

May 7, 2023  
at 10:00 a.m.

# The Booklet

Fifth Sunday of Easter  
A Celebration of Holy Eucharist



*Livestream the service at*

*[www.facebook.com/saintalbans](http://www.facebook.com/saintalbans) or*

*[www.youtube.com/channel/UCdwV9f](http://www.youtube.com/channel/UCdwV9f)*

*[01mc4ymXD16YdNUBA](https://www.youtube.com/watch?v=01mc4ymXD16YdNUBA)*



**ST ALBANS**

*Spirit-Led. Christ-Centred. Contemporary Urban Church*

**[www.stalbanschurch.ca](http://www.stalbanschurch.ca)**

## **Welcome to St Albans Church!**

*We welcome all people, no matter their age, ability, gender, cultural background, sexual orientation, income level or faith tradition to join us as we seek to deepen our relationship with God and each other.*

*Together we're exploring how we are called to serve in the world, right here in downtown Ottawa.*

*During the service, if you are a breastfeeding parent, you are welcome to breastfeed where you are seated or anywhere else in the church, as you feel comfortable.*

*We continue to recommend wearing a mask at all times other than when receiving communion, eating/drinking, or speaking into a microphone.*

*Join us online via livestream at*

*[www.facebook.com/saintalbens](https://www.facebook.com/saintalbens) or*

*[www.youtube.com/channel/UCdwV9f01mc4ymXD16YdNUBA](https://www.youtube.com/channel/UCdwV9f01mc4ymXD16YdNUBA).*

## **About this booklet**

*This booklet is your guide to our worship. You're going to experience and participate in worship*

*through music, prayer, readings, reflections and silence. Every time it's your turn to say or do something, you'll see it here in this booklet (usually in bold). If there are surprises, or you have questions, ask a neighbour.*

## **Participation**

*Our hope is that everyone gathered will feel able participate in our worship this morning. At various points in the service we may suggest certain postures. But please feel free to adopt whatever posture (standing, sitting, kneeling) is appropriate for you at any time. If you would like to do some sketching or writing during the service, you are most welcome – at the back of the church is our Art Cart, stocked with books and art supplies. The books are communal so please date your work, no need to sign it, but the Art Books will become over time an anthology of our collective experience.*

## **Welcome**

## ***Land Acknowledgement***

Dear friends, we gather on traditional Anishinaabe Algonquin territory.

**May we dwell on this land with respect and peace.**

In a spirit of reconciliation, may we always seek to respect the history, spirituality, and culture of First Nations, Metis, and Inuit.

**May we do all in our power to support all efforts to establish an equal presence on this land.**

## ***Greeting***

Alleluia! Christ is risen.

**The Lord is risen indeed. Alleluia!**

May his grace and peace be with you.

**May he fill our hearts with joy.**

## ***The Opening Prayer***

Almighty God,

**to you all hearts are open, all desires known,  
and from you no secrets are hidden.**

**Cleanse the thoughts of our hearts**

**By the inspiration of your Holy Spirit,**

**that we may perfectly love you,**

**and worthily magnify your holy name,  
through Christ our Lord. Amen.**

**Take my Life and Let it Be** | Frances R.  
Havergal

Take my life and let it be  
consecrated, Lord, to thee.

Take my moments and my days;  
let them flow in endless praise,  
let them flow in endless praise.

Take my hands and let them move  
at the impulse of thy love.

Take my feet and let them be  
swift and beautiful for thee,  
swift and beautiful for thee.

Take my voice and let me sing  
always, only, for my King.

Take my lips and let them be  
filled with messages from thee,  
filled with messages from thee.

Take my love; my Lord, I pour  
at thy feet its treasure store.  
Take myself, and I will be  
ever, only, all for thee, ever, only, all for thee.

### ***Collect of the Day***

Let us pray.

*We pray silently.*

Generous God,  
whose life is freely given in Jesus Christ our Lord:  
as you have opened for us your house of many  
rooms,  
so may we make a place for the rejected and  
unloved,  
and share in the work of peace; through Jesus Christ  
the cornerstone.

