

June 18, 2023
at 10:00 a.m.

The Booklet

Third Sunday after Pentecost
A Celebration of Holy Eucharist

Livestream the service at
www.facebook.com/saintalbans or

www.youtube.com/channel/UCdwV9f01mc4ymXD16YdNUBA



ST ALBANS

Spirit-Led. Christ-Centred. Contemporary Urban Church

www.stalbanschurch.ca

Welcome to St Albans Church!

We welcome all people, no matter their age, ability, gender, cultural background, sexual orientation, income level or faith tradition to join us as we seek to deepen our relationship with God and each other. Together we're exploring how we are called to serve in the world, right here in downtown Ottawa.

If this is your first time at St. Albans welcome! If you would like to be on our mail or email list, or have any other questions or requests, please feel free to place a written note on the offering plate when it is circulated, speak to a fellow congregation member, Michael our priest

revmichael@stalbanschurch.ca or send an email to our office office@stalbanschurch.ca

During the service, if you are a breastfeeding parent, you are welcome to breastfeed where you are seated or anywhere else in the church, as you feel comfortable.

About this booklet

This booklet is your guide to our worship. You're going to experience and participate in worship through music, prayer, readings, reflections and silence. Every time it's your turn to say or do something, you'll see it here in this booklet (usually in bold). If there are surprises, or you have questions, ask a neighbour.

Participation

Our hope is that everyone gathered will feel able participate in our worship this morning. At various points in the service we may suggest certain postures. But please feel free to adopt whatever posture (standing, sitting, kneeling) is appropriate for you at any time. If you would like to do some sketching or writing during the service, you are most welcome – at the back of the church is our Art Cart, stocked with books and art supplies. The books are communal so please date your work, no need to sign it, but the Art Books will become over time an anthology of our collective experience.

Welcome

Land Acknowledgement

Dear friends, we gather on traditional Anishinaabe Algonquin territory.

May we dwell on this land with respect and peace.

In a spirit of reconciliation, may we always seek to respect the history, spirituality, and culture of First Nations, Metis, and Inuit.

May we do all in our power to support all efforts to establish an equal presence on this land.

Greeting

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

And also with you.

The Opening Prayer

Almighty God,

**to you all hearts are open, all desires known,
and from you no secrets are hidden.**

Cleanse the thoughts of our hearts

By the inspiration of your Holy Spirit,

that we may perfectly love you,

and worthily magnify your holy name,

through Christ our Lord. Amen.

You Say | Lauren Daigle

I keep fighting voices in my mind that say I'm not enough

Every single lie that tells me I will never measure up

Am I more than just the sum of every high and every low

Remind me once again just who I am because I need to know

You say I am loved when I can't feel a thing

You say I am strong when I think I am weak

And you say I am held when I am falling short

And when I don't belong, oh You say I am Yours
And I believe, oh I believe what You say of me

The only thing that matters now is everything You think of me
In You I find my worth, in You I find my identity

You say I am loved when I can't feel a thing
You say I am strong when I think I am weak
And you say I am held when I am falling short
And when I don't belong, oh You say I am Yours

Taking all I have, and now I'm laying it at Your feet
You have every failure, God, You have every victory

You say I am loved when I can't feel a thing
You say I am strong when I think I am weak
And you say I am held when I am falling short
And when I don't belong, oh You say I am Yours

Collect of the Day

Let us pray.

We pray silently.

God of love,
in your compassion you reach out to the lost and helpless.
Continue this work through us, so that your reign of justice and peace may
increase; through Jesus Christ, the Lord of the harvest. **Amen.**

We Proclaim the Word

Each Sunday we read from sections of the Bible: the Old Testament, Psalms, New Testament and the Gospel. These same readings will be proclaimed to over a billion Christians around the world today.

The First Reading: Gen 18:1-15, 21:1-7

Hear what the Spirit is saying to the Church.

Thanks be to God.

Psalm 116:1, 10-17

I love the Lord who has heard the voice of my supplication,

I believed, even when I said, "I have been brought very low."

In my distress I said, "No one can be trusted."

How shall I repay you, O Lord, for all the good things you have done for me?

I will lift up the cup of salvation and call upon your name.

I will fulfil my vows to the Lord in the presence of all the people.

Precious in your sight, O Lord is the death of your servants.

O Lord, I am your servant; I am your servant and the child of your handmaid; you have freed me from my bonds.

I will offer you the sacrifice of thanksgiving and call upon the name of the Lord.

The Second Reading: Romans 5:1-8

Hear what the Spirit is saying to the Church.

Thanks be to God.

Peace | Paula Best

Broken conversations, broken people, we're broken Lord.

Terrified illusions, seeking comfort, we're seeking more.

