

October 10, 2021  
at 10:00 a.m.

# The Booklet

Pentecost 20

A Celebration of Holy Eucharist

*Livestream the service at*

[www.facebook.com/saintalbans](https://www.facebook.com/saintalbans) or

[www.youtube.com/channel/UCdwV9f01](https://www.youtube.com/channel/UCdwV9f01mc4ymXD16YdNUBA)

[mc4ymXD16YdNUBA](https://www.youtube.com/channel/UCdwV9f01mc4ymXD16YdNUBA)



**ST ALBANS**

*Spirit-Led. Christ-Centred. Contemporary Urban Church*

[www.stalbanschurch.ca](http://www.stalbanschurch.ca)

## **Welcome/Bienvenue**

*Welcome to St. Albans, livestreaming from beautiful downtown Ottawa on [www.youtube.com/channel/UCdwV9f01mc4ymXD16YdNUBA](https://www.youtube.com/channel/UCdwV9f01mc4ymXD16YdNUBA) or at [www.facebook.com/saintalbans](https://www.facebook.com/saintalbans).*

*If you are joining us online, your full participation is welcome: Please let us know you are with us by 'liking' the stream or sharing some comments!*

## **Sunday Worship Online**

*St. Albans worships via Livestream every Sunday, with a 10am morning service at [www.facebook.com/saintalbans](https://www.facebook.com/saintalbans).*

*Our French-language service livestreams Sundays at 12h00 on Facebook at [www.facebook.com/CommunauteStBernard](https://www.facebook.com/CommunauteStBernard).*

## **Join us In-Person**

*Welcome back to in-person worship, albeit in a limited capacity. Learn how to register for in-person services at St. Albans website, [www.stalbanschurch.ca/in-person](https://www.stalbanschurch.ca/in-person)*

## **Land Acknowledgement**

*St Alban's gathers on the unceded territory of the Algonquin Anishnaabeg people. We remember the Indigenous peoples on whose land we are gathered, wherever we are. Our acknowledgement is also a statement of our commitment to the ongoing work of reconciliation with our Indigenous neighbours.*

## **Greeting**

The grace of our Lord Jesus Christ,  
and the love of God,  
and the fellowship of the Holy Spirit,  
be with you all.

**And also with you.**

**God's Highway** | Sandra McCracken

My feet are strong, my eyes are clear  
I cannot see the way from here  
But on we go, She knows the way  
And in Her arms, She keeps me safe.

Fear not, keep on, watch and pray  
Walk in the light of God's highway

The shadows flee, The valley is deep  
But evil cannot conquer me  
Your rod and staff, They protect me  
You give me rest, You give me peace

Fear not, keep on, watch and pray  
Walk in the light of God's highway

I see the shore, from troubled seas  
This tiny ship that carries me  
It is not yet, But it will be  
So freedom come, It's you we need

Fear not, keep on, watch and pray  
Walk in the light of God's highway

I'm holding onto you, Lord  
You're holding onto me ...

I'm holding onto you, Love  
You're holding onto me ...

I'm holding onto you, Lord  
You're holding onto me ...

Fear not, keep on, watch and pray  
Walk in the light of God's highway

### **The Opening Prayer**

Almighty God,  
to you all hearts are open,  
all desires known,  
and from you no secrets are hidden.  
Cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name,  
through Christ our Lord.  
Amen.

Let us pray.

*We pray silently*

### **Collect**

God of the narrow way,  
you call us to shed all that burdens  
the lightness of life:  
help us to surrender false wealth,  
embrace our need of you  
and live for your kingdom above all things;  
through Jesus Christ, the richness of God. Amen.

## **We Proclaim the Word**

*Each Sunday we read from sections of the Bible: the Old Testament, Psalms, New Testament and the Gospel. These same readings will be proclaimed to over a billion Christians around the world today.*

### **The First Reading** | *Job 23:1-9, 16-17*

Hear what the Spirit is saying to the Church.

