

May 28, 2023
at 10:00 a.m.

The Booklet

Pentecost
A Celebration of Holy Eucharist



Livestream the service at

www.facebook.com/saintalbans or

www.youtube.com/channel/UCdwV9f

[01mc4ymXD16YdNUBA](https://www.youtube.com/watch?v=01mc4ymXD16YdNUBA)



ST ALBANS

Spirit-Led. Christ-Centred. Contemporary Urban Church

www.stalbanschurch.ca

Welcome to St Albans Church!

We welcome all people, no matter their age, ability, gender, cultural background, sexual orientation, income level or faith tradition to join us as we seek to deepen our relationship with God and each other.

Together we're exploring how we are called to serve in the world, right here in downtown Ottawa.

During the service, if you are a breastfeeding parent, you are welcome to breastfeed where you are seated or anywhere else in the church, as you feel comfortable.

We continue to recommend wearing a mask at all times other than when receiving communion, eating/drinking, or speaking into a microphone.

Join us online via livestream at

www.facebook.com/saintalbens or

www.youtube.com/channel/UCdwV9f01mc4ymXD16YdNUBA.

About this booklet

This booklet is your guide to our worship. You're going to experience and participate in worship

through music, prayer, readings, reflections and silence. Every time it's your turn to say or do something, you'll see it here in this booklet (usually in bold). If there are surprises, or you have questions, ask a neighbour.

Participation

Our hope is that everyone gathered will feel able participate in our worship this morning. At various points in the service we may suggest certain postures. But please feel free to adopt whatever posture (standing, sitting, kneeling) is appropriate for you at any time. If you would like to do some sketching or writing during the service, you are most welcome – at the back of the church is our Art Cart, stocked with books and art supplies. The books are communal so please date your work, no need to sign it, but the Art Books will become over time an anthology of our collective experience.

Welcome

Land Acknowledgement

Dear friends, we gather on traditional Anishinaabe Algonquin territory.

May we dwell on this land with respect and peace.

In a spirit of reconciliation, may we always seek to respect the history, spirituality, and culture of First Nations, Metis, and Inuit.

May we do all in our power to support all efforts to establish an equal presence on this land.

Greeting

Alleluia! Christ is risen.

The Lord is risen indeed. Alleluia!

May his grace and peace be with you.

May he fill our hearts with joy.

The Opening Prayer

Almighty God,

**to you all hearts are open, all desires known,
and from you no secrets are hidden.**

Cleanse the thoughts of our hearts

By the inspiration of your Holy Spirit,

that we may perfectly love you,

**and worthily magnify your holy name,
through Christ our Lord. Amen.**

Glory of Jah | Sinéad O'Connor

There is no holy one like you

You install kings and take them down

Truly there is no one beside you

You made all of creation with wisdom

May the glory of Jah endure forever

The boughs of the mighty are broken

And the weak are clothed with strength

There is the sea, vast and wide

With all its creatures beyond number

There go the ships, they all look to you

You lift up the poor into a place of honour

May the glory of Jah endure forever

The boughs of the mighty are broken

And the weak are clothed with strength

The Lord makes poor and he makes rich

The pillars of the earth belong to him
And he has set his world upon them
To raise us up from the dunghill

May the glory of Jah endure forever
The boughs of the mighty are broken
And the weak are clothed with strength

Collect of the Day

Let us pray.

We pray silently.

God of wind and flame,
send your life-giving Spirit upon your people: give
fire to our words,
strength to our witness and boldness to our
proclamation
of your wondrous work in Christ;
who, with you and the Spirit, lives and reigns now
and for ever.

Amen.

We Proclaim the Word

Each Sunday we read from sections of the Bible: the Old Testament, Psalms, New Testament and the Gospel. These same readings will be proclaimed to over a billion Christians around the world today.

The First Reading: Acts 2:1-21

Hear what the Spirit is saying to the Church.

Thanks be to God.

Psalm 104:25-35

Yonder is the great and wide sea with its living things too many to number, creatures both small and great.

There move the ships, and there is that Leviathan, which you have made for the sport of it.

All of them look to you to give them their food in due season.

You give it to them; they gather it; you open your hand, and they are filled with good things.

