

September 3rd, 2023
at 10:00 a.m.

The Booklet

Fourteenth Sunday after Pentecost
A Celebration of Holy Eucharist

Livestream the service at
www.facebook.com/saintalbans or

www.youtube.com/channel/UCdwV9f01mc4ymXD16YdNUBA



ST ALBANS

Spirit-Led. Christ-Centred. Contemporary Urban Church

www.stalbanschurch.ca

Welcome to St Albans Church!

We welcome all people, no matter their age, ability, gender, cultural background, sexual orientation, income level or faith tradition to join us as we seek to deepen our relationship with God and each other. Together we're exploring how we are called to serve in the world, right here in downtown Ottawa.

If this is your first time at St. Albans welcome! If you would like to be on our mail or email list, or have any other questions or requests, please feel free to place a written note on the offering plate when it is circulated, speak to a fellow congregation member, Michael our priest

revmichael@stalbanschurch.ca or send an email to our office office@stalbanschurch.ca

During the service, if you are a breastfeeding parent, you are welcome to breastfeed where you are seated or anywhere else in the church, as you feel comfortable.

About this booklet

This booklet is your guide to our worship. You're going to experience and participate in worship through music, prayer, readings, reflections and silence. Every time it's your turn to say or do something, you'll see it here in this booklet (usually in bold). If there are surprises, or you have questions, ask a neighbour.

Participation

Our hope is that everyone gathered will feel able participate in our worship this morning. At various points in the service we may suggest certain postures. But please feel free to adopt whatever posture (standing, sitting, kneeling) is appropriate for you at any time. If you would like to do some sketching or writing during the service, you are most welcome – at the back of the church is our Art Cart, stocked with books and art supplies. The books are communal so please date your work, no need to sign it, but the Art Books will become over time an anthology of our collective experience.

Welcome

Love Divine, All Loves Excelling | Charles Wesley

Love divine, all loves excelling
Joy of heaven to earth come down
Fix in us thy humble dwelling
All thy faithful mercies crown
Jesus, Thou art all compassion
Pure unbounded love Thou art
Visit us with Thy salvation
Enter every trembling heart

Come, Almighty to deliver
Let us all Thy grace receive
Suddenly return and never
Never more Thy temples leave
Thee we would be always blessing
Serve Thee as Thy hosts above
Pray and praise Thee without ceasing
Glory in Thy perfect love

Finish, then, Thy new creation
Pure and spotless let us be
Let us see Thy great salvation
Perfectly restored in Thee
Changed from glory into glory
Till in heaven we take our place
Till we cast our crowns before Thee
Lost in wonder, love, and praise

Land Acknowledgement

Dear friends, we gather on traditional Anishinaabe Algonquin territory.

May we dwell on this land with respect and peace.

In a spirit of reconciliation, may we always seek to respect the history,

spirituality, and culture of First Nations, Metis, and Inuit.

May we do all in our power to support all efforts to establish an equal presence on this land.

Greeting

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

And also with you.

The Opening Prayer

Almighty God,

**to you all hearts are open, all desires known,
and from you no secrets are hidden.**

Cleanse the thoughts of our hearts

By the inspiration of your Holy Spirit,

that we may perfectly love you,

and worthily magnify your holy name,

through Christ our Lord. Amen.

Collect of the Day

Let us pray.

We pray silently.

O God,

whose word burns like a fire within us: grant us a bold and faithful spirit, so that, in your strength, we may be unafraid to speak your word and follow where you lead; through our Lord Jesus Christ, who lives and reigns with you in the unity of the Holy Spirit, God for ever and ever.

Amen.

We Proclaim the Word

Each Sunday we read from sections of the Bible: the Old Testament, Psalms, New Testament and the Gospel. These same readings will be proclaimed to over a billion Christians around the world today.

The First Reading: Exodus 3:1-15

Hear what the Spirit is saying to the Church.

Thanks be to God.

Psalm 105:1-6, 23-26, 45c

Give thanks to the Lord and call upon the divine name; make known the deeds of the Lord among the peoples.

Sing to the Lord, sing praises, and speak of all the marvellous works of the Lord.

