

September 12, 2021  
at 10:00 a.m.

# The Booklet

Pentecost 16

A Celebration of Holy Eucharist

*The Rev. Simone Hurkmans*  
*Incumbent*  
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*Livestream the service at*  
[www.facebook.com/saintalbans](https://www.facebook.com/saintalbans) or  
[www.youtube.com/channel/UCdwV9f01  
mc4ymXD16YdNUBA](https://www.youtube.com/channel/UCdwV9f01mc4ymXD16YdNUBA)



**ST ALBANS**

## **Welcome/Bienvenue**

*Welcome to St. Albans, livestreaming from beautiful downtown Ottawa on [www.youtube.com/channel/UCdwV9f01mc4ymXD16YdNUBA](http://www.youtube.com/channel/UCdwV9f01mc4ymXD16YdNUBA) or at [www.facebook.com/saintalbans](http://www.facebook.com/saintalbans).*

*If you are joining us online, your full participation is welcome: Please let us know you are with us by 'liking' the stream or sharing some comments!*

## **Sunday Worship Online**

*St. Albans worships via Livestream every Sunday, with a 10am morning service at [www.facebook.com/saintalbans](http://www.facebook.com/saintalbans).*

*Our French-language service livestreams Sundays at 12h00 on Facebook at [www.facebook.com/CommunauteStBernard](http://www.facebook.com/CommunauteStBernard).*

## **Join our Live Sanctuary Audience**

*Welcome back to in-person worship, albeit in a limited capacity. Learn how to register for in-person services at St. Albans website, [www.stalbanschurch.ca/in-person](http://www.stalbanschurch.ca/in-person)*

## **Land Acknowledgement**

*St Alban's gathers on the unceded territory of the Algonquin Anishnaabeg people. We remember the Indigenous peoples on whose land we are gathered, wherever we are. Our acknowledgement is also a statement of our commitment to the ongoing work of reconciliation with our Indigenous neighbours.*

## **Greeting**

The grace of our Lord Jesus Christ,  
and the love of God,  
and the fellowship of the Holy Spirit,  
be with you all.

**And also with you.**

## **Praise to the Lord the Almighty |**

*Neander, Winkworth, edited lyrics by Chad*

Praise to Creator, Great Spirit, who sets free creation  
O my soul, praise her, for she is thy true restoration  
Come, all who hear; now in her love draw near,  
join me in glad adoration.

Voice of the Stars, who in all things so wondrously speaking;  
sheltering you under their wings, and so gently sustaining!  
Have you not seen all that is needful has been  
sent by their sacred wisdom?

We rejoice

We rejoice

We rejoice

Praise to the One Who visibly blesses our living  
Who from all time has been showing great mercy and caring  
Think about this, the brilliance that formed all this  
Who in this love you are meeting

## **The Opening Prayer**

Almighty God,  
**to you all hearts are open,**  
**all desires known,**  
**and from you no secrets are hidden.**

Cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name,  
through Christ our Lord.  
Amen.

Let us pray.

*We pray silently*

### **Collect**

Wisdom of God,  
from the street corners  
and at the entrances to the city  
you proclaim the way of life and of death.  
Grant us wisdom to recognize your Messiah,  
so that following in the way of the cross,  
we may know the way of life and glory;  
in the name of Christ we pray. Amen.

### **We Proclaim the Word**

*Each Sunday we read several sections of the Bible, typically from the Old Testament, Psalms, New Testament and the Gospel. These same readings will be proclaimed to over a billion Christians around the world today.*

### **The First Reading | Proverbs 1:20-33**

Hear what the Spirit is saying to the Church.  
Thanks be to God.

## **Psalm 19**

The heavens declare the glory of God,  
**and the firmament shows the handiwork of the Lord.**

One day tells its tale to another,  
**and one night imparts knowledge to another.**

Although they have no words or language,  
**and their voices are not heard,**

their sound has gone out into all lands,  
**and their message to the ends of the world.**

In the deep has God set a pavilion for the sun;  
**it comes forth like a bridegroom out of his chamber; it rejoices like  
a champion to run its course.**

It goes forth from the uttermost edge of the heavens and runs about  
to the end of it again;  
**nothing is hidden from its burning heat.**

The law of the Lord is perfect and revives the soul;  
**the testimony of the Lord is sure**

and gives wisdom to the innocent.

