

May 14, 2023  
at 10:00 a.m.

# The Booklet

Sixth Sunday of Easter  
A Celebration of Holy Eucharist

*Livestream the service at*  
[www.facebook.com/saintalbans](https://www.facebook.com/saintalbans) or

[www.youtube.com/channel/UCdwV9f01mc4ymXD16YdNUBA](https://www.youtube.com/channel/UCdwV9f01mc4ymXD16YdNUBA)



**ST ALBANS**

*Spirit-Led. Christ-Centred. Contemporary Urban Church*

[www.stalbanschurch.ca](http://www.stalbanschurch.ca)

## **Welcome to St Albans Church!**

*We welcome all people, no matter their age, ability, gender, cultural background, sexual orientation, income level or faith tradition to join us as we seek to deepen our relationship with God and each other. Together we're exploring how we are called to serve in the world, right here in downtown Ottawa.*

*During the service, if you are a breastfeeding parent, you are welcome to breastfeed where you are seated or anywhere else in the church, as you feel comfortable.*

*We continue to recommend wearing a mask at all times other than when receiving communion, eating/drinking, or speaking into a microphone.*

*Join us online via livestream at [www.facebook.com/saintalbens](https://www.facebook.com/saintalbens) or [www.youtube.com/channel/UCdwV9f01mc4ymXD16YdNUBA](https://www.youtube.com/channel/UCdwV9f01mc4ymXD16YdNUBA).*

## **About this booklet**

*This booklet is your guide to our worship. You're going to experience and participate in worship through music, prayer, readings, reflections and silence. Every time it's your turn to say or do something, you'll see it here in this booklet (usually in bold). If there are surprises, or you have questions, ask a neighbour.*

## **Participation**

*Our hope is that everyone gathered will feel able participate in our worship this morning. At various points in the service we may suggest certain postures. But please feel free to adopt whatever posture (standing, sitting, kneeling) is appropriate for you at any time. If you would like to do some sketching or writing during the service, you are most welcome – at the back of the church is our Art Cart, stocked with books and art supplies. The books are communal so please date your work, no need to sign it, but the Art Books will become over time an anthology of our collective experience.*

## *Welcome*

### *Land Acknowledgement*

Dear friends, we gather on traditional Anishinaabe Algonquin territory.

**May we dwell on this land with respect and peace.**

In a spirit of reconciliation, may we always seek to respect the history, spirituality, and culture of First Nations, Metis, and Inuit.

**May we do all in our power to support all efforts to establish an equal presence on this land.**

### *Greeting*

Alleluia! Christ is risen.

**The Lord is risen indeed. Alleluia!**

May his grace and peace be with you.

**May he fill our hearts with joy.**

### *The Opening Prayer*

Almighty God,

**to you all hearts are open, all desires known,  
and from you no secrets are hidden.**

**Cleanse the thoughts of our hearts**

**By the inspiration of your Holy Spirit,**

**that we may perfectly love you,**

**and worthily magnify your holy name,**

**through Christ our Lord. Amen.**

### **For the Beauty of the Earth | Folliott Sandford Pierpoint**

For the beauty of the earth,

For the glory of the skies,

For the love which from our birth

Over and around us lies.

Lord of all, to thee we raise

This, our hymn of grateful praise.

For the wonder of each hour  
Of the day and of the night,  
Hill and vale and tree and flower,  
Sun and moon and stars of light,  
Lord of all, to thee we raise  
This, our hymn of grateful praise

For each perfect gift of Thine,  
To our world so freely given,  
Graces human and divine,  
Peace on earth and joy in heaven.  
Lord of all, to thee we raise  
This, our hymn of grateful praise

### ***Collect of the Day***

Let us pray.

*We pray silently.*

Three-fold God of love,  
you invite us to abide in you.  
May we follow the Spirit of truth,  
so that through us your commanding love may speak to the heart of the  
world; through Jesus Christ our Lord. **Amen.**

### **We Proclaim the Word**

*Each Sunday we read from sections of the Bible: the Old Testament, Psalms, New Testament and the Gospel. These same readings will be proclaimed to over a billion Christians around the world today.*

**The First Reading:** Acts 17:22-31

Hear what the Spirit is saying to the Church.

**Thanks be to God.**

## **Psalm 66:7-18**

In your might you rule for ever; your eyes keep watch over the nations;  
let no rebel rise up against you.

