

May 15, 2022 at 10:00 a.m.

# The Booklet

Fifth Sunday of Easter

A Celebration of Holy Eucharist

*Livestream the service at*

[www.facebook.com/saintalbans](https://www.facebook.com/saintalbans) or

[www.youtube.com/channel/UCdwV](https://www.youtube.com/channel/UCdwV9f01mc4ymXD16YdNUBA)

[9f01mc4ymXD16YdNUBA](https://www.youtube.com/channel/UCdwV9f01mc4ymXD16YdNUBA)



## ST ALBANS

*Spirit-Led. Christ-Centred. Contemporary Urban Church*

[www.stalbanschurch.ca](http://www.stalbanschurch.ca)

## **Welcome/Bienvenue**

*Welcome to St. Albans, worshipping in and livestreaming from beautiful downtown Ottawa, Ontario, Canada.*

*On Sundays at 10am, St. Albans doors are open for **in-person worship**. Our Covid guidelines have been posted to [www.stalbanschurch.ca/in-person](http://www.stalbanschurch.ca/in-person).*

*Join us **online** via livestream at [www.facebook.com/saintalbans](http://www.facebook.com/saintalbans) or [www.youtube.com/channel/UCdwV9f01mc4ymXD16YdNUBA](http://www.youtube.com/channel/UCdwV9f01mc4ymXD16YdNUBA).*

*Our French-language sister community, St-Bernard de Clairvaux, worships at noon on Sundays, in-person and online at [www.facebook.com/CommunauteStBernard](http://www.facebook.com/CommunauteStBernard)*

## **A Breastfeeding-Friendly Parish**

*St. Albans recognizes that breastfeeding is a protected human right and parents in Ontario have the right to breastfeed everywhere. We are committed to providing a respectful and comfortable environment for all breastfeeding parents in the context of church activities.*

*During the service, you are welcome to breastfeed where you are seated, in the Rev. Simone's office (the "pod" to your right when you first enter the nave), or anywhere else in the church, as you feel comfortable.*

# **Welcome**

## **Land Acknowledgement**

St. Albans gathers on the unceded territory of the Algonquin Anishnaabeg people. We remember the Indigenous peoples on whose land we are gathered, wherever we are. Our acknowledge-ment is also a statement of our commitment to the ongoing work of reconciliation with our Indigenous neighbours.

## **Greeting**

Alleluia! Christ is risen.

**The Lord is risen indeed. Alleluia!**

May his grace and peace be with you.

**May he fill our hearts with joy.**

## **The Opening Prayer**

Almighty God,

to you all hearts are open, all desires  
known, and from you no secrets are  
hidden. Cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit, that  
we may perfectly love you, and worthily  
magnify your holy name, through Christ  
our Lord. Amen.

**Invitation** | *Sunia Gibbs*

All are welcomed

All are received

All are invited

All are believed

Come in your body

Come and be present

Come with your stories

Come and be curious

*Chorus*

In love there is no pretense  
In love there is no fear  
We can see our difference  
Still we belong here

At this table  
Everyone is seated  
For reimagination  
Everyone needed

With our voices  
We are awakening  
Make no mistake about it  
These barriers are breaking

In love, there is no pretense  
In love, there is no fear  
We can see our difference  
Still, we belong here

All you children  
Come, don't be shy  
Oh our maker  
Is on your side

## **Collect of the Day**

Let us pray.