**The statutes of the Lord are just and rejoice the heart;**

the commandment of the Lord is clear  
**and gives light to the eyes.**

The fear of the Lord is clean and endures for ever;  
**the judgements of the Lord are true and righteous altogether.**

More to be desired are they than gold,  
**more than much fine gold,**

sweeter far than honey,  
**than honey in the comb.**

By them also is your servant enlightened,  
**and in keeping them there is great reward.**

Who can tell how often they offend?  
**Cleanse me from my secret faults.**

Above all, keep your servant from presumptuous sins;  
**let them not get dominion over me;**

then shall I be whole and sound,  
**and innocent of a great offense.**

Let the words of my mouth and the meditations of my heart be  
acceptable in your sight;  
**O Lord, my strength and my redeemer.**

### **The Second Reading** | *James 3:1-12*

Hear what the Spirit is saying to the Church.  
**Thanks be to God.**

### **Gravity of Love** |

*David Gungor, Jon Arndt (The Brilliance)*

I lift my eyes up to the hills  
This my morning song  
Where my strength comes from  
I lift my eyes up to the hills  
This my evening song  
Where my help comes from

This is the gravity of love  
Just as the moon follows the sun  
You're all around me  
You're holding everything  
This is the hope of every land

Just as the universe expands  
Your love is reaching  
You're holding everything

We lift our eyes up to the hills  
When will our help come?  
Lord we cry, "How long?"  
We lift our eyes up to the hills  
Even as we run  
Hope is chasing us

This is the gravity of love  
Just as the moon follows the sun  
You're all around me  
You're holding everything

This is the hope of every land  
Just as the universe expands  
Your love is reaching  
You're holding everything

I see infinite stars  
One for every human heart  
And with all of these suns  
I know I am not alone

This is the gravity of love  
Just as the moon follows the sun  
You're all around me  
You're holding everything

This is the hope of every land  
Just as the universe expands  
Your love is reaching  
You're holding everything

## **The Gospel** | *Mark 8:27-38*

Le Seigneur soit avec vous. The Lord be with you.

**And also with you.**

The Holy Gospel of our Lord Jesus Christ according to ...

**Glory to you, Lord Jesus Christ**

*The Gospel is proclaimed.*

The Gospel of Christ

**Praise to you, Lord Jesus Christ.**

**Sermon** | *The Rev. Simone Hurkmans*

## **Open Space**

*This is a time for us to respond in our own way to what we have heard and to prepare for the prayers that follow. Please feel free to comment with any reflections, discuss with anyone in your home, or simply rest in what was shared. If you would like to offer prayers as part of our prayers of the people, please use the comments to do so.*

## **Hear, O People**

Hear, O People,  
the Lord our God, the Lord is one.

Love the Lord your God

with all your heart,

with all your soul,

with all your mind,

and with all your strength.

This is the first and the great commandment.

The second is like it:

Love your neighbour as yourself.

There is no commandment greater than these.

## **Prayers of the People**

### **The Peace**

*In the sharing of the Peace we celebrate our reconciliation with God and extend the gift of peace to one another (Matt 5:23-24). We are also reminded that it is in meeting others that we meet Christ.*

*When exchanging the Peace with fellow parishioners (if you are attending in person), please remember that physical contact with those outside your bubble group is sadly not permitted during this Yellow phase. Share a sign of peace with others around you by other means such as bowing or waving. If you are online, share a sign of peace online or in your home.*

La paix du Seigneur soit toujours avec vous  
The peace of the Lord be always with you.  
**And also with you.**

## **We Celebrate the Eucharist**

### **Offering**

*All that we have is a gift from God. Please consider supporting St. Albans financially with an e-transfer to [donate@stalbanschurch.ca](mailto:donate@stalbanschurch.ca) or a secure credit card donation at [stalbanschurch.ca/connect/donations](https://stalbanschurch.ca/connect/donations) (StAlbans is the answer to the security question). If we have your email, name, and postal address, we'll provide an electronic tax receipt with pleasure. If you'd prefer to give in person, please place your offering in the plate located near the pods. We won't be passing the plate in order to keep safe distances. Thank you!*

**These Bodies** | *Hannah Rand, Lenora Rand (The Many)*

You gave us these bodies  
And you called them good  
You gave us these bodies  
And you called them good

We are easily damaged  
have you seen the scars?  
That's just scratching the surface  
More beneath where those are.

You gave us these bodies  
And you called them good  
You gave us these bodies  
And you called them good

May we love them as you do  
Let us love them as you do  
Inside outside, through and through  
Let us love them as you do

But we do so much damage.  
Have you seen the scars?  
We keep hurting each other  
Sometimes that's just how we are

*Chorus*

These bodies, these bodies,  
They are fearfully, wonderfully made.  
Don't believe the lies  
some will say.  
No, our flesh and bones, our hearts and hands  
are loved in every way.  
Our flesh and bones, our hearts and hands  
are loved in every way.

