

April 7, 2023
at 10:00 a.m.

The Booklet

Good Friday
A Celebration of the Lord's Passion

Livestream the service at
www.facebook.com/saintalbans or

www.youtube.com/channel/UCdwV9f01mc4ymXD16YdNUBA



ST ALBANS

Spirit-Led. Christ-Centred. Contemporary Urban Church

www.stalbanschurch.ca

Welcome to St Albans Church!

We welcome all people, no matter their age, ability, gender, cultural background, sexual orientation, income level or faith tradition to join us as we seek to deepen our relationship with God and each other. Together we're exploring how we are called to serve in the world, right here in downtown Ottawa. During the service, if you are a breastfeeding parent, you are welcome to breastfeed where you are seated or anywhere else in the church, as you feel comfortable. We continue to recommend wearing a mask at all times other than when receiving communion, eating/drinking, or speaking into a microphone. Join us online via livestream at www.facebook.com/saintalbens or www.youtube.com/channel/UCdwV9f01mc4ymXD16YdNUBA.

About this booklet

This booklet is your guide to our worship. You're going to experience and participate in worship through music, prayer, readings, reflections and silence. Every time it's your turn to say or do something, you'll see it here in this booklet (usually in bold). If there are surprises, or you have questions, ask a neighbour.

Participation

Our hope is that everyone gathered will feel able participate in our worship this morning. At various points in the service we may suggest certain postures. But please feel free to adopt whatever posture (standing, sitting, kneeling) is appropriate for you at any time. If you would like to do some sketching or writing during the service, you are most welcome – at the back of the church is our Art Cart, stocked with books and art supplies. The books are communal so please date your work, no need to sign it, but the Art Books will become over time an anthology of our collective experience.

Welcome

Land Acknowledgement

Dear friends, we gather on traditional Anishinaabe Algonquin territory.
May we dwell on this land with respect and peace.

In a spirit of reconciliation, may we always seek to respect the history, spirituality, and culture of First Nations, Metis, and Inuit.

May we do all in our power to support all efforts to establish an equal presence on this land.

The Ministry of the Word

All we like sheep have gone astray;
we have turned every one to his own way,
**And the Lord has laid on him
the iniquity of us all.**

Christ the Lord became obedient unto death,
Even death on a cross.

Silence is kept.

Almighty and all vulnerable God,
**we have sinned
in thought and word and deed;
we have not loved you with our whole heart;
we have not loved our neighbours as ourselves.
We pray you of your mercy,
forgive us all that is past,
and grant that we may serve you
in newness of life
to the glory of your name. Amen.**

Abide with Me | William Monk

Abide with me, fast falls the eventide
The darkness deepens Lord, with me abide
When other helpers fail and comforts flee
Help of the helpless, oh, abide with me
Swift to its close ebbs out life's little day
Earth's joys grow dim, its glories pass away
Change and decay in all around I see

O Thou who changest not, abide with me
I fear no foe, with Thee at hand to bless
Ills have no weight, and tears no bitterness
Where is death's sting?
Where, grave, thy victory?
I triumph still, if Thou abide with me
Hold Thou Thy cross before my closing eyes
Shine through the gloom and point me to the skies
Heaven's morning breaks, and earth's vain shadows flee
In life, in death, o Lord, abide with me
Abide with me, abide with me

The Collect of the Day

The Lord be with you.

And also with you.

Let us pray.

O Holy and Immortal One,
hear us as we pray through Jesus, our high priest: heal all our divisions,
reconcile all who are estranged,
console all who suffer,
and finally raise up to new life
all that is bound by death. **Amen.**

The First Reading: Isaiah 53:13-52:12

Hear what the Spirit is saying to the Church.

Thanks be to God.

Psalm 22

My God, my God, why have you forsaken me and are so far from my cry
and from the words of my distress?

**O my God, I cry in the daytime, but you do not answer; by night as well,
but I find no rest.**

Yet you are the Holy One, enthroned upon the praises of Israel.

Our ancestors put their trust in you; they trusted, and you delivered them.

They cried out to you and were delivered; they trusted in you and were not put to shame.

But as for me, I am a worm and not human, scorned by all and despised by the people.

All who see me laugh me to scorn; they curl their lips and wag their heads, saying,

“You trusted in the Lord; let the Lord deliver you; let God rescue you, if God delights in you.”

Yet you are the one who took me out of the womb, and kept me safe upon my mother’s breast.

