

September 19, 2021  
at 10:00 a.m.

# The Booklet

Pentecost 17

A Celebration of Holy Eucharist

*Livestream the service at*

*[www.facebook.com/saintalbans](https://www.facebook.com/saintalbans) or*

*[www.youtube.com/channel/UCdwV9f01](https://www.youtube.com/channel/UCdwV9f01mc4ymXD16YdNUBA)*

*[mc4ymXD16YdNUBA](https://www.youtube.com/channel/UCdwV9f01mc4ymXD16YdNUBA)*



**ST ALBANS**

*Spirit-Led. Christ-Centred. Contemporary Urban Church*

[www.stalbanschurch.ca](http://www.stalbanschurch.ca)

## **Welcome/Bienvenue**

*Welcome to St. Albans, livestreaming from beautiful downtown Ottawa on [www.youtube.com/channel/UCdwV9f01mc4ymXD16YdNUBA](https://www.youtube.com/channel/UCdwV9f01mc4ymXD16YdNUBA) or at [www.facebook.com/saintalbans](https://www.facebook.com/saintalbans).*

*If you are joining us online, your full participation is welcome: Please let us know you are with us by 'liking' the stream or sharing some comments!*

## **Sunday Worship Online**

*St. Albans worships via Livestream every Sunday, with a 10am morning service at [www.facebook.com/saintalbans](https://www.facebook.com/saintalbans).*

*Our French-language service livestreams Sundays at 12h00 on Facebook at [www.facebook.com/CommunauteStBernard](https://www.facebook.com/CommunauteStBernard).*

## **Join us In-Person**

*Welcome back to in-person worship, albeit in a limited capacity. Learn how to register for in-person services at St. Albans website, [www.stalbanschurch.ca/in-person](https://www.stalbanschurch.ca/in-person)*

## **Land Acknowledgement**

*St Alban's gathers on the unceded territory of the Algonquin Anishnaabeg people. We remember the Indigenous peoples on whose land we are gathered, wherever we are. Our acknowledgement is also a statement of our commitment to the ongoing work of reconciliation with our Indigenous neighbours.*

## **Greeting**

The grace of our Lord Jesus Christ,  
and the love of God,  
and the fellowship of the Holy Spirit,  
be with you all.

**And also with you.**

**Gravity of Love** | *David Gungor, Jon Arndt (The Brilliance)*

I lift my eyes up to the hills  
This my morning song  
Where my strength comes from  
I lift my eyes up to the hills  
This my evening song  
Where my help comes from

This is the gravity of love  
Just as the moon follows the sun  
You're all around me  
You're holding everything  
This is the hope of every land  
Just as the universe expands  
Your love is reaching  
You're holding everything

We lift our eyes up to the hills  
When will our help come?  
Lord we cry, "How long?"  
We lift our eyes up to the hills  
Even as we run  
Hope is chasing us

This is the gravity of love  
Just as the moon follows the sun  
You're all around me  
You're holding everything

This is the hope of every land  
Just as the universe expands  
Your love is reaching  
You're holding everything

I see infinite stars  
One for every human heart  
And with all of these suns  
I know I am not alone

This is the gravity of love  
Just as the moon follows the sun  
You're all around me  
You're holding everything

This is the hope of every land  
Just as the universe expands  
Your love is reaching  
You're holding everything

### **The Opening Prayer**

Almighty God,  
**to you all hearts are open,**  
**all desires known,**  
**and from you no secrets are hidden.**  
**Cleanse the thoughts of our hearts**  
**by the inspiration of your Holy Spirit,**  
**that we may perfectly love you,**  
**and worthily magnify your holy name,**  
**through Christ our Lord.**  
**Amen.**

Let us pray.

*We pray silently*

## **Collect**

Oh God,  
**who draws near to us  
and whose nature is revealed in lordship laid aside:  
give us grace to welcome you  
in the child and in the outcast;  
in the name of Jesus Christ, who humbled himself  
so that we might know eternal life. Amen.**

## **We Proclaim the Word**

*Each Sunday we read several sections of the Bible, typically from the Old Testament, Psalms, New Testament and the Gospel. These same readings will be proclaimed to over a billion Christians around the world today.*

## **The First Reading** | *Proverbs 31:10-31*

Hear what the Spirit is saying to the Church.

