

February 7, 2021

10am and 7pm

# Worship Booklet

*Fifth Sunday after Epiphany*

*A Liturgy of the Word*

*livestream on*

*[facebook.com/](https://www.facebook.com/saintalbens)*

*[saintalbens](https://www.facebook.com/saintalbens)*

*Rev. Mark Whittall*

*Incumbent*

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St Albans Church

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## ST ALBANS

## **Welcome/Bienvenue**

Welcome to St. Albans 10am Morning Worship Livestream!

Our service is livestreamed on [www.facebook.com/saintalbans](http://www.facebook.com/saintalbans).

We welcome your full participation this morning: Please let us know you are with us by 'liking' the stream or sharing some comments!

## **Coffee Time on Zoom**

Pour yourself a mug of joe and join us after the service:

<https://zoom.us/j/99559252904?pwd=ZDRRWmprZG5xY3BqSWxIOtBsOSt0UT09>

If prompted for a meeting ID or password, here is what you need:

**Meeting ID:** 995 5925 2904, **Passcode:** 761951,

**Dial in:** 1 647 558 0588

## **Online Prayer Room**

Following St. Albans Sunday morning worship, join Anna at 11am

for individual prayer. Visit the Zoom prayer room at

<https://us04web.zoom.us/j/73362070549?pwd=YW9PK250MENsOHA3eDFjZFhqN2RyUT09>

## **Donations**

If you would like to make an offering to support St. Albans financially, you can donate by: **E-transfer** to [donate@stalbanschurch.ca](mailto:donate@stalbanschurch.ca) (use 'StAlbans' as the answer to the security question); or **Credit card**, at [stalbanschurch.ca/connect/donations](http://stalbanschurch.ca/connect/donations) (via CanadaHelps). To receive a tax receipt, please include your name and address. Thank you!

## **Welcome/Bienvenue**

### **Acknowledgement**

*St. Albans gathers on the unceded territory of the Algonquin Anishnaabeg people.*

### **Greeting**

The grace of our Lord Jesus Christ,  
and the love of God,  
and the fellowship of the Holy Spirit,  
be with you all.

**And also with you.**

### **The Medicine** – *Dee Wilson*

There's a sickness here that threatens to divide us  
And we're all afraid to say its name out loud  
But Lord, I know that you can heal us of the virus  
So, we need you, we need you right now

There's a darkness here that's dangerous and aggressive  
It gets harder every day to shake its power  
Lord, I know that you can free us from oppression  
But we need you, we need you right now

Cause we don't know what to do  
So, we turn our eyes to you  
And we've run out of words to say  
But if you come and have your way  
You can save us from ourselves  
Before our wounds hurt someone else  
We need you now

What does it mean to have compassion for another?  
How can I claim to love a God that I can't see?  
If I can find the will to harm and kill my brother  
Cause he neglected to look like me

I can speak the words of all and songs of angels  
I can lend all my possessions to the poor  
But if your love can't move the mountain of my hatred  
Somehow, I missed you and I need you so much more

Cause we don't know what to do  
So, we turn our eyes to you  
And we've run out of words to say  
You can come and have your way  
You can save me from myself  
Before my wounds hurt someone else  
We need you now

### **The Opening Prayer**

Almighty God,  
**to you all hearts are open,  
all desires known,  
and from you no secrets are hidden.**  
Cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name,  
through Christ our Lord.  
**Amen.**

Let us pray.

*We pray silently.*

Almighty God,

by whose grace alone we are accepted  
and called to your service:  
strengthen us by your Holy Spirit  
and make us worthy of our calling;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you  
in the unity of the Holy Spirit,  
one God, now and for ever. Amen.

## **We Proclaim the Word**

*Each Sunday we read several sections of the Bible. These same readings will be proclaimed to over a billion Christians around the world today.*

### **The First Reading: Isaiah 40:21-31**

Hear what the Spirit is saying to the Church  
**Thanks be to God.**

### **Psalm 147:1-12, 21c**

Hallelujah! How good it is to sing praises to our God!  
How pleasant it is to honour God with praise!

**The Lord rebuilds Jerusalem  
and gathers the exiles of Israel.**

The Lord heals the brokenhearted  
and binds up their wounds.

**The Lord counts the number of stars  
and calls them all by their names.**

Great is our Lord and mighty in power;  
there is no limit to the wisdom of God.

**The Lord lifts up the lowly,  
but casts the wicked to the ground.**

Sing to the Lord with thanksgiving;  
make music to our God upon the harp.