**Bless our God, you peoples; make the voice of God's praise to be heard;**  
who holds our souls in life, and will not allow our feet to slip.

**For you, O God, have proved us; you have tried us just as silver is tried.**  
You brought us into the snare; you laid heavy burdens upon our backs.  
**You let enemies ride over our heads we went through fire and water;**  
**but you brought us out into a place of refreshment.**

I will enter your house with burnt-offerings and will pay you my vows,  
**which I promised with my lips and spoke with my mouth when I was in**  
**trouble.**

I will offer you sacrifices of fat beasts with the smoke of rams;  
I will give you oxen and goats.

**Come and listen, all you who fear God, and I will tell you what the Lord**  
**has done for me,**

The One to whom I called out with my mouth  
and whose praise was on my tongue.

**If I had found evil in my heart, the Lord would not have heard me;**

## **The Second Reading: 1 Peter 3:13-22**

Hear what the Spirit is saying to the Church.

**Thanks be to God.**

## **You Say | Lauren Daigle**

I keep fighting voices in my mind that say I'm not enough  
Every single lie that tells me I will never measure up  
Am I more than just the sum of every high and every low  
Remind me once again just who I am because I need to know

*Chorus:* You say I am loved when I can't feel a thing  
You say I am strong when I think I am weak  
And you say I am held when I am falling short  
And when I don't belong, oh You say I am Yours

And I believe, Oh, I believe what You say of me

The only thing that matters now is everything You think of me  
In You I find my worth, in You I find my identity

*Chorus*

Taking all I have, and now I'm laying it at Your feet  
You have every failure, God, You have every victory

*Chorus*

**The Gospel:** John 14:15-21

Le Seigneur soit avec vous. The Lord be with you.

**And also with you.**

The Holy Gospel of our Lord Jesus Christ according to John.

**Glory to you, Lord Jesus Christ.**

*The Gospel is read*

The Gospel of Christ

**Praise to you, Lord Jesus Christ.**

**Homily** | Rev. Michael

*We say the Apostles Creed to affirm our faith using  
words of the ancient church*

**I trust in God,  
the Father almighty,  
creator of heaven and earth.**

**I trust in Jesus Christ, his only Son, our Lord.  
He was conceived by the power of the Holy Spirit**

**and born of the Virgin Mary.  
He suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended to the dead.  
On the third day he rose again.  
He ascended into heaven,  
and is seated at the right hand of the Father.  
He will come again  
to judge the living and the dead.**

**I trust in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.**

### ***Prayers of the People***

#### ***Confession and Absolution***

*In our time of confession we recognize our need for reconciliation with God and with each other. In response to our need God embraces us and calls us beloved.*

Dear friends in Christ,  
God is steadfast in love and infinite in mercy;  
God welcomes humanity  
and invites them to this table.  
Let us confess our sins,  
confident in God's forgiveness.

Most merciful God,  
**we confess that we have sinned against you**

**in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbours as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us,  
that we may delight in your will,  
and walk in your ways,  
to the glory of your name. Amen.**

Almighty God have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in eternal life;  
through Jesus Christ our Lord.  
**Amen.**

### ***The Peace***

*In the sharing of the Peace we celebrate our reconciliation with God and extend the gift of peace to one another (Matt 5:23-24). We are also reminded that it is in meeting others that we meet Christ.*

La paix du Seigneur soit toujours avec vous.  
The peace of the Lord be always with you.  
**And also with you.**

*Share a sign of peace in church, online or in your home.*

### **We Celebrate the Eucharist**

#### ***Offering***

*All that we have is a gift from God. Please consider a donation to*



*St. Albans, via e-transfer to [donate@stalbanschurch.ca](mailto:donate@stalbanschurch.ca), or with a secure credit card donation at [www.stalbanschurch.ca/connect/donations](http://www.stalbanschurch.ca/connect/donations). If you'd prefer to give in person, please place your offering in the plate as it passes by you. To receive an electronic tax receipt, please provide your postal address and email. Thank you! As well, if you would like to be on our mail or email list, or have any other questions or requests, please feel free to place a written note on the offering plate when it is circulated, speak to a fellow congregation member, or send an email to [office@stalbanschurch.ca](mailto:office@stalbanschurch.ca)*

## **Shepherd | CityAlight**

Though I walk through the valley and I can't see the way  
When the shadows surround me, I will not be afraid  
For I know You are with me; You will always provide  
Though the path may be lonely, you will stay by my side  
I will rest my soul; I'll trust in You alone

