

March 26, 2023
at 10:00 a.m.

The Booklet

The Fifth Sunday of Lent
A Celebration of Holy Eucharist

Livestream the service at
www.facebook.com/saintalbans or

www.youtube.com/channel/UCdwV9f01mc4ymXD16YdNUBA



ST ALBANS

Spirit-Led. Christ-Centred. Contemporary Urban Church

www.stalbanschurch.ca

Welcome to St Albans Church!

We welcome all people, no matter their age, ability, gender, cultural background, sexual orientation, income level or faith tradition to join us as we seek to deepen our relationship with God and each other. Together we're exploring how we are called to serve in the world, right here in downtown Ottawa.

During the service, if you are a breastfeeding parent, you are welcome to breastfeed where you are seated or anywhere else in the church, as you feel comfortable.

We continue to recommend wearing a mask at all times other than when receiving communion, eating/drinking, or speaking into a microphone.

Join us online via livestream at www.facebook.com/saintalbens or www.youtube.com/channel/UCdwV9f01mc4ymXD16YdNUBA.

About this booklet

This booklet is your guide to our worship. You're going to experience and participate in worship through music, prayer, readings, reflections and silence. Every time it's your turn to say or do something, you'll see it here in this booklet (usually in bold). If there are surprises, or you have questions, ask a neighbour.

Participation

Our hope is that everyone gathered will feel able participate in our worship this morning. At various points in the service we may suggest certain postures. But please feel free to adopt whatever posture (standing, sitting, kneeling) is appropriate for you at any time. If you would like to do some sketching or writing during the service, you are most welcome – at the back of the church is our Art Cart, stocked with books and art supplies. The books are communal so please date your work, no need to sign it, but the Art Books will become over time an anthology of our collective experience.

Welcome

Land Acknowledgement

Dear friends, we gather on traditional Anishinaabe Algonquin territory.

May we dwell on this land with respect and peace.

In a spirit of reconciliation, may we always seek to respect the history, spirituality, and culture of First Nations, Metis, and Inuit.

May we do all in our power to support all efforts to establish an equal presence on this land.

Greeting

The grace of our Lord Jesus Christ, the love of God and the communion of the Holy Spirit be with you all.

And also with you.

Bless the Lord who forgives all our sins.

His mercy endures for ever.

The Opening Prayer

Almighty God,

**to you all hearts are open, all desires known,
and from you no secrets are hidden.**

Cleanse the thoughts of our hearts

By the inspiration of your Holy Spirit,

that we may perfectly love you,

and worthily magnify your holy name,

through Christ our Lord. Amen.

Confession and Absolution

Dear Friends in Christ,

as we prepare for the Paschal Feast (Easter),

continuing in the apostles' teaching and fellowship,

in the breaking of bread, and in the prayers,

let us make ready our hearts

to renew the covenant of our baptism.

Let us ask God to bring to light
the things now hidden in darkness,
and to disclose to us the secret purposes of our hearts.
And most especially, let us remember the covenant of our baptism
and test our hearts and conscience
to know how faithfully we have persevered in resisting evil, and whenever
we fell into sin, have repented and returned to the Lord.

Silence

Holy and immortal God,
**you formed us from the dust in your image,
and redeemed us from sin and death
by the cross of our Saviour.
Through the washing of baptism
you raised us up with him
to share in the new covenant with all your holy people.
But we have squandered the inheritance of your saints,
and have wandered far in a land that is waste.
Therefore we turn to you in penitence and humility.
In your great mercy, forgive us and restore us,
that we may rejoice in your presence,
and walk in your ways
to the glory of your name. Amen.**

Almighty God have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in eternal life;
through Jesus Christ our Lord.
Amen.

Holy, Holy, Holy | Reginald Heber

Holy, holy, holy! Lord God Almighty

Early in the morning our song shall rise to Thee

Holy, holy, holy! Merciful and mighty

God in three persons, blessed Trinity!

Holy, holy, holy! All the saints adore Thee,

Casting down their golden crown around the glassy sea;

Cherubim and seraphim falling down before Thee

Which wert and art and evermore shall be.

