

August 27, 2023  
at 10:00 a.m.

# The Booklet

Pride Sunday  
A Celebration of Holy Eucharist



*Livestream the service at*

*[www.facebook.com/saintalbans](http://www.facebook.com/saintalbans) or*

*[www.youtube.com/channel/UCdwV9f](http://www.youtube.com/channel/UCdwV9f)*

*[01mc4ymXD16YdNUBA](https://www.youtube.com/watch?v=01mc4ymXD16YdNUBA)*



**ST ALBANS**

*Spirit-Led. Christ-Centred. Contemporary Urban Church*

**[www.stalbanschurch.ca](http://www.stalbanschurch.ca)**

## **Welcome to St Albans Church!**

*We welcome all people, no matter their age, ability, gender, cultural background, sexual orientation, income level or faith tradition to join us as we seek to deepen our relationship with God and each other.*

*Together we're exploring how we are called to serve in the world, right here in downtown Ottawa.*

*If this is your first time at St. Albans welcome! If you would like to be on our mail or email list, or have any other questions or requests, please feel free to place a written note on the offering plate when it is circulated, speak to a fellow congregation member, Michael our priest [revmichael@stalbanschurch.ca](mailto:revmichael@stalbanschurch.ca) or send an email to our office [office@stalbanschurch.ca](mailto:office@stalbanschurch.ca)*

*During the service, if you are a breastfeeding parent, you are welcome to breastfeed where you are seated or anywhere else in the church, as you feel comfortable.*

### **About this booklet**

*This booklet is your guide to our worship. You're going to experience and participate in worship through music, prayer, readings, reflections and*

*silence. Every time it's your turn to say or do something, you'll see it here in this booklet (usually in bold). If there are surprises, or you have questions, ask a neighbour.*

## **Participation**

*Our hope is that everyone gathered will feel able participate in our worship this morning. At various points in the service we may suggest certain postures. But please feel free to adopt whatever posture (standing, sitting, kneeling) is appropriate for you at any time. If you would like to do some sketching or writing during the service, you are most welcome – at the back of the church is our Art Cart, stocked with books and art supplies. The books are communal so please date your work, no need to sign it, but the Art Books will become over time an anthology of our collective experience.*

## **Welcome**

## **Land Acknowledgement**

Nous reconnaissons que la terre sur laquelle nous nous réunissons est le territoire traditionnel non-cédé de la nation Algonquin Anishnaabeg. Nous nous souvenons des peuples autochtones sur les terres desquels nous sommes réunis, où que nous soyons. Notre reconnaissance est également une déclaration de notre engagement dans le travail continu de réconciliation avec nos voisins Indigènes.

## **Greeting**

La grâce de Jésus-Christ notre Seigneur, l'amour de Dieu et la communion de l'Esprit Saint soient toujours avec vous.

**Et avec ton esprit.**

## **The Opening Prayer**

Prions le Seigneur.

Dieu, nous te rendons grâce de nous avoir de nouveau réunis pour te louer de ta bonté et demander ta bénédiction. Accorde-nous de reconnaître ta présence dans la semaine qui vient de se terminer et de discerner ce que tu attends de nous dans la semaine à venir. Nous te le demandons au nom de ton Fils, Jésus le Christ notre Seigneur.

**Amen**

**Crowded Table/Une table pleine | The**

Highway Women

You can hold my hand

When you need to let go

I can be your mountain

When you're feeling valley-low

I can be your streetlight

Showing you the way home

You can hold my hand

When you need to let go

Je veux une maison avec une table pleine

Et une place au coin du feu pour chacun

Allons conquérir le monde pendant que jeunes et  
capables

Et rassemblez-nous quand la journée est finie

If we want a garden

We're gonna have to sow the seed

Plant a little happiness

Let the roots run deep

If it's love that we give  
Then it's love that we reap  
If we want a garden  
We're gonna have to sow the seed

Yeah I want a house with a crowded table  
And a place by the fire for everyone  
Let us take on the world while we're young and able  
And bring us back together when the day is done

The door is always open  
Your picture's on my wall  
Everyone's a little broken  
And everyone belongs  
Yeah, everyone belongs

Je veux une maison avec une table pleine  
Et une place au coin du feu pour chacun  
Allons conquérir le monde pendant que jeunes et  
capables  
Et rassemblez-nous quand la journée est finie

***Collect of the Day***

Let us pray.

