

February 21, 2021

10am and 7pm

Worship Booklet

First Sunday in Lent
A Liturgy of the Word

livestream on
*[facebook.com/
saintalbars](https://www.facebook.com/saintalbars)*

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ST ALBANS

Welcome/Bienvenue

Welcome to St. Albans 10am Morning Worship Livestream!

Our service is livestreamed on www.facebook.com/saintalbans.

We welcome your full participation this morning: Please let us know you are with us by 'liking' the stream or sharing some comments!

Coffee Time on Zoom

Pour yourself a mug of joe and join us after the service:

<https://zoom.us/j/99559252904?pwd=ZDRRWmprZG5xY3BqSWxlOTBsOSt0UT09>

If prompted for a meeting ID or password, here is what you need:

Meeting ID: 995 5925 2904, **Passcode:** 761951,

Dial in: 1 647 558 0588

Online Prayer Room

Following St. Albans Sunday morning worship, join Anna at 11am for individual prayer. Visit the Zoom prayer room at

<https://us04web.zoom.us/j/73362070549?pwd=YW9PK250MENsOHA3eDFjZFhqN2RyUT09>

Donations

If you would like to make an offering to support St. Albans financially, you can donate by: **E-transfer** to donate@stalbanschurch.ca (use 'StAlbans' as the answer to the security question); or **Credit card**, at stalbanschurch.ca/connect/donations (via CanadaHelps). To receive a tax receipt, please include your name and address. Thank you!

Welcome/Bienvenue

Land Acknowledgement

St. Albans gathers on the unceded territory of the Algonquin Anishnaabeg people.

Greeting

The grace of our Lord Jesus Christ,
and the love of God,
and the fellowship of the Holy Spirit,
be with you all.

And also with you.

Bless our God, who forgives all our sins
God's mercy endures forever.

Almighty God,
**to you all hearts are open,
all desires known,
and from you no secrets are hidden.**
**Cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name,
through Christ our Lord. Amen.**

Lord have mercy
Christ have mercy
Lord have mercy

Confession and Absolution

Dear friends in Christ,
God is steadfast in love and infinite in mercy;

God welcomes sinners
and invites them to the table.
Let us confess our sins,
confident in God's forgiveness.

Silence is kept.

Most merciful God,
**we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbours as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us,
that we may delight in your will,
and walk in your ways,
to the glory of your name. Amen.**

Almighty God have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in eternal life;
through Jesus Christ our Lord.

Amen.

All My Favorite People *(Over the Rhine)*

All my favorite people are broken
Believe me, my heart should know
Some prayers are better left unspoken
I just want to hold you and let the rest go

All my friends are part saint and part sinner
We lean on each other, try to rise above
We are not afraid to admit we are all still beginners
We are all late bloomers when it comes to love

All my favorite people are broken
Believe me, my heart should know
Orphaned believers, skeptical dreamers, step forward
You can stay right here, you don't have to go

Is each wound you've received just a burdensome gift
It gets so hard to lift yourself up off the ground
But the poet says we must praise a mutilated world
We're all working the graveyard shift
You might as well sing along

Cause all my favorite people are broken
Believe me, my heart should know
As for your tender heart, this world's going to rip it wide open,
It ain't gonna be pretty, but you're not alone

All my favorite people are broken
Believe me, my heart should know
Orphaned believers, skeptical dreamers, you're welcome
Yeah, you're safe right here, you don't have to go

Collect

Let us pray.

We pray silently.

God of the wilderness,
**your Son battled with the powers of darkness
and grew closer to you in the desert:
help us to use these forty days**

to grow in wisdom and prayer,
so that we may witness to your saving love
in Jesus Christ our Lord.
Amen.

We Proclaim the Word

Each Sunday we read several sections of the Bible. These same readings will be proclaimed to over a billion Christians around the world today.

The First Reading: Genesis 9.8-17;

Hear what the Spirit is saying to the Church
Thanks be to God.

Psalm 25.1-9

(The psalm is read responsively)

To you, O Lord,
I lift up my soul;
my God, I put my trust in you;
**let me not be humiliated,
nor let my enemies triumph over me.**

Let none who look to you be put to shame;
let the treacherous be disappointed in their schemes.
**Show me your ways, O Lord,
and teach me your paths.**

Lead me in your truth and teach me,
for you are the God of my salvation;
in you have I trusted all the day long.
**Remember, O Lord, your compassion and love,
for they are from everlasting.**

Remember not the sins of my youth
and my transgressions;
**remember me according to your love
and for the sake of your goodness, O Lord.**

Gracious and upright are you, O Lord;
therefore you teach sinners in your way.
**You guide the humble in doing right
and teach your way to the lowly.**

The Second Reading: 1 Peter 3.18-22

Hear what the Spirit is saying to the Church
Thanks be to God.