**Thanks be to God.**

### **Psalm 22: 1-15**

My God, my God, why have you forsaken me  
and are so far from my cry and from the words of my distress?

**O my God, I cry in the daytime, but you do not answer;  
by night as well, but I find no rest.**

Yet you are the Holy One,  
enthroned upon the praises of Israel.

**Our ancestors put their trust in you;  
they trusted, and you delivered them.**

They cried out to you and were delivered;  
they trusted in you and were not put to shame.

**But as for me, I am a worm and not human,  
scorned by all and despised by the people.**

All who see me laugh me to scorn;  
they curl their lips and wag their heads, saying,  
**“You trusted in the Lord; let the Lord deliver you;  
let God rescue you, if God delights in you.”**

Yet you are the one who took me out of the womb,  
and kept me safe upon my mother’s breast.

**I have been entrusted to you ever since I was born;  
you were my God when I was still in my mother’s womb.**

Be not far from me, for trouble is near,  
and there is none to help.

**Many young bulls encircle me;  
strong bulls of Bashan surround me.**

They open wide their jaws at me,  
like a ravening and a roaring lion.

**I am poured out like water; all my bones are out of joint;  
my heart within my breast is melting wax.**

My mouth is dried out like a potsherd;  
**my tongue sticks to the roof of my mouth;  
and you have laid me in the dust of the grave.**

### **The Second Reading** | *Hebrews 4:12-16*

Hear what the Spirit is saying to the Church.  
**Thanks be to God.**

### **Until These Tears Are Gone** | Young Oceans

Flood this heart with assurance of Your mercy  
Fill this mind with knowledge of Your love  
Hold me fast through the deep and steady current  
How long, how long 'till these tears are gone?

Every hour, awake me to Your presence  
Shine Your light, brighter than the dawn  
Send Your joy, illuminate the darkness  
How long, how long 'till these tears are gone?  
How long, how long 'till these tears are gone?

I'll fix my eyes on eternity above  
Where every lie, is uncovered by Your love  
I'll fix my eyes on eternity above  
Where every lie, every shadow is uncovered by Your love

Love You hear, the pleading of creation  
I search for You, hide not Your face  
Here I drift, a shell among the ruins

How long, how long 'till these tears are gone?  
How long, how long 'till these tears are gone?  
How long, how long 'till these tears are gone?  
How long, how long 'till these tears are gone?

### **The Gospel** | *Mark 10:17-31*

Le Seigneur soit avec vous. The Lord be with you.

**And also with you.**

The Holy Gospel of our Lord Jesus Christ according to ...

**Glory to you, Lord Jesus Christ**

*The Gospel is proclaimed.*

The Gospel of Christ

**Praise to you, Lord Jesus Christ.**

**Sermon** | *The Rev. Simone Hurkmans*

### **Open Space**

*This is a time to for us to respond in our own way to what we have heard and to prepare for the prayers that follow. Please feel free to comment with any reflections, discuss with anyone in your home, or simply rest in what was shared. If you are attending in person, you are invited to discuss with others at a distance by remaining in your seat. If you would like to offer prayers as part of our prayers of the people, please use the comments to do so.*

## **Hear, O People**

**Hear, O People,  
the Lord our God, the Lord is one.**

**Love the Lord your God  
with all your heart,  
with all your soul,  
with all your mind,  
and with all your strength.**

**This is the first and the great commandment.**

**The second is like it:**

**Love your neighbour as yourself.**

**There is no commandment greater than these.**

## **Prayers of the People**

### **The Peace**

*In the sharing of the Peace we celebrate our reconciliation with God and extend the gift of peace to one another (Matt 5:23-24). We are also reminded that it is in meeting others that we meet Christ.*

*When exchanging the Peace with fellow parishioners (if you are attending in person), please remember that physical contact with those outside your bubble group is sadly not permitted during this Yellow phase. Share a sign of peace with others around you by other means such as bowing or waving. If you are online, share a sign of peace online or in your home.*