For the Lord my Shepherd leads me, leads me  
And He is all I need  
In the darkest valley I know, I know  
My Shepherd is all I need

Lord I know that You seek me when I'm trying to hide  
And Your love it pursues me all the days of my life  
I will rest my soul; I'll trust in You alone

For the Lord my Shepherd leads me, leads me  
And He is all I need  
In the darkest valley I know, I know  
My Shepherd is all I need

I rest my soul in You alone  
You light my way, You lead me on  
I rest my soul in You alone  
You light my way, You lead me on

For the Lord my Shepherd leads me, leads me  
And He is all I need  
In the darkest valley I know, I know  
My Shepherd is all I need

### ***Prayer over the Gifts***

Blessed are you, O God,  
ruler of heaven and earth. Day by day you shower us with blessings.  
As you have raised us to new life in Christ, give us glad and generous hearts,  
ready to praise you and to respond to those in need,  
through Jesus Christ, our Saviour and Lord. **Amen.**

### ***Eucharistic Prayer***

May God be with you.

**And also with you.**

Lift up your hearts.

**We lift them up to God.**

Let us give thanks to God our Creator.

**It is right to give our thanks and praise.**

Holy God, Lover of creation,  
we give you thanks and praise for in the ocean of your steadfast love you  
bear us and place the song of your Spirit in our hearts.  
When we turn from your love and defile the earth, you do not abandon us.  
Your Spirit speaks through Huldah and Micah, through prophets, sages, and  
saints in every age, to confront our sin and reveal the vision of your new  
creation. Joining in the song of the universe we proclaim your glory singing:

**Holy, holy, holy Lord, God of power and might,**

**Heaven and earth of your glory are full.**

**Hosanna, hosanna, hosanna in the highest.**

**Blessed is the One who comes in the name of the Lord. X2**

**Holy, holy, holy Lord, God of power and might,**

**Heaven and earth of your glory are full.**

**Hosanna, hosanna, hosanna in the highest. X2**

Gracious God, in the fullness of time you sent Jesus the Christ to share our fragile humanity. Through Jesus' life, death, and resurrection you open the path from brokenness to health, from fear to trust, from pride and conceit to reverence for you.

Rejected by a world that could not bear the Gospel of life, Jesus knew death was near. His head anointed for burial by an unknown woman, Jesus gathered together those who loved him. He took bread, gave thanks to you, broke it and gave it to his friends, saying, "Take and eat: this is my body which is given for you. Do this for the remembrance of me." After supper, Jesus took the cup of wine, gave you thanks, and said "Drink this all of you, this is my blood of the new covenant which is shed for you and for many. Whenever you drink it, do this for the remembrance of me."

And now we gather at this table in response to his commandment, to share the bread and cup of Christ's undying love, and to proclaim our faith.

**Christ has died. Christ is risen. Christ will come again.**

Breathe your Holy Spirit, the wisdom of the universe, upon these gifts that we bring to you: this bread, this cup, ourselves, our souls and bodies, that we may be signs of your love for all the world and ministers of your transforming purpose.

Through Christ, with Christ, and in Christ, in the unity of the Holy Spirit, all glory is yours, Creator of all, and we bless your holy name for ever.

**Amen.**

***The Lord's Prayer***

*Please feel free to use the language of your choice.*

**Our Creator (Father/Mother) in heaven,  
hallowed be your name,**

**Your kingdom come,  
your will be done, on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.**

### ***The Breaking of the Bread***

Lord, we died with you on the cross.

**Now we are raised to new life.**

We were buried in your tomb.

**Now we share in your resurrection.**

Live in us, that we may live in you.

The gifts of God for the people of God.

**Thanks be to God.**

### ***Communion***

*At St Albans, all are welcome to receive communion or a blessing.*

*Communion is received in a series of semi-circles at the front of the church.*

*Please cross your arms over your chest if you would prefer to receive a blessing instead of the bread and/or wine. Please also indicate if you would prefer to receive a rice wafer instead of a wheat wafer.*

**All Belong Here | The Many; Hannah and Lenora Rand**

When you're not sure who you really are

When all you feel is the shape of your scars

And you have more wounds than you can count

Open your eyes, look all around

You aren't alone, this is your home

*Chorus:* Come and remember who you are here  
Do this to remember who I am  
Come and remember you belong here  
All belong here

When you don't know how to forgive  
When locked doors seem like the only way to live  
And you've got more questions than you can count  
Open your eyes, look all around  
You aren't alone, this is your home

*Chorus*

At this table come as you are, broken and bleeding's ok  
At this table eat and be filled; come and drink in this grace.