I have been entrusted to you ever since I was born; you were my God when I was still in my mother’s womb.

Be not far from me, for trouble is near, and there is none to help.

Many young bulls encircle me; strong bulls of Bashan surround me.

They open wide their jaws at me, like a ravening and a roaring lion.

I am poured out like water; all my bones are out of joint; my heart within my breast is melting wax.

My mouth is dried out like a potsherd; my tongue sticks to the roof of my mouth; and you have laid me in the dust of the grave.

Packs of dogs close me in and gangs of evildoers circle around me; they pierce my hands and my feet.

I can count all my bones while they stare and gloat over me.

They divide my garments among them; they cast lots for my clothing.

Be not far away, O Lord; you are my strength; hasten to help me.

Save me from the sword, my life from the power of the dog.

Save me from the lion’s mouth, my wretched body from the horns of wild bulls.

I will declare your name to my kindred; in the midst of the congregation I will praise you.

Praise the Lord, you that fear God; stand in awe of God, O offspring of Israel; all you of Jacob’s line, give glory.

For God does not despise nor abhor the poor in their poverty; neither turns away from them; when they cry to the Lord, they are heard.

My praise is of God in the great assembly; I will perform my vows in the presence of those who worship the Lord.

The poor shall eat and be satisfied, and those who seek the Lord shall give praise: "May your heart live for ever!"

All the ends of the earth shall remember and turn to the Lord, and all the families of the nations shall bow before God.

For sovereignty belongs to the Lord, who rules over the nations.

To God alone all who sleep in the earth bow down in worship; all who go down to the dust fall before God.

My soul shall live for God; my descendants shall serve God; they shall be known as the Lord's for ever.

They shall come and make known to a people yet unborn the saving deeds that God has done.

The Second Reading: Hebrews 10:16-25

Hear what the Spirit is saying to the Church.

Thanks be to God.

Lead Me to the Cross | Brooke Fraser

Savior I come

Quiet my soul, remember

Redemption's hill

Where Your blood was spilled

For my ransom

Everything I once held dear

I count it all as lost

Lead me to the cross

Where Your love poured out

Bring me to my knees

Lord I lay me down

Rid me of myself
I belong to You
Oh, lead me, lead me to the cross

You were as I
Tempted and trialed
Human
The word became flesh
Bore my sin and death
Now you're risen

Everything I once held dear
I count it all as lost
Lead me to the cross
Where Your love poured out
Bring me to my knees
Lord I lay me down
Rid me of myself
I belong to You
Oh, lead me, lead me to the cross
Lead me to the cross
Where Your love poured out
Bring me to my knees
Lord I lay me down
Rid me of myself
I belong to You
Oh, lead me, lead me
Lead me to the cross

The Gospel: John 18:1-19:42

The Passion of our Lord Jesus Christ according to John.

The Gospel is read

This is the Passion of the Lord.

Homily | Rev. Michael

The Solemn Intercession

Dear people of God,
our heavenly Father sent his Son into the world,
not to condemn the world, but that the world through him might be saved,
that all who believe in him might be delivered from the power of sin and
death and become heirs with him of eternal life.

Please stand as able

Let us pray for the one holy catholic
and apostolic Church of Christ throughout the world:
for its unity in witness and service, for all bishops and other ministers and
the people whom they serve, for *Shane* our bishop,
and all the people of this diocese, for all Christians in this community, for
those about to be baptized,
that the Lord will confirm his Church in faith, increase it in love,
and preserve it in peace.

Silence

Almighty and everlasting God,
by your Spirit the whole body of your faithful people is governed and
sanctified.

Receive our supplications and prayers which we offer before you
for all members of your holy Church, that in our vocation and ministry
we may truly and devoutly serve you;
through our Lord and Saviour Jesus Christ. **Amen.**

Let us pray for all nations and peoples of the earth, and for those in
authority among them:
for *Justin* the Prime Minister and for the government of this country,
for *Doug* the premier of this province
and the members of the legislature, for *Mark* the mayor of this
municipality and those who serve with him on the city council, for all who

serve the common good, that by God's help they may seek justice and truth, and live in peace and concord.