**La paix du Seigneur soit toujours avec vous**

**The peace of the Lord be always with you.**

**And also with you.**

## **We Celebrate the Eucharist**

### **Offering**

*All that we have is a gift from God. Please consider supporting St. Albans financially with an e-transfer to [donate@stalbanschurch.ca](mailto:donate@stalbanschurch.ca) or a secure credit card donation at [stalbanschurch.ca/connect/donations](https://stalbanschurch.ca/connect/donations) (StAlbans is the answer to the security question). If we have your email, name, and postal address, we'll provide an electronic tax receipt with pleasure. If you'd prefer to give in person, please place your offering in the plate located near the pods. We won't be passing the plate in order to keep safe distances. Thank you!*

### **Blowin' In the Wind** | Bob Dylan

How many roads must a man walk down

Before you call him a man?

How many seas must a white dove sail

Before she sleeps in the sand?

Yes, and how many times must the cannonballs fly

Before they're forever banned?

The answer, my friend, is blowin' in the wind

The answer is blowin' in the wind

Yes, and how many years must a mountain exist

Before it is washed to the sea?

And how many years can some people exist

Before they're allowed to be free?

Yes, and how many times can a man turn his head

And pretend that he just doesn't see?

The answer, my friend, is blowin' in the wind

The answer is blowin' in the wind

Yes, and how many times must a man look up  
Before he can see the sky?  
And how many ears must one man have  
Before he can hear people cry?  
Yes, and how many deaths will it take 'til he knows  
That too many people have died?

The answer, my friend, is blowin' in the wind  
The answer is blowin' in the wind

### **Prayer over the Gifts**

God of constant love,  
**in this eucharist you renew the covenant  
made once with us in baptism.**  
As you are faithful in all things  
may we, in our offering,  
**be faithful to our calling.**  
**We ask this in the name of Jesus Christ our Lord. Amen.**

### **Eucharistic Prayer**

The Lord be with you.  
**And also with you.**

Lift up your hearts.  
**We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give our thanks and praise.**

We give you thanks and praise, almighty God,  
for the gift of a world full of wonder,  
and for our life which comes from you.  
By your power you sustain the universe.  
**Glory to you for ever and ever.**

You created us to love you with all our heart,  
and to love each other as ourselves,  
but we rebel against you by the evil that we do.

In Jesus, your Son,  
you bring healing to our world  
and gather us into one great family.  
Therefore, with all who serve you  
on earth and in heaven,  
we praise your wonderful name, as we sing,

**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth of your glory are full  
Hosanna, hosanna, hosanna in the highest.  
Blessed is the one who comes in the name of the Lord.  
Blessed is the one who comes in the name of the Lord.  
Holy, holy, holy, Lord ...**

We give you thanks and praise, loving Creator,  
because in sending Jesus, your Son, to us  
you showed us how much you love us.  
He cares for the poor and the hungry.  
He suffers with the sick and the rejected.  
Betrayed and forsaken, he did not strike back  
but overcame hatred with love.  
On the cross  
he defeated the power of sin and death.  
By raising him from the dead  
you show us the power of your love  
to bring new life to all your people.  
**Glory to you for ever and ever.**

On the night before he gave up his life for us,  
Jesus, at supper with his friends,  
took bread, gave thanks to you,  
broke it, and gave it to them,

saying, "Take this, all of you, and eat it:  
this is my body which is given for you."  
After supper, Jesus took the cup of wine,  
said the blessing, gave it to his friends,  
and said, "Drink this, all of you:  
this is the cup of my blood,  
the blood of the new and eternal covenant,  
which is shed for you and for many,  
so that sins may be forgiven.  
Do this in memory of me."