*We pray silently.*

Risen Christ,  
**your wounds declare God's love for the  
world and the wonder of your risen life  
gives us compassion and courage  
to risk ourselves for those we serve,  
to the glory of God the Father. Amen.**

## **We Proclaim the Word**

*Each Sunday we read from sections of the  
Bible: the Old Testament, Psalms, New  
Testament and the Gospel. These same*

*readings will be proclaimed to over a billion Christians around the world today.*

## **The First Reading** | Acts 11:1-18

*A reading from the Acts of the Apostles*

Now the apostles and the believers who were in Judea heard that the Gentiles had also accepted the word of God. So when Peter went up to Jerusalem, the circumcised believers criticized him, saying, “Why did you go to uncircumcised men and eat with them?” Then Peter began to explain it to them, step by step, saying, “I was in the city of Joppa praying, and in a trance I saw a vision. There was something like a large sheet coming down from heaven, being lowered by its four corners; and it came close to me. As I looked at it closely I saw four-footed animals, beasts of prey, reptiles, and birds of the air. I also

heard a voice saying to me, 'Get up, Peter; kill and eat.' But I replied, 'By no means, Lord; for nothing profane or unclean has ever entered my mouth.' But a second time the voice answered from heaven, 'What God has made clean, you must not call profane.' This happened three times; then everything was pulled up again to heaven. At that very moment three men, sent to me from Caesarea, arrived at the house where we were. The Spirit told me to go with them and not to make a distinction between them and us. These six brothers also accompanied me, and we entered the man's house. He told us how he had seen the angel standing in his house and saying, 'Send to Joppa and bring Simon, who is called Peter; he will give you a message by which you and your entire household will be saved.' And as I began to speak, the Holy Spirit fell upon them just as it had upon us

at the beginning. And I remembered the word of the Lord, how he had said, 'John baptized with water, but you will be baptized with the Holy Spirit.' If then God gave them the same gift that he gave us when we believed in the Lord Jesus Christ, who was I that I could hinder God?" When they heard this, they were silenced. And they praised God, saying, "Then God has given even to the Gentiles the repentance that leads to life."

Hear what the Spirit is saying to the Church.  
**Thanks be to God.**

## **Psalm 148**

Hallelujah! Praise the Lord from the heavens; praise God in the heights.

**Praise the Lord all you angels; sing praises, all you heavenly host.**

Praise the Lord, sun and moon; sing praises, all you shining stars.

**Praise the Lord, heaven of heavens, sing praises, you waters above the heavens.**

Let them praise the name of the Lord; who gave the command and they were created, **who made them stand fast for ever and ever, who gave them a law which shall not pass away.**

Praise the Lord from the earth, you sea-monsters and all deeps;

**fire and hail, snow and fog, tempestuous wind, doing God's will;**

mountains and all hills, fruit trees and all cedars;

**wild beasts and all cattle, creeping things and wingèd birds;**

sovereigns of the earth and all peoples, princes and all rulers of the world;

**young men and young women, old and young together.**

Let them praise the name of the Lord, whose name only is exalted, whose splendour is over earth and heaven.

**The Lord has raised up strength for this people and praise for all loyal servants,**

the children of Israel, a people who are near to the Lord. Hallelujah!

**Second Reading** | *Rev. 21:1-6 (Fr)*

*A reading from the Revelation to John*

Then I saw a new heaven and a new earth; for the first heaven and the first earth had passed away, and the sea was no more. And I saw the holy city, the new Jerusalem, coming down out of heaven from God, prepared as a bride adorned for her husband. And I heard a loud voice from the

throne saying, “See, the home of God is among mortals. He will dwell with them; they will be his peoples, and God himself will be with them; he will wipe every tear from their eyes. Death will be no more; mourning and crying and pain will be no more, for the first things have passed away.” And the one who was seated on the throne said, “See, I am making all things new.” Also he said, “Write this, for these words are trustworthy and true.” Then he said to me, “It is done! I am the Alpha and the Omega, the beginning and the end. To the thirsty I will give water as a gift from the spring of the water of life.”