*We pray silently.*

God of love and justice: we give you thanks for creating us in your image. We gather today to celebrate our variety, our identities, our sexualities, our cultures, and the unifying thread of your Spirit of love. As we remember the pioneers on whose shoulders we stand, remind us that your Spirit invites us to take our place in the long line of those who speak and work and act for justice and joy for all your people. We pray because of Jesus, who shows us the way. **Amen.**

## **We Proclaim the Word**

*Each Sunday we read from sections of the Bible: the Old Testament, Psalms, New Testament and the Gospel. These same readings will be proclaimed to over a billion Christians around the world today.*

**The First Reading: Exodus/Exode 1:8-2:10**



Alors un nouveau roi, qui n'avait pas connu Joseph, se leva sur l'Égypte.

Il dit à son peuple : « Voici que le peuple des fils d'Israël est trop nombreux et trop puissant pour nous. Prenons donc de sages mesures contre lui, pour qu'il cesse de se multiplier. En cas de guerre, il se joindrait lui aussi à nos ennemis, il se battrait contre nous et il sortirait du pays. » On lui imposa donc des chefs de corvée, pour le réduire par des travaux forcés, et il bâtit pour le Pharaon des villes-entrepôts, Pitom et Ramsès. Mais plus on voulait le réduire, plus il se multipliait et plus il éclatait : on vivait dans la hantise des fils d'Israël. Alors les Egyptiens asservirent les fils d'Israël avec brutalité et leur rendirent la vie amère par une dure servitude : mortier, briques, tous travaux des champs, bref toutes les servitudes qu'ils leur imposèrent avec brutalité. Le roi d'Égypte dit aux sages-femmes des Hébreux dont l'une s'appelait Shifra et l'autre Poua : « Quand vous accouchez les femmes des Hébreux, regardez le sexe de l'enfant. Si c'est un garçon, faites-le mourir. Si c'est une fille, qu'elle vive. » Mais les sages-femmes craignirent

Dieu ; elles ne firent pas comme leur avait dit le roi d'Egypte et laissèrent vivre les garçons. Le roi d'Egypte, alors, les appela et leur dit : « Pourquoi avez-vous fait cela et laissé vivre les garçons ? » Les sages-femmes dirent au Pharaon : « Les femmes des Hébreux ne sont pas comme les Egyptiennes ; elles sont pleines de vie ; avant que la sage-femme n'arrive auprès d'elles, elles ont accouché. » Dieu rendit les sages-femmes efficaces, et le peuple se multiplia et devint très fort. Or, comme les sages-femmes avaient craint Dieu et que Dieu leur avait accordé une descendance, le Pharaon ordonna à tout son peuple : « Tout garçon nouveau-né, jetez-le au Fleuve ! Toute fille, laissez-la vivre ! » Un homme de la famille de Lévi s'en alla prendre une fille de Lévi.

La femme conçut, enfanta un fils, vit qu'il était beau et le cacha pendant trois mois. Ne pouvant le cacher plus longtemps, elle lui trouva une caisse en papyrus, l'enduisit de bitume et de poix, y mit l'enfant et la déposa dans les joncs sur le bord du Fleuve. La sœur de l'enfant se posta à distance pour savoir ce qui lui adviendrait. Or, la fille du Pharaon descendit se laver

au Fleuve, tandis que ses suivantes marchaient le long du Fleuve. Elle vit la caisse parmi les joncs et envoya sa servante la prendre. Elle ouvrit et regarda l'enfant : c'était un garçon qui pleurait. Elle eut pitié de lui : « C'est un enfant des Hébreux », dit-elle. Sa sœur dit à la fille du Pharaon : « Veux-tu que j'aie appelé une nourrice chez les femmes des Hébreux ? Elle pourrait allaiter l'enfant pour toi. » – « Va », lui dit la fille du Pharaon. Et la jeune fille appela la mère de l'enfant. « Emmène cet enfant et allaite-le-moi, lui dit la fille du Pharaon, et c'est moi qui te donnerai un salaire. » La femme prit l'enfant et l'allaita. L'enfant grandit, elle l'amena à la fille du Pharaon. Il devint pour elle un fils et elle lui donna le nom de Moïse, « car, dit-elle, je l'ai tiré des eaux ».

