

August 22, 2021  
at 10:00 a.m.

# Worship Booklet

Pentecost 13

A Celebration of Holy Eucharist

The Rev. Simone Hurkmans  
Incumbent  
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613-236-0342  
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Livestream the service at

[www.facebook.com/saintalbans](https://www.facebook.com/saintalbans) or

[www.youtube.com/channel/UCdwV9f01mc4ymX](https://www.youtube.com/channel/UCdwV9f01mc4ymX)

**D16YdNUBA**



**ST ALBANS**

## **Welcome/Bienvenue**

*Welcome to St. Albans 10am Morning Worship Livestream!*

*The service is livestreamed on [www.facebook.com/saintalbans](http://www.facebook.com/saintalbans), or at [www.youtube.com/channel/UCdwV9f01mc4ymXD16YdNUBA](http://www.youtube.com/channel/UCdwV9f01mc4ymXD16YdNUBA).*

*Your full participation is welcome: Please let us know you are with us by 'liking' the stream or sharing some comments!*

## **Sunday Worship**

*St. Albans worships via Livestream every Sunday, with a 10am morning service at [www.facebook.com/saintalbans](http://www.facebook.com/saintalbans).*

*Our French-language service livestreams Sundays at 12h00 on Facebook at [www.facebook.com/CommunauteStBernard](http://www.facebook.com/CommunauteStBernard).*

## **Mid-Week Activities**

*St Albans offers a variety of mid-week activities such as morning and evening prayer, bible study, coffee hours, and yoga. These change with the seasons, so to find out what's currently on and to get connected, email [revsimone@stalbanschurch.ca](mailto:revsimone@stalbanschurch.ca).*

## **Donations**

*All that we have is a gift from God.*

*Please consider supporting St. Albans financially with an e-transfer to [donate@stalbanschurch.ca](mailto:donate@stalbanschurch.ca), or a secure credit card donation at [stalbanschurch.ca/connect/donations](http://stalbanschurch.ca/connect/donations). (**StAlbans** is the answer to the security question.) If we have your email, name, and postal address, we'll be pleased to provide an electronic tax receipt. Thank you!*

## **Land Acknowledgement**

*St. Albans gathers on the unceded territory of the Algonquin Anishnaabeg people.*

## **Greeting**

The grace of our Lord Jesus Christ,  
and the love of God,  
and the fellowship of the Holy Spirit,  
be with you all.

**And also with you.**

## **All Creatures** | *St Francis of Assisi*

All creatures of earth and sky above  
lift up your sounds that carry love,  
alleluia, alleluia!

Thou burning sun with golden beam,  
thou silver moon with softer gleam,  
O sing ye, O sing ye, alleluia, alleluia, alleluia!

Thou rushing wind that art so strong,  
ye clouds that sail in heav'n along,  
alleluia, alleluia!

Thou rising morn in praise rejoice,  
ye lights of evening, find a voice,  
O sing ye, O sing ye, alleluia, alleluia, alleluia!

Thou flowing water, pure and clear,  
May we protect your essence here  
alleluia, alleluia!

Thou fire so masterful and bright,  
that givest all both warmth and light,  
O sing ye, O sing ye, alleluia, alleluia, alleluia!

Dear mother earth, who day by day,  
unfoldest blessings on our way,  
alleluia, alleluia!

The flow'rs and fruits that in thee grow,  
let them God's glory also show,  
O sing ye, O sing ye, alleluia, alleluia, alleluia!

## **The Opening Prayer**

Almighty God,  
to you all hearts are open,  
all desires known,  
and from you no secrets are hidden.  
Cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name,  
through Christ our Lord. Amen.

Let us pray.

*We pray silently*

## **Collect**

Knowing God,  
refusing our religion of sacrifice and power:  
find us in our wandering, speak to us the word of life,  
liberate our violent hearts, and let us abide with you;  
through Jesus Christ, the holy one of God. Amen.

## **We Proclaim the Word**

*Each Sunday we read several sections of the Bible, typically from the Old Testament, Psalms, New Testament and the Gospel. These same readings will be proclaimed to over a billion Christians around the world today.*

**The First Reading** | *1 Kings 8:(1, 6, 10-11), 22-30, 41-43;*

Hear what the Spirit is saying to the Church.

**Thanks be to God.**

## Psalm 84

How dear to me is your dwelling, O Lord of hosts!

**My soul has a desire and longing for the courts of the Lord;  
my heart and my flesh rejoice in the living God.**

The sparrow has found her a house  
and the swallow a nest where she may lay her young;  
**by the side of your altars, O Lord of hosts,  
my Sovereign and my God.**

Happy are they who dwell in your house!  
They will always be praising you.  
**Happy are the people whose strength is in you,  
whose hearts are set on the pilgrims' way!**

Those who go through the desolate valley  
will find it a place of springs,  
for the early rains have covered it with pools of water.  
**They will climb from height to height, and you,  
the God of gods, will reveal yourself in Zion.**

Lord God of hosts, hear my prayer;  
hearken, O God of Jacob.  
**Behold our defender, O God;  
and look upon the face of your anointed.**

For one day in your courts is better than a thousand in my own room,  
and to stand at the threshold of the house of my God  
than to dwell in the tents of the wicked.  
**For you, Lord God, are both sun and shield;  
you will give grace and glory;**

no good thing will you withhold, O Lord,  
from those who walk with integrity.  
**O Lord of hosts,  
happy are they who put their trust in you!**

**The Second Reading** | *Ephesians 6:10-20*

Hear what the Spirit is saying to the Church.