Holy, holy, holy! Though the darkness hide Thee

Though our sinful human gaze Thy glory may not see

Only Thou art holy; there is none beside Thee

Perfect in power, in love and purity

Holy, holy, holy! Lord God Almighty

All Thy works shall praise Thy name in earth and sky and sea

Holy, holy, holy! Merciful and mighty

God in three persons blessed Trinity

Collect of the Day

Let us pray.

We pray silently.

God of compassion,

you call us out of the bindings of death

on this, our resurrection day:

make us ready to surrender the fear in which we hide to step into your future alive and unashamed; through Jesus Christ, the life of the world.

Amen.

We Proclaim the Word

Each Sunday we read from sections of the Bible: the Old Testament, Psalms, New Testament and the Gospel. These same readings will be proclaimed to over a billion Christians around the world today.

The First Reading: Ezekiel 37:1-14

Hear what the Spirit is saying to the Church.

Thanks be to God.

Ps 130

Out of the depths have I called you, O Lord;

Lord, hear my voice; let your ears consider well the voice of my supplication.

If you, Lord, were to note what is done amiss, O Lord, who could stand?

For there is forgiveness with you; therefore you shall be feared.

I wait for you, O Lord; my soul waits for you; in your word is my hope.

My soul waits for you, O Lord, more than sentinels for the morning, more than sentinels for the morning.

O Israel, wait for the Lord, for with the Lord there is mercy;

with whom there is plenteous redemption, and who shall redeem Israel from all their sins.

The Second Reading: Romans 8:6-11

Hear what the Spirit is saying to the Church.

Thanks be to God.

Out of the Depths | Sinead O'Connor

Out of the depths I cry to you, oh Lord

Don't let my cries for mercy be ignored

If you keep a count of sins oh who would stand?

But you have forgiveness in your hands

And I've heard religion say you're to be feared

But I don't buy into everything I hear

And it seems to me you're hostage to those rules

That were made by religion and not by you

I long for you as a watchman longs
For the end of night...

And I'm wondering will you ever get yourself free
Is it bad to think you might need help from me?
Is there anything my little heart can do
To help religion share us with you?

For oh your like a ghost in your own home
Nobody hears you crying all alone
Oh you are the one truly voiceless one
They have their back to you for worship of gold and stone.

I long for you as a watchman longs
For the end of night...

And to see you prisoner oh makes me weep
Nobody hears you screaming in the streets
And it's sad but true how the old saying goes
If God lived on earth people would break his windows.

I long for you as a watchman longs
For the end of night...

The Gospel: John 11:1-45

Le Seigneur soit avec vous. The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ according to John

Glory to you, Lord Jesus Christ.

The Gospel is read

The Gospel of Christ
Praise to you, Lord Jesus Christ.

Homily | Rev. Michael

We say the Apostles Creed to affirm our faith using words of the ancient church

**I believe in God,
the Father almighty,
creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again
to judge the living and the dead.**

**I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

Prayers of the People

Let us pray.

It is dry, Lord, so very dry.

And the bones are so many.

Come, Lord, come to the desert, come to these dry bones.

Come to this world of violence,
come to this world hell bent on death,
this pageantry of suffering,
and end this endless night.

silent and spoken prayers for our world

It is dry, Lord, so very dry. And the bones are so many.

Come, Lord, come to the desert, come to these dry bones.

It is quiet, Lord, so quiet. There is no voice, there is no word.

Come, Lord, come and speak your word, prophesy us back to life

Come to this culture of death,
breathe life into these skeletons in our closets,
move the air into a song of mercy.

silent and spoken words for life to flower out of death, in our culture, our lives, the church

It is quiet, Lord, so quiet. There is no voice, there is no word.

Come, Lord, come and speak your word, prophesy us back to life

It is still, Lord, so still. There is hardly a whisper of wind,
the spirit is nowhere to be found.

**Come, Holy Spirit, come. Come and give life where there is death,
Come and bring healing in our midst.**

Come, Holy Spirit, we're stumbling down this driveway of desire, we've worn through the elbows and knees of our clothing, crying out for you.

silent and spoken prayers for all who are sick or in any kind of need

It is still, Lord, so still. There is hardly a whisper of wind,
the spirit is nowhere to be found.

Come, Holy Spirit, come. Show us your beauty.