Hear what the Spirit is saying to the Church.

**Thanks be to God.**

## **Psalm 124**

If the Lord had not been on our side, let Israel now say;

**if the Lord had not been on our side, when  
enemies rose up against us;**  
then would they have swallowed us up alive in their  
fierce anger toward us;  
**then would the waters have overwhelmed us and  
the torrent gone over us;**  
then would the raging waters have gone right over  
us.

**Blessed be the Lord who has not given us over to  
be a prey for their teeth.**

We have escaped like a bird from the snare of the  
fowler; the snare is broken, and we have escaped.  
**Our help is in the name of the Lord, the maker of  
heaven and earth.**

## **Psaume 124**

Sans le SEIGNEUR qui était pour nous, – qu'Israël le  
redise ! –

**sans le SEIGNEUR qui était pour nous quand des  
hommes nous attaquèrent,**  
alors, dans leur ardente colère contre nous, ils nous  
avalèrent tout vifs,

**alors des eaux nous entraînaient, un torrent nous submergeait ;**

alors nous submergeaient des eaux bouillonnantes.

**Béni soit le SEIGNEUR qui n'a pas fait de nous la proie de leurs dents !**

Comme un oiseau, nous avons échappé au filet des chasseurs ; le filet s'est rompu, nous avons échappé.

**Notre secours, c'est le nom du SEIGNEUR, l'auteur des cieux et de la terre.**

**The Second Reading:** Romains/Romans 12:1-8

I appeal to you therefore, brothers and sisters, on the basis of God's mercy, to present your bodies as a living sacrifice, holy and acceptable to God, which is your reasonable act of worship. Do not be conformed to this age, but be transformed by the renewing of the mind, so that you may discern what is the will of God—what is good and acceptable and perfect. For by the grace given to me I say to everyone among you not to think of yourself more highly than you ought to think but to think with sober judgment, each according to the measure of faith that God has

assigned. For as in one body we have many members and not all the members have the same function, so we, who are many, are one body in Christ, and individually we are members one of another. We have gifts that differ according to the grace given to us: prophecy, in proportion to faith; ministry, in ministering; the teacher, in teaching; the encourager, in encouragement; the giver, in sincerity; the leader, in diligence; the compassionate, in cheerfulness.

Parole du Seigneur.

**Nous rendons grâce à Dieu.**

**You Say/Tu dis | Lauren Daigle**

I keep fighting voices in my mind that say I'm not  
enough

Every single lie that tells me I will never measure up  
Am I more than just the sum of every high and every  
low

Remind me once again just who I am because I need  
to know

Ooh-oh

You say I am loved when I can't feel a thing  
You say I am strong when I think I am weak  
And you say I am held when I am falling short  
And when I don't belong, oh You say I am Yours  
And I believe (I)  
Oh, I believe (I)  
What You say of me (I)  
I believe

La seule qui compte à présent, c'est ce que tu penses  
de moi

En toi j'ai trouvé ma valeur, en toi est mon identité

Tu dis que tu m'aimes quand je ne ressens rien  
Tu dis que je suis fort même quand je me sens faible  
Tu dis que tu me tiens même si je crois tomber  
Quand je m'sens oublié  
Tu dis que je suis à toi  
Oh oui je crois  
Oh oui je crois  
oh oui je crois

Taking all I have, and now I'm laying it at Your feet

You have every failure, God, You have every victory  
Ooh-oh

You say I am loved when I can't feel a thing  
You say I am strong when I think I am weak  
You say I am held when I am falling short  
When I don't belong, oh You say I am Yours  
Oh oui je crois  
Oh oui je crois  
Ce que tu dis de moi  
Oh oui je crois

**The Gospel:** Matthieu/Matthieu 16:13-20

The Lord be with you. Le Seigneur soit avec vous.