**Thanks be to God.**

**Not In A Hurry** | *Will Regan*

Lord I don't want to rush on ahead  
In my own strength

When You're right here

Lord I don't want to rush on ahead  
In my own strength

When You're right here

I'm not in a hurry

When it comes to Your spirit

When it comes to Your presence

When it comes to Your voice

I'm learning to listen

Just to rest in Your nearness

I'm starting to notice

You are speaking

Lord I want to love like You

I want to feel what You feel

I want to see what You see

Lord I want to love like You

I want to feel what You feel

I want to see what You see

I'm not in a hurry

When it comes to Your spirit

When it comes to Your presence

When it comes to Your voice

I'm learning to listen

Just to rest in Your nearness

I'm starting to notice

You are speaking

Open my eyes, I want to see You more clearly  
Open my ears,  
Tell me your thoughts what's on Your mind  
I'll be your friend, I want to see through Your eyes  
I want to see through Your eyes

I'm not in a hurry  
When it comes to Your spirit  
When it comes to Your presence  
When it comes to Your voice  
I'm learning to listen  
Just to rest in Your nearness  
I'm starting to notice  
You are speaking

### **The Gospel** | *John 6:56-69*

Le Seigneur soit avec vous. The Lord be with you.  
**And also with you.**

The Holy Gospel of our Lord Jesus Christ according to ...  
**Glory to you, Lord Jesus Christ**

*The Gospel is proclaimed.*

The Gospel of Christ  
**Praise to you, Lord Jesus Christ.**

### **Sermon** | *The Rev. Simone Hurkmans*

#### **Open Space**

*This is a time for us to respond in our own way to what we have heard and to prepare for the prayers that follow. Please feel free to comment with any reflections, discuss with anyone in your home, or*

*simply rest in what was shared. If you would like to offer prayers as part of our prayers of the people, please use the comments to do so.*

## **Hear, O People**

Hear, O People,  
the Lord our God, the Lord is one.  
Love the Lord your God  
with all your heart,  
with all your soul,  
with all your mind,  
and with all your strength.  
This is the first and the great commandment.  
The second is like it:  
Love your neighbour as yourself.  
There is no commandment greater than these.

## **Prayers of the People**

### **The Peace**

*In the sharing of the Peace we celebrate our reconciliation with God and extend the gift of peace to one other (Matt 5:23-24). We are also reminded that it is in meeting others that we meet Christ.*

La paix du Seigneur soit toujours avec vous  
The peace of the Lord be always with you.  
**And also with you.**

*Share a sign of peace online or in your home.*

## **We Celebrate the Eucharist**

### **Offering**

*All that we have is a gift from God.*



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## **No Hard Feelings** | Avett Brothers

When my body won't hold me anymore  
And it finally lets me free  
Will I be ready?  
When my feet won't walk another mile  
And my lips give their last kiss goodbye  
Will my hands be steady when I lay down my fears, my hopes,  
and my doubts?  
The rings on my fingers, and the keys to my house  
With no hard feelings

When the sun hangs low in the west  
And the light in my chest won't be kept held at bay any longer  
When the jealousy fades away  
And it's ash and dust for cash and lust  
And it's just hallelujah  
And love in thought, love in the words  
Love in the songs they sing in the church  
And no hard feelings

Lord knows, they haven't done much good for anyone  
Kept me afraid and cold  
With so much to have and hold  
Mmm, hmm

When my body won't hold me anymore  
And it finally lets me free  
Where will I go?

Will the trade winds take me south through Georgia grain?  
Or tropical rain?  
Or snow from the heavens?  
Will I join with the ocean blue?  
Or run into a savior true?  
And shake hands laughing  
And walk through the night, straight to the light  
Holding the love I've known in my life  
And no hard feelings

Lord knows, they haven't done much good for anyone  
Kept me afraid and cold  
With so much to have and hold

Under the curving sky  
I'm finally learning why  
It matters for me and you  
To say it and mean it too  
For life and its loveliness  
And all of its ugliness  
Good as it's been to me

I have no enemies (x4)

### **Prayer over the Gifts**

God of glory,  
**receive all we offer this day as a symbol of our love,  
and increase in us that true and perfect gift.**  
**We ask this in the name of Jesus Christ our Lord. Amen.**

### **Eucharistic Prayer**

Que Dieu soit avec vous. May God be with you.  
**And also with you**

Lift up your hearts

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

It is indeed right that we should praise ...

... to proclaim the glory of your name.