Hear what the Spirit is saying to the Church.  
**Thanks be to God.**

**All Shall Be Well** | *Jonathan Van Deusen*

thank you for the sun

thank you for the moon  
thank you for the stars at night  
and the darkness too

bless you, for your peace  
bless you, for your grace  
bless you, for your perfect love  
and your perfect ways

and all shall be well, all shall be well  
all manner of things shall be well

use me as you will  
remove my selfish pride  
create in me a giving heart  
to bless all of life

and when my work is done  
and the seeds are sown  
please receive my spirit Maker  
and welcome me home

and all shall be well, all shall be well  
all manner of things shall be well

## **The Gospel | John 13:31-35**

Le Seigneur soit avec vous. The Lord be  
with you.

**And also with you.**

The Holy Gospel of our Lord Jesus Christ  
according to John.

**Glory to you, Lord Jesus Christ.**

When he had gone out, Jesus said, “Now  
the Son of Man has been glorified, and God  
has been glorified in him. If God has been  
glorified in him, God will also glorify him in  
himself and will glorify him at once. Little  
children, I am with you only a little longer.  
You will look for me; and as I said to the  
Jews so now I say to you, ‘Where I am  
going, you cannot come.’ I give you a new

commandment, that you love one another. Just as I have loved you, you also should love one another. By this everyone will know that you are my disciples, if you have love for one another.”

The Gospel of Christ

**Praise to you, Lord Jesus Christ.**

**Homily** | *The Rev. Rob Heard*

### **The Affirmation of Faith**

**You, O God, are supreme and holy. You create our world and give us life. Your purpose overarches everything we do. You have always been with us. You are God.**

**You, O God, are infinitely generous, good beyond all measure. You came to us before we came to you. You have revealed and proved your love for us in Jesus Christ,**

who lived and died and rose again. You are with us now. You are God.

You, O God, are Holy Spirit. You empower us to be your gospel in the world. You reconcile and heal; you overcome death. You are our God. We worship you.

## **Prayers of the People**

### **Confession and Absolution**

Dear friends in Christ,  
God is steadfast in love and infinite in mercy;

God welcomes sinners  
and invites them to the table.

Let us confess our sins,  
confident in God's forgiveness.

*Silence is kept.*

Most merciful God,

**we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone.**

**We have not loved you with our whole heart; we have not loved our neighbours as ourselves.**

**We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

**Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. Amen.**

## **The Peace**

*In the sharing of the Peace we celebrate our reconciliation with God and extend the gift of peace to one another (Matt 5:23-24). We are also reminded that it is in meeting others that we meet Christ.*

La paix du Seigneur soit toujours avec vous  
The peace of the Lord be always with you.  
**And also with you.**

*Share a sign of peace in church, online or in your home.*

## **We Celebrate the Eucharist**

### **Offering**

*All that we have is a gift from God. Please consider a donation to St. Albans, via e-transfer to [donate@stalbanschurch.ca](mailto:donate@stalbanschurch.ca), or with a secure credit card donation at [www.stalbanschurch.ca/connect/donations](http://www.stalbanschurch.ca/connect/donations).*

*If you'd prefer to give in person, please place your offering in the plate located near the pods. To receive an electronic tax receipt, please provide your postal address and email.*

## **One** | U2

Is it getting better?

Or do you feel the same?

Will it make it easier on you now?

You got someone to blame

You say, one love, one life

When it's one need in the night

One love, we get to share it

Leaves you baby if you don't care for it

Did I disappoint you?

Or leave a bad taste in your mouth?

You act like you never had love

And you want me to go without

Well it's too late tonight  
To drag the past out into the light  
We're one but we're not the same  
We get to carry each other, carry each other

Have you come here for forgiveness?  
Have you come to raise the dead?  
Have you come here to play Jesus?  
To the lepers in your head

Did I ask too much? More than a lot  
You gave me nothin' now it's all I got  
We're one but we're not the same  
Well we hurt each other then we do it again

You say love is a temple, love a higher law  
Love is a temple, love the higher law  
You ask me to enter but then you make me  
crawl  
And I can't be holdin' on to what you got  
When all you got is hurt

One love, one blood  
One life, you got to do what you should  
One life, with each other  
Sisters, brothers

One life but we're not the same  
We get to carry each other, carry each other

### **Prayer over the Gifts**

Gracious God,  
**you show us your way and give us your  
divine life. May everything we do be  
directed by the knowledge of your truth.  
We ask this in the name of Jesus Christ  
the risen Lord. Amen.**

### **Eucharistic Prayer**

The Lord be with you.  
**And also with you.**

Lift up your hearts.  
**We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give our thanks and praise.**

We give you thanks and praise, almighty God, for the gift of a world full of wonder, and for our life which comes from you. By your power you sustain the universe.