**Et avec ton esprit**

L'évangile de Jésus-Christ selon saint Matthieu.

**Gloire à toi, Seigneur.**

Now when Jesus came into the district of Caesarea Philippi, he asked his disciples, "Who do people say that the Son of Man is?" And they said, "Some say John the Baptist but others Elijah and still others Jeremiah or one of the prophets." He said to them,



“But who do you say that I am?” Simon Peter answered, “You are the Messiah, the Son of the living God.” And Jesus answered him, “Blessed are you, Simon son of Jonah! For flesh and blood has not revealed this to you but my Father in heaven. And I tell you, you are Peter, and on this rock I will build my church, and the gates of Hades will not prevail against it. I will give you the keys of the kingdom of heaven, and whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven.” Then he sternly ordered the disciples not to tell anyone that he was the Messiah.

The Gospel of Christ

**Praise to you, Lord Jesus Christ.**

**Homily | Rev. Caz**

*We say the Apostles Creed to affirm our faith using words of the ancient church*

**I trust in God,  
the Father almighty, creator of heaven and  
earth.**

**I trust in Jesus Christ, his only Son, our Lord.  
He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary. He suffered under  
Pontius Pilate, was crucified, died, and was  
buried. He descended to the dead.  
On the third day he rose again. He ascended into  
heaven,  
and is seated at the right hand of the Father.  
He will come again to judge the living and the  
dead.**

**I trust in the Holy Spirit, the holy catholic Church,  
the communion of saints, the forgiveness of sins,  
the resurrection of the body, and the life  
everlasting. Amen.**

***Prayers of the People***

***Confession and Absolution***

*In our time of confession we recognize our need for reconciliation with God and with each other. In response to our need God embraces us and calls us beloved.*

Dear friends in Christ,  
God is steadfast in love and infinite in mercy;  
God welcomes humanity and invites them to this table.

Let us confess our sins, confident in God's forgiveness.

Most merciful God,  
**we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbours as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us,  
that we may delight in your will,**

**and walk in your ways,  
to the glory of your name. Amen.**

Almighty God have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in eternal life; through Jesus Christ our  
Lord.

**Amen.**

### ***The Peace***

*In the sharing of the Peace we celebrate our  
reconciliation with God and extend the gift of peace  
to one another (Matt 5:23-24). We are also  
reminded that it is in meeting others that we meet  
Christ.*

The peace of the Lord be always with  
you.

La paix du Seigneur soit toujours avec  
vous.

**Et avec ton esprit.**

*Share a sign of peace in church, online or in your home.*

## **We Celebrate the Eucharist**

### **Offering**



*Thank you for donating to the ministry of St. Albans! You may also make an offering via the collection plate, by e-transfer to [donate@stalbanschurch.ca](mailto:donate@stalbanschurch.ca), or through Canada Helps or Paypal through the St. Albans Website - <https://stalbanschurch.ca/donate/>*

### **Faith/La foi | Semler**

When my religion turned against me  
They said my hopes and dreams were faulty  
I showed the holes inside my hands  
And they claimed they couldn't see

Alors j'ai marché avec un bandeau sur les  
yeux  
Vers la promesse d'un renouveau

Et ce n'est pas celui que vous prêchez  
C'est celui dont nous avons besoin

Tu m'as fait chanter "Hallelujah"  
Et je ne veux même pas le faire  
J'essaie juste d'être libre  
Nous mourons juste pour un peu de paix

But I still have faith  
When you call my name  
Never been the same  
I still have faith  
How you comfort me  
When they come for me  
Call that mercy

Don't pretend like you don't know me  
Don't pretend I'm not your body  
I'm your friend, I am your kin  
Why won't you let me in?