**Holy, Holy, Holy Lord**

**God of power and might**

**Heaven and Earth are full of Your glory**

**Hosanna in the highest,**

**Hosanna in the highest,**

**Blessed is the one who comes in the name of the Lord**

**Blessed is the one who comes in the name of the Lord**

**[Holy, Holy...]**

Holy God, source of life and goodness ...

... we proclaim the mystery of faith.

Christ has died. Christ is risen. Christ will come again.

Recalling his death ... now and forever. **Amen.**

### **The Lord's Prayer**

**Our Father in heaven,**

**hallowed be your name,**

**Your kingdom come, your will be done,**

**on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins**

**as we forgive those who sin against us.**

**Save us from the time of trial**

**and deliver us from evil.**

**For the kingdom, the power,**

**and the glory are yours,**

**now and for ever. Amen.**

## **The Breaking of the Bread**

We break this bread  
to share in the body of Christ.

**We, being many, are one body,  
for we all share in the one bread.**

## **The Communion**

The gifts of God for the People of God

### **Thanks be to God**

Dear friends, wherever you may be, receive Christ; in communion with the saints and the gathering of God's people, unseen yet present with us now.

**We receive you Lord Jesus Christ, we welcome your presence in us, and together proclaim our love for you; with our hearts, minds, our souls, and our strength; with the saints we worship you, with the angels we adore you, with your whole Church we proclaim your reign. Come to us, though many, and make us one in you. Amen.**

## **These Bodies | The Many**

You gave us these bodies  
And you called them good  
You gave us these bodies  
And you called them good

We are easily damaged  
have you seen the scars?  
That's just scratching the surface  
More beneath where those are.

You gave us these bodies  
And you called them good  
You gave us these bodies  
And you called them good

May we love them as you do  
Let us love them as you do  
Inside outside, through and through  
Let us love them as you do

But we do so much damage.  
Have you seen the scars?  
We keep hurting each other  
Sometimes that's just how we are

These bodies, these bodies,  
They are fearfully, wonderfully made.  
Don't believe the lies  
some will say.  
No, our flesh and bones, our hearts and hands  
are loved in every way.  
Our flesh and bones, our hearts and hands  
are loved in every way.

### **We Are Sent**

Living God,  
**increase in us the healing power of your love.**  
**Guide and direct us**  
**that we may please you in all things,**  
**for the sake of Jesus Christ our Lord. Amen.**

*We pray silently.*

Glory to God,  
**whose power, working in us can do infinitely more**  
**than we can ask or imagine.**  
**Glory to God, from generation to generation**  
**in the Church and in Christ Jesus,**  
**for ever and ever. Amen.**

## Community Announcements

### Blessing

#### **O Lord You're Beautiful** | *Keith Green*

Oh, Lord, You're beautiful  
Your face is all I seek  
For when Your eyes are on this child  
Your grace abounds to me

Oh, Lord, You're beautiful  
Your face is all I seek  
For when Your eyes are on this child  
Your grace abounds to me

I wanna to take Your love and shine it all around  
But first help me to just to live it, Lord  
And when I'm doing well  
Help me to never seek a crown  
For my reward is giving glory to You

Oh, Lord, please light the fire  
That once burnt bright and clear  
Replace the lamp of my first love  
That burns with holy fear

I wanna take Your love  
And shine it all around  
But first, help me just to live it, Lord  
And when I'm doing well  
Help me to never seek a crown  
For my reward is giving glory to You

## **Sending**

Go in peace to love and serve the Lord.

**Thanks be to God.**

## **Coffee Time on Zoom**

Get yourself a coffee and join us after the service at

<https://bit.ly/3k5hFHe> **Meeting ID:** 995 5925 2904

**Passcode:** 761951, **Dial in:** 1 647 558 0588

## **Walk-by / Drive-by Communion**

Following the 10 a.m. service, walk or drive by for communion, served at the Daly St. entrance in one kind (the bread) only. Please remain masked as you approach and receive the bread, and wait until you are at least 2 metres distant from anyone before consuming it. Maintain appropriate physical distancing at all times other than when you receive communion.

## **Church Building Reopening - Save the Date**

Yesterday our church reopening team had our first meeting. We look forward to being back in-person in a limited capacity on Sept. 12.

I know that online worship has been an important part of the parish's life these last 18 months with many new faces joining our community. Our plan is to offer a hybrid service, meaning that the in-person service will also be live-streamed for those joining online.

One way that we'll prepare for reopening is to have a Parish-Wide Cleaning Bee on Monday, September 6 (Labour Day). Save the date if you'd like to lend a hand. Stay tuned for details.

## **Resilience Group Meetings**

Please note that Mary-Martha's Resilience group will not meet in August and September.

## **Capital Pride Festival 2021**

Capital Pride is excited to bring you the 2021 Capital Pride Festival, taking place August 22 – 29, 2021. This year's festival will include both virtual and in person, allowing participants to enjoy programming at home and outdoors. This year's celebrations, themed "We Still Demand!", honours the first large-scale queer rights demonstration in Canada that took place in 1971. For details, visit the Capital Pride website at website at [www.capitalpride.ca](http://www.capitalpride.ca)

## **St. Albans Contacts**

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