**Glory to you for ever and ever.**

Gracious God,  
with this bread and wine  
we celebrate the death and resurrection of Jesus,  
and we offer ourselves to you in him.  
Send your Holy Spirit on us and on these gifts,  
that we may know the presence of Jesus  
in the breaking of bread,  
and share in the life  
of the family of your children.

**Glory to you for ever and ever.**

Creator, you call us to be your servants;  
fill us with the courage and love of Jesus,  
that all the world may gather in joy  
at the table of your kingdom.  
We sing your praise, almighty Creator,  
through Jesus, our Lord,  
in the power of the Holy Spirit, now and for ever.

**Glory to you for ever and ever. Amen.**

## **The Lord's Prayer**

**Our Father in heaven,  
hallowed be your name,**

Your kingdom come, your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.

### **The Breaking of the Bread**

We break this bread  
to share in the body of Christ.  
**We, being many, are one body,  
for we all share in the one bread.**

### **The Communion**

*During Communion, Rev. Simone will come to you with the bread.  
At this time we are offering the bread only. Please leave your mask on  
as you receive the bread, and remove it to consume the host once  
Simone has moved on. If you are unable to receive the wheat wafer,  
a rice wafer is also available. Please let Simone know.*

The gifts of God for the people of God.  
**Thanks be to God.**

Dear friends, wherever you may be, receive Christ; in communion  
with the saints and the gathering of God's people, unseen yet  
present with us now.

**We receive you Lord Jesus Christ, we welcome your presence in us,  
and together proclaim our love for you; with our hearts, minds, our  
souls, and our strength; with the saints we worship you, with the**

angels we adore you, with your whole Church we proclaim your reign. Come to us, though many, and make us one in you. Amen.

**Every Mother's Child** | Good Shepherd Collective

Eternal God  
Holy One  
Here we are today

Gathered round  
Word and song  
Here to shine your light

For we belong to you  
Every mother's child  
Fully reconciled

Breath of God  
Spirit friend  
We are one with you

Gathered round  
Bread and wine  
Your love flowing through

For we belong to you  
Every mother's child  
Fully reconciled

For we belong to you  
Every mother's child  
Fully reconciled

Every mother's child  
Fully reconciled

## **We Are Sent**

### **Prayer After Communion**

Faithful God,  
in baptism and eucharist we are made one with you.  
May we who have shared in holy things  
always bear witness to your covenant,  
in the name of Jesus Christ the Lord. Amen.

*We pray silently.*

Glory to God,  
whose power, working in us can do infinitely more  
than we can ask or imagine.  
Glory to God, from generation to generation  
in the Church and in Christ Jesus,  
for ever and ever. Amen.

### **Community Announcements**

#### **Blessing**

#### **Peace Train** | Yusuf

Now I've been happy lately  
Thinking about the good things to come  
And I believe it could be  
Something good has begun

Oh, I've been smiling lately  
Dreaming about the world as one  
And I believe it could be  
Someday it's going to come

'Cause I'm on the edge of darkness  
There ride the Peace Train  
Oh, Peace Train take this country  
Come take me home again

Now I've been smiling lately,  
Thinkin' about the good things to come  
And I believe it could be,  
Something good has begun

Oh Peace Train sounding louder  
Glide on the Peace Train  
Come on now Peace Train  
Yes, Peace Train holy roller  
Everyone jump upon the Peace Train  
Come on now, Peace Train

Get your bags together,  
Go bring your good friends, too  
'Cause it's getting nearer,  
It soon will be with you  
Now come and join the living,  
It's not so far from you  
And it's getting nearer,  
Soon it will all be true

Oh Peace Train sounding louder  
Glide on the Peace Train  
Come on now Peace Train  
Peace Train

Now I've been crying lately,  
Thinkin' about the world as it is  
Why must we go on hating,  
Why can't we live in bliss

'Cause out on the edge of darkness,  
There rides a Peace Train  
Oh Peace Train take this country,  
Come take me home again

Oh Peace Train sounding louder  
Glide on the Peace Train  
Come on now, Peace Train  
Yes, Peace Train holy roller  
Everyone jump upon the Peace Train  
Come on, come on, come on  
Yes, come on, peace train  
Yes, it's the peace train  
Come on now, peace train  
Oh, peace train

## **Sending**

Go in peace to love and serve the Lord.

