donating to the ministry of St. Albans! You may also make an offering via the collection plate, by e-transfer to [donate@stalbanschurch.ca](mailto:donate@stalbanschurch.ca), or through Canada Helps or Paypal through the St. Albans Website - <https://stalbanschurch.ca/donate/>*

### **Your Peace Shall Make Us One | Audrey Assad**

Mine eyes have seen the glory of the coming of the Lord

You are speaking truth to power, you are laying down our swords

Replanting every vineyard 'til a brand new wine is poured

Your peace will make us one

I've seen you in our home fires burning with a quiet light

You are mothering and feeding in the wee hours of the night

Your gentle love is patient, you will never fade or tire

Your peace will make us one

Glory! Glory! Hallelujah! X3

Your peace will make us one



In the beauty of the lilies, you were born across the sea  
With a glory in your bosom that is still transfiguring  
Dismantling our empires 'til each one of us is free  
Your peace will make us one

Glory! Glory! Hallelujah! X3  
Your peace will make us one

### ***Prayer over the Gifts***

Eternal God, your word inspires our faith.  
May we who offer you our praise trust you in all things.  
We ask this in the name of Jesus Christ the Lord. **Amen.**

### ***Eucharistic Prayer***

May God be with you.

**And also with you.**

Lift up your hearts.

**We lift them up to God.**

Let us give thanks to God our Creator.

**It is right to give our thanks and praise.**

It is right to give you thanks and praise, O Lord, our God, sustainer of the universe, you are worthy of glory and praise.

**Glory to you for ever and ever.**

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home; by your will they were created and have their being.

**Glory to you for ever and ever.**

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill; you made us the stewards of creation.

**Glory to you for ever and ever.**

But we turn against you, and betray your trust; and we turn against one another. Again and again you call us to return. Through the prophets and sages you reveal your righteous law. In the fullness of time you sent your

Son, born of a woman, to be our Saviour. He was wounded for our transgressions, and bruised for our iniquities. By his death he opened to us the way of freedom and peace.

**Glory to you for ever and ever.**

Therefore we praise you,  
joining with the heavenly chorus, with prophets, apostles, and martyrs, and  
with those in every generation who have looked to you in hope,  
to proclaim with them your glory,  
in their unending hymn:

**Holy, holy, holy Lord, God of power and might,**

**Heaven and earth of your glory are full.**

**Hosanna, hosanna, hosanna in the highest.**

**Blessed is the One who comes in the name of the Lord. X2**

**Holy, holy, holy Lord, God of power and might,**

**Heaven and earth of your glory are full.**

**Hosanna, hosanna, hosanna in the highest. X2**

Blessed are you, Lord our God, for sending us Jesus, the Christ, who on the night he was handed over to suffering and death, took bread, said the blessing, broke the bread, gave it to his friends, and said, "Take this, and eat it: this is my body which is given for you. Do this for the remembrance of me." In the same way, after supper, he took the cup of wine; he gave you thanks, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

**Glory to you for ever and ever.**

Gracious God, we recall the death of your Son Jesus Christ, we proclaim his resurrection and ascension, and we look with expectation for his coming as Lord of all the nations. We who have been redeemed by him, and made a new people by water and the Spirit, now bring you these gifts. Send your Holy Spirit upon us and upon this offering of your Church,

that we who eat and drink at this holy table may share the divine life of Christ our Lord.

**Glory to you for ever and ever.**

Pour out your Spirit upon the whole earth and make it your new creation. Gather your Church together from the ends of the earth into your kingdom, where peace and justice are revealed, that we, with all your people, of every language, race, and nation, may share the banquet you have promised; through Christ, with Christ, and in Christ, all honour and glory are yours, creator of all.

**Glory to you for ever and ever. Amen.**

### ***The Lord's Prayer***

*Please feel free to use the language of your choice.*

**Our Creator (Father/Mother) in heaven,  
hallowed be your name,  
Your kingdom come,  
your will be done, on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.**

### ***The Breaking of the Bread***

Creator of all, you gave us golden fields of wheat,  
whose many grains we have gathered and made into this one bread.  
**So may your Church be gathered from the ends of the earth into your kingdom.**

The gifts of God for the people of God.

