

October 15<sup>th</sup>, 2023  
at 10:00 a.m.

# The Booklet

Twentieth Sunday after Pentecost  
A Celebration of Holy Eucharist

*Livestream the service at*

*[www.facebook.com/saintalbans](http://www.facebook.com/saintalbans) or*

*[www.youtube.com/channel/UCdwV9f01mc4ymXD6YdNUBA](http://www.youtube.com/channel/UCdwV9f01mc4ymXD6YdNUBA)*



**ST ALBANS**

*Spirit-Led. Christ-Centred. Contemporary Urban Church*

**[www.stalbanschurch.ca](http://www.stalbanschurch.ca)**

## **Welcome to St Albans Church!**

*We welcome all people, no matter their age, ability, gender, cultural background, sexual orientation, income level or faith tradition to join us as we seek to deepen our relationship with God and each other. Together we're exploring how we are called to serve in the world, right here in downtown Ottawa.*

*If this is your first time at St. Albans welcome! If you would like to be on our mail or email list, or have any other questions or requests, please feel free to place a written note on the offering plate when it is circulated, speak to a fellow congregation member, Michael our priest*

*[revmichael@stalbanschurch.ca](mailto:revmichael@stalbanschurch.ca) or send an email to our office [office@stalbanschurch.ca](mailto:office@stalbanschurch.ca)*

*During the service, if you are a breastfeeding parent, you are welcome to breastfeed where you are seated or anywhere else in the church, as you feel comfortable.*

### **About this booklet**

*This booklet is your guide to our worship. You're going to experience and participate in worship through music, prayer, readings, reflections and silence. Every time it's your turn to say or do something, you'll see it here in this booklet (usually in bold). If there are surprises, or you have questions, ask a neighbour.*

### **Participation**

*Our hope is that everyone gathered will feel able participate in our worship this morning. At various points in the service we may suggest certain postures. But please feel free to adopt whatever posture (standing, sitting, kneeling) is appropriate for you at any time. If you would like to do some sketching or writing during the service, you are most welcome – at the back of the church is our Art Cart, stocked with books and art supplies. The books are communal so please date your work, no need to sign it, but the Art Books will become over time an anthology of our collective experience.*

## ***Welcome***

**Holy, Holy, Holy** | Reginald Heber

Holy, holy, holy! Lord God Almighty  
Early in the morning our song shall rise to Thee  
Holy, holy, holy! Merciful and mighty  
God in three persons, blessed Trinity!

Holy, holy, holy! All the saints adore Thee,  
Casting down their golden crown around the glassy sea;  
Cherubim and seraphim falling down before Thee  
Which wert and art and evermore shall be.

Holy, holy, holy! Though the darkness hide Thee  
Though our sinful human gaze Thy glory may not see  
Only Thou art holy; there is none beside Thee  
Perfect in power, in love and purity

Holy, holy, holy! Lord God Almighty  
All Thy works shall praise Thy name in earth and sky and sea  
Holy, holy, holy! Merciful and mighty  
God in three persons, blessed Trinity!

## ***Land Acknowledgement***

Dear friends, we gather on traditional Anishinaabe Algonquin territory.

**May we dwell on this land with respect and peace.**

In a spirit of reconciliation, may we always seek to respect the history, spirituality, and culture of First Nations, Metis, and Inuit.

**May we do all in our power to support all efforts to establish an equal presence on this land.**

## ***Greeting***

The grace of our Lord Jesus Christ, and the love of God,  
and the fellowship of the Holy Spirit, be with you all.

**And also with you.**

***The Opening Prayer***

Almighty God,  
to you all hearts are open, all desires known,  
and from you no secrets are hidden.  
Cleanse the thoughts of our hearts  
By the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name,  
through Christ our Lord. Amen.

***Collect of the Day***

Let us pray.

*We pray silently.*

God of Aaron, Miriam and Moses,  
you stayed the hand of your wrath when we fell into idolatry and discord.  
When we forgot our deliverance, your love for us remained.  
Transform us,  
so that our world may become a place of justice, love and peace.  
Welcome us to the feast where you invite all to be gathered. **Amen.**

**We Proclaim the Word**

*Each Sunday we read from sections of the Bible: the Old Testament, Psalms, New Testament and the Gospel. These same readings will be proclaimed to over a billion Christians around the world today.*

**The First Reading:** Exodus 31:1-14

Hear what the Spirit is saying to the Church.