### **Prayer over the Gifts**

Holy God,  
**accept all we offer you this day.**  
**May we who are reconciled at this table**

**bring wholeness to our broken world.**

**We ask this in the name of Jesus Christ the Lord. Amen.**

## **Eucharistic Prayer**

Que Dieu soit avec vous. May God be with you.

**And also with you**

Lift up your hearts

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

We give you thanks and praise, almighty God,  
through your beloved Son, Jesus Christ,  
our Saviour and Redeemer.

Jesus Christ is your living Word,  
through whom you have created all things.

By the power of the Holy Spirit

Christ took flesh of the Virgin Mary and shared our human nature.

He lived and died as one of us, to reconcile us to you,  
the God and Creator of all.

In fulfilment of your will

Jesus stretched out his hands in suffering,  
to bring release to those who place their hope in you;  
and so Christ won for you a holy people.

He chose to bear our griefs and sorrows,  
and to give up his life on the cross,

that he might shatter the chains of evil and death,  
and banish the darkness of sin and despair.

By his resurrection he brings us into the light of your presence.

Now with all creation we raise our voices  
to proclaim the glory of your name.

**Holy, Holy, Holy Lord**

**God of power and might**

**Heaven and earth of your glory are full  
Hosanna in the highest,  
Hosanna in the highest,  
Blessed is the one who comes in the name of the Lord  
Blessed is the one who comes in the name of the Lord  
(Holy, Holy ...)**

Holy and gracious God,  
accept our praise,  
through your Son our Saviour Jesus Christ;  
who on the night he was handed over to suffering and death,  
took bread and gave you thanks, saying, "Take, and eat:  
this is my body which is broken for you."  
In the same way he took the cup,  
saying, "This is my blood which is shed for you.  
When you do this, you do it in memory of me."  
Remembering, therefore, his death and resurrection,  
we offer you this bread and this cup,  
giving thanks that you have made us worthy  
to stand in your presence and serve you.  
We ask you to send your Holy Spirit  
upon the offering of your holy Church.  
Gather into one all who share in these sacred mysteries,  
filling them with the Holy Spirit  
and confirming their faith in the truth,  
that together we may praise you and give you glory  
through your Servant, Jesus Christ.  
All glory and honour are yours, Creator and Redeemer,  
with the Sustainer in the holy Church,  
now and for ever. **Amen.**

### **The Lord's Prayer**

**Our Father in heaven,  
hallowed be your name,  
Your kingdom come, your will be done,**

on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.

### **The Breaking of the Bread**

We break this bread  
to share in the body of Christ.  
**We, being many, are one body,  
for we all share in the one bread.**

### **The Communion**

*During Communion, Rev. Simone will come to you with the bread.  
At this time we are offering the bread only. Please leave your mask on  
as you receive the bread, and remove it to consume the host once  
Simone has moved on. If you are unable to receive the wheat wafer,  
a rice wafer is also available. Please let Simone know.*

The gifts of God for the People of God.

**Thanks be to God.**

Dear friends, wherever you may be, receive Christ; in communion  
with the saints and the gathering of God's people, unseen yet  
present with us now.

**We receive you Lord Jesus Christ, we welcome your presence in us,  
and together proclaim our love for you; with our hearts, minds, our  
souls, and our strength; with the saints we worship you, with the  
angels we adore you, with your whole Church we proclaim your  
reign. Come to us, though many, and make us one in you. Amen.**

**Across the Universe** | *Lennon, McCartney*

Words are flowing out like endless rain into a paper cup  
They slither wildly as they slip away across the universe  
Pools of sorrow, waves of joy are drifting through my opened mind  
Possessing and caressing me

Jai guru deva, om

Nothing's gonna change my world  
Nothing's gonna change my world  
Nothing's gonna change my world  
Nothing's gonna change my world

Images of broken light which dance before me like a million eyes  
They call me on and on across the universe  
Thoughts meander like a restless wind inside a letterbox they  
They tumble blindly as they make their way across the universe  
Jai guru deva, om

Nothing's gonna change my world  
Nothing's gonna change my world  
Nothing's gonna change my world  
Nothing's gonna change my world

Sounds of laughter shades of life are ringing  
Through my open ears inciting and inviting me  
Limitless undying love which shines around me like a million suns  
It calls me on and on across the universe  
Jai guru deva, om