You hide your face, and they are terrified; you take away their breath, and they die and return to their dust.

**You send forth your Spirit, and they are created;
and so you renew the face of the earth.**

May your glory, O Lord, endure for ever; may you
rejoice in all your works;

**you look at the earth and it trembles; you touch
the mountains and they smoke.**

I will sing to the Lord as long as I live; I will praise
my God while I have my being.

**May these words of mine please you; I will rejoice
in the Lord.**

Let sinners be consumed out of the earth, and the
wicked be no more. Bless the Lord, O my soul.

Hallelujah!

The Second Reading: 1 Corinthians 12:3b-13

Hear what the Spirit is saying to the Church.

Thanks be to God.

Sonnet | The Verve

My friend and me

Looking through her red box of memories

Faded I'm sure

But love seems to stick in her veins you know

Yes, there's love if you want it
Don't sound like no sonnet, my lord
Yes, there's love if you want it
Don't sound like no sonnet, my lord, my lord

Why can't you see
That nature has its way of warning me
Eyes open wide
Looking at the heavens with a tear in my eye

Yes, there's love if you want it
Don't sound like no sonnet, my lord
Yes, there's love if you want it
Don't sound like no sonnet, my lord, my lord

Sinking faster than a boat without a hull
My lord
Dreaming about the day when I can see you
there
My side, By my side

Here we go again and my head is gone, my
lord

I stop to say hello

'Cause I think you should know, by now

By now, By now

Yes, there's love if you want it

Don't sound like no sonnet, my lord

Yes, there's love if you want it

Don't sound like no sonnet, my lord, my lord

The Gospel: John 20:19-23

Le Seigneur soit avec vous. The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ according to
John.

Glory to you, Lord Jesus Christ.

The Gospel is read

The Gospel of Christ

Praise to you, Lord Jesus Christ.

Homily | Rev. Michael

*We say the Nicene Creed to affirm
our faith using words of the ancient
church*

**We trust in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We trust in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God, begotten, not made,
of one being with the Father.**

Through him all things were made.

For us and for our salvation

he came down from heaven:

by the power of the Holy Spirit

he became incarnate from the Virgin Mary,

and was made man.

**For our sake he was crucified
under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.**

**We trust in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father.
With the Father and the Son (s)he is worshipped
and glorified.
(S)He has spoken through the prophets.**

**We believe in one holy catholic and apostolic
Church.**

**We acknowledge one baptism for the forgiveness
of sins.**

We look for the resurrection of the dead,

and the life of the world to come. Amen.

Prayers of the People

Confession and Absolution

In our time of confession we recognize our need for reconciliation with God and with each other. In response to our need God embraces us and calls us beloved.

Dear friends in Christ,
God is steadfast in love and infinite in mercy;
God welcomes humanity and invites them to this table.

Let us confess our sins, confident in God's forgiveness.

Most merciful God,
**we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;**

**we have not loved our neighbours as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us,
that we may delight in your will,
and walk in your ways,
to the glory of your name. Amen.**

Almighty God have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in eternal life;
through Jesus Christ our Lord.
Amen.

The Peace

In the sharing of the Peace we celebrate our reconciliation with God and extend the gift of peace to one another (Matt 5:23-24). We are also reminded that it is in meeting others that we meet Christ.

La paix du Seigneur soit toujours avec

vous.

The peace of the Lord be always with you.

And also with you.

Share a sign of peace in church, online or in your home.

We Celebrate the Eucharist

Offering

All that we have is a gift from God. Please consider a donation to

St. Albans, via e-transfer to

donate@stalbanschurch.ca, or with a secure credit card donation at

www.stalbanschurch.ca/connect/donations. If you'd prefer to give in person, please place your offering in the plate as it passes by you. To receive an electronic tax receipt, please provide your postal address and email. Thank you! As well, if you would like to be on our mail or email list, or have any other questions or requests, please feel free to place a written note on

the offering plate when it is circulated, speak to a fellow congregation member, or send an email to office@stalbanschurch.ca

One | U2

Is it getting better?

Or do you feel the same?

Will it make it easier on you now?