**Glory to you for ever and ever.**

You created us to love you with all our heart, and to love each other as ourselves, but we rebel against you by the evil that we do. In Jesus, your Son, you bring healing to our world and gather us into one great family. Therefore, with all who serve you on earth and in heaven, we praise your wonderful name, as we say,

**Holy, holy, holy Lord, God of power and might, heaven and earth of your glory are full Hosanna, hosanna, hosanna in the highest.**

**Blessed is the one who comes in the name of the Lord. Blessed is the one who comes in the name of the Lord. Holy, holy, holy, Lord ...**

We give you thanks and praise, loving Creator, because in sending Jesus, your Son, to us you showed us how much you love us. He cares for the poor and the hungry. He suffers with the sick and the rejected. Betrayed and forsaken, he did not strike back but overcame hatred with love. On the cross he defeated the power of sin and death. By raising him from the dead you show us the power of your love to bring new life to all your people. Glory to you for ever and ever.

On the night before he gave up his life for us, Jesus, at supper with his friends, took bread, gave thanks to you, broke it, and gave it to them, saying, "Take this, all of

you, and eat it: this is my body which is given for you.”

After supper, Jesus took the cup of wine, said the blessing, gave it to his friends, and said, “Drink this, all of you: this is the cup of my blood, the blood of the new and eternal covenant, which is shed for you and for many, so that sins may be forgiven. Do this in memory of me.” Glory to you for ever and ever.

Gracious God, with this bread and wine we celebrate the death and resurrection of Jesus, and we offer ourselves to you in him. Send your Holy Spirit on us and on these gifts, that we may know the presence of Jesus in the breaking of bread, and share in the life of the family of your children. Glory to you for ever and ever.

Creator, you call us to be your servants; fill us with the courage and love of Jesus, that all the world may gather in joy at the table of your kingdom. We sing your praise, almighty Creator, through Jesus, our Lord, in the power of the Holy Spirit, now and for ever. Glory to you for ever and ever.

**Amen.**

## **The Lord's Prayer**

*Please feel free to use the language of your choice.*

**Our Father in heaven, hallowed be your name, Your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.**

## **The Breaking of the Bread**

Lord, we died with you on the cross.

**Now we are raised to new life.**

We were buried in your tomb.

**Now we share in your resurrection.**

Live in us, that we may live in you.

The gifts of God for the people of God.

**Thanks be to God.**

Dear friends, wherever you may be,  
receive Christ; in communion with the  
saints and the gathering of God's people,  
unseen yet present with us now.

**We receive you Lord Jesus Christ, we  
welcome your presence in us, and together  
proclaim our love for you; with our hearts,  
minds, our souls, and our strength; with  
the saints we worship you, with the angels**

we adore you, with your whole Church we  
proclaim your reign. Come to us, though  
many, and make us one in you. Amen.

**Noah Gundersen** | *So What*

No one said it would be easy

No one said it would be this hard

I thought I'd get it right after the first few  
tries

But I just keep coming back to the start

There is a lesson in motion

Gripping the wheel as you steer

You gotta look through the turn as you're  
starting to swerve

Cause nothing burns faster than fear

So slow down

And look up

Stop acting so tough

Say I love you

Way too much  
And if it kills you  
So what

Thousands of tiny explosions  
Are keeping this thing on its wheels  
But it's a limited metaphor  
You gotta give it a minute or you will never  
properly heal

Someone's deciding my future  
Someone decided my past  
Somebody said man it's all in your head  
You're the only one that's making this last

So slow down  
And look up  
Stop acting so tough  
Say I love you  
Way too much  
And if it kills you

So what

So slow down

And look up

Stop acting so tough

Say I love you

Way too much

And if it kills you

## **We Are Sent**

### **Closing Prayer**

Let us pray.