Silence

Almighty God,

kindle, we pray, in every heart the true love of peace, and guide with your wisdom those who take counsel for the nations of the earth, that justice and peace may increase, until the earth is filled with the knowledge of your love; through Jesus Christ our Lord. **Amen.**

Let us pray for all who suffer and are afflicted in body or in mind: for the hungry and homeless, the destitute and the oppressed, and all who suffer persecution or prejudice, for the sick, the wounded, and the disabled, for those in loneliness, fear, and anguish, for those who face temptation, doubt, and despair, for the sorrowful and bereaved, for prisoners and captives and those in mortal danger, that God in his mercy will comfort and relieve them, and grant them the knowledge of his love, and stir up in us the will and patience to minister to their needs.

Silence

Gracious God,

the comfort of all who sorrow, the strength of all who suffer, hear the cry of those in misery and need. In their afflictions show them your mercy, and give us, we pray, the strength to serve them, for the sake of him who suffered for us, your Son Jesus Christ our Lord. **Amen.**

Let us pray for all who have not received the gospel of Christ: for all who have not heard the words of salvation, for all who have lost their faith, for all whose sin has made them indifferent to Christ, for all who actively oppose Christ by word or deed, for all who are enemies of the cross of Christ, and persecutors of his disciples, for all who in the name of Christ have persecuted others, that God will open their hearts to the truth, and lead them to faith and obedience.

Silence

Merciful God,
creator of the peoples of the earth and lover of souls, have compassion on
all who do not know you as you are revealed in your Son Jesus Christ.
Let your gospel be preached with grace and power to those who have not
heard it, turn the hearts of those who resist it, and bring home to your fold
those who have gone astray; that there may be one flock under one
shepherd, Jesus Christ our Lord. **Amen.**

Let us commit ourselves to God,
and pray for the grace of a holy life, that with all who have departed this
life and have died in the peace of Christ, and those whose faith is known to
God alone, we may be accounted worthy to enter into the fullness of the
joy of our Lord, and receive the crown of life in the day of resurrection.

Silence

O God of unchangeable power and eternal light, look favourably on your
whole Church, that wonderful and sacred mystery. By the effectual working
of your providence, carry out in tranquillity the plan of salvation. Let the
whole world see and know that things which were cast down are being
raised up, and things which had grown old are being made new, and that
all things are being brought to their perfection by him through whom all
things were made,
your Son Jesus Christ our Lord; who lives and reigns with you,
in the unity of the Holy Spirit,
one God, for ever and ever. **Amen.**

Meditation on the Cross of Jesus

This is the wood of the cross,
on which hung the Saviour of the world.

Come let us worship.

When I Survey the Wonderful Cross | Isaac Watts

When I survey the wondrous cross
on which the Prince of glory died,
my richest gain I count but loss,

and pour contempt on all my pride.

Forbid it, Lord, that I should boast
save in the death of Christ, my God!
All the vain things that charm me most,
I sacrifice them through his blood.

See, from his head, his hands, his feet,
sorrow and love flow mingled down.
Did e'er such love and sorrow meet,
or thorns compose so rich a crown?

Were the whole realm of nature mine,
that were a present far too small.
Love so amazing, so divine,
demands my soul, my life, my all.

Is it nothing to you, all you who pass by? Look and see if there is any sorrow like my sorrow which was brought upon me, which the Lord inflicted on the day of his fierce anger.

Holy God, holy and mighty, holy and immortal one, have mercy upon us.

O my people, O my Church, What have I done to you, or in what have I offended you? Testify against me. I led you forth from the land of Egypt, and delivered you by the waters of baptism, but you have prepared a cross for your Saviour.

Holy God, holy and mighty, holy and immortal one, have mercy upon us.

I led you through the desert forty years, and fed you with manna.
I brought you through tribulation and penitence, and gave you my body,
the bread of heaven, but you have prepared a cross for your Saviour.

Holy God, holy and mighty, holy and immortal one, have mercy upon us.

What more could I have done for you that I have not done?

I planted you, my chosen and fairest vineyard,

I made you the branches of my vine;

but when I was thirsty, you gave me vinegar to drink, and pierced with a spear the side of your Saviour.

Holy God, holy and mighty, holy and immortal one, have mercy upon us.

I went before you in a pillar of cloud, and you have led me to the judgement hall of Pilate. I scourged your enemies and brought you

to a land of freedom, but you have scourged, mocked, and beaten me.

I gave you the water of salvation from the rock, but you have given me gall and left me to thirst.

Holy God, holy and mighty, holy and immortal one, have mercy upon us.

I gave you a royal sceptre, and bestowed the keys to the kingdom, but you have given me a crown of thorns. I raised you on high with great power, but you have hanged me on the cross.