We need each other more than we need to agree.

Father, Son, Spirit bless us with your love, with your grace and peace.

Peace.

Let there be peace.

Let there be peace.

Let there be peace.

Let us see and not destroy. Let us listen. Let us listen.

Let us suspend judgement for the sake of love, for the sake of love.
We need each other more than we need to agree.
Father, Son, Spirit bless us with your love,
with your grace and peace.

Love.

Let there be love.

Let there be love.

Let there be love.

The Gospel: Matthew 9:35-10:8

Le Seigneur soit avec vous. The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ according to Matthew.

Glory to you, Lord Jesus Christ.

The Gospel is read

The Gospel of Christ

Praise to you, Lord Jesus Christ.

Homily| Rev. Michael

*We say the Apostles Creed to affirm our faith using
words of the ancient church*

**I trust in God,
the Father almighty, creator of heaven and earth.**

**I trust in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary. He suffered under Pontius Pilate, was
crucified, died, and was buried. He descended to the dead.
On the third day he rose again. He ascended into heaven,**

**and is seated at the right hand of the Father.
He will come again to judge the living and the dead.**

**I trust in the Holy Spirit, the holy catholic Church,
the communion of saints, the forgiveness of sins,
the resurrection of the body, and the life everlasting. Amen.**

Prayers of the People

Confession and Absolution

In our time of confession we recognize our need for reconciliation with God and with each other. In response to our need God embraces us and calls us beloved.

Dear friends in Christ,
God is steadfast in love and infinite in mercy;
God welcomes humanity and invites them to this table.
Let us confess our sins, confident in God's forgiveness.

Most merciful God,
**we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbours as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us,
that we may delight in your will,
and walk in your ways,
to the glory of your name. Amen.**

Almighty God have mercy upon you,

pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in eternal life; through Jesus Christ our Lord.
Amen.

The Peace

In the sharing of the Peace we celebrate our reconciliation with God and extend the gift of peace to one another (Matt 5:23-24). We are also reminded that it is in meeting others that we meet Christ.

La paix du Seigneur soit toujours avec vous.
The peace of the Lord be always with you.
And also with you.

Share a sign of peace in church, online or in your home.

We Celebrate the Eucharist

Offering



Thank you for donating to the ministry of St. Albans! You may also make an offering via the collection plate, by e-transfer to donate@stalbanschurch.ca, or through Canada Helps or Paypal through the St. Albans Website - <https://stalbanschurch.ca/donate/>

All Belong Here | The Many; Hannah and Lenora Rand

When you're not sure who you really are
When all you feel is the shape of your scars
And you have more wounds than you can count
Open your eyes, look all around
You aren't alone, this is your home

Come and remember who you are here
Do this to remember who I am

Come and remember you belong here
All belong here

When you don't know how to forgive
When locked doors seem like the only way to live
And you've got more questions than you can count
Open your eyes, look all around
You aren't alone, this is your home

Come and remember who you are here
Come and remember who you are here
Do this to remember who I am
Come and remember you belong here
All belong here

At this table come as you are
Broken and bleeding's ok
At this table eat and be filled
Come and drink in this grace.

Come and remember who you are here
Do this to remember who I am
Come and remember you belong here
All belong here

Prayer over the Gifts

God of mercy and grace,
the eyes of all wait upon you, and you open your hand in blessing.
Fill us with good things at your table, so that we may come to the help of all
in need, through Jesus Christ, our redeemer and Lord.

Amen.

Eucharistic Prayer

May God be with you.

And also with you.

Lift up your hearts.

We lift them up to God.

Let us give thanks to God our Creator.

It is right to give our thanks and praise.

Eternal God, Source of all being,

we give you thanks and praise for your faithful love.

You call us into friendship with you and one another

to be your holy people, a sign of your presence in the world.

When those we trust betray us, unfailingly you remain with us.

When we injure others, you confront us in your love

and call us to the paths of righteousness. You stand with the weak,

and those, broken and alone, whom you have always welcomed home,

making the first last, and the last first.

Therefore we raise our voices with angels and archangels,

forever praising you and singing:

Holy, holy, holy Lord, God of power and might,

Heaven and earth of your glory are full.

Hosanna, hosanna, hosanna in the highest.

Blessed is the One who comes in the name of the Lord. X2

Holy, holy, holy Lord, God of power and might,

Heaven and earth of your glory are full.

Hosanna, hosanna, hosanna in the highest. X2

Blessed are you, O Holy One:

when Hagar was driven into the wilderness

you followed her and gave her hope.

When Joseph was sold into bondage,

you turned malice to your people's good.

When you called Israel out of slavery,

you brought them through the wilderness into the promised land.