You got someone to blame

You say, one love, one life

When it's one need in the night

One love, we get to share it

Leaves you baby if you don't care for it

Did I disappoint you?

Or leave a bad taste in your mouth?

You act like you never had love

And you want me to go without

Well it's too late tonight

To drag the past out into the light

We're one but we're not the same

We get to carry each other, carry each other

One!

Have you come here for forgiveness?
Have you come to raise the dead?
Have you come here to play Jesus?
To the lepers in your head

Did I ask too much? More than a lot
You gave me nothin' now it's all I got
We're one but we're not the same
Well we hurt each other then we do it again
You say love is a temple, love a higher law
Love is a temple, love the higher law
You ask me to enter but then you make me
crawl
And I can't be holdin' on to what you got
When all you got is hurt

One love, one blood
One life, you got to do what you should
One life, with each other
Sisters, brothers
One life but we're not the same
We get to carry each other, carry each other

One

Prayer over the Gifts

Giver of life,

receive all we offer you this day.

Let the Spirit you bestow on your Church continue to
work in the world

through the hearts of all who believe.

We ask this in the name of Jesus Christ the Lord.

Amen.

Eucharistic Prayer

May God be with you.

And also with you.

Lift up your hearts.

We lift them up to God.

Let us give thanks to God our Creator.

It is right to give our thanks and praise.

Blessed are you, gracious God,
creator of heaven and earth;

we give you thanks and praise through Jesus Christ
our Lord.

In fulfilment of your promise you pour forth your Spirit upon us,
filling us with gifts and leading us into all truth.

You give us power to proclaim your gospel to all nations

and to serve you as a royal priesthood.

Therefore we join our voices with angels and archangels, and with all those in whom the Spirit dwells, to proclaim the glory of your name.

**Holy, holy, holy Lord, God of power and might,
Heaven and earth of your glory are full.**

Hosanna, hosanna, hosanna in the highest.

Blessed is the One who comes in the name of the Lord. X2

**Holy, holy, holy Lord, God of power and might,
Heaven and earth of your glory are full.**

Hosanna, hosanna, hosanna in the highest. X2

We give thanks to you, Lord our God,
for the goodness and love
you have made known to us in creation;

in calling Israel to be your people;
in your Word spoken through the prophets;
and above all in the Word made flesh, Jesus your
Son.

For in these last days you sent him to be incarnate
from the Virgin Mary,
to be the Saviour and Redeemer of the world.
In him, you have delivered us from evil,
and made us worthy to stand before you.
In him, you have brought us out of error into truth,
out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and
death,
a death he freely accepted, our Lord Jesus Christ
took bread;
and when he had given thanks to you,
he broke it, and gave it to his disciples,
and said, " Take, eat:
this is my body which is given for you.
Do this for the remembrance of me."
After supper he took the cup of wine;

and when he had given thanks,
he gave it to them, and said,
“Drink this, all of you: this is my blood of the new
covenant,
which is shed for you and for many for the
forgiveness of sins.
Whenever you drink it, do this for the remembrance
of me.”

Therefore, Father, according to his command,
we remember his death,
we proclaim his resurrection,
we await his coming in glory;

and we offer our sacrifice of praise and thanksgiving
to you, Lord of all;
presenting to you, from your creation,
this bread and this wine.

We pray you, gracious God, to send your Holy Spirit
upon these gifts,
that they may be the sacrament of the body of Christ
and his blood of the new covenant.
Unite us to your Son in his sacrifice,

that we, made acceptable in him,
may be sanctified by the Holy Spirit.

In the fullness of time,
reconcile all things in Christ,
and make them new,
and bring us to that city of light
where you dwell with all your children;
through Jesus Christ our Lord,
the firstborn of all creation,
the head of the Church,
and the author of our salvation;
by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory are yours,
almighty God, now and for ever.

Amen

The Lord's Prayer

Please feel free to use the language of your choice.

Our Creator (Father/Mother)

in heaven,

hallowed be your name,

**Your kingdom come,
your will be done, on earth as in
heaven.**

Give us today our daily bread.

**Forgive us our sins
as we forgive those who sin against us.**

**Save us from the time of trial
and deliver us from evil.**

**For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.**

The Breaking of the Bread

Lord, we died with you on the cross.