**Thanks be to God.**

**Psalm 106:1-6, 19-23**

Hallelujah! Give thanks to the Lord who is good, whose mercy endures for ever.

**Who can declare your mighty acts, O Lord, or show forth all your praise?**

Happy are those who act with justice and always do what is right!

**Remember me, O Lord, with the favour you have for your people, and visit me with your saving help;**

that I may see the prosperity of your elect and be glad with the gladness of your people, that I may glory with your inheritance.

**We have sinned as our ancestors did; we have done wrong and dealt wickedly.**

Israel made a bull-calf at Horeb and worshipped a molten image;

**and so they exchanged their Glory for the image of an ox that feeds on grass.**

They forgot you, their saviour, who had done great things in Egypt,

**wonderful deeds in the land of Ham, and fearful things at the Red Sea.**

So you would have destroyed them, had not Moses your chosen stood before you in the breach, to turn away your wrath from consuming them.

**The Second Reading:** Philippians 4:1-9

Hear what the Spirit is saying to the Church.

**Thanks be to God.**

**Christ In You | Mike Scott**

I'm gonna look twice at you

Until I see the Christ in you

I'm gonna look twice at you

Until I see the Christ in you

When I'm looking through the eyes of love

When I'm looking through the eyes of love

When I'm looking through the eyes of love

When I'm looking through the eyes \_\_\_\_\_

**The Gospel:** Matthew 22:1-14

Le Seigneur soit avec vous. The Lord be with you.

**And also with you.**

The Holy Gospel of our Lord Jesus Christ according to Matthew.

**Glory to you, Lord Jesus Christ.**

*The Gospel is read*

The Gospel of Christ

**Praise to you, Lord Jesus Christ.**

**Homily – Rev. Michael**

*We say the Apostles Creed to affirm our faith using words of the ancient church*

**I trust in God,  
the Father almighty, creator of heaven and earth.**

**I trust in Jesus Christ, his only Son, our Lord.  
He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary. He suffered under Pontius Pilate, was  
crucified, died, and was buried. He descended to the dead.  
On the third day he rose again. He ascended into heaven,  
and is seated at the right hand of the Father.  
He will come again to judge the living and the dead.**

**I trust in the Holy Spirit, the holy catholic Church,  
the communion of saints, the forgiveness of sins,  
the resurrection of the body, and the life everlasting. Amen.**

*Prayers of the People*

## ***Confession and Absolution***

*In our time of confession we recognize our need for reconciliation with God and with each other. In response to our need God embraces us and calls us beloved.*

Dear friends in Christ,  
God is steadfast in love and infinite in mercy;  
God welcomes humanity and invites them to this table.  
Let us confess our sins, confident in God's forgiveness.

Most merciful God,  
**we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbours as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us,  
that we may delight in your will,  
and walk in your ways,  
to the glory of your name. Amen.**

Almighty God have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in eternal life; through Jesus Christ our Lord.  
**Amen.**

## ***The Peace***

*In the sharing of the Peace we celebrate our reconciliation with God and extend the gift of peace to one another (Matt 5:23-24). We are also reminded that it is in meeting others that we meet Christ.*

La paix du Seigneur soit toujours avec vous.  
The peace of the Lord be always with you.  
**And also with you.**

*Share a sign of peace in church, online or in your home.*

## **We Celebrate the Eucharist**

### **Offering**



*Thank you for donating to the ministry of St. Albans! You may also make an offering via the collection plate, by e-transfer to [donate@stalbanschurch.ca](mailto:donate@stalbanschurch.ca), or through Canada Helps or Paypal through the St. Albans Website - <https://stalbanschurch.ca/donate/>*

### **Shepherd | CityAlight**

Though I walk through the valley, and I can't see the way  
When the shadows surround me, I will not be afraid  
For I know You are with me; You will always provide  
Though the path may be lonely, You will stay by my side  
I will rest my soul; I'll trust in You alone