Nothing's gonna change my world  
Nothing's gonna change my world  
Nothing's gonna change my world  
Nothing's gonna change my world

Jai guru deva  
Jai guru deva

## **We Are Sent**

God of peace,  
**in this eucharist we have been reconciled  
to you and to our neighbours.**  
**May we who have been nourished by holy things  
always have the courage to forgive.**  
**We ask this in the name of Jesus Christ the Lord. Amen.**

*We pray silently.*

Glory to God,  
**whose power, working in us can do infinitely more  
than we can ask or imagine.**  
**Glory to God, from generation to generation  
in the Church and in Christ Jesus,  
for ever and ever.**  
**Amen.**

## **Community Announcements**

### **Special Blessing for the New School Year**

**God's Highway** | *Sandra McCracken*

My feet are strong, my eyes are clear  
I cannot see the way from here

But on we go, They know the way  
And in Their arms, They keep me safe.

Fear not, keep on, watch and pray  
Walk in the light of God's highway

The shadows flee, The valley is deep  
But evil cannot conquer me  
Your rod and staff, They protect me  
You give me rest, You give me peace

Fear not, keep on, watch and pray  
Walk in the light of God's highway

I see the shore, from troubled seas  
This tiny ship that carries me  
It is not yet, But it will be  
So heaven come, It's you we need

Fear not, keep on, watch and pray  
Walk in the light of God's highway

I'm holding onto you, Lord  
You're holding onto me ...  
I'm holding onto you, Love  
You're holding onto me ...  
I'm holding onto you, Lord  
You're holding onto me ...

Fear not, keep on, watch and pray  
Walk in the light of God's highway

## **Sending**

Go in peace to love and serve the Lord.

**Thanks be to God.**

*When the service ends, please leave through the Daly Ave doors while maintaining safe distances. Join us for coffee on the Daly Ave lawn. We know it's tempting to hug and get close, but please continue to wear a mask and maintain distancing when chatting with others.*

## **Welcome Back Students BBQ**

On **Sunday, Sept. 26**, St Albans will be hosting a welcome back bbq for all incoming and returning undergrad and graduate students! Our friends at Centre 454 are kindly opening up their space following their drop-in hours.

To spread out the numbers, we will be promoting it as more of an Open House from 5-7pm.

At this stage, we're looking for volunteers to assist with set-up/tear down, food prep, welcoming people, distributing food to local street kin, and a grill! We really need a grill!

If interested, please contact Chad at [chad@stalbanschurch.ca](mailto:chad@stalbanschurch.ca).

Thank you!

p.s. pray for no rain

## **The Return of Morning Prayer**

Starting on Thursday, September 16, join us on Zoom every week at 9am to pray and to study the upcoming Sunday's Gospel and Psalm readings. The Zoom link will remain the same for each week:

<https://bit.ly/3ljRmMi> Meeting ID: 821 0277 5595

Passcode: 574469

## **Orange Shirt Day and St Albans**

St Albans will be participating in Orange Shirt Day (National Day for Truth and Reconciliation) on September 30. A team from our community is currently organizing and planning logistics surrounding the **Remember Me: A National Day of Remembrance** event. We invite you to stay tuned over the next few weeks for details on how we'll organize, show up, listen and learn as a parish on this critical day with our Indigenous neighbours.

## **New Diocese-Wide Collaborative Book Study**

Starting September 22, join Diocesan siblings on Zoom for a six-week study of Barbara Brown Taylor's *An Altar in the World*. The group will meet Wednesday evenings at 7pm.

To participate in the study, obtain a copy of the book, or ask a question, please contact Robyn at [robysulkko@hotmail.com](mailto:robysulkko@hotmail.com).

## **Connect with Mid-Week Activities**

St Albans offers a variety of mid-week activities such as morning and evening prayer, bible study, coffee hours, and yoga. These change with the seasons, so to find out what's currently on and to get connected, email [revsimone@stalbanschurch.ca](mailto:revsimone@stalbanschurch.ca).

## **St. Albans Contacts**

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## **Donations**

*All that we have is a gift from God. Please consider supporting St. Albans financially with an e-transfer to [donate@stalbanschurch.ca](mailto:donate@stalbanschurch.ca) or a secure credit card donation at [stalbanschurch.ca/connect/donations](http://stalbanschurch.ca/connect/donations) (StAlbans is the answer to the security question.) If we have your email, name, and postal address, we'll provide an electronic tax receipt with pleasure*

**St Albans Church**

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