

September 24<sup>th</sup>, 2023  
at 10:00 a.m.

# The Booklet

Seventeenth Sunday after Pentecost  
A Celebration of Holy Eucharist

*Livestream the service at*  
[www.facebook.com/saintalbans](http://www.facebook.com/saintalbans) or

[www.youtube.com/channel/UCdwV9f01mc4ymXD16YdNUBA](http://www.youtube.com/channel/UCdwV9f01mc4ymXD16YdNUBA)



**ST ALBANS**

*Spirit-Led. Christ-Centred. Contemporary Urban Church*

[www.stalbanschurch.ca](http://www.stalbanschurch.ca)

## **Welcome to St Albans Church!**

*We welcome all people, no matter their age, ability, gender, cultural background, sexual orientation, income level or faith tradition to join us as we seek to deepen our relationship with God and each other. Together we're exploring how we are called to serve in the world, right here in downtown Ottawa.*

*If this is your first time at St. Albans welcome! If you would like to be on our mail or email list, or have any other questions or requests, please feel free to place a written note on the offering plate when it is circulated, speak to a fellow congregation member, Michael our priest*

*[revmichael@stalbanschurch.ca](mailto:revmichael@stalbanschurch.ca) or send an email to our office [office@stalbanschurch.ca](mailto:office@stalbanschurch.ca)*

*During the service, if you are a breastfeeding parent, you are welcome to breastfeed where you are seated or anywhere else in the church, as you feel comfortable.*

### **About this booklet**

*This booklet is your guide to our worship. You're going to experience and participate in worship through music, prayer, readings, reflections and silence. Every time it's your turn to say or do something, you'll see it here in this booklet (usually in bold). If there are surprises, or you have questions, ask a neighbour.*

### **Participation**

*Our hope is that everyone gathered will feel able participate in our worship this morning. At various points in the service we may suggest certain postures. But please feel free to adopt whatever posture (standing, sitting, kneeling) is appropriate for you at any time. If you would like to do some sketching or writing during the service, you are most welcome – at the back of the church is our Art Cart, stocked with books and art supplies. The books are communal so please date your work, no need to sign it, but the Art Books will become over time an anthology of our collective experience.*

## ***Welcome***

### **Morning Has Broken | Eleanor Farjeon/Cat Stevens**

Morning has broken like the first morning,  
blackbird has spoken like the first bird.  
Praise for the singing! Praise for the morning!  
Praise for them, springing fresh from the Word!

Sweet the rain's new fall sunlit from heaven,  
like the first dewfall on the first grass.  
Praise for the sweetness of the wet garden,  
sprung in completeness where God's feet pass.

Mine is the sunlight! Mine is the morning  
born of the one light Eden saw play!  
Praise with elation, praise every morning,  
God's recreation of the new day!

## ***Land Acknowledgement***

Dear friends, we gather on traditional Anishinaabe Algonquin territory.

**May we dwell on this land with respect and peace.**

In a spirit of reconciliation, may we always seek to respect the history, spirituality, and culture of First Nations, Metis, and Inuit.

**May we do all in our power to support all efforts to establish an equal presence on this land.**

## ***Greeting***

The grace of our Lord Jesus Christ, and the love of God,  
and the fellowship of the Holy Spirit, be with you all.

**And also with you.**

## ***The Opening Prayer***

Almighty God,  
**to you all hearts are open, all desires known,**

**and from you no secrets are hidden.  
Cleanse the thoughts of our hearts  
By the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name,  
through Christ our Lord. Amen.**

### ***Collect of the Day***

Let us pray.

*We pray silently.*

O God,  
from your providing hand even the dissatisfied and grumbling  
receive what they need for their lives.  
Teach us your ways of justice and lead us to practise your generosity,  
so that we may live a life worthy of the gospel  
made known through your Son Jesus Christ, our Saviour. **Amen.**

### **We Proclaim the Word**

*Each Sunday we read from sections of the Bible: the Old Testament, Psalms,  
New Testament and the Gospel. These same readings will be proclaimed to  
over a billion Christians around the world today.*

### **The First Reading: Exodus 16:2-15**

Hear what the Spirit is saying to the Church.

**Thanks be to God.**

### **Psalm 105:1-6, 37-45**

Give thanks to the Lord and call upon the divine name; make known the  
deeds of the Lord among the peoples.