When your people were taken into exile you wept with them

by the river of Babylon and carried them home.

Restore us, O God, let your face shine!

At the right time you sent your Anointed One
to stand with the poor, the outcast, and the oppressed.

Jesus touched lepers, and the sick, and healed them.

He accepted water from a woman of Samaria
and offered her the water of new life.

Christ knew the desolation of the cross
and opened the way for all humanity
into the redemption of your reconciling love.

On the night he was betrayed,

Jesus, at supper with his friends, took bread, gave you thanks,

broke the bread, gave it to them, and said, "Take and eat:

this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine, and when he had given thanks,

he gave it to them, and said, "Drink this, all of you:

this is my blood of the new covenant which is shed for you and for many for
the forgiveness of sins. Whenever you drink it,

do this for the remembrance of me."

Loving and Holy One, recalling Christ's death and resurrection, we offer you
these gifts, longing for the bread of tomorrow and the wine of the age to
come. Therefore we proclaim our hope.

Dying you destroyed our death,

rising you restored our life.

Lord Jesus, come in glory.

Pour out your Spirit on these gifts that through them you may sustain
us in our hunger for your peace. We hold before you

all whose lives are marked by suffering, our siblings.

When we are broken and cast aside, embrace us in your love.

Restore us, O God, let your face shine!

Through Christ, with Christ, and in Christ in the unity of the Holy Spirit, all honour and glory are yours, O Source of all life, now and for ever. **Amen.**

The Lord's Prayer

Please feel free to use the language of your choice.

**Our Creator (Father/Mother) in heaven,
hallowed be your name,
Your kingdom come,
your will be done, on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.**

The Breaking of the Bread

We break this bread to share in the body of Christ.

We, being many, are one body, for we all share in the one bread.

The gifts of God for the people of God.

Thanks be to God.

Communion

At St Albans, all are welcome to receive communion or a blessing.

Communion is received in a series of semi-circles at the front of the church.

Please cross your arms over your chest if you would prefer to receive a blessing instead of the bread and/or wine. Please also indicate if you would prefer to receive a rice wafer instead of a wheat wafer.

Shepherd | CityAlight

Though I walk through the valley, and I can't see the way

When the shadows surround me, I will not be afraid
For I know You are with me; You will always provide
Though the path may be lonely, You will stay by my side
I will rest my soul; I'll trust in You alone

For the Lord my Shepherd leads me, leads me
And He is all I need
In the darkest valley I know, I know
My Shepherd is all I need

Lord I know that You seek me when I'm trying to hide
And Your love it pursues me all the days of my life
I will rest my soul; I'll trust in You alone

For the Lord my Shepherd leads me, leads me
And He is all I need
In the darkest valley I know, I know
My Shepherd is all I need

I rest my soul In You alone
You light my way; You lead me on

For the Lord my Shepherd leads me, leads me
And He is all I need
In the darkest valley I know, I know
My Shepherd is all I need

We Are Sent

Prayer after Communion

Let us pray.

We pray silently.

We give you thanks, almighty God,

**that you have refreshed us through the healing power of this gift of life.
In your mercy, strengthen us through this gift,
in faith toward you and in fervent love toward one another;
for the sake of Jesus Christ our Lord. Amen.**

Glory to God,
**whose power, working in us, can do infinitely
more than we can ask or imagine.
Glory to God from generation to generation,
in the Church and in Christ Jesus, for ever and ever.
Amen.**

Community Announcements

Blessing

Be Thou My Vision | Mary E Byrne

Be Thou my vision, O Lord of my heart;
Naught be all else to me, save that Thou art;
Thou my best thought, by day or by night;
Waking or sleeping, Thy presence my light.

Be Thou my wisdom, and Thou my true Word;
I ever with Thee and Thou with me, Lord;
Born of Thy great love, Thy child may I be
Thou in me dwelling, and I one with Thee.

Riches I heed not, nor vain empty praise;
Thou mine inheritance, now and always;
Thou and Thou only, first in my heart;
O King of glory, my treasure Thou art.

High King of heaven, after victories won;
May I reach Heaven's joys, O bright heaven's sun;

Heart of my own heart, whatever befall;
Still be my vision, O Ruler of all

Sending

Go forth into the world, rejoicing in the power of the Spirit.

Thanks be to God.

Thank you for coming to church today – if you have any questions or concerns or comments about the service, we want to hear from you
office@stalbanschurch.ca.

Announcements

St. Albans Staff

The Rev. Michael Garner revmichael@stalbanschurch.ca

Office Hours: Mondays 10am-1pm, Wednesday 9am-12noon

In the event of a pastoral emergency please call Rev. Michael 613-797-9802

Church Administration office@stalbanschurch.ca

St. Albans Wardens

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