**The Lord covers the heavens with clouds  
and prepares rain for the earth,**

making grass to grow upon the mountains  
and green plants to serve humankind.

**The Lord provides food for flocks and herds  
and for the young ravens when they cry.**

The Lord is not impressed by the might of a horse  
and has no pleasure in human strength,  
**but finds pleasure in those who fear God, in those who await the  
gracious favour of the Lord. Hallelujah!**

**The Second Reading: 1 Corinthians 9:16-23**

Hear what the Spirit is saying to the Church  
**Thanks be to God.**

**Still** – *by Darlene Zchech, performed by Paul Mugarura*

Hide me now  
under Your wings  
Cover me  
within Your mighty hand

When the oceans rise and thunders roar  
I will soar with You, above the storm  
Father, You are King over the flood  
I will be still  
Know You are God

Find rest my soul  
In Christ alone  
Know His power  
In quietness and trust

When the oceans rise and thunders roar  
I will soar with You, above the storm  
Father, You are King over the flood  
I will be still  
Know You are God

### **The Gospel – Mark 1:29-39**

Le Seigneur soit avec vous. The Lord be with you.  
**And also with you.**

The Holy Gospel of our Lord Jesus Christ according to ...  
**Glory to you, Lord Jesus Christ.**

*The Gospel is proclaimed.*

The Gospel of Christ  
**Praise to you, Lord Jesus Christ.**

**Sermon** – *Rev. Mark Whittall*

### **Open Space**

*This is a time for us to respond in our own way to what we have heard and to prepare for the prayers that follow. Please feel free to comment with any reflections, discuss at home, or simply rest in what was shared. If you would like to offer prayers as part of our prayers of the people, please use the comments to do so.*

**Called Me Higher** – *Leslie Jordan*

I could just sit  
I could just sit and wait for all Your goodness  
Hope to feel Your presence

And I could just stay  
I could just stay right where I am and hope to feel You  
Hope to feel something again

And I could hold on  
I could hold on to who I am and never let You  
Change me from the inside  
And I could be safe, oh  
I could be safe here in Your arms and never leave home  
Never let these walls down

But You have called us higher  
You have called us deeper  
And we'll go where You will lead us Lord  
You have called us higher  
You have called us deeper  
And we'll go where You lead us Lord  
Where You lead us

Where You lead us Lord

And I could hold on  
I could hold on to who I am and never let You  
Change me from the inside  
And I could be safe, oh  
I could be safe here in Your arms and never leave home  
Never let these walls down

And I will be Yours, oh  
I will be Yours for all my life

## **Hear, O Israel**

Hear, O Israel,  
**the Lord our God, the Lord is one.**  
**Love the Lord your God**  
**with all your heart,**  
**with all your soul,**  
**with all your mind,**

**and with all your strength.**

**This is the first and the great commandment.**

**The second is like it:**

**Love your neighbour as yourself.**

**There is no commandment greater than these.**

## **Prayers of the People**

### **Broken Conversations** *(sung confession)*

Broken conversations, broken people, broken Lord,

Terrified illusions seeking comfort, seeking more.

We need each other more than we need to agree

Father, Son, Spirit, bless us with your love, with your grace and peace.

Peace. Let there be peace. Let there be peace. Let there be peace.

Let us see and not destroy, let us listen, let us listen

Let us suspend judgment for the sake of love, for the sake of love

We need each other more than we need to agree,

Father, Son, Spirit, bless us with your love, with your grace and peace.

Love, let there be love, let there be love.

## **The Peace**

*In the sharing of the Peace we celebrate our reconciliation with God and extend the gift of peace to one other (Matt 5:23-24). We are reminded that it is in meeting others that we meet Christ.*

La paix du Seigneur soit toujours avec vous.

The peace of the Lord be always with you.

**And also with you.**

*Please share a sign of peace, online or at home.*

## Offering

*All that we have is a gift from God. Please make an offering to support the work of St. Albans now (or at any time). You can donate by:*

***E-transfer*** (use 'StAlbans' as the answer to the security question) to [donate@stalbanschurch.ca](mailto:donate@stalbanschurch.ca); or

***Credit card*** at [stalbanschurch.ca/connect/donations](https://stalbanschurch.ca/connect/donations)  
(via Canada Helps)

*To receive a tax receipt, include your name and address. Thank you!*

## **Hallelujah** – Leonard Cohen

I've heard there was a secret chord  
That David played and it pleased the Lord  
But you don't really care for music, do ya?  
Well it goes like this: the fourth, the fifth  
The minor fall, the major lift  
The baffled king composing Hallelujah

Hallelujah, Hallelujah  
Hallelujah, Hallelujah

Well baby, I've been here before  
I've seen this room and I've walked this floor  
I used to live alone before I knew ya  
And I've seen your flag on the marble arch  
And love is not a victory march  
It's a cold and it's a broken Hallelujah

Hallelujah, Hallelujah  
Hallelujah, Hallelujah

Well, there was a time when you let me know  
What's really going on below  
But now you never show that to me, do you?