**Sing to the Lord, sing praises, and speak of all the marvellous works of the  
Lord.**

Glory in the holy name; let the hearts of those who seek the Lord rejoice.

**Search for the strength of the Lord; continually seek the face of God.**

Remember the marvels the Lord has done, the wonders and the judgements of the mouth of the Lord,

**O offspring of Abraham the servant of God, O children of Jacob the chosen of the Lord.**

You led out your people with silver and gold; in all their tribes there was not one that stumbled.

**Egypt was glad of their going, because they were afraid of them.**

You spread out a cloud for a covering and a fire to give light in the night season.

**They asked, and quails appeared, and you satisfied them with bread from heaven.**

You opened the rock, and water flowed, so the river ran in the dry places.

**For you, O God, remembered your holy word and Abraham your servant.**

So you led forth your people with gladness, your chosen with shouts of joy.

**You gave your people the lands of the nations, and they took the fruit of others' toil,**

that they might keep your statutes and observe your laws. Hallelujah!

**The Second Reading:** Philippians 1:21-30

Hear what the Spirit is saying to the Church.

**Thanks be to God.**

**Red Sea Road | Ellie Holcomb**

We, buried dreams Laid them deep into the earth behind us

Said, our goodbyes At the grave but everything reminds us

God knows, we ache When He asks us to go on

How do we go on?

We will sing, to our souls We won't bury our hope

Where He leads us to go There's a red sea road

When we can't, see the way He will part the waves

And we'll never walk alone Down a red sea road

How, can we trust When You say You will deliver us from  
All, of this pain, that threatens to take over us Well, this desert's dry  
But the ocean may consume And we're scared, to follow You

So we will sing, to our souls We won't bury our hope  
Where He leads us to go There's a red sea road  
When we can't, see the way He will part the waves  
And we'll never walk alone Down a red sea road

Oh help us believe You are faithful, You're faithful  
When our hearts are breaking You are faithful, You're faithful  
Oh grant us eyes to see You are faithful, You're faithful  
Teach us to sing You are faithful, You're faithful, You're faithful

And we will sing, to our souls We won't bury our hope  
Where He leads us to go There's a red sea road  
When we can't, see the way He will part the waves  
And we'll never walk alone Down a red sea road

No, we'll never, walk alone Down a red sea road  
No, we'll never, walk alone Down a red sea road

**The Gospel:** Matthew 20:1-16

Le Seigneur soit avec vous. The Lord be with you.

**And also with you.**

The Holy Gospel of our Lord Jesus Christ according to Matthew.

**Glory to you, Lord Jesus Christ.**

*The Gospel is read*

The Gospel of Christ

**Praise to you, Lord Jesus Christ.**

**Homily| Rev. Michael**

*We say the Apostles Creed to affirm our faith using words of the ancient church*

**I trust in God,  
the Father almighty, creator of heaven and earth.**

**I trust in Jesus Christ, his only Son, our Lord.  
He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary. He suffered under Pontius Pilate, was  
crucified, died, and was buried. He descended to the dead.  
On the third day he rose again. He ascended into heaven,  
and is seated at the right hand of the Father.  
He will come again to judge the living and the dead.**

**I trust in the Holy Spirit, the holy catholic Church,  
the communion of saints, the forgiveness of sins,  
the resurrection of the body, and the life everlasting. Amen.**

### ***Prayers of the People***

#### ***Confession and Absolution***

*In our time of confession we recognize our need for reconciliation with God and with each other. In response to our need God embraces us and calls us beloved.*

Dear friends in Christ,  
God is steadfast in love and infinite in mercy;  
God welcomes humanity and invites them to this table.  
Let us confess our sins, confident in God's forgiveness.