Vous qui avez du pouvoir, prêtez l'oreille

Toi qui as le pouvoir, donne-moi un coup de  
main

Quelle belle maison vous avez construite  
Quel dommage qu'elle soit faite de sable

Our God is good and able  
And our God is flipping tables  
At the mess of love we made

Mais j'ai toujours la foi  
Quand tu appelles mon nom  
Je n'ai jamais été la même  
J'ai toujours la foi  
Comment tu me réconfortes  
Quand ils viennent pour moi  
Appelle ça de la miséricorde

Mercy like I never knew  
But I don't wanna keep quiet  
Just to keep you  
I call that  
Mercy like I've been in bloom  
But I don't wanna get small

To be in those rooms

But I still have faith  
When you call my name  
I've never been the same  
I still have

La miséricorde comme je ne l'ai jamais  
connue

Mais je ne veux pas me taire

Juste pour te garder

Alors j'ai toujours

La miséricorde comme j'ai été en fleur

Mais je ne veux pas devenir petite

Pour être dans ces chambres

### ***Prayer over the Gifts***

God of mercy and grace,

the eyes of all wait upon you, and you open your  
hand in blessing.

Fill us with good things at your table, so that we may  
come to the help of all in need, through Jesus Christ,  
our redeemer and Lord.



**Amen.**

***Eucharistic Prayer***

Le Seigneur soit avec vous.

**Et avec ton esprit.**

Élevons notre cœur.

**Nous le tournons vers le Seigneur.**

Rendons grâce au Seigneur notre Dieu.

**Cela est juste et bon.**

Eternal God, Source of all being,  
we give you thanks and praise for your faithful love.  
You call us into friendship with you and one another  
to be your holy people, a sign of your presence in the  
world.

When those we trust betray us, unfailingly you  
remain with us.

When we injure others, you confront us in your love  
and call us to the paths of righteousness. You stand  
with the weak,  
and those, broken and alone, whom you have always  
welcomed home, making the first last, and the last  
first.

Therefore we raise our voices with angels and archangels,  
forever praising you and singing:

**Saint, saint, saint le Seigneur, Dieu de l'univers,  
Saint, saint, saint, éternel est son amour  
Le ciel et la terre sont remplis de ta gloire,  
Hosanna au plus haut des cieux.**

**Saint, saint, saint le Seigneur, Dieu de l'univers,  
Saint, saint, saint, éternel est son amour  
Béni soit celui qui vient au nom du Seigneur.  
Hosanna au plus haut des cieux.**

**Saint, saint, saint le Seigneur, Dieu de l'univers,  
Saint, saint, saint, éternel est son amour**

Blessed are you, O Holy One:  
when Hagar was driven into the wilderness  
you followed her and gave her hope.  
When Joseph was sold into bondage,  
you turned malice to your people's good.  
When you called Israel out of slavery,  
you brought them through the wilderness into the  
promised land.

When your people were taken into exile you wept  
with them

by the river of Babylon and carried them home.

**Restore us, O God, let your face shine!**

At the right time you sent your Anointed One  
to stand with the poor, the outcast, and the  
oppressed.

Jesus touched lepers, and the sick, and healed them.

He accepted water from a woman of Samaria  
and offered her the water of new life.

Christ knew the desolation of the cross  
and opened the way for all humanity  
into the redemption of your reconciling love.

On the night he was betrayed,

Jesus, at supper with his friends, took bread, gave  
you thanks,

broke the bread, gave it to them, and said, "Take and  
eat:

this is my body which is given for you. Do this for the  
remembrance of me."

After supper he took the cup of wine, and when he had given thanks,  
he gave it to them, and said, “Drink this, all of you:  
this is my blood of the new covenant which is shed  
for you and for many for the forgiveness of sins.  
Whenever you drink it,  
do this for the remembrance of me.”

Loving and Holy One, recalling Christ’s death and  
resurrection, we offer you these gifts, longing for the  
bread of tomorrow and the wine of the age to come.  
Therefore we proclaim our hope.