But remember, when I moved in you  
And the holy dove was moving too  
And every breath, we drew was Hallelujah

Hallelujah  
Hallelujah  
Hallelujah  
Hallelujah

### **Prayer over the Gifts**

God of compassion and forgiveness,  
receive our offering this day,  
and make us one with him who is our peace,  
Jesus Christ our Saviour. Amen.

### **The Lord's Prayer**

*Please feel free to use the language and words of your choice.*

Our Father in heaven,  
hallowed be your name,  
Your kingdom come, your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.

### **We Are Sent**

Glory to God,

whose power, working in us  
can do infinitely more than we can ask or imagine.  
Glory to God, from generation to generation  
in the Church and in Christ Jesus,  
for ever and ever. Amen.

## **Announcements**

## **Blessing**

### **Peace Train** – *Yusuf*

Now I've been happy lately, thinking about the good things to come  
And I believe it could be, something good has begun

Oh I've been smiling lately, dreaming about the world as one  
And I believe it could be, some day it's going to come

Cause out on the edge of darkness, there rides a peace train  
Oh peace train take this country, come take me home again

Now I've been smiling lately, thinking about the good things to come  
And I believe it could be, something good has begun

Oh peace train sounding louder  
Glide on the peace train

Come on now peace train  
Yes, peace train holy roller

Everyone jump upon the peace train  
Come on now peace train

Get your bags together, go bring your good friends too  
Cause it's getting nearer, it soon will be with you

Now come and join the living, it's not so far from you  
And it's getting nearer, soon it will all be true

Now I've been crying lately, thinking about the world as it is  
Why must we go on hating, why can't we live in bliss

Cause out on the edge of darkness, there rides a peace train  
Oh peace train take this country, come take me home again

Oh peace train sounding louder  
Glide on the peace train

Come on now peace train  
Yes, peace train holy roller

Everyone jump upon the peace train  
Come on now peace train

## **Sending**

Go in peace to love and serve the Lord.  
**Thanks be to God.**

## **Announcements**

### **Multi-Church Book Study**

Registration is now open for our **Multi-Church Book Study**, which will be reading *The Universal Christ* by Richard Rohr. The study is on Thursdays at 7pm; for information, registration, and the Zoom link, email Robyn Sulkko at [rsulk027@uottawa.ca](mailto:rsulk027@uottawa.ca).

### **Online Homework Club – Appeal for Volunteers**

We are gearing up to launch the OHC and are thrilled with the response that we are getting from you! For those that are interested in volunteering as a tutor and for students who need help with their homework, please contact me at [scott@stalbanschurch.ca](mailto:scott@stalbanschurch.ca). Looking forward to hearing from you! – Scott

### **St. Albans Annual Vestry**

St. Albans Annual Vestry will convene Feb. 28 at 11am on Zoom. We will review our 2020 financial statements, approve a budget for 2021, elect and appoint people to various roles in church leadership, and discuss a variety of matters as we set a course for our community over the next year.

It is important that our meeting is well attended. All are welcome, so hope you can join us.

### **2021 Vestry Report**

We also need to prepare our 2021 Vestry Report. If you are responsible for one of our ministries and would like to submit a brief written report or some photos, please provide this as a Microsoft Word document to Annie, [office@stalbanschurch.ca](mailto:office@stalbanschurch.ca), by February 18.

## **St. Alban's Worship**

*St. Albans worships via Livestream every Sunday, with a morning service at 10am and an evening service at 7pm on [www.facebook.com/saintalbans](http://www.facebook.com/saintalbans).*

*We also have a French-language service every Sunday at 12h00 at [www.facebook.com/CommunauteStBernard](http://www.facebook.com/CommunauteStBernard).*

*To participate in our mid-week activities – morning and evening prayer, bible study, coffee hours, yoga and more – please email [rev.mark@stalbanschurch.ca](mailto:rev.mark@stalbanschurch.ca) to get connected.*



**ST ALBANS**

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