For the Lord my Shepherd leads me, leads me  
And He is all I need  
In the darkest valley I know, I know  
My Shepherd is all I need

Lord I know that You seek me when I'm trying to hide  
And Your love it pursues me all the days of my life  
I will rest my soul; I'll trust in You alone

For the Lord my Shepherd leads me, leads me



And He is all I need  
In the darkest valley I know, I know  
My Shepherd is all I need

I rest my soul In You alone  
You light my way; You lead me on

For the Lord my Shepherd leads me, leads me  
And He is all I need  
In the darkest valley I know, I know  
My Shepherd is all I need

### ***Prayer over the Gifts***

God of mercy and grace,  
the eyes of all wait upon you, and you open your hand in blessing.  
Fill us with good things at your table, so that we may come to the help of all  
in need, through Jesus Christ, our redeemer and Lord. **Amen.**

### ***Eucharistic Prayer***

May God be with you.

**And also with you.**

Lift up your hearts.

**We lift them up to God.**

Let us give thanks to God our Creator.

**It is right to give our thanks and praise.**

Holy God, Lover of creation,  
we give you thanks and praise for in the ocean of your steadfast love you  
bear us and place the song of your Spirit in our hearts.  
When we turn from your love and defile the earth, you do not abandon us.  
Your Spirit speaks through Huldah and Micah, through prophets, sages, and  
saints in every age, to confront our sin and reveal the vision of your new  
creation. Joining in the song of the universe we proclaim your glory singing:

**Holy, holy, holy Lord, God of power and might,  
Heaven and earth of your glory are full.  
Hosanna, hosanna, hosanna in the highest.  
Blessed is the One who comes in the name of the Lord. X2  
Holy, holy, holy Lord, God of power and might,  
Heaven and earth of your glory are full.  
Hosanna, hosanna, hosanna in the highest. X2**

Gracious God,  
in the fullness of time you sent Jesus the Christ to share our fragile  
humanity. Through Jesus' life, death, and resurrection you open the path  
from brokenness to health, from fear to trust, from pride and conceit  
to reverence for you. Rejected by a world that could not bear the Gospel of  
life, Jesus knew death was near. His head anointed for burial by an unknown  
woman, Jesus gathered together those who loved him.  
He took bread, gave thanks to you, broke it and gave it to his friends,  
saying, "Take and eat: this is my body which is given for you.  
Do this for the remembrance of me."  
After supper, Jesus took the cup of wine, gave you thanks,  
and said "Drink this all of you, this is my blood of the new covenant which is  
shed for you and for many. Whenever you drink it, do this for the  
remembrance of me." And now we gather at this table in response to his  
commandment, to share the bread and cup of Christ's undying love, and to  
proclaim our faith.  
**Christ has died. Christ is risen. Christ will come again.**

Breathe your Holy Spirit, the wisdom of the universe, upon these gifts that  
we bring to you: this bread, this cup, ourselves, our souls and bodies,  
that we may be signs of your love for all the world and ministers of your  
transforming purpose.

Through Christ, with Christ, and in Christ, in the unity of the Holy Spirit,  
all glory is yours, Creator of all, and we bless your holy name for ever.  
**Amen.**

### ***The Lord's Prayer***

*Please feel free to use the language of your choice.*

**Our Creator (Father/Mother) in heaven,  
hallowed be your name,  
Your kingdom come,  
your will be done, on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.**

### ***The Breaking of the Bread***

We break this bread to share in the body of Christ.

**We, being many, are one body, for we all share in the one bread.**

The gifts of God for the people of God.

**Thanks be to God.**

### ***Communion***

*At St Albans, all are welcome to receive communion or a blessing.*

*Communion is received in a series of semi-circles at the front of the church.*

*Please cross your arms over your chest if you would prefer to receive a blessing instead of the bread and/or wine. Please also indicate if you would prefer to receive a rice wafer instead of a wheat wafer.*

**I Don't Have Much | Mission House**

How can I respond

To the love that You have lavished on me?

How can I respond  
To the love that You have lavished on me?