Show us the other side of sorrow, Show us the other side of rage.

Amen

The Peace

In the sharing of the Peace we celebrate our reconciliation with God and extend the gift of peace to one another (Matt 5:23-24). We are also reminded that it is in meeting others that we meet Christ.

La paix du Seigneur soit toujours avec vous.

The peace of the Lord be always with you.

And also with you.

Share a sign of peace in church, online or in your home.

We Celebrate the Eucharist

Offering

All that we have is a gift from God. Please consider a donation to St. Albans, via e-transfer to donate@stalbanschurch.ca, or with a secure credit card donation at www.stalbanschurch.ca/connect/donations. If you'd prefer to give in person, please place your offering in the plate as it passes by you. To receive an electronic tax receipt, please provide your postal address and email. Thank you! As well, if you would like to be on our mail or email list, or have any other questions or requests, please feel free to place a written note

on the offering plate when it is circulated, speak to a fellow congregation member, or send an email to office@stalbanschurch.ca

Peace | Paula Best

Broken conversations, broken people, we're broken Lord.

Terrified illusions, seeking comfort, we're seeking more.

We need each other more than we need to agree.

Father, Son, Spirit bless us with your love, with your grace and peace.

Peace.

Let there be peace.

Let there be peace.

Let there be peace.

Let us see and not destroy. Let us listen. Let us listen.

Let us suspend judgement for the sake of love, for the sake of love.

We need each other more than we need to agree.

Father, Son, Spirit bless us with your love, with your grace and peace.

Love.

Let there be love.

Let there be love.

Let there be love.

Prayer over the Gifts

God our provider,

you have not fed us with bread alone,

but with words of grace and life.

Bless us and these your gifts,

which we receive from your bounty,

through Jesus Christ our Lord. **Amen.**

Eucharistic Prayer

May God be with you.

And also with you.

Lift up your hearts.

We lift them up to God.

Let us give thanks to God our Creator.

It is right to give our thanks and praise.

Blessed are you, gracious God, creator of heaven and earth;

we give you thanks and praise

through Jesus Christ our Lord,

who was tempted in every way, yet did not sin.

By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore with angels and archangels

and all who have served you in every age,

we raise our voices to proclaim the glory of your name.

Holy, holy, holy Lord, God of power and might,

Heaven and earth of your glory are full.

Hosanna, hosanna, hosanna in the highest.

Blessed is the One who comes in the name of the Lord. X2

Holy, holy, holy Lord, God of power and might,

Heaven and earth of your glory are full.

Hosanna, hosanna, hosanna in the highest. X2

We give thanks to you, Lord our God,

for the goodness and love

you have made known to us in creation;

in calling Israel to be your people;

in your Word spoken through the prophets;

and above all in the Word made flesh, Jesus your Son.

For in these last days you sent him

to be incarnate from the Virgin Mary,

to be the Saviour and Redeemer of the world.
In him, you have delivered us from evil,
and made us worthy to stand before you.
In him, you have brought us
out of error into truth,
out of sin into righteousness, out of death into life.
On the night he was handed over to suffering and death,
a death he freely accepted,
our Lord Jesus Christ took bread;
and when he had given thanks to you, he broke it,
and gave it to his disciples, and said, " Take, eat:
this is my body which is given for you.
Do this for the remembrance of me."
After supper he took the cup of wine;
and when he had given thanks, he gave it to them,
and said, "Drink this, all of you:
this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Whenever you drink it,
do this for the remembrance of me."

Therefore, God, according to his command,
**we remember his death, we proclaim his resurrection,
we await his coming in glory;**

and we offer our sacrifice of praise and thanksgiving
to you, Lord of all;
presenting to you, from your creation,
this bread and this wine.

We pray you, gracious God,
to send your Holy Spirit upon these gifts,
that they may be the sacrament
of the body of Christ

and his blood of the new covenant.
Unite us to your Son in his sacrifice,
that we, made acceptable in him,
may be sanctified by the Holy Spirit.
In the fullness of time,
reconcile all things in Christ,
and make them new,
and bring us to that city of light
where you dwell with all your children;
through Jesus Christ our Lord,
the firstborn of all creation,
the head of the Church,
and the author of our salvation;
by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory are yours, now and for ever.