Glory in the holy name; let the hearts of those who seek the Lord rejoice.

Search for the strength of the Lord; continually seek the face of God.

Remember the marvels the Lord has done, the wonders and the judgements of the mouth of the Lord,

O offspring of Abraham the servant of God, O children of Jacob the chosen of the Lord.

Israel came into Egypt, and Jacob became a sojourner in the land of Ham.

The Lord made this people exceedingly fruitful; making them stronger than their enemies;

whose heart God turned, so that they hated this people, and dealt unjustly with the servants of God.

O Lord, you sent Moses your servant, and Aaron whom you had chosen.

Hallelujah!

The Second Reading: Romans 12:9-21

Hear what the Spirit is saying to the Church.

Thanks be to God.

Behold | Natalie Taylor Leonhardt

The empty filled, the wounded healed, the broken back together

The poor are blessed, the weary rest, we will dance forever

The blinded see, the chained are free, the doubtful now believer
The outcast known, the orphan home, You are my Redeemer
Behold, behold, behold what love can do
Behold, behold, He's making all things new

The lost return, the voiceless heard, the mourner now rejoicing
The mountains shake, the world awake, creation all composing

The sad untrue, the earth renewed, the song has found its singer
The darkness light, the dead alive, You are my Redeemer

Behold, behold, behold what love can do
Behold, behold, He's making all things new

We've been struck down, we're not destroyed
We've sown in tears, we'll reap in joy

Behold, behold, behold what love can do
Behold, behold, He's making all things new

The Gospel: Matthew 16:21-28

Le Seigneur soit avec vous. The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ according to Matthew.

Glory to you, Lord Jesus Christ.

The Gospel is read

The Gospel of Christ

Praise to you, Lord Jesus Christ.

Homily | Rev. Michael

We say the Apostles Creed to affirm our faith using words of the ancient church

**I trust in God,
the Father almighty, creator of heaven and earth.**

**I trust in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary. He suffered under Pontius Pilate, was
crucified, died, and was buried. He descended to the dead.
On the third day he rose again. He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.**

**I trust in the Holy Spirit, the holy catholic Church,
the communion of saints, the forgiveness of sins,
the resurrection of the body, and the life everlasting. Amen.**

Prayers of the People

Confession and Absolution

*In our time of confession we recognize our need for reconciliation with God
and with each other. In response to our need God embraces us and calls us
beloved.*

Dear friends in Christ,
God is steadfast in love and infinite in mercy;
God welcomes humanity and invites them to this table.
Let us confess our sins, confident in God's forgiveness.

Most merciful God,
we confess that we have sinned against you

**in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbours as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us,
that we may delight in your will,
and walk in your ways,
to the glory of your name. Amen.**

Almighty God have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in eternal life; through Jesus Christ our Lord.
Amen.

The Peace

In the sharing of the Peace we celebrate our reconciliation with God and extend the gift of peace to one another (Matt 5:23-24). We are also reminded that it is in meeting others that we meet Christ.

La paix du Seigneur soit toujours avec vous.
The peace of the Lord be always with you.
And also with you.

Share a sign of peace in church, online or in your home.

We Celebrate the Eucharist

Offering



Thank you for donating to the ministry of St. Albans! You may also make an offering via the collection plate, by e-transfer to donate@stalbanschurch.ca, or through Canada Helps or Paypal through the St. Albans Website - <https://stalbanschurch.ca/donate/>

All Belong Here | Hannah and Lenora Rand

When you're not sure who you really are
When all you feel is the shape of your scars
And you have more wounds than you can count
Open your eyes, look all around
You aren't alone, this is your home

Come and remember who you are here
Do this to remember who I am
Come and remember you belong here
All belong here

When you don't know how to forgive
When locked doors seem like the only way to live
And you've got more questions than you can count
Open your eyes, look all around
You aren't alone, this is your home

Come and remember who you are here
Come and remember who you are here
Do this to remember who I am
Come and remember you belong here
All belong here

At this table come as you are; broken and bleeding's ok
At this table eat and be filled; come and drink in this grace.