Most merciful God,  
**we confess that we have sinned against you**

**in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbours as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us,  
that we may delight in your will,  
and walk in your ways,  
to the glory of your name. Amen.**

Almighty God have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in eternal life; through Jesus Christ our Lord.  
**Amen.**

### ***The Peace***

*In the sharing of the Peace we celebrate our reconciliation with God and extend the gift of peace to one another (Matt 5:23-24). We are also reminded that it is in meeting others that we meet Christ.*

La paix du Seigneur soit toujours avec vous.  
The peace of the Lord be always with you.  
**And also with you.**

*Share a sign of peace in church, online or in your home.*

### **We Celebrate the Eucharist**

#### ***Offering***





*Thank you for donating to the ministry of St. Albans! You may also make an offering via the collection plate, by e-transfer to [donate@stalbanschurch.ca](mailto:donate@stalbanschurch.ca), or through Canada Helps or Paypal through the St. Albans Website - <https://stalbanschurch.ca/donate/>*

### **House of God Forever | Jon Foreman**

God is my shepherd I won't be wanting  
I won't be wanting He makes me rest  
In fields of green With quiet streams

Even though I walk Through the valley  
Of death and dying I will not fear  
Cause you are with me You are with me

Your shepherd's staff comforts me You are my feast  
In the presence of enemies Surely goodness will follow me  
Follow me In the house of God forever

God is my shepherd I won't be wanting  
I won't be wanting She makes me rest  
In fields of green By quiet streams

Even while I'm walking Through the valley  
Of death and dying I will not fear  
Cause you are with me You're always with me

Your shepherd's staff comforts me You are my feast  
In the presence of enemies Surely goodness will follow me  
Follow me In the house of God forever

### ***Prayer over the Gifts***

God of mercy and grace,

the eyes of all wait upon you, and you open your hand in blessing.  
Fill us with good things at your table, so that we may come to the help of all  
in need, through Jesus Christ, our redeemer and Lord. **Amen.**

***Eucharistic Prayer***

May God be with you.

**And also with you.**

Lift up your hearts.

**We lift them up to God.**

Let us give thanks to God our Creator.

**It is right to give our thanks and praise.**

Holy God, Lover of creation,  
we give you thanks and praise for in the ocean of your steadfast love you  
bear us and place the song of your Spirit in our hearts.  
When we turn from your love and defile the earth, you do not abandon us.  
Your Spirit speaks through Huldah and Micah, through prophets, sages, and  
saints in every age, to confront our sin and reveal the vision of your new  
creation. Joining in the song of the universe we proclaim your glory singing:

**Holy, holy, holy Lord, God of power and might,**

**Heaven and earth of your glory are full.**

**Hosanna, hosanna, hosanna in the highest.**

**Blessed is the One who comes in the name of the Lord. X2**

**Holy, holy, holy Lord, God of power and might,**

**Heaven and earth of your glory are full.**

**Hosanna, hosanna, hosanna in the highest. X2**

Gracious God,

in the fullness of time you sent Jesus the Christ to share our fragile  
humanity. Through Jesus' life, death, and resurrection you open the path  
from brokenness to health, from fear to trust, from pride and conceit  
to reverence for you. Rejected by a world that could not bear the Gospel of

life, Jesus knew death was near. His head anointed for burial by an unknown woman, Jesus gathered together those who loved him.

He took bread, gave thanks to you, broke it and gave it to his friends, saying, "Take and eat: this is my body which is given for you.

Do this for the remembrance of me."

After supper, Jesus took the cup of wine, gave you thanks, and said "Drink this all of you, this is my blood of the new covenant which is shed for you and for many. Whenever you drink it, do this for the remembrance of me." And now we gather at this table in response to his commandment, to share the bread and cup of Christ's undying love, and to proclaim our faith.

**Christ has died. Christ is risen. Christ will come again.**

Breathe your Holy Spirit, the wisdom of the universe, upon these gifts that we bring to you: this bread, this cup, ourselves, our souls and bodies, that we may be signs of your love for all the world and ministers of your transforming purpose.

Through Christ, with Christ, and in Christ, in the unity of the Holy Spirit, all glory is yours, Creator of all, and we bless your holy name for ever.

**Amen.**

***The Lord's Prayer***

*Please feel free to use the language of your choice.*

**Our Creator (Father/Mother) in heaven,**

**hallowed be your name,**

**Your kingdom come,**

**your will be done, on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins**

**as we forgive those who sin against us.**

**Save us from the time of trial**

**and deliver us from evil.**

**For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.**

### ***The Breaking of the Bread***

We break this bread to share in the body of Christ.

**We, being many, are one body, for we all share in the one bread.**

The gifts of God for the people of God.