Holy God, holy and mighty, holy and immortal one, have mercy upon us.

My peace I gave, which the world cannot give, and washed your feet as a sign of my love, but you draw the sword to strike in my name, and seek high places in my kingdom. I offered you my body and blood, but you scatter and deny and abandon me.

Holy God, holy and mighty, holy and immortal one, have mercy upon us.

I sent the Spirit of truth to guide you, and you close your hearts to the Counsellor. I pray that all may be as one in the Father and me, but you continue to quarrel and divide. I call you to go and bring forth fruit, but you cast lots for my clothing.

Holy God, holy and mighty, holy and immortal one, have mercy upon us.

I grafted you into the tree of my chosen Israel, and you turned on them with persecution and mass murder. I made you joint heirs with them of my covenants, but you made them scapegoats for your own guilt.

Holy God, holy and mighty, holy and immortal one, have mercy upon us.

I came to you as the least of your brothers and sisters; I was hungry and you gave me no food, I was thirsty and you gave me no drink,
I was a stranger and you did not welcome me, naked and you did not clothe me, sick and in prison and you did not visit me.

Holy God, holy and mighty, holy and immortal one, have mercy upon us.

O Saviour of the world, by your cross and precious blood you have redeemed us.

Save us and help us, we humbly beseech you, O Lord.

The Holy Communion

Where Joy and Sorrow Meet | Avalon

There's a place of quiet stillness between the light and shadows reach
Where the hurting and the hopeless seek everlasting peace
Words of men and songs of angels whisper comfort bittersweet
Mending grief and life eternal where joy and sorrow meet

Refrain:

There is a place where hope remains
In crowns of thorns and crimson stains
And tears that fall on Jesus' feet
Where joy and sorrow meet

There's a place the lost surrender and the weary will retreat
Full of grace and mercy tender in times of unbelief
For the wounded there is healing, strength is given to the weak
Broken hearts find love redeeming where joy and sorrow meet

Refrain

There's a place of thirst and hunger where the roots of faith grow deep
And there is rain and rolling thunder when the road is rough and steep
There is hope in desperation there is victory in defeat
At the cross of restoration where joy and sorrow meet

Refrain

Prayer over the Gifts

Holy God,

your Son Jesus Christ carried our sins in his own body on the tree, so that we might have life. May we and all who remember this day find new life in him, now and in the world to come, where he lives with you and the Holy Spirit, for ever and ever.

Amen.

The Lord's Prayer

Please feel free to use the language of your choice.

As our Saviour taught us, let us pray,

Our Father (Creator) in heaven,

hallowed be your name,

Your kingdom come,

your will be done, on earth as in heaven.

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

Save us from the time of trial

and deliver us from evil.

For the kingdom, the power,

and the glory are yours,

now and for ever. Amen.

The gifts of God for the people of God.

Thanks be to God.

Communion

At St Albans, all are welcome to receive communion or a blessing.

Communion is received in a series of semi-circles at the front of the church.

Please cross your arms over your chest if you would prefer to receive a blessing instead of the bread and/or wine. Please also indicate if you would prefer to receive a gluten free wafer instead of a wheat wafer/bread.

Instrumental

We Are Sent

Prayer after Communion

Let us pray.

We pray silently.

Almighty and eternal God,

you have restored us to life by the triumphant death

and resurrection of Christ. Continue this healing work within us.

May we who partake of this mystery never cease to give you dedicated service. We ask this through Jesus Christ our Lord. Amen.

Send down your abundant blessing, Lord, upon your people who have devoutly recalled the death of your Son in the sure and certain hope of the resurrection. Grant them pardon; bring them comfort.

May their faith grow stronger and their eternal salvation be assured.

We ask this through Christ our Lord.

We depart in silence

Announcements

Holy Week @ St. Albans

April 8 @ 740pm – Easter Vigil

The Liturgy Club (our youth) will lead us through an Easter Vigil service, beginning on the Daly Ave lawn before moving into the church.

April 9 @ 10am – Easter Sunday!

We gather as a parish in person and online to celebrate the resurrection of Jesus! Don't forget to bring back your pieces of pottery.

St. Albans Staff

The Rev. Michael Garner revmichael@stalbanschurch.ca

Office Hours: Mondays 11am-1pm @room 232 Déjà Vu – uOttawa Chaplain
Wednesday 9am-12noon – please reach out to connect

In the event of a **pastoral emergency** please call Rev. Michael 613-797-9802

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