**Thanks be to God.**

***Communion***

*At St Albans, all are welcome to receive communion or a blessing.  
Communion is received in a series of semi-circles at the front of the church.  
Please cross your arms over your chest if you would prefer to receive a  
blessing instead of the bread and/or wine. Please also indicate if you would  
prefer to receive a rice wafer instead of a wheat wafer.*

**All Belong Here | The Many**

When you're not sure who you really are  
When all you feel is the shape of your scars  
And you have more wounds than you can count  
Open your eyes, look all around  
You aren't alone, this is your home

*Chorus:*

Come and remember who you are here  
Do this to remember who I am  
Come and remember you belong here  
All belong here

When you don't know how to forgive  
When locked doors seem like the only way to live  
And you've got more questions than you can count  
Open your eyes, look all around  
You aren't alone, this is your home

*Chorus*

At this table come as you are  
Broken and bleeding's ok  
At this table eat and be filled  
Come and drink in this grace.

*Chorus*

**We Are Sent**

***Prayer after Communion***

Let us pray.

*We pray silently.*

**We give you thanks, almighty God,  
that you have refreshed us through the healing power of this gift of life.  
In your mercy, strengthen us through this gift, in trust toward you and in  
fervent love toward one another; for the sake of Jesus Christ our Lord.  
Amen.**

Glory to God,  
**whose power, working in us, can do infinitely  
more than we can ask or imagine.  
Glory to God from generation to generation,  
in the Church and in Christ Jesus, for ever and ever.  
Amen.**

***Community Announcements***

***Blessing***

**We'll All Be Free | William Matthews**

There's a world at war

Caught in suffering

Silent casualties

Oh God, grant us peace

In these sleepless nights

I can hardly breath

Despite the brutality  
I know that we'll be free  
I know that we'll be free

Let the light in  
Keep it shining  
Let it break into the darkness  
All the love dares us to see  
We'll all be free

In these desperate times  
Love will hold us here  
Love will join our hands  
Teach us to have no fear

So we lay our hate down  
To wash their feet  
When we see our brother  
Oh, we'll all be free  
Yes, we'll all be free

Let the light in  
Keep it shining  
Let it break into the darkness  
All the love dares us to see  
We'll all be free

Let the light in  
Keep it shining  
Let it break into the darkness  
All the love dares us to see  
We'll all be free

We'll be free, free

We'll all be free

...

Let the light in

Keep it shining

Let it break into the darkness

All the love dares us to see

We'll all be free

Tell your sister, tell your brother

Tell your father, tell your mother

Tell yourselves, tell everybody

We'll all be free

Tell the lovers, tell the haters

Tell the prisoners, tell the jailers

Tell the world, tell everybody

We'll all be free

### ***Sending***

Go forth into the world, rejoicing in the power of the Spirit.

**Thanks be to God.**

*Thank you for coming to church today – if you have any questions or concerns or comments about the service, we want to hear from you [office@stalbanschurch.ca](mailto:office@stalbanschurch.ca).*

### **Announcements**

**Join us for our Fall retreat** - Overnight retreat at the Galilee Centre, November 10<sup>th</sup> and 11<sup>th</sup> in Arnprior. If you are interested we would ask you to speak to Michael or Jennifer Parr ([jennifer@leadershipthatmatters.com](mailto:jennifer@leadershipthatmatters.com)).

**Newcomers Event** - Are you new to St. Albans? Do you want to learn more about the history, mission, and how the parish functions? If you say yes to

any of those questions please stay tuned for an event after church in later November.

### **St. Albans Staff**

The Rev. Michael Garner [revmichael@stalbanschurch.ca](mailto:revmichael@stalbanschurch.ca)

Office Hours - on campus Déjà Vu 232B - 11am-1pm; open for connecting Wednesdays 9am-12noon. Available at other times by appointment.

In the event of a pastoral emergency please call Rev. Michael 613-797-9802  
Church Administration [office@stalbanschurch.ca](mailto:office@stalbanschurch.ca)

### **St. Albans Wardens**

Michelle Sorenson, Warden - [michelle.rg.sorenson@gmail.com](mailto:michelle.rg.sorenson@gmail.com)

Robyn Sulkko, Warden - [robynsulkko@hotmail.com](mailto:robynsulkko@hotmail.com)

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