Now we are raised to new life.

We were buried in your tomb.

Now we share in your resurrection.

Live in us, that we may live in you.

The gifts of God for the people of God.

Thanks be to God.

Communion

At St Albans, all are welcome to receive communion or a blessing. Communion is received in a series of semi-circles at the front of the church. Please cross your arms over your chest if you would prefer to receive a blessing instead of the bread and/or wine. Please also indicate if you would prefer to receive a rice wafer instead of a wheat wafer.

Every Grain of Sand | Bob Dylan

In the time of my confession
In the hour of my deepest need
When the pool of tears beneath my feet
Flood every newborn seed
There's a dyin' voice within me
Reaching out somewhere
Toiling in the danger
And in the morals of despair

Don't have the inclination
To look back on any mistake
Like Cain I now behold
This chain of events that I must break
In the fury of the moment

I can see the Master's hand
In every leaf that trembles
And in every grain of sand

Oh, the flowers of indulgence
And the weeds of yesteryear
Like criminals they have choked the breath
Of conscience and good cheer
The sun beat down upon the steps
Of time to light the way
To ease the pain of idleness
And the memory of decay

I gaze into the doorway
Of temptation's angry flame
And every time I pass that way
I always hear my name
Then onward in my journey
I come to understand
That every hair is numbered
Like every grain of sand

I have gone from rags to riches

In the sorrow of the night
In the violence of a summer's dream
In the chill of a wintry light
In the bitter dance of loneliness
Fading into space
In the broken mirror of innocence
On each forgotten face

I hear the ancient footsteps
Like the motion of the sea
Sometimes I turn
There's someone there
Other times it's only me
I am hanging in the balance
Of a perfect finished plan
Like every sparrow falling
Like every grain of sand

We Are Sent

Prayer after Communion

Let us pray.

We pray silently.

**Creator,
may we who have received this eucharist
live in the unity of your Holy Spirit,
that we may show forth his gifts to all the world.
We ask this in the name of Jesus Christ our Lord.
Amen.**

**Glory to God,
whose power, working in us, can
do infinitely more than we can
ask or imagine.
Glory to God from generation to generation,
in the Church and in Christ Jesus, for ever and ever.
Amen.**

Community Announcements

Blessing

All Creatures of Our God and King |

Hayes/Draper

All creatures of our God and king

Lift up your voices and with us sing
Alleluia, alleluia
Bright burning sun and golden beam
Pale silver moon with softer gleam
Alleluia, alleluia, alleluia, alleluia, alleluia,

Great rushing winds and breezes soft
You clouds that ride the heavens aloft
O sing now, alleluia
Fair rising morn in praise rejoice
You light of evening find a voice
Alleluia, alleluia, alleluia, alleluia, alleluia

Swift flowing water pure and clear
Make music for your Lord to hear
Alleluia, alleluia
Thou fire so masterful and bright
That gives to man both warmth and light
Alleluia, alleluia, alleluia, alleluia, alleluia.

Let all things their creator bless
And worship God in humbleness
O sing now, alleluia

Praise God the Father, praise the Son
And Praise the Spirit three in one
Alleluia, alleluia, alleluia, alleluia

Sending

Go forth into the world, rejoicing in the power of the Spirit.

Thanks be to God. Alleluia

Announcements

Building for the Future - You are invited to join us on June 17th to fundraise for the masonry project and to celebrate all the hard work that has contributed to its success. Doors will open at 4:15, tours of St Albans and Centre 454 will begin at 4:30, and the event will begin at 5. We will hear from speakers about the importance of this masonry project, listen to Sarah and other St Albans musicians, enjoy some food and drinks, and reach our fundraising goal to support the masonry project!

Parish Meal and Cleaning – Join us on May 30th for a simple meal at the church – 630pm. And then we will

spend a couple of hours cleaning the space with the interior work being complete.

St. Albans Staff

The Rev. Michael Garner

revmichael@stalbanschurch.ca

Office Hours: Mondays 10am-1pm, Wednesday
9am-12noon

In the event of a pastoral emergency please call Rev.
Michael 613-797-9802

Church Administration office@stalbanschurch.ca

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