**Amen.**

### **We Proclaim the Word**

*Each Sunday we read from sections of the Bible: the  
Old Testament, Psalms, New Testament and the*

*Gospel. These same readings will be proclaimed to over a billion Christians around the world today.*

**The First Reading: Acts 7:55-60**

Hear what the Spirit is saying to the Church.

**Thanks be to God.**

**Psalm 31:1-5, 15-16**

In you, O Lord, have I taken refuge; let me never be put to shame;

deliver me in your righteousness.

**Incline your ear to me; make haste to deliver me.**

Be my strong rock, a castle to keep me safe, for you are my crag and my stronghold; for the sake of your name, lead me and guide me.

**Take me out of the net that they have secretly set for me, for you are my tower of strength.**

Into your hands I commend my spirit, for you have redeemed me, O Lord, O God of truth.

**My times are in your hand; rescue me from the hand of my enemies, and from those who persecute me.**



Make your face to shine upon your servant, and in your loving-kindness save me.”

**The Second Reading:** 1 Peter 2:2-10

Hear what the Spirit is saying to the Church.

**Thanks be to God.**

**The Christ in You | The Waterboys**

I'm gonna look twice at you

Until I see the Christ in you

I'm gonna look twice at you

Until I see the Christ in you

When I'm lookin' through the eyes of love x4

**The Gospel:** John 14:1-14

Le Seigneur soit avec vous. The Lord be with you.

**And also with you.**

The Holy Gospel of our Lord Jesus Christ according to John.

**Glory to you, Lord Jesus Christ.**

*The Gospel is read*

The Gospel of Christ  
**Praise to you, Lord Jesus Christ.**

**Homily** | Rev. Michael

*We say the Apostles Creed to affirm  
our faith using words of the ancient  
church*

**I trust in God,  
the Father almighty,  
creator of heaven and earth.**

**I trust in Jesus Christ, his only Son,  
our Lord.  
He was conceived by the power of  
the Holy Spirit  
and born of the Virgin Mary.  
He suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended to the dead.  
On the third day he rose again.**

**He ascended into heaven,  
and is seated at the right hand of  
the Father.**

**He will come again  
to judge the living and the dead.**

**I trust in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.**

### ***Prayers of the People***

#### ***Confession and Absolution***

*In our time of confession we recognize our need for reconciliation with God and with each other. In response to our need God embraces us and calls us beloved.*

Dear friends in Christ,  
God is steadfast in love and infinite in mercy;

God welcomes humanity  
and invites them to this table.  
Let us confess our sins,  
confident in God's forgiveness.

Most merciful God,  
**we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbours as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us,  
that we may delight in your will,  
and walk in your ways,  
to the glory of your name. Amen.**

Almighty God have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,

and keep you in eternal life;  
through Jesus Christ our Lord.  
**Amen.**

### ***The Peace***

*In the sharing of the Peace we celebrate our reconciliation with God and extend the gift of peace to one another (Matt 5:23-24). We are also reminded that it is in meeting others that we meet Christ.*

La paix du Seigneur soit toujours avec vous.

The peace of the Lord be always with you.

**And also with you.**

*Share a sign of peace in church, online or in your home.*

**We Celebrate the Eucharist**

***Offering***

*All that we have is a gift from God. Please consider a donation to St. Albans, via e-transfer to [donate@stalbanschurch.ca](mailto:donate@stalbanschurch.ca), or with a secure credit card donation at [www.stalbanschurch.ca/connect/donations](http://www.stalbanschurch.ca/connect/donations). If you'd prefer to give in person, please place your offering in the plate as it passes by you. To receive an electronic tax receipt, please provide your postal address and email. Thank you! As well, if you would like to be on our mail or email list, or have any other questions or requests, please feel free to place a written note on the offering plate when it is circulated, speak to a fellow congregation member, or send an email to [office@stalbanschurch.ca](mailto:office@stalbanschurch.ca)*

## **Behold | The Mission House**

The empty filled, the wounded healed

The broken back together

The poor are blessed, the weary rest

We will dance forever

The blinded see, the chained are free

The doubtful now believer

The outcast known, the orphan home  
You are my Redeemer

Behold, behold  
Behold what love can do  
Behold, behold  
He's making all things new