**Dying you destroyed our death,  
rising you restored our life.**

**Lord Jesus, come in glory.**

Pour out your Spirit on these gifts that through them  
you may sustain  
us in our hunger for your peace. We hold before you  
all whose lives are marked by suffering, our siblings.  
When we are broken and cast aside, embrace us in  
your love.

**Restore us, O God, let your face shine!**

Through Christ, with Christ, and in Christ in the unity of the Holy Spirit,  
all honour and glory are yours, O Source of all life,  
now and for ever. **Amen.**

### ***The Lord's Prayer***

*Please feel free to use the language of your choice.*

**Our Creator (Father/Mother)**

**in heaven,**

**hallowed be your name,**

**Your kingdom come,**

**your will be done, on earth as in  
heaven.**

**Give us today our daily bread.**

**Forgive us our sins**

**as we forgive those who sin against us.**

**Save us from the time of trial  
and deliver us from evil.**

**For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.**

**Notre Père qui es aux cieux, que ton nom soit sanctifié, que ton règne vienne, que ta volonté soit faite sur la terre comme au ciel. Donne-nous aujourd'hui notre pain de ce jour. Pardonne-nous nos offenses, comme nous pardonnons aussi à ceux qui nous ont offensés. Et ne nous laisse pas entrer en tentation, mais délivre-nous du mal. Car c'est à toi qu'appartiennent le règne, la puissance et la gloire, pour les siècles des siècles. Amen.**

### ***The Breaking of the Bread***

We break this bread to share in the body of Christ.  
**We, being many, are one body, for we all share in the one bread.**

Les dons de Dieu pour le peuple de Dieu.

**Nous rendons grâce à Dieu.**

### ***Communion***

*At St Albans, all are welcome to receive communion or a blessing. Communion is received in a series of semi-circles at the front of the church. Please cross*

*your arms over your chest if you would prefer to receive a blessing instead of the bread and/or wine. Please also indicate if you would prefer to receive a rice wafer instead of a wheat wafer.*

**Rainbow/Arc-en-ciel | Kacey Musgraves //**

**Same Love/Même amour | Macklemore**

Et je ne peux pas changer

Même si j'ai essayé

Même si je voulais

Et je ne peux pas changer

Même si j'ai essayé

Même si je voulais

Mon amour, mon amour

Elle me tient chaud

Elle me tient chaud

Elle me tient chaud

Elle me tient chaud

When it rains, it pours, but you didn't even notice  
It ain't rainin' anymore, it's hard to breathe when all  
you know is

The struggle of stayin' above the risin' water line

Well, the sky has finally opened, rain and wind  
stopped blowin'

But you're stuck out in the same ol' storm again  
You hold tight to your umbrella, well, darlin', I'm just  
tryin' to tell ya

That there's always been a rainbow hangin' over  
your head

Si tu pouvais voir ce que je vois, vous seriez surpris  
par les couleurs

Jaune, rouge et orange et vert, et au moins un  
million d'autres

Alors attache ton nœud, ôte ton manteau et regarde  
autour de toi

Le ciel s'est enfin ouvert, la pluie et le vent ont cessé  
de souffler

Mais tu es de nouveau coincé dans la même vieille  
tempête

Tu t'accroches à ton parapluie, chérie, j'essaye juste  
de te dire



Qu'il y a toujours eu un arc-en-ciel au-dessus de ta tête

Oh, attache ton nœud, ôte ton manteau et regarde autour de toi

Tout va bien maintenant

'Cause the sky has finally opened, the rain and wind stopped blowin'

But you're stuck out in the same ol' storm again

Let go of your umbrella, 'cause, darlin', I'm just trying to tell ya

That there's always been a rainbow hangin' over your head

Yeah, there's always been a rainbow hangin' over your head

And I can't change

Even if I tried

Even if I wanted to

I can't change

Even if I try

Even if I wanted to

My love, My love, My love  
She keeps me warm  
She keeps me warm  
She keeps me warm  
She keeps me warm

L'amour est patient, l'amour est gentil  
L'amour est patient, l'amour est gentil  
Ne pas pleurer le dimanche  
Ne pas pleurer le dimanche

Love is patient, love is kind  
Love is patient, love is kind  
Not cryin' on Sundays  
Not cryin' on Sundays

**We Are Sent**

***Prayer after Communion***

Let us pray.