**Thanks be to God.**

### ***Communion***

*At St Albans, all are welcome to receive communion or a blessing.*

*Communion is received in a series of semi-circles at the front of the church.*

*Please cross your arms over your chest if you would prefer to receive a blessing instead of the bread and/or wine. Please also indicate if you would prefer to receive a rice wafer instead of a wheat wafer.*

### **All Belong Here | Hannah and Lenora Rand**

When you're not sure who you really are

When all you feel is the shape of your scars

And you have more wounds than you can count

Open your eyes, look all around

You aren't alone, this is your home

Chorus:

Come and remember who you are here

Do this to remember who I am

Come and remember you belong here

All belong here

When you don't know how to forgive

When locked doors seem like the only way to live

And you've got more questions than you can count

Open your eyes, look all around  
You aren't alone, this is your home

Chorus

At this table come as you are  
Broken and bleeding's ok  
At this table eat and be filled  
Come and drink in this grace.

Chorus

**We Are Sent**

***Prayer after Communion***

Let us pray.

*We pray silently.*

**We give you thanks, almighty God,  
that you have refreshed us through the healing power of this gift of life.  
In your mercy, strengthen us through this gift, in trust toward you and in  
fervent love toward one another; for the sake of Jesus Christ our Lord.  
Amen.**

Glory to God,  
**whose power, working in us, can do infinitely  
more than we can ask or imagine.  
Glory to God from generation to generation,  
in the Church and in Christ Jesus, for ever and ever.  
Amen.**

***Community Announcements***

***Blessing***

## **Your Peace Will Make Us One | Audrey Assad**

Mine eyes have seen the glory of the coming of the Lord  
You are speaking truth to power, you are laying down our swords  
Replanting every vineyard 'til a brand new wine is poured  
Your peace will make us one

I've seen you in our home fires burning with a quiet light  
You are mothering and feeding in the wee hours of the night  
Your gentle love is patient, you will never fade or tire  
Your peace will make us one

Chorus: Glory! Glory! Hallelujah!  
Glory! Glory! Hallelujah!  
Glory! Glory! Hallelujah!  
Your peace will make us one

In the beauty of the lilies, you were born across the sea  
With a glory in your bosom that is still transfiguring  
Dismantling our empires 'til each one of us is free  
Your peace will make us one

Chorus x 2

### ***Sending***

Go forth into the world, rejoicing in the power of the Spirit.

**Thanks be to God.**

*Thank you for coming to church today – if you have any questions or concerns or comments about the service, we want to hear from you*  
[office@stalbanschurch.ca](mailto:office@stalbanschurch.ca).

### **Announcements**

**Pastoral Care** - One of our priorities for the fall is to restart our pastoral care

team. We will meet online at 7pm on September 26<sup>th</sup> for a first discussion. If you have interest, please speak with Rev. Michael.

**Special Potluck Event at St. Albans!** - Baby Shower for Michelle and Erik and their wee baby who will be joining us soon! October 1, 2023 @ 2:00pm  
ALL ARE WELCOME!

**Education Event** - Our neighbourhood, Sandy Hill, faces all sorts of challenges that require us to work with partners and learn about some of these complexities. Wendy Stewart, the director of OASIS, will be joining us to speak about the reality of drug use in Sandy Hill, and the impact of Harm Reduction activities. Join us on Zoom on October 10<sup>th</sup> at 7pm. Please make time to join us for this important event.

**Church Office** - We need a couple of bookshelves and a desk to set the office up. If you have either of these please speak with Rev. Michael

**Join us for our Fall retreat** - Overnight retreat at the Galilee Centre, November 10<sup>th</sup> and 11<sup>th</sup> in Arnprior. If you are interested we would ask you to speak to Michael or Jennifer Parr ([jennifer@leadershipthatmatters.com](mailto:jennifer@leadershipthatmatters.com)).

## **St. Albans Staff**

The Rev. Michael Garner [revmichael@stalbanschurch.ca](mailto:revmichael@stalbanschurch.ca)

Office Hours - on campus Déjà Vu 232B - 11am-1pm; open for connecting Wednesdays 9am-12noon. Available at other times by appointment.

In the event of a pastoral emergency please call Rev. Michael 613-797-9802

Church Administration [office@stalbanschurch.ca](mailto:office@stalbanschurch.ca)

## **St. Albans Wardens**

Michelle Sorenson, Warden - [michelle.rg.sorenson@gmail.com](mailto:michelle.rg.sorenson@gmail.com)

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