I don't have much, I don't have much  
But I have a heart that beats for You  
I have a heart that beats for You

Every part of me  
Wants to love You like You've loved me, Lord  
Every part of me  
Wants to love You like You've loved me, my Lord

I don't have much, I don't have much  
But I have a heart that beats for You  
I have a heart that beats for You

I have a heart that beats for You (4x)  
I have a life I'll give to You (4x)  
I don't have much, I don't have much  
But I have a heart that beats for You  
I have a heart that beats for You

## **We Are Sent**

### ***Prayer after Communion***

Let us pray.

*We pray silently.*

**We give you thanks, almighty God,  
that you have refreshed us through the healing power of this gift of life.  
In your mercy, strengthen us through this gift, in trust toward you and in  
ferveat love toward one another; for the sake of Jesus Christ our Lord.  
Amen.**

Glory to God,  
**whose power, working in us, can do infinitely  
more than we can ask or imagine.**  
**Glory to God from generation to generation,  
in the Church and in Christ Jesus, for ever and ever.**  
**Amen.**

### ***Community Announcements***

#### ***Blessing***

**Tis So Sweet | Louisa MR Stead**  
'Tis so sweet to trust in Jesus,  
Just to take Him at His word;  
Just to rest upon His promise;  
Just to know, Thus saith the Lord.

Jesus, Jesus, how I trust Him,  
How I've proved Him o'er and o'er,  
Jesus, Jesus, Precious Jesus!  
O for grace to trust Him more.

Yes, 'tis sweet to trust in Jesus,  
Just from sin and self to cease;  
Just from Jesus simply taking  
Life, and rest, and joy, and peace.

Jesus, Jesus, how I trust Him,  
How I've proved Him o'er and o'er,  
Jesus, Jesus, Precious Jesus!  
O for grace to trust Him more.

I'm so glad I learned to trust Thee,  
Precious Jesus, Savior, Friend;

And I know that Thou art with me,  
Wilt be with me to the end.

Jesus, Jesus, how I trust Him,  
How I've proved Him o'er and o'er,  
Jesus, Jesus, Precious Jesus!  
O for grace to trust Him more.

***Sending***

Go forth into the world, rejoicing in the power of the Spirit.

**Thanks be to God.**

*Thank you for coming to church today – if you have any questions or concerns or comments about the service, we want to hear from you [office@stalbanschurch.ca](mailto:office@stalbanschurch.ca).*

## Announcements

**Join us for our Fall retreat** - Overnight retreat at the Galilee Centre, November 10<sup>th</sup> and 11<sup>th</sup> in Arnprior. If you are interested we would ask you to speak to Michael or Jennifer Parr ([jennifer@leadershipthatmatters.com](mailto:jennifer@leadershipthatmatters.com)).

**Newcomers Event** - Are you new to St. Albans? Do you want to learn more about the history, mission, and how the parish functions? If you say yes to any of those questions please stay tuned for an event after church in later November.

### St. Albans Staff

The Rev. Michael Garner [revmichael@stalbanschurch.ca](mailto:revmichael@stalbanschurch.ca)

Office Hours - on campus Déjà Vu 232B - 11am-1pm; open for connecting Wednesdays 9am-12noon. Available at other times by appointment.

In the event of a pastoral emergency please call Rev. Michael 613-797-9802  
Church Administration [office@stalbanschurch.ca](mailto:office@stalbanschurch.ca)

### St. Albans Wardens

Michelle Sorenson, Warden - [michelle.rg.sorenson@gmail.com](mailto:michelle.rg.sorenson@gmail.com)

Robyn Sulkko, Warden - [robynsulkko@hotmail.com](mailto:robynsulkko@hotmail.com)

Leah Seabrook, Deputy Warden - [leah.seabrook@gmail.com](mailto:leah.seabrook@gmail.com)

Moira Alie, Deputy Warden

### St. Albans Church

454 King Edward Ave at Daly

Ottawa, ON K1N 7M8

613-236-0342

[office@stalbanschurch.ca](mailto:office@stalbanschurch.ca)

[www.stalbanschurch.ca](http://www.stalbanschurch.ca)



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