

Thursdays at 8:00 a.m.

The Booklet

An Online Service of Morning Prayer

Join the Service at:

www.facebook.com/saintalbans or on [YouTube](https://www.youtube.com/saintalbans)



ST ALBANS

Spirit-Led. Christ-Centred. Contemporary Urban Church

Welcome/Bienvenue

Welcome to St. Albans, worshipping in and livestreaming from beautiful downtown Ottawa, Ontario, Canada. On Thursdays for 30 weeks beginning on October 13th we are going to pray our way through the Book of Psalms in the context of a morning prayer service. Given the respite care in the church nave (where the congregation sits) we will be doing this service online only. We will use the same booklet week over week till we arrive at the Season of Advent on November 27th.

Join us online via livestream at www.facebook.com/saintalbans or www.youtube.com/channel/UCdwV9f01mc4ymXD16YdNUBA.

Land Acknowledgement

St. Albans gathers on the unceded territory of the Algonquin Anishnaabeg people. We remember the Indigenous peoples on whose land we are gathered, wherever we are. Our acknowledgement is also a statement of our commitment to the ongoing work of reconciliation with our Indigenous neighbours.

A Penitential Office

Let me hear of your loving-kindness in the morning, for I put my trust in you; show me the road that I must walk, for I lift up my soul to you. *Psalm 143.8*

Let us confess our sins
against God and our neighbour.

God of all mercy,
we confess that we have sinned against you,
opposing your will in our lives.
We have denied your goodness in each other,
in ourselves and in the world you have created.
We repent of the evil that enslaves us,
the evil we have done
and the evil done on our behalf.
Forgive, restore and strengthen us through
our Saviour Jesus Christ,
so that we may abide in your love
and serve only your will. Amen.

May the God of love and power
forgive you and free you from your sins,
heal and strengthen you by the Holy Spirit
and raise you to new life in Jesus Christ. Amen.

Introductory Responses

O God, let our mouth proclaim your praise
and your glory all the day long.

You send forth your Spirit
and renew the face of the earth.

Glory to the holy and undivided Trinity, one God:
as it was in the beginning, is now and will be for ever. Amen. Alleluia.

The Psalms

In this season we are praying through together the Book of Psalms. The appointed psalms for each week are in the below table. We will read from the The Psalter of The Book of Alternative Services Emended for Contemporary Liturgical Use found: <https://www.anglican.ca/wp-content/uploads/GS2016-Liturgical-Psalter-2016-05-04.pdf>

October 13 (week 1) – Psalms 1-8

October 20 (week 2) – Psalms 9-14

October 27 (week 3) – Psalms 15-18

November 3 (week 4) – Psalms 19-24

November 10 (week 5) – Psalms 25-29

November 17 (week 6) – Psalms 30-34

November 24 (week 7) – Psalms 35-37

At the end of the appointed Psalms we will say

Glory to the holy and undivided Trinity, one God:
as it was in the beginning, is now and will be for ever. Amen.

The Prayers of the Community - Intercessions and Thanksgivings

Prayers for the community and the world are said

The Litany

God who restores us, may your people be true and faithful servants of Christ.

Source of life, hear our prayer.

Bring those who are drawing to near to the light of faith to true knowledge of you.

Source of life, hear our prayer.

Give our families and friends joy and satisfaction in all that they do.

Source of life, hear our prayer.

Comfort and sustain those who are lonely, sick, hungry, persecuted or ignored.

Source of life, hear our prayer.

Help us to contribute to the true growth and well-being of our country.

Source of life, hear our prayer.

Empower the whole human family to live together in justice and peace.

Source of life, hear our prayer.

The Lord's Prayer

Gathering our prayers and praises into one, let us pray as our Saviour taught us,

Our Father in heaven,

hallowed be your name,

your kingdom come,

your will be done,

on earth as in heaven.

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

Save us from the time of trial,

and deliver us from evil.

For the kingdom, the power,

and the glory are yours, now and for ever. Amen.

The Dismissal

Let us bless the Lord.

Thanks be to God.

May the Spirit kindle in us the fire of God's love. **Amen.**