**Thanks be to God.**

*When the service ends, please leave through the Daly Ave. doors while maintaining safe distances. Join us for coffee on the Daly Ave. lawn. We know it's tempting to hug and get close, but please continue to wear a mask and maintain distancing when chatting with others.*

## **Diocese-Wide Collaborative Book Study**

Join Diocesan siblings on Zoom for a six-week study of Barbara Brown Taylor's *An Altar in the World*. The group meets Wednesday evenings at 7pm till October 27. To participate in the study, obtain a copy of the book, or ask a question, please contact Robyn at [robysulkko@hotmail.com](mailto:robysulkko@hotmail.com).

## **Mondays: Monthly Resilience Check-in**

The monthly Resilience Check-In Group continues on Monday, November 1 at 3:00 pm. Connect with facilitator Mary-Martha Hale to check in.

## **Tuesdays: Pause-Café St-Bernard**

11am [Pause-Café St-Bernard](#). Conversation en français.

## **Thursdays: Morning Prayer / Bible Study**

The study group returns to Zoom each Thursday at 9 am. Join us on October 7 at 9 am to pray and to study the upcoming Sunday's Gospel and Psalm readings. It's a lovely way to start the day. The [Zoom link](#) will remain the same for each week. Meeting ID: 821 0277 5595 Passcode: 574469

## **Episcopal Visit – Sunday, November 14**

Bishop Shane Parker will be with us for worship on Sunday, November 14. Please be in touch with Rev. Simone if you are interested in being confirmed at this service, or if you would like to know more about confirmation in general.

## **St. Albans Contacts**

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## **Donations**

*All that we have is a gift from God. Please consider supporting St. Albans financially with an e-transfer to [donate@stalbanschurch.ca](mailto:donate@stalbanschurch.ca) or a secure credit card donation at [stalbanschurch.ca/connect/donations](http://stalbanschurch.ca/connect/donations) (StAlbans is the answer to the security question.) If we have your email, name, and postal address, we'll provide an electronic tax receipt with pleasure*

# BUILDING A COMMUNITY OF HOPE



Today 4 Tomorrow @ delivering hope in our communities!

**Hold the date for the Building a Community of Hope Virtual Tour, Fundraiser, and Silent Auction for the Community Ministries.**

**October 21st, 12:30 to 1:15pm**

Help deliver hope in our communities by participating in “Building a Community of Hope” our 2nd virtual fundraiser and silent auction. Together, in 2020, we raised \$79,000 to help five social service agencies serve people struggling with poverty and mental health issues. This year we are expanding our reach to support seven agencies: Centre 105, Centre 454, Cornerstone Housing for Women, Ottawa Pastoral Counselling Centre, Refugee Ministry, St Luke’s Table and The Well.

This year you are invited to join The Right Reverend Shane Parker, Community Ministries staff and participants, community leaders, and volunteers for a virtual tour of the seven social service agencies:

- Experience the positive changes they have made throughout the pandemic to serve the most at-risk people in our communities;
- Connect with them to hear about how they will deliver services as they transition into a post-pandemic world.

**Here's how you can support our Community Ministries to make the post-pandemic transition with the people they serve.**

- Register for the Building a Community of Hope Tour, Fundraiser, and Silent auction
- Make a monthly or one-time donation at [www.todayfortomorrow.ca/make-a-gift](http://www.todayfortomorrow.ca/make-a-gift)
- Look for the brochure inserted in October *Crosstalk*

**Please register at this link, <https://www.todayfortomorrow.ca/event-registration> to receive more information about the event, silent auction and how you can help.**

<https://www.todayfortomorrow.ca/event-registration>