*We pray silently.*

God of love,

**in this eucharist we have heard your truth  
and shared in your life. May we always  
walk in your way, in the name of Jesus  
Christ the Lord. Amen.**

Glory to God,  
whose power, working in us can do  
infinitely more than we can ask or  
imagine. Glory to God, from generation to  
generation in the Church and in Christ  
Jesus, for ever and ever. Amen.

## **Community Announcements**

### **Blessing**

**Great Are You Lord** | *David Leonard, Leslie  
Jordan*

You give life, You are love  
You bring light to the darkness  
You give hope, You restore  
Every heart that is broken  
And great are You, Lord

It's Your breath in our lungs  
So we pour out our praise  
We pour out our praise  
It's Your breath in our lungs  
So we pour out our praise to You only

You give life, You are love  
You bring light to the darkness  
You give hope, You restore  
Every heart that is broken  
And great are You, Lord  
It's Your breath in our lungs  
So we pour out our praise  
We pour out our praise

It's Your breath in our lungs  
So we pour out our praise to You only

And all the earth will shout Your praise  
Our hearts will cry, these bones will sing  
Great are You, Lord

## **Sending**

Go in peace to love and serve the Lord.

Alleluia!

**Thanks be to God. Alleluia!**

## **Announcements**

### **Introducing St. Albans Interim Preacher –**

Please welcome the Rev. Robert Heard as our Interim Priest-in-Charge. He can be reached by email at

[revrob@stalbanschurch.ca](mailto:revrob@stalbanschurch.ca). You can also be in touch with wardens Michelle Sorenson ([michelle.sorenson@ualberta.ca](mailto:michelle.sorenson@ualberta.ca)) or Robyn Sulkko ([robynsulkko@hotmail.com](mailto:robynsulkko@hotmail.com)) for any questions or concerns during the transition.

**A Special Candidate** – On Saturday June 4th Bishop Shane Parker will be confirming candidates from around our diocese at Christ Church Cathedral at 11:00 a.m. One of our parish family, Joseph Hamid Ghasemi Firoozabadi will be among the confirmands. I invite St. Alban's members who are able, to join us for this important milestone in Joseph's faith journey. If you'd

like details about this celebration please don't hesitate to ask myself or the wardens.

## **New Facebook Group for St. Albans**

**Families!** Our child and youth leader El Posthuma has created a Facebook group for St. Albans families. Look for weekly posts on how you can explore faith with the young people in your life as well as updates on any in-person events coming up, at <https://www.facebook.com/groups/517753839759365>, or contact El at [el@stalbanschurch.ca](mailto:el@stalbanschurch.ca)

**Sunday Morning Coffee Hour** – Grab a cup of the hot beverage of your choice and join in for conversation and reflection on what we heard today in the service.

<https://us06web.zoom.us/j/84144050737?pwd=cTVDR2RIS3pKZUdQN2NtOXFWT2w3Zz09> ID: 841 4405 0737 Passcode:  
Coffee

## **Wednesday Morning Bible Study on Zoom**

From 8:30–9:30am on Wednesdays, all are welcome to read and discuss the week's lectionary readings. To get the Zoom link, connect with Mary-Martha Hale at [mmhale65@gmail.com](mailto:mmhale65@gmail.com).

## **St. Albans Staff**

The Rev. Canon Robert Heard

[revrob@stalbanschurch.ca](mailto:revrob@stalbanschurch.ca)

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El Posthuma, Youth and Children's Leader

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Robyn Sulkko, Warden

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**ST ALBANS**