The lost return, the voiceless heard  
The mourner now rejoicing  
The mountains shake, the world awake  
Creation all composing  
The sad untrue, the earth renewed  
The song has found its singer  
The darkness light, the dead alive  
You are my Redeemer  
Behold, behold  
Behold what love can do  
Behold, behold  
He's making all things new

We've been struck down, we're not destroyed  
We've sown in tears, we'll reap in joy

We've been struck down, we're not destroyed  
We've sown in tears, we'll reap in joy  
My eyes are open  
Behold, behold

Behold (behold), behold (behold)  
Behold what love can do  
Behold (behold), behold (behold)  
He's making all things new  
Behold (behold), behold (behold)  
Behold what love can do  
Behold (behold), behold (behold)  
He's making all things new  
He's making all things new  
He's making all things new

### ***Prayer over the Gifts***

Gracious God,  
you show us your way and give us your divine life.  
May everything we do be directed by the knowledge  
of your truth.

We ask this in the name of Jesus Christ the risen  
Lord. **Amen.**



## ***Eucharistic Prayer***

May God be with you.

**And also with you.**

Lift up your hearts.

**We lift them up to God.**

Let us give thanks to God our Creator.

**It is right to give our thanks and praise.**

Holy God, Lover of creation,  
we give you thanks and praise for in the ocean of  
your steadfast love you bear us and place the song of  
your Spirit in our hearts.

When we turn from your love and defile the earth,  
you do not abandon us.

Your Spirit speaks through Huldah and Micah,  
through prophets, sages, and saints in every age, to  
confront our sin and reveal the vision of your new  
creation. Joining in the song of the universe we  
proclaim your glory singing:

**Holy, holy, holy Lord, God of power and might,  
Heaven and earth of your glory are full.**

**Hosanna, hosanna, hosanna in the highest.  
Blessed is the One who comes in the name of the  
Lord. X2**

**Holy, holy, holy Lord, God of power and might,  
Heaven and earth of your glory are full.  
Hosanna, hosanna, hosanna in the highest. X2**

Gracious God, in the fullness of time you sent Jesus the Christ to share our fragile humanity. Through Jesus' life, death, and resurrection you open the path from brokenness to health, from fear to trust, from pride and conceit to reverence for you.

Rejected by a world that could not bear the Gospel of life,  
Jesus knew death was near. His head anointed for burial  
by an unknown woman, Jesus gathered together those who loved him. He took bread, gave thanks to you, broke it and gave it to his friends, saying, "Take and eat: this is my body which is given for you.

Do this for the remembrance of me.” After supper, Jesus took the cup of wine, gave you thanks, and said “Drink this all of you, this is my blood of the new covenant which is shed for you and for many. Whenever you drink it, do this for the remembrance of me.”

And now we gather at this table in response to his commandment, to share the bread and cup of Christ’s undying love, and to proclaim our faith. **Christ has died. Christ is risen. Christ will come again.**

Breathe your Holy Spirit, the wisdom of the universe, upon these gifts that we bring to you: this bread, this cup, ourselves, our souls and bodies, that we may be signs of your love for all the world and ministers of your transforming purpose. Through Christ, with Christ, and in Christ, in the unity of the Holy Spirit, all glory is yours, Creator of all, and we bless your holy name for ever.  
**Amen.**

## *The Lord's Prayer*

*Please feel free to use the language of your choice.*

**Our Creator (Father/Mother)**

**in heaven,**

**hallowed be your name,**

**Your kingdom come,**

**your will be done, on earth as in**

**heaven.**

**Give us today our daily bread.**

**Forgive us our sins**

**as we forgive those who sin against us.**

**Save us from the time of trial**

**and deliver us from evil.**

**For the kingdom, the power,**

**and the glory are yours,**

**now and for ever. Amen.**

## *The Breaking of the Bread*

Lord, we died with you on the cross.

**Now we are raised to new life.**

We were buried in your tomb.