Amen

The Lord's Prayer

Please feel free to use the language of your choice.

**Our Father (Creator) in heaven,
hallowed be your name,
Your kingdom come,
your will be done, on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.**

The Breaking of the Bread

We break this bread,
Communion in Christ' s body once broken.

Let your Church be the wheat which bears its fruit in dying.
**If we have died with him, we shall live with him;
if we hold firm, we shall reign with him.**

The gifts of God for the people of God.
Thanks be to God.

Communion

*At St Albans, all are welcome to receive communion or a blessing.
Communion is received in a series of semi-circles at the front of the church.
Please cross your arms over your chest if you would prefer to receive a
blessing instead of the bread and/or wine. Please also indicate if you would
prefer to receive a rice wafer instead of a wheat wafer.*

I Don't Have Much | Mission House

How can I respond
To the love that You have lavished on me?
How can I respond
To the love that You have lavished on me?

I don't have much, I don't have much
But I have a heart that beats for You
I have a heart that beats for You

Every part of me
Wants to love You like You've loved me, Lord
Every part of me
Wants to love You like You've loved me, my Lord

I don't have much, I don't have much
But I have a heart that beats for You

I have a heart that beats for You

I have a heart that beats for You (4x)

I have a life I'll give to You (4x)

I don't have much, I don't have much
But I have a heart that beats for You
I have a heart that beats for You

We Are Sent

Prayer after Communion

Let us pray.

We pray silently.

**Compassionate God,
you have fed us with the bread of heaven.
Sustain us in our Lenten pilgrimage;
may our fasting be hunger for justice;
our alms, a making of peace;
and our prayer, the song of grateful hearts;
through Jesus Christ, our Saviour and Lord. Amen.**

Glory to God,
**whose power, working in us, can do infinitely
more than we can ask or imagine.
Glory to God from generation to generation,
in the Church and in Christ Jesus, for ever and ever.
Amen.**

Community Announcements

Blessing

Doxology | Sandra McCracken

To Him who is able

To keep you from falling

To Him, to Him, to Him

To Him, to Him, to Him

We are standing in His presence with our garments clean and white
All glory, honour, power, majesty to Jesus Christ

Sending

Go forth into the world, rejoicing in the power of the Spirit.

Thanks be to God.

Announcements

Thursdays – Morning Prayer (8am) - We will continue 30 week journey together praying through the book of Psalms. We will go live on Facebook and YouTube at 8am on Thursdays, but please join us whenever you can (the video will be on both FB and YouTube) to listen to and pray the words of the book of Psalms as we discern the future of our Parish.

Service of Lament – We are hosting the participants of the Ottawa Chaplaincy for a meal and then a service of lament on March 28th at 530pm. All students are welcome. If you would like to contribute a dessert to complement the meal – that would be most welcome.

Website – We are looking to refresh the photos on the St. Albans website, many predate the pandemic. So if you have a high resolution photo that you think would be good on the website, please upload to our google folder. Specifically, we are looking for photos of the people and activity of our Parish.

https://drive.google.com/drive/folders/1B5nFUa50MUVi-5AanzUEwTAEU2_Zf7IZ?usp=sharing

Holy Week @ St. Albans

April 6 @ 630pm – Maundy Thursday Parish Meal

We will gather, in person and recall the last night before Jesus' death while sharing a meal.

April 7 @ 10am – Good Friday Service

We gather as a parish for our Good Friday service, in person and online.

April 8 @ 740pm – Easter Vigil

The Liturgy Club (our youth) will lead us through an Easter Vigil service, beginning on the Daly Ave lawn before moving into the church.

April 9 @ 10am – Easter Sunday!

We gather as a parish in person and online to celebrate the resurrection of Jesus! Don't forget to bring back your pieces of pottery.

St. Albans Staff

The Rev. Michael Garner revmichael@stalbanschurch.ca

Office Hours: Mondays 11am-1pm @room 232 Déjà Vu – uOttawa Chaplain
Wednesday 9am-12noon – please reach out to connect

In the event of a **pastoral emergency** please call Rev. Michael 613-797-9802

Church Administration office@stalbanschurch.ca

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