Before the Throne of God (*Kauflin, words rewritten by Chad Cecil*)

Before the throne of Incarnate God
I have a strong and perfect plea
A great High Priest, whose name is Love
Who ever lives and pleads for me

My name is graven on His hands
My name is written on Her heart
I know that while in heaven they stand
No tongue can bid me thence depart
No tongue can bid me thence depart

When evil tempts us to despair
And tells us of the guilt within
Upward I look, and see Him there
The lamb of God who takes our sins

Because Christ died and rose again
All of creation is set free
For God alone is magnified

Praise the Great Mystery
Praise the Great Mystery

Behold Him there, the Risen Lamb
Our just and spotless goodness
The great unchangeable I am
The One of glory and of grace

One with Himself he cannot die
Our lives are marked now with his love
My life is hid with Christ on high
With Christ, my Savior and my God

Because Christ died and rose again
All of creation is set free
For God alone is magnified
Praise the Great Mystery
Praise the Great Mystery

The Gospel — Mark 1.9-15

Le Seigneur soit avec vous. The Lord be with you.
And also with you.

The Holy Gospel of our Lord Jesus Christ
according to ...

Glory to you, Lord Jesus Christ.

The Gospel is proclaimed.

The Gospel of Christ
Praise to you, Lord Jesus Christ.

Sermon – *Rev. Mark Whittall*

Open Space

This is a time for us to respond in our own way to what we have heard and to prepare for the prayers that follow. Please feel free to comment with any reflections, discuss at home, or simply rest in what was shared. If you would like to offer prayers as part of our prayers of the people, please use the comments to do so.

Rainbow

(by Kacey Musgraves, performed by Emma Shafer)

When it rains, it pours
But you didn't even notice
It ain't rainin' anymore
It's hard to breathe when all you know is
The struggle of stayin' above the risin' water line

Well, the sky has finally opened
The rain and wind stopped blowin'
But you're stuck out in the same ol' storm again
You hold tight to your umbrella
Well, darlin', I'm just tryin' to tell ya
That there's always been a rainbow
Hangin' over your head

If you could see what I see
You'd be blinded by the colors
Yellow, red, and orange, and green
And at least a million others
So tie up the boat, take off your coat
And take a look around

'Cause the sky has finally opened
The rain and wind stopped blowin'
But you're stuck out in the same ol' storm again
You hold tight to your umbrella

Well, darlin', I'm just tryin' to tell ya
That there's always been a rainbow
Hangin' over your head

Oh, tie up the boat, take off your coat
And take a look around
Everything is alright now

'Cause the sky has finally opened
The rain and wind stopped blowin'
But you're stuck out in the same ol' storm again
Let go of your umbrella
'Cause, darlin', I'm just tryin' to tell ya
That there's always been a rainbow
Hangin' over your head
Yeah, there's always been a rainbow
Hangin' over your head

Prayers of the People

The Peace

In the sharing of the Peace we celebrate our reconciliation with God and extend the gift of peace to one other (Matt 5:23-24). We are reminded that it is in meeting others that we meet Christ.

La paix du Seigneur soit toujours avec vous.
The peace of the Lord be always with you.
And also with you.

Please share a sign of peace, online or at home.

Offering

All that we have is a gift from God. Please make an offering to support the work of St. Albans now (or at any time). To receive a tax receipt, include your name and address. Thank you!

***E-transfer** (use 'StAlbans' as the answer to the security question) to donate@stalbanschurch.ca; or*

***Credit card:** stalbanschurch.ca/connect/donations (via Canada Helps)*

Still Haven't Found What I'm Looking For (U2)

I have climbed highest mountains
I have run through the fields
Only to be with you
Only to be with you

I have run
I have crawled
I have scaled these city walls
These city walls
Only to be with you

But I still haven't found what I'm looking for
But I still haven't found what I'm looking for

I have kissed honey lips
Felt the healing in their fingertips
It burned like fire
This burning desire

I have spoke with the tongue of angels
I have held the hand of a devil
It was warm in the night
I was cold as a stone

But I still haven't found what I'm looking for
But I still haven't found what I'm looking for

I believe in the kingdom come
Then all the colors will bleed into one
Bleed into one
But yes I'm still running

You broke the bonds
And you loosed the chains
Carried the cross
Of my shame
Oh my shame
You know I believe it

But I still haven't found what I'm looking for
But I still haven't found what I'm looking for
But I still haven't found what I'm looking for
But I still haven't found what I'm looking for

Prayer over the Gifts

God our refuge and our strength,
receive all we offer you this day,
and through the death and resurrection of your Son
transform us to his likeness.
We ask this in his name. Amen.