**Now we share in your resurrection.**

Live in us, that we may live in you.

The gifts of God for the people of God.

**Thanks be to God.**

### ***Communion***

*At St Albans, all are welcome to receive communion or a blessing. Communion is received in a series of semi-circles at the front of the church. Please cross your arms over your chest if you would prefer to receive a blessing instead of the bread and/or wine. Please also indicate if you would prefer to receive a rice wafer instead of a wheat wafer.*

### **Eucalyptus | The National**

What about the glass dandelions?

What about the TV screen?

What about the undeveloped camera?

Maybe we should bury these

What about the last of the good ones?

What about the ceiling fans?

What if we moved back to New York?

What about the moon drop light?

You should take it 'Cause I'm not gonna take it  
You should take it I'm only gonna break it  
You should take it 'Cause I'm not gonna take it  
You should take it, you should take it

What about the rainbow eucalyptus?  
What about the instruments?  
What about the Cowboy Junkies?  
What about the Afghan Whigs?  
What about the Mountain Valley Spring?  
What about the ornaments?  
What if I reinvented again?  
What about the moon drop light?

You should take it 'Cause I'm not gonna take it  
You should it take it I'm only gonna break it  
You should take it 'Cause I'm not gonna take it  
You should take it, you should take it  
You should take it 'Cause I'm not gonna take it  
You should take it If I miss it, I'll visit  
You should take it 'Cause I'm not gonna take it  
You should take it, you should take it

I don't want it, I don't care  
I don't want it, it wouldn't be fair  
It'd be so alone without you there  
It wouldn't be fair, it wouldn't be fair  
There's nobody home, I'm already there It wouldn't  
be fair

You should take it 'Cause I'm not gonna take it  
You should take it I'm only gonna break it

You should take it 'Cause I'm not gonna take it  
You should take it, you should take it,

You should take it 'Cause I'm not gonna take it  
You should take it, If I miss it, I'll visit  
You should take it 'Cause I'm not gonna take it  
You should take it It wouldn't be fair  
It'd be so alone without you there  
It wouldn't be fair, it wouldn't be fair  
There's nobody home, I'm already there  
It wouldn't be fair

## **We Are Sent**

### ***Prayer after Communion***

Let us pray.

*We pray silently.*

**God of love,**

**in this eucharist we have heard your truth and shared in your life.**

**May we always walk in your way, in the name of Jesus Christ the Lord. Amen.**

Glory to God,

**whose power, working in us, can do infinitely more than we can ask or imagine.**

**Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.**

### ***Community Announcements***

### ***Blessing***



## **Let Nothing Disturb | St. Theresa of Avila**

(arr. J.Churchill)

Let nothing disturb you  
Let nothing dismay you  
All things shall pass  
But love never changes  
Whoever finds God  
Finds they lack nothing  
God alone suffices.

### ***Sending***

Go forth into the world, rejoicing in the power of the Spirit.

**Thanks be to God. Alleluia**

### **Announcements**

**Save the Date!** On June 17<sup>th</sup> the parish will be holding a fundraising event/parish celebration. Likely in the later afternoon and evening. More information to coming next week.

**Music Playlists** – Do you ever want to listen to St. Albans music during the week? If so check out these play lists.

Spotify playlist

<https://open.spotify.com/playlist/3yxG4CY4WzXxFSeiBjqlvV?si=J0QSBjvfT4eo5KujbyhhUQ>

Apple music playlist

<https://music.apple.com/ca/playlist/st-albans-music/pl.u-9N9LXvdTAVJmN>

## **St. Albans Staff**

The Rev. Michael Garner

revmichael@stalbanschurch.ca

Office Hours: Mondays 10am-1pm, Wednesday  
9am-12noon

In the event of a pastoral emergency please call Rev.  
Michael 613-797-9802

Church Administration [office@stalbanschurch.ca](mailto:office@stalbanschurch.ca)

## **St. Albans Wardens**

Michelle Sorenson, Warden -

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Robyn Sulkko, Warden - robynsulkko@hotmail.com

Leah Seabrook, Deputy Warden -

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