**Thanks be to God.**

## **Psalm 1**

Happy are they who have not walked  
in the counsel of the wicked,  
**nor lingered in the way of sinners,  
nor sat in the seats of the scornful!**

Their delight is in the law of the Lord,  
**and on this law they meditate day and night.**

They are like trees planted by streams of water,  
bearing fruit in due season,

with leaves that do not wither;  
**everything they do shall prosper.**

It is not so with the wicked;  
**they are like chaff which the wind blows away.**

Therefore the wicked shall not stand upright when judgement comes,  
**nor the sinner in the council of the righteous.**

For the Lord knows the way of the righteous,  
**but the way of the wicked is doomed.**

**The Second Reading** | *James 3:13–4:3, 7-8a*

Hear what the Spirit is saying to the Church.  
**Thanks be to God.**

**We're Not Ok** | *Chad Cecil*

Can we stop just for a moment  
and consider we're in this together  
We've all played a part  
In the way things have become

And I regret to inform You  
That I am one of them  
Whose made a deal with wealth and power  
And never having quite enough

Ooo, we're not ok  
Ooo, love make a way

Please forgive my disengagement  
From what I do not know  
For burying my head into the sand  
While my siblings fought alone

You see I'm the kind of person  
Who stares up at the stars  
Praying to someone up above  
While there's a power at work within us

But I won't give up  
Can't give up  
On the world  
And I won't give up  
Can't give up  
On you

### **The Gospel** | *Mark 9:30-37*

Le Seigneur soit avec vous. The Lord be with you.

**And also with you.**

The Holy Gospel of our Lord Jesus Christ according to ...

**Glory to you, Lord Jesus Christ**

*The Gospel is proclaimed.*

The Gospel of Christ

**Praise to you, Lord Jesus Christ.**

**Sermon** | *The Rev. Simone Hurkmans*

### **Open Space**

*This is a time for us to respond in our own way to what we have heard and to prepare for the prayers that follow. Please feel free to comment with any reflections, discuss with anyone in your home, or simply rest in what was shared. If you are attending in person, you are invited to discuss with others at a distance by remaining in your seat. If you would like to offer prayers as part of our prayers of the people, please use the comments to do so.*

## **Hear, O People**

Hear, O People,  
the Lord our God, the Lord is one.

Love the Lord your God  
with all your heart,  
with all your soul,  
with all your mind,  
and with all your strength.

This is the first and the great commandment.

The second is like it:

Love your neighbour as yourself.

There is no commandment greater than these.

## **Prayers of the People**

### **The Peace**

*In the sharing of the Peace we celebrate our reconciliation with God and extend the gift of peace to one another (Matt 5:23-24). We are also reminded that it is in meeting others that we meet Christ.*

*When exchanging the Peace with fellow parishioners (if you are attending in person), please remember that physical contact with those outside your bubble group is sadly not permitted during this Yellow phase. Share a sign of peace with others around you by other means such as bowing or waving. If you are online, share a sign of peace online or in your home.*

La paix du Seigneur soit toujours avec vous

The peace of the Lord be always with you.

**And also with you.**

## **We Celebrate the Eucharist**

### **Offering**



*All that we have is a gift from God. Please consider supporting St. Albans financially with an e-transfer to [donate@stalbanschurch.ca](mailto:donate@stalbanschurch.ca) or a secure credit card donation at [stalbanschurch.ca/connect/donations](https://stalbanschurch.ca/connect/donations) (StAlbans is the answer to the security question). If we have your email, name, and postal address, we'll provide an electronic tax receipt with pleasure. If you'd prefer to give in person, please place your offering in the plate located near the pods. We won't be passing the plate in order to keep safe distances. Thank you!*

**Little Things With Great Love** | *Cunningham, Assad*

In the garden of our Maker, no flower grows unseen;  
Her kindness rains like water on every humble seed.  
No simple act of mercy escapes Her watchful eye —  
for there is One who loves me: Her hand is over mine.

In the kingdom of creation, no suff'ring is unknown;  
each tear that falls is holy, each breaking heart a throne.  
There is a song of beauty on ev'ry weeping eye —  
for there is One who loves me: His heart, it breaks with mine.

Oh, the deeds forgotten; oh, the works unseen,  
every drink of water flowing graciously,  
every tender mercy, You're making glorious.  
This You have asked us: do little things with great love,  
little things with great love.