*Chorus*

**We Are Sent**

***Prayer after Communion***

Let us pray.

*We pray silently.*

**Creator,**

**you restored us to life by raising your Son from death.**

**May we who receive this sacrament always be strengthened**

**to do your will, in the name of Jesus Christ the risen Lord. Amen.**

Glory to God,

**whose power, working in us, can do infinitely  
more than we can ask or imagine.**

**Glory to God from generation to generation,**

**in the Church and in Christ Jesus, for ever and ever.  
Amen.**

### ***Community Announcements***

#### ***Blessing***

**Holy, Holy, Holy |** Reginald Heber

Holy, holy, holy! Lord God Almighty

Early in the morning our song shall rise to Thee

Holy, holy, holy! Merciful and mighty

God in three persons, blessed Trinity!

Holy, holy, holy! All the saints adore Thee,

Casting down their golden crown around the glassy sea;

Cherubim and seraphim falling down before Thee

Which wert and art and evermore shall be.

Holy, holy, holy! Though the darkness hide Thee

Though our sinful human gaze Thy glory may not see

Only Thou art holy; there is none beside Thee

Perfect in power, in love and purity

Holy, holy, holy! Lord God Almighty

All Thy works shall praise Thy name in earth and sky and sea

Holy, holy, holy! Merciful and mighty

God in three persons blessed Trinity

#### ***Sending***

Go forth into the world, rejoicing in the power of the Spirit.

**Thanks be to God. Alleluia**

## Announcements

**Save the Date!** On June 17<sup>th</sup> the parish will be holding a fundraising event/parish celebration. Likely in the later afternoon and evening. More information to coming next week.

**Parish Meal** – Join us on May 30<sup>th</sup> for a simple meal at the church – 630pm.

**Quarterly Financial Update** - One of our goals for 2023 is to share a financial update with the parish each quarter. For January-March 2023, our finances were on track with the 2023 budget. Donations made up 23% of total donations budgeted for the year, which is about where we would expect to be at this point in the year (due to increased end of year giving).

	<b>Total 2023 Budget</b>	<b>Jan – Mar 2023 Actuals</b>
<b>Operational Income</b>	<b>\$196,648</b>	<b>\$43,981</b>
<b>Donations (after fees)</b>	<b>\$139,000</b>	<b>\$32,142*</b>
<b>Operational Expenses</b>	<b>\$184,532</b>	<b>\$40,698</b>

\*23% of budget

More information about ways to donate can be found on our website ([stalbanschurch.ca/donate](http://stalbanschurch.ca/donate)).

If you have questions about donations, reach out to our Envelope Secretary, Brian Herron ([brian.david.herron@gmail.com](mailto:brian.david.herron@gmail.com)). For any other financial questions, feel free to contact our Treasurer, Michelle Sorenson ([michelle.rg.sorenson@gmail.com](mailto:michelle.rg.sorenson@gmail.com)).

**Music Playlists** – Do you ever want to listen to St. Albans music during the week? If so check out these play lists.

Spotify playlist

<https://open.spotify.com/playlist/3yxG4CY4WzXxFSeiBjqlvV?si=J0QSBjvfT4e05KujbyhhUQ>

Apple music playlist

<https://music.apple.com/ca/playlist/st-albans-music/pl.u-9N9LXvdTAVJmN>

## **St. Albans Staff**

The Rev. Michael Garner [revmichael@stalbanschurch.ca](mailto:revmichael@stalbanschurch.ca)

Office Hours: Mondays 10am-1pm, Wednesday 9am-12noon

In the event of a pastoral emergency please call Rev. Michael 613-797-9802

Church Administration [office@stalbanschurch.ca](mailto:office@stalbanschurch.ca)

## **St. Albans Wardens**

Michelle Sorenson, Warden - [michelle.rg.sorenson@gmail.com](mailto:michelle.rg.sorenson@gmail.com)

Robyn Sulkko, Warden - [robynsulkko@hotmail.com](mailto:robynsulkko@hotmail.com)

Leah Seabrook, Deputy Warden - [leah.seabrook@gmail.com](mailto:leah.seabrook@gmail.com)

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