*We pray silently.*

**Living God,**

**increase in us the healing power of your love.  
Guide and direct us  
that we may please you in all things,  
for the sake of Jesus Christ our Lord. Amen.**

Gloire à Dieu

**qui peut, par sa puissance qui agit en nous,  
faire infiniment plus que nous pouvons  
demander et même imaginer.**

**Gloire à lui dans l'Église et dans le Christ Jésus,  
pour toutes les générations, dans les siècles des  
siècles. Amen.**

## ***Community Announcements***

### ***Blessing***

**I'm Coming Out/Je sors du placard**

| Diana Ross

I'm coming out

I'm coming

I'm coming out

I'm coming out

I'm coming out  
I'm coming out

I'm coming out  
I want the world to know  
Got to let it show  
I'm coming out  
I want the world to know  
Got to let it show

There's a new me coming out  
And I just have to live  
And I want to give  
I'm completely positive  
I think this time around  
I am gonna do it  
Like you never knew it  
Oh, I'll make it through

The time has come for me  
To break out of the shell  
I have to shout

That I am coming out

Je sors du placard

Je veux que le monde sache

Je dois le faire savoir

Je sors du placard

Je veux que le monde sache

Je veux que le monde sache

Je sors du placard

Je veux que le monde sache

Je veux que le monde sache que je sors du placard

Je sors du placard

Je veux que le monde sache

Il faut que ça se voit

Je dois montrer au monde

Tout ce que je veux être

Et toutes mes capacités

Il y a tellement plus en moi

D'une manière ou d'une autre, je devrai leur faire  
comprendre

Comprendre

Je l'ai bien en main

Et, oh, combien j'ai planifié  
Je répands l'amour  
Il n'y a pas de raison d'avoir peur  
Et je me sens si bien  
Chaque fois que j'entends

### ***Sending***

Allez en paix pour aimer et servir le Seigneur.

**Nous rendons grâce à Dieu.**

*Thank you for coming to church today – if you have any questions or concerns or comments about the service, we want to hear from you*

[office@stalbanschurch.ca](mailto:office@stalbanschurch.ca).

## Announcements

**Pride!** - Today all are invited to march with St. Albans and St. Bernards in the Ottawa Pride Parade.

Marchers can enter the staging area from either end of Laurier Street at the intersections of Elgin Street and Laurier Street or Nicholas Street and Laurier Street. We are at Staging Area B150 and everyone must arrive no later than 1:30.

**Liturgy Club** - If you are between 10 and 16 years old, join us every second Friday evening to laugh, play, snack, learn and work together. We help make St. Albans even better with skits, stories, and fun materials for members of all ages to feel closer to God. Liturgy Club is a group of friends who care for each other and build each other up, as we work to build God's kingdom. Sept 1, 15, 29... and every second Friday after that. At the church building from 6:30-8:30pm. Call Rosaline for more info or to be added to the list for text reminders. 613-853-2822





## **St. Albans Staff**

The Rev. Michael Garner

revmichael@stalbanschurch.ca

In the event of a pastoral emergency please call Rev. Michael 613-797-9802

Church Administration [office@stalbanschurch.ca](mailto:office@stalbanschurch.ca)

## **St. Albans Wardens**

Michelle Sorenson, Warden -

michelle.rg.sorenson@gmail.com

Robyn Sulkko, Warden - robynsulkko@hotmail.com

Leah Seabrook, Deputy Warden -

leah.seabrook@gmail.com

## **St. Albans Church**

454 King Edward Ave at Daly

Ottawa, ON K1N 7M8

613-236-0342

[office@stalbanschurch.ca](mailto:office@stalbanschurch.ca)

[www.stalbanschurch.ca](http://www.stalbanschurch.ca)



# ST ALBANS

*Spirit-Led. Christ-Centred. Contemporary Urban Church*