At the table of our Savior, no mouth will go unfed;  
All children in the shadows stream in and raise their heads.  
Oh, give us ears to hear them and give us eyes that see —  
for there is One who loves them: I am Your hands and feet.  
for there is One who loves them: I am Your hands and feet.

## **Prayer over the Gifts**

God of power,  
the glory of your works fills us with wonder and awe.  
Accept our offering this day,  
and help us to live in peace and harmony  
with all your creation,  
for the sake of Jesus Christ our Lord. Amen.

## **Eucharistic Prayer**

The Lord be with you.  
And also with you.

Lift up your hearts.  
We lift them to the Lord.

Let us give thanks to the Lord our God.  
It is right to give our thanks and praise.

It is right to give you thanks and praise,  
O Lord, our God, sustainer of the universe,  
you are worthy of glory and praise.  
Glory to you for ever and ever.

At your command all things came to be:  
the vast expanse of interstellar space,  
galaxies, suns, the planets in their courses,  
and this fragile earth, our island home;  
by your will they were created and have their being.  
Glory to you for ever and ever.

From the primal elements  
you brought forth the human race,  
and blessed us with memory, reason, and skill;  
you made us the stewards of creation.  
Glory to you for ever and ever.

But we turn against you, and betray your trust;  
and we turn against one another.  
Again and again you call us to return.  
Through the prophets and sages  
you reveal your righteous law.  
In the fullness of time you sent your Son,  
born of a woman, to be our Saviour.  
He was wounded for our transgressions,  
and bruised for our iniquities.  
By his death he opened to us  
the way of freedom and peace.  
**Glory to you for ever and ever.**

Therefore we praise you,  
joining with the heavenly chorus,  
with prophets, apostles, and martyrs,  
and with those in every generation  
who have looked to you in hope,  
to proclaim with them your glory,  
in their unending hymn:

**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth of your glory are full  
Hosanna, hosanna, hosanna in the highest.  
Blessed is the one who comes in the name of the Lord.  
Blessed is the one who comes in the name of the Lord.  
Holy, holy, holy, Lord ...**

Blessed are you, Lord our God,  
for sending us Jesus, the Christ,  
who on the night he was handed over  
to suffering and death,  
took bread, said the blessing,  
broke the bread, gave it to his friends,  
and said, "Take this, and eat it:

this is my body which is given for you.  
Do this for the remembrance of me.”  
In the same way, after supper,  
he took the cup of wine;  
he gave you thanks,  
and said, “Drink this, all of you:  
this is my blood of the new covenant,  
which is shed for you and for many  
for the forgiveness of sins.  
Whenever you drink it,  
do this for the remembrance of me.”  
**Glory to you for ever and ever.**

### **The Lord’s Prayer**

**Our Father in heaven,  
hallowed be your name,  
Your kingdom come, your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.**

### **The Breaking of the Bread**

We break this bread  
to share in the body of Christ.  
**We, being many, are one body,  
for we all share in the one bread.**

## **The Communion**

*During Communion, Rev. Simone will come to you with the bread. At this time we are offering the bread only. Please leave your mask on as you receive the bread, and remove it to consume the host once Simone has moved on. If you are unable to receive the wheat wafer, a rice wafer is also available. Please let Simone know.*

The gifts of God for the people of God.

### **Thanks be to God.**

Dear friends, wherever you may be, receive Christ; in communion with the saints and the gathering of God's people, unseen yet present with us now.

**We receive you Lord Jesus Christ, we welcome your presence in us, and together proclaim our love for you; with our hearts, minds, our souls, and our strength; with the saints we worship you, with the angels we adore you, with your whole Church we proclaim your reign. Come to us, though many, and make us one in you. Amen.**

### **Bob Dylan** | *The Times They Are A Changin'*

Come gather 'round people  
Wherever you roam  
And admit that the waters  
Around you have grown  
And accept it that soon  
You'll be drenched to the bone  
If your time to you is worth savin'  
Then you better start swimmin' or you'll sink like a stone  
For the times they are a-changin'

Come writers and critics  
Who prophesize with your pen  
And keep your eyes wide  
The chance won't come again

And don't speak too soon  
For the wheel's still in spin  
And there's no tellin' who that it's namin'  
For the loser now will be later to win  
For the times they are a-changin'