The Lord's Prayer

Please feel free to use the language and words of your choice.

Our Father in heaven,
hallowed be your name,
Your kingdom come, your will be done,
on earth as in heaven.

Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.

We Are Sent

Glory to God,
whose power, working in us can do infinitely more than we can ask
or imagine. Glory to God, from generation to generation
in the Church and in Christ Jesus, for ever and ever. Amen.

Announcements

Blessing

Great Is Thy Faithfulness

(hymn by Thomas Chisholm, new words by Latifah Alattas)

Great is Thy faithfulness, O God, Creator
There is no shadow of turning with Thee
Thou changest not, Thy compassions they fail not
As Thou hast been, Thou forever will be

Summer and winter, and springtime and harvest
Sun, moon and stars in their courses above
Join with all nature in manifold witness
To Thy great faithfulness, mercy and love

Mercy and love

Great is Thy faithfulness
Great is Thy faithfulness
Morning by morning new mercies we see
Amidst the pain of this world you breathe with us
Unfailing faithfulness dwelling so near

Dwelling so near

Pardon for sin and a peace that endureth
Thine own dear presence to cheer and to guide
Strength for today and the same for tomorrow
Blessings for all, Christ within us resound

Resound

Great is Thy faithfulness
Great is Thy faithfulness
Morning by morning new mercies we see
Amidst the pain of this world you breathe with us
Unfailing faithfulness dwelling so near

Dwelling so near

Sending

Go in peace to love and serve the Lord.
Thanks be to God.

Announcements

St. Albans Mental Health Initiative

Mental Health Education Workshops

On **Tuesday, February 23** we will have the first of our workshops, led by Brittony Osler. Brittony is an occupational therapist, psychotherapist working with the Ontario Structured Psychotherapy (OSP) program, a publicly-funded initiative to provide evidenced-based therapy for individuals with mood and anxiety-related issues. She feels privileged to work alongside people to help them with what they need or want to do - the everyday occupations that bring us meaning, joy, and health.

Navigating Worry and Anxiety, Tuesday, Feb 23, 7-8:30pm

Worry, anxiety...words that are very much a part of our everyday language, especially in 2021. In this workshop, we will unpack what worry and anxiety actually look like in our day to day, and how we can better manage them.

This workshop will be on Zoom and we ask you to register in advance. To register please email Mark or Gillian, gillianwallace@gmail.com and we'll send you the Zoom link.

Navigating Low Mood

A second workshop with Brittony on "Navigating Low Mood" will take place on Tuesday, March 9, 7-8.30pm

Weekly Meditation Sessions

Also as part of our Mental Health Initiative, we will be providing weekly Meditation sessions led by Michelle on Zoom every Wednesday at 5.15pm (30 minutes). No experience needed, instruction will be provided, all are welcome.

Here's the Wednesday Meditation Zoom link:

<https://us02web.zoom.us/j/82297002031?pwd=aFo1NkIKamFPRIBoMVVEbFBXODJQUT09>

Monthly Resilience Check-in

Led by Mary-Martha Hale, the check-ins takes place on the second Monday of each month at 3pm. The next session is on Monday, March 8; please contact Mary-Martha mmhale65@gmail.com for more information. Here's the Monday Resilience Check-in Zoom link: <https://us02web.zoom.us/j/2725135700?pwd=eXB0b3FvMzR5Z2Y3QIRUUDM0a096UT09#success>

St. Albans Pastoral Care

Pastoral Care Team is continuing with our every member check-in by phone and/or email, so please take the time to let them know how you're doing. (And if you're not contacted, please let me know so that we can update our list.)

For a complete list of our mid-week gatherings, please visit www.stalbanschurch.ca/community

St. Albans Annual Vestry Meeting.

*Sunday, February 28 at 11am,
immediately following our 10am worship livestream.*

If you coordinate one of our ministries and would like to submit a report for our 2021 Vestry Report, please submit to Annie at office@stalbanschurch.ca by February 18.

- If you would like to nominate yourself or another parish member to one of the positions that will be filled at vestry (Parish Council Member, Synod Representative), please let Rev. Mark, Imani or Maelys know as soon as possible.
- If you have an item that you would like on our vestry agenda, or a motion to present at our Annual Vestry Meeting, please submit to office@stalbanschurch.ca no later than February 18 for consideration.

St. Alban's Worship

St. Albans worships via Livestream every Sunday, with a morning service at 10am and an evening service at 7pm on www.facebook.com/saintalban.

We also have a **French-language service** every Sunday at 12h00 at www.facebook.com/CommunauteStBernard.

To participate in our mid-week activities – morning and evening prayer, bible study, coffee hours, yoga and more – please email rev.mark@stalbanschurch.ca to get connected.

St. Albans Contacts

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