

Thursdays at 8:00 a.m.

The Booklet

An Online Service of Morning Prayer

Join the Service at:

www.facebook.com/saintalbans or on [YouTube](#)



ST ALBANS

Spirit-Led. Christ-Centred. Contemporary Urban Church

Welcome/Bienvenue

Welcome to St. Albans, worshipping in and livestreaming from beautiful downtown Ottawa, Ontario, Canada. On Thursdays for 30 weeks beginning on October 13th we are going to pray our way through the Book of Psalms in the context of a morning prayer service. Given the respite care in the church nave (where the congregation sits) we will be doing this service online only. We will use this booklet during the Season of Epiphany, January 12th to February 23rd. Join us online via livestream at www.facebook.com/saintalbans or www.youtube.com/channel/UCdwV9f01mc4ymXD16YdNUBA.

Land Acknowledgement

St. Albans gathers on the unceded territory of the Algonquin Anishnaabeg people. We remember the Indigenous peoples on whose land we are gathered, wherever we are. Our acknowledgement is also a statement of our commitment to the ongoing work of reconciliation with our Indigenous neighbours.

A Penitential Office

A virgin shall conceive and bear a son, and they shall name him Emmanuel.
Matthew 1:23

Let us confess our sins
against God and our neighbour.

God of all mercy,
**we confess that we have sinned against you,
opposing your will in our lives.
We have denied your goodness in each other,
in ourselves and in the world you have created.
We repent of the evil that enslaves us,
the evil we have done
and the evil done on our behalf.
Forgive, restore and strengthen us through
our Saviour Jesus Christ,
so that we may abide in your love
and serve only your will. Amen.**

May the God of love and power
forgive you and free you from your sins,
heal and strengthen you by the Holy Spirit
and raise you to new life in Jesus Christ. Amen.

Introductory Responses

Blessed are you, David's heir, born to rule,
you received gifts from the magi.

Blessed are you, Son of Man, baptized by John,
you saved us from ourselves.

Blessed are you, Servant Lord,
teaching and preaching, healing and comforting, **you proclaimed God's
gracious reign.**

With all the voices of heaven and earth,
we celebrate your epiphany.

Let heaven and earth shout their praise.

Blessed be God: Source of all being, eternal Word and Holy Spirit.

Blessed be God for ever.

The Psalms

In this season we are praying through together the Book of Psalms. The appointed psalms for each week are in the below table. We will read from the The Psalter of The Book of Alternative Services Emended for Contemporary Liturgical Use found [here](https://www.anglican.ca/wp-content/uploads/GS2016-Liturgical-Psalter-2016-05-04.pdf). <https://www.anglican.ca/wp-content/uploads/GS2016-Liturgical-Psalter-2016-05-04.pdf>

January 12 (week 14) – Psalm 65-68

January 19 (week 15) – Psalm 69-72

January 26 (week 16) – Psalm 73-78

February 2 (week 17) – Psalm 79-83

February 9 (week 18) – Psalm 84-89

February 16 (week 19) – Psalm 90-92

February 23 (week 20) – Psalm 93-99

At the end of the appointed Psalms we will say

Glory to the holy and undivided Trinity, one God:

as it was in the beginning, is now and will be for ever. Amen.

The Responsory

O worship the Lord in the beauty of holiness;

let the whole earth tremble before God.

Tell it out among the nations that the Lord is sovereign.

O worship the Lord in the beauty of holiness.

Tell out the salvation of God from day to day.
Let the whole earth tremble before God.

Declare the glory of the Holy One among the nations
and the wonders of God among the peoples.
**O worship the Lord in the beauty of holiness; let the whole earth
tremble before God.**

The Canticle - A Song of the Covenant (Isaiah 42.5-8a)

Thus says God, who created the heavens,
who fashioned the earth and all that dwells in it;
who gives breath to the people upon it
and spirit to those who walk in it,
'I am the Lord and I have called you in righteousness,
I have taken you by the hand and kept you;
I have given you as a covenant to the people,
a light to the nations, to open the eyes that are blind,
to bring out the captives from the dungeon,
from the prison, those who sit in darkness.
I am the Lord, that is my name; my glory I give to no other.'

Glory to God, Source of all being, eternal Word and Holy Spirit:
as it was in the beginning, is now and will be for ever. Amen.

The Litany

Everlasting Light of creation,
may your people in all the world worship in spirit and in truth.
Holy One, shine upon us and hear us.

May the church discover that unity which is your will.
Holy One, shine upon us and hear us.

May the nations of the earth seek after the ways that make for peace.
Holy One, shine upon us and hear us.

May the whole creation be set free to enjoy the glorious liberty of your children.
Holy One, shine upon us and hear us.

May all who with Christ have entered the shadow of death

rest in peace and rise in glory.
Holy One, shine upon us and hear us.

Collect(s)

January 12

God, your voice moves over the waters. Immerse us in your grace, mark us with your image and raise us to live our baptismal vows empowered by the Holy Spirit and the example of Christ our Lord, in whose name we pray.

Amen.

January 19, 26

O God, you spoke your word and revealed your good news in Jesus the Christ. Fill all creation with that word again, so that by proclaiming your joyful promises to all nations and singing of your glorious hope to all peoples, we may become one living body, your incarnate presence on the earth. **Amen.**

February 2

God of steadfast love, you sent your Son to be the light of the world, saving people everywhere from sin and death. As Anna gave thanks for the freedom he would bring and Simeon saw in him the dawn of redemption, complete your purpose once made known in him. Make us vessels of his light, so that all the world may glory in the splendour of your peace. **Amen.**

February 9, 16, 23

Creator of the universe, the light of your glory shines in the darkness of our lives. Make us attentive to your presence, prompt to serve you and ever eager to follow in the steps of the one who is our true light, Jesus Christ your Son our Lord. **Amen.**

The Lord's Prayer

Believing in the promises of God
and gathering our prayers and praises into one,
let us pray as our Saviour taught us,

**Our Creator in heaven,
hallowed be your name,
your kingdom come,
your will be done,**

on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours, now and for ever. Amen.

The Dismissal

Let us bless the Lord.
Thanks be to God.

May Christ, who sends us to the nations, give us the power of the Spirit. **Amen.**