Come senators, congressmen  
Please heed the call  
Don't stand in the doorway  
Don't block up the hall  
For he that gets hurt  
Will be he who has stalled  
There's a battle outside and it is ragin'  
It'll soon shake your windows and rattle your walls  
For the times they are a-changin'

Come mothers and fathers  
Throughout the land  
And don't criticize  
What you can't understand  
Your sons and your daughters  
Are beyond your command  
Your old road is rapidly agin'  
Please get out of the new one if you can't lend your hand  
For the times they are a-changin'

The line it is drawn  
The curse it is cast  
The slow one now  
Will later be fast  
As the present now  
Will later be past  
The order is rapidly fadin'  
And the first one now will later be last  
For the times they are a-changin'

## **We Are Sent**

### **Prayer After Communion**

Ruler of the universe,  
all creation yearns for its fulfilment in your Son.  
May we who have shared in holy things  
grow into maturity in him.  
This we ask in the name of the same Jesus Christ our Lord.  
Amen.

*We pray silently.*

Glory to God,  
whose power, working in us can do infinitely more  
than we can ask or imagine.  
Glory to God, from generation to generation  
in the Church and in Christ Jesus,  
for ever and ever. Amen.

### **Community Announcements**

#### **Blessing**

**Justice Will Roll Down** | *Sandra McCracken*

Oh my love, you have grown so cold  
To the world outside, to the house next door  
She who has been loved much, has so much to give  
Mercy is the fragrance, of the broken

Justice will roll down, oh justice will roll down  
From high upon those mountains with a mighty river sound  
It will roll down  
It will roll down

Oh my child, I will be your light  
In your secret pain, in the dark of night  
No enemy, no conqueror, will steal your life from me  
I am your healing, and your victory.

Justice will roll down, oh justice will roll down  
From high upon those mountains with a mighty river sound  
It will roll down  
It will roll down

### **Sending**

Go in peace to love and serve the Lord.

**Thanks be to God.**

*When the service ends, please leave through the Daly Ave. doors while maintaining safe distances. Join us for coffee on the Daly Ave. lawn. We know it's tempting to hug and get close, but please continue to wear a mask and maintain distancing when chatting with others.*

### **Welcome Back Students BBQ**

On **Sunday, Sept. 26**, St Albans will be hosting a welcome back bbq for all incoming and returning undergrad and graduate students! Our friends at Centre 454 are kindly opening up their space following their drop-in hours. To spread out the numbers, we will be promoting



it as more of an Open House from 5-7pm. At this stage, we're looking for volunteers to assist with set-up/tear down, food prep, welcoming people, distributing food to local street kin, and a grill! We really need a grill! If interested, please contact Chad at [chad@stalbanschurch.ca](mailto:chad@stalbanschurch.ca).

Thank you! p.s. pray for no rain

## **The Return of Morning Prayer**

Join us on Zoom every week at 9am to pray and to study the upcoming Sunday's Gospel and Psalm readings. The Zoom link will remain the same for each week:

<https://bit.ly/3ljRmMi> Meeting ID: 821 0277 5595

Passcode: 574469

## **Orange Shirt Day and St Albans**

St Albans will be participating in Orange Shirt Day (National Day for Truth and Reconciliation) on September 30. A team from our community is currently organizing and planning logistics surrounding the **Remember Me: A National Day of Remembrance** event. We invite you to stay tuned over the next few weeks for details on how we'll organize, show up, listen and learn as a parish on this critical day with our Indigenous neighbours.

## **Diocese-Wide Collaborative Book Study**

Starting September 22, join Diocesan siblings on Zoom for a six-week study of Barbara Brown Taylor's *An Altar in the World*. The group will meet Wednesday evenings at 7pm. To participate in the study, obtain a copy of the book, or ask a question, please contact Robyn at [robysulkko@hotmail.com](mailto:robysulkko@hotmail.com).

## **Connect with Mid-Week Activities**

St Albans offers a variety of mid-week activities such as morning and evening prayer, bible study, coffee hours, and yoga. These change with the seasons, so to find out what's currently on and to get connected, email [revsimone@stalbanschurch.ca](mailto:revsimone@stalbanschurch.ca).

## **St. Albans Contacts**

The Rev. Simone Hurkmans, Incumbent  
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Chad Cecil, Music and Young Adult Pastor  
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Nick Busch, Online Coordinator  
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## **Donations**

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