Come and remember who you are here
Do this to remember who I am
Come and remember you belong here
All belong here

Prayer over the Gifts

God of mercy and grace,
the eyes of all wait upon you, and you open your hand in blessing.
Fill us with good things at your table, so that we may come to the help of all
in need, through Jesus Christ, our redeemer and Lord.

Amen.

Eucharistic Prayer

May God be with you.

And also with you.

Lift up your hearts.

We lift them up to God.

Let us give thanks to God our Creator.

It is right to give our thanks and praise.

Holy God, Lover of creation,
we give you thanks and praise for in the ocean of your steadfast love you
bear us and place the song of your Spirit in our hearts.
When we turn from your love and defile the earth, you do not abandon us.
Your Spirit speaks through Huldah and Micah, through prophets, sages, and
saints in every age, to confront our sin and reveal the vision of your new
creation. Joining in the song of the universe we proclaim your glory singing:

Holy, holy, holy Lord, God of power and might,

Heaven and earth of your glory are full.

Hosanna, hosanna, hosanna in the highest.

Blessed is the One who comes in the name of the Lord. X2

Holy, holy, holy Lord, God of power and might,

Heaven and earth of your glory are full.

Hosanna, hosanna, hosanna in the highest. X2

Gracious God,
in the fullness of time you sent Jesus the Christ to share our fragile humanity. Through Jesus' life, death, and resurrection you open the path from brokenness to health, from fear to trust, from pride and conceit to reverence for you. Rejected by a world that could not bear the Gospel of life, Jesus knew death was near. His head anointed for burial by an unknown woman, Jesus gathered together those who loved him. He took bread, gave thanks to you, broke it and gave it to his friends, saying, "Take and eat: this is my body which is given for you. Do this for the remembrance of me."
After supper, Jesus took the cup of wine, gave you thanks, and said "Drink this all of you, this is my blood of the new covenant which is shed for you and for many. Whenever you drink it, do this for the remembrance of me." And now we gather at this table in response to his commandment, to share the bread and cup of Christ's undying love, and to proclaim our faith.

Christ has died. Christ is risen. Christ will come again.

Breathe your Holy Spirit, the wisdom of the universe, upon these gifts that we bring to you: this bread, this cup, ourselves, our souls and bodies, that we may be signs of your love for all the world and ministers of your transforming purpose.

Through Christ, with Christ, and in Christ, in the unity of the Holy Spirit, all glory is yours, Creator of all, and we bless your holy name for ever.

Amen.

The Lord's Prayer

Please feel free to use the language of your choice.

**Our Creator (Father/Mother) in heaven,
hallowed be your name,**

**Your kingdom come,
your will be done, on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.**

The Breaking of the Bread

We break this bread to share in the body of Christ.
We, being many, are one body, for we all share in the one bread.

The gifts of God for the people of God.
Thanks be to God.

Communion

*At St Albans, all are welcome to receive communion or a blessing.
Communion is received in a series of semi-circles at the front of the church.
Please cross your arms over your chest if you would prefer to receive a
blessing instead of the bread and/or wine. Please also indicate if you would
prefer to receive a rice wafer instead of a wheat wafer.*

Never See The End | Jessica Ray Langdon

Where can we run? Where can we hide? That You will not find us?
Deepest of depths, highest of heights
Your love, it chases us
No matter where we've been. No matter what we've done
We can't escape Your love

We will never see the end. We will never see the end.
Of Your goodness (repeat)

Though we pass through the fire, or we pass through the flood
You will be with us
Though we walk through the valley, the darkest of night
Your love will be our light
When we are in plenty or we are in want
You will always be enough

We will never see the end. We will never see the end.
Of Your goodness (repeat)

In our darkest hours, on our hardest days. We do not have to be afraid
For You will never leave, You will not forsake
The promises that You have made (And we can say that)

We will never see the end. We will never see the end.
Of Your goodness (repeat)

We Are Sent

Prayer after Communion

Let us pray.

We pray silently.

**We give you thanks, almighty God,
that you have refreshed us through the healing power of this gift of life.
In your mercy, strengthen us through this gift, in trust toward you and in
fervent love toward one another; for the sake of Jesus Christ our Lord.
Amen.**

Glory to God,
**whose power, working in us, can do infinitely
more than we can ask or imagine.
Glory to God from generation to generation,**

in the Church and in Christ Jesus, for ever and ever.

Amen.

Community Announcements

Blessing

Here is Love | William Rees, William Edwards

Here is love, vast as the ocean, loving kindness as a flood
When the Prince of Life, my ransom shed for us His precious blood
Who His love will not remember? Who will cease to sing His praise?
He will never be forgotten throughout heaven's eternal days.

On the mount of crucifixion fountains opened deep and wide
Through the floodgates of God's mercy flowed a vast and gracious tide
Grace and love, like mighty rivers, poured incessant from above
Heaven's peace and perfect justice kissed a guilty world in love.

Let me all Thy love accepting, love Thee ever all my days
Let me seek Thy kingdom only, and my life be to Your praise
You alone will be my glory; nothing in the world I see
You have cleansed and sanctified me. You yourself have set me free.

In Your truth You do direct me, by Your Spirit, through Your Word
And Your grace my need is meeting, as I trust in You, my Lord
All Your fullness You are pouring, all Your love and power in me
Without measure, full and boundless, as I yield myself to Thee
Grace and love, like mighty rivers, poured incessant from above
Heaven's peace and perfect justice kissed a guilty world in love.

Sending

Go forth into the world, rejoicing in the power of the Spirit.

Thanks be to God.

Thank you for coming to church today – if you have any questions or concerns or comments about the service, we want to hear from you office@stalbanschurch.ca.

Announcements

Fall @ St. Albans - As fall approaches there are a number of dates that are worth noting!

September 5 - Multi-Faith Chaplaincy at uOttawa 101 week - come see us between 12pm and 3pm behind Morisset (Rev. Michael is one of the Chaplains)

September 16 - St. Albans is a destination on the uOttawa Church Crawl - come and welcome students into our building. 6-8pm. Speak with Mary-Martha, Leah, or Rev Michael for more information.

September 17 - Welcome back meal - all are invited to participate in our welcome back meal after church on the 17th. If you can contribute food please sign up on the sheet at the back of the church. This year we are doing a Salad bar.

September 25 - Have you ever wondered why we do some of the things we do on a Sunday morning. We will be holding a teaching liturgy which will hopefully shed some light and reveal part of the beauty and depth of the Anglican Liturgy.

Church Office - Over the summer we cleaned out “vestry” room that is down the hall to the right if you are looking at the front of the church. We hope to turn this into the church office. Which will allow more active Office Hours during the week that avoid disturbing the respite care that is taking place in the Nave. We need a couple of bookshelves and a desk to set the office up. If you have either of these please speak with Rev. Michael

Join us for our Fall retreat - There is never a "convenient" time to take time away from life and pause. Since fall 2023 we have prioritized a practice of listening as individuals and as a parish and building friendships with members of the St. Albans Community. This overnight retreat at the Galilee Centre, November 10th and 11th in Arnprior will allow us to do both. We will

gather after dinner, at 7:00 pm on the Friday night. Breakfast and lunch on Saturday will be provided by the Galilee Centre and we will finish before dinner on the Saturday night. We expect the price to be approximately \$120 for a single room and \$90 for a shared room. Bursary's are available for people who cannot afford to attend. We need 20-25 to book by September 20 in order to go ahead with the retreat. If you are interested we would ask you to speak to Michael or Jennifer Parr (jennifer@leadershipthatmatters.com). We will need a \$50 deposit soon to confirm your spot. Spots will be confirmed on a first come first served basis!

St. Albans Staff

The Rev. Michael Garner revmichael@stalbanschurch.ca

Office Hours - on campus Déjà Vu 232B - 11am-1pm; open for connecting Wednesdays 9am-12noon. Available at other times by appointment.

In the event of a pastoral emergency please call Rev. Michael 613-797-9802
Church Administration office@stalbanschurch.ca

St. Albans Wardens

Michelle Sorenson, Warden - michelle